



# The PacWest

(Oct. 24)

## *PacWest Men's Cross Country Weekly Top 10 Honor Roll*

**Matt Belliston - BYU-Hawaii (So., 5-10, 155, Loveland, OH/Milford)**...led Seasideers to a first-place finish in final tune-up race before the PacWest Championship...finished second at the Chaminade Invitational on Oct. 22...completed the 4.7-mile course through Central Oahu Regional Park in a time of 24:24.

**Jorge Cisneros - Chaminade (Fr., 5-8, N/A, Lake Elsinore, CA/Lakeside)**...finished first among Silversword runners and sixth overall at the Chaminade Invitational on Oct. 22...completed the 4.7-mile course through Central Oahu Regional Park in a time of 24:57.

**James Clay - BYU-Hawaii (Fr., 6-2, 155, Bloomington, IL/University)**...placed fifth among Seasideer runners and eighth overall at the Chaminade Invitational on Oct. 22...ran the 4.7-mile course through Central Oahu Regional Park in a time of 25:10.

**Jon Cleghorn - Hawai'i Pacific (Sr., 5-11, 140, Fredericton, NB, Canada/Fredericton)**...finished second among Sea Warrior entries and fifth overall at the Chaminade Invitational on Oct. 22...ran the 4.7-mile course through Central Oahu Regional Park in a time of 24:39.

**Spencer Deavila - BYU-Hawaii (Jr., 5-10, 145, Orange County, CA/Highland)**...helped BYU-Hawaii to a first-place finish in last race before the PacWest Championship...finished fourth at the Chaminade Invitational on Oct. 22...covered the 4.7-mile course through Central Oahu Regional Park in a time of 24:29.

**Nick Jones - BYU-Hawaii (Jr., 5-11, 145, San Clemente, CA/San Clemente)**...placed sixth among Seasideer runners and ninth overall at the Chaminade Invitational on Oct. 22...ran the 4.7-mile course through Central Oahu Regional Park in a time of 25:15.

**Yuki Kitahara - BYU-Hawaii (Fr., 5-5, 110, Sagamihara, Japan/Kamimizio Minami)**...finished fourth among Seasideer runners and seventh overall at the Chaminade Invitational on Oct. 22...completed the 4.7-mile course through Central Oahu Regional Park in a time of 24:58.

**Garrett Prinslow - Chaminade (Sr., 6-1, N/A, Kailua-Kona, HI/Kealakehe)**...took 10th overall and second among Silversword runners at the Chaminade Invitational on Oct. 22...completed the 4.7-mile course through Central Oahu Regional Park in a time of 25:21.

**Justin Royer - BYU-Hawaii (Jr., 5-8, 140, Mesa, AZ/Westwood)**...helped Seasideers to a first-place finish in final race before the PacWest Championship...finished third at the Chaminade Invitational on Oct. 22...completed the 4.7-mile course through Central Oahu Regional Park in a time of 24:27.

**Jacob Valeriano - BYU-Hawaii (So., 5-10, 135, Ewa Beach, HI/Campbell)**...placed seventh among Seasideer runners and 11th overall at the Chaminade Invitational on Oct. 22...ran the 4.7-mile course through Central Oahu Regional Park in a time of 25:20.

## *2011 PacWest Men's Cross Country Report #8*

**PHOENIX, AZ - Hawai'i Pacific** senior **Dany Mally** (*Mississauga, Ontario, Canada/Sainte Famille*) has been chosen the **Pacific West Conference Men's Cross Country Runner of the Week**.

The honor was announced by the PacWest Media Office in Phoenix, AZ, on **Monday, Oct. 24**, for races contested Oct. 22.

In the final race before the PacWest Championship, Mally captured the 2011 Chaminade Invitational by finishing first. He covered the 4.7-mile course through Central Oahu Regional Park in a time of 23:57.

### **PacWest Results**

#### **October 22**

**BYU-Hawaii - 1st / Chaminade - 3rd**  
**Hawai'i Pacific - 2nd**  
**(Chaminade Invitational)**

*\*Among 4-year schools*

*NTS - No Team Score*

### **Upcoming Races**

#### **October 29**

**PacWest Championship @ Goodyear, AZ**  
**(Estrella Mountain Regional Park)**

### **Past Runners of the Week**

*Oct. 17 - Amos Maru (ART)*

*Oct. 10 - Kipkorir Mutai (GCU)*

*Oct. 3 - Mitchell Moore (CBU)*

*Sept. 26 - Kipkorir Mutai (GCU)*

*Sept. 19 - Daveson Marindich (ART)*

*Sept. 12 - Mitchell Moore (CBU)*

*Sept. 5 - Amos Maru (ART)*