*All athletes with a suspected concussion need to be seen immediately by the athletic training staff and/or covering physician if present and triaged appropriately (monitoring the athlete, sending to ED, activating EMS, etc.).

*Any athlete with a suspected concussion is done from participation for the day (i.e. no more bell ringing episodes and sending the athlete back if they clear within 15 minutes).

It is too risky to return an athlete that same day with a brain injury/suspected concussion.

*Any athlete with progressive neurologic symptoms, focal/unilateral neurologic deficits, confusion, agitation, or at the discretion of the athletic trainer and/or covering MD if present should be transferred to the UMass Medical Center via EMS or the nearest appropriate medical facility.

*All athletes with a suspected concussion and stable neurologic exam need to be given a concussion handout regarding the warning signs to monitor for 24-48 hours after a concussion.

*All WPI athletes with a suspected concussion should be seen within 24-48 hours of the injury by a UMass Sports Medicine physician unless schedule or travel precludes that from occurring.

*All athletes with a suspected concussion need to be evaluated and cleared prior to full return to play by Dr Stevenson, UMass Sports Medicine Fellows, Dr Mancini, or Dr Chrisostomidis.

*Dr Stevenson and Dr DeAngelis in coordination with the Athletic Training Staff, athlete, and athlete’s family (if a minor) have final decision on return to play for athletes at WPI. Outside or home physician evaluations sought by the athlete or athlete’s family will be reviewed and put in context of the injury but non WPI associated physicians will not determine return to play for WPI athletes.

*No athlete with continued clinical symptoms will be allowed to return to play at any time.

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**Concussion Management Information**

**Injury / Illness Procedures**

ALL injuries and illness must be reported to the Athletic Training Staff to maintain medical clearance to participate in athletics. It is important that we are kept up to date on current medical issues so we can determine individual participation status and/or the need for physician referral. If you are treated by a physician or other Medical professional we require a signed medical note with a diagnosis, treatment plan and playing status verification. **Without a note your medical clearance will be revoked.**

**Athletic Training Room Hours**

**Mon – Fri:**
10am-3pm: Evaluation, Rehabilitation and Treatment
These hours are set aside for new injury evaluation, follow-up on previous conditions and rehab prescription
(If students cannot attend these hours they must contact us to set up an appointment)

3pm – half hour past last practice / game:
Pre-practice, game taping, strapping and set up
This time is set for getting teams ready for games and practices. Heat and ice are the only modalities.
Athlete can use the facility to complete their rehab protocol.

**Sat – Sun:**
Open 1 hour before practices – ½ hour after
Open 2 hours before game – ½ hour after

**Wednesday’s**
5pm – 6pm: UMass Sports Medicine Physician Hour
The Athletic Training Staff assigns appointments to Student Athletes that need physician referral.

**Student Health Services**

To complete the full circle of health care to our student athletes we work closely with the WPI Student Health Service staff for their expertise in the areas of medicine, health, wellness, nutrition and counseling.
Medical Staff

Head Athletic Trainer
Mike DeSavage, M.Ed, ATC, ACE-PT
508-831-5733
mdesav1@wpi.edu

Athletic Trainer
Natalie Warren-Dyment, MS, ATC, CSCS
508-831-6115
ndyment@wpi.edu

Athletic Trainer
Aimee Sevigny Krenicki, MS, ATC, NASM-PES
508-831-6711
amsevgnv@wpi.edu

Team Physicians
UMass Sports Medicine Group
Dr. John Stevenson, MD  Sports Medicine
Dr. Brian Busconi, MD Orthopedics
Dr. Nicola DeAngelis, MD Orthopedics
Dr. Michael Brown, MD Orthopedics
Dr. Bill Chrisostomidis, DO Sports Medicine
Dr. Lee Mancini, MD  Sports Medicine
David Magit MD  Orthopedics
Mark Price MD  Orthopedics
MaryKay Seguin NP  Sports Medicine

WPI Health Services
Regina Roberto, Director / NP
Dr. Purington, MD
Dr. Grimaldi, MD
Devon Alara, NP
Krista Berube, RN

Please visit the WPI athletics web site to find the link to MYWPI and the directions to complete all mandatory requirements.

Pre-Participation Requirement information
1. "Confidential Medical History Form and Pre-participation Physical"
This questionnaire provides us with relevant information about the student-athlete's medical history in regards to sports. The "Pre-Participation Physical" needs to be performed by a Board Certified Physician and needs to be completed within a six month period prior to their sport's start date. Please be sure that the doctor completes the forms in full.

2. "Acceptance of risk and consent to treat"
This form alerts athletes to the dangers of sports participation and allows the sports medicine team to provide treatment to the athlete.

3. "Sickle Cell Trait Requirement form & waiver"
The NCAA requires that all student-athletes have knowledge of their sickle cell trait status before participation in any intercollegiate athletics event or sign a waiver not to having testing performed.

4. "Insurance Acknowledgement Requirement Form"
This form verifies that WPI students participating in intercollegiate athletics have the appropriate amount of medical coverage mandated by the NCAA ($50,000). This document must be signed by the parent or guardian who is the insurance card holder. Please maintain the first page for your records and return the signed second page with the other forms.

5. "Baseline Concussion testing" "Coming soon"
Athletes will be able to logon to the IMPact baseline testing portal from the MYWPI site. Click the link and use the school code provided to enter the testing site.

6. "Pre-Participation Videos and Quizzes"
These are educational videos regarding concussion, MRSA, and Sickle Cell trait. Watching the concussion and MRSA educational videos are mandatory for all athletes. Athletes who opt to use the Sickle Cell Waiver must watch the video and complete the quiz.

7. Insurance card template submit a photocopy of the Athlete’s health insurance card
8. "ADD/ADHD exception form" (Submitted As Needed)
This form is only needed if the student-athlete is prescribed medication to treat ADD/ADHD.

Definition of Athletic Training
Athletic Trainers (ATs) are health care professionals who collaborate with physicians. The services provided by ATs are comprised of injury prevention, emergency care, clinical diagnosis, therapeutic intervention and rehabilitation of injuries and medical conditions. ATs work under the direction of physicians, as prescribed by state licensure statutes.

Professional Practice and Education
Evidence-based practice and health promotion
Prevention measures to ensure highest quality of care
Clinical examination and diagnosis
Immediate and acute care of injury and illness, especially in emergencies
Treatment, rehabilitation and reconditioning
Therapeutic intervention
Psychosocial strategies and referral
Health care administration
Ethical and legal practice, cultural competence
Professionalism and patient-centered approach

Mission
The WPI Athletic Training Staff provides medical services to 18 intercollegiate athletic teams consisting of more than 575 student-athletes each year. Our main goal is to enhance the student-athletes intercollegiate sport experience through injury prevention, recognition, management, and rehabilitation techniques, creating a quality standard of care.