KALAMAZOO COLLEGE MEN’S BASKETBALL COLLEGE DEVELOPMENT CAMP

Check In: July 10th at 12:30pm
Dismissal: July 13th at 3:00pm

Cost: $150 (includes housing and meals)

Open to any men’s basketball player yet to enroll in college but who has completed high school.

Topics to be covered:
- Weight lifting and agility
- Nutrition and diet
- Film sessions
- Skill development
- Mental development of basketball ideas
- Team concepts: offense (motion), defense (man-to-man)

WHAT TO BRING
Basketball clothes, including shoes
Regular clothes
Bedding, toiletries, towel

PURPOSE
To teach the fundamentals of motion offense, packline defense, and conversion offense and defense, which are applicable to most college basketball programs and to playing under loose regulations (i.e. pick up games).

METHODOLOGY
Camp is designed to accommodate all learning styles as instruction will occur: auditorily and diagram, visually through film, and kinetically through on-court instruction and repetition.

DISCLAIMERS
All participants will be required to sign a medical waiver form upon arrival to campus. Athletic training staff will be on-site.

STAFF AND AVAILABILITY
Strictly Kalamazoo College coaching staff members will be used. Due to this, available spots are limited.