Plymouth State University is located in the Lakes Region of Central New Hampshire, near the foothills of the White Mountains. For 140 years, the institution has been an active contributor to intellectual growth and educational development within the region.

Founded in 1871 as Plymouth Normal School, the primary goal was to establish an effective teacher education program. In 1939, the school’s name was changed to Plymouth Teachers College. An influx of servicemen following World War II stimulated curriculum expansion, and the college began a period of steady growth.

The school’s name was changed again in 1962 to Plymouth State College, becoming a multi-purpose, co-educational institution. The most recent name change occurred in the summer of 2003, when it became Plymouth State University.

Today, over 200 full-time faculty members work at PSU to make over 1000 courses available to the 4000 undergraduates. A student may choose from over 50 majors while pursuing two-year associate degrees or four-year bachelor degrees.

Besides the university’s well-known teacher education program, PSU also offers business degree programs in administration, marketing, management and accounting. Studies are also available in the liberal arts, and new degree programs have been developed in areas relating to the fine arts, political science, geography, anthropology/sociology, medieval studies, mathematics, economics, regional planning, health education, bilingual multicultural education, social work, theatre arts, computer science, communications, and sports management.

Graduate degree programs include the Master of Arts in Teaching (MAT), Master of Business Administration (MBA), Master of Education (MEd), Master of Science (MS), as well as educator certifications and advanced graduate study options. Qualified undergraduate students can usually earn a master’s degree by successfully completing one year of graduate study after obtaining a bachelor’s degree. Graduate courses are offered year-round in face-to-face, hybrid, and online formats.

Plymouth State recognizes that athletics have much to offer the university community. The Panther sports programs afford the students the opportunity to develop physically, emotionally, intellectually and socially. The athletic programs have given students many reasons to be proud of PSU while stimulating school spirit. Intercollegiate competition has provided valuable “laboratory experiences” to hundreds of young men and women who have gone on to coaching careers throughout New England and beyond.

With over 35 acres of playing fields adjacent to the Physical Education Center, which includes a field house, swimming pool, 2000-seat gymnasium, racquetball courts, athletic training facility and the Vailas Performance Center, athletics will continue to play an important role within the campus. PSU proudly sponsors 19 varsity teams (8 for men, 11 for women) and an accredited Athletic Training program. As a member of the NCAA Division III, the Panthers have consistently enjoyed individual and team success at both the regional and national levels.

**PLYMOUTH STATE QUICK FACTS**

LOCATION: Plymouth, NH 03264  
FOUNDED: 1871  
ENROLLMENT: 4,200  
NICKNAME: Panthers  
COLORS: Green & White  
AFFILIATIONS: ECAC and NCAA Division III  
CONFERENCES: Little East (Baseball, Basketball, Field Hockey, Lacrosse, Soccer, Softball, Swimming, Tennis, Volleyball), MASCAC (Men's Ice Hockey), ECAC East (Women's Ice Hockey), NEWA (Wrestling), EISA (Skiing), New England Football Conference.

**HOME FACILITIES:**  
Arold Field (Field Hockey/Women’s Lacrosse), Currier Field (Football), D&M Park (Softball), Foley Gymnasium (Basketball, Volleyball, Wrestling), Hanaway Rink (Hockey), Panther Field (Soccer/Men’s Lacrosse), Panther Park (Baseball), P.E. Center (Tennis), PSU Natatorium (Swimming and Diving), Waterville Valley (Skiing)  

**ATLETIC DEPT:**  
(603) 535-2770 (O)  
(603) 535-2777 (Fax)  

**SPORTS INFORMATION:**  
(603) 535-2477 (O)  

**PLYMOUTH STATE ATHLETIC DIRECTORY**

Director of Athletics ................. John P. Clark ................. 535-2770  
Associate Athletic Director ............ Kim Bownes ................. 535-2771  
Compliance and Events Coordinator .... Courtney O’Clair ......... 535-2772  
Sports Information Director .......... Kent Cherrington ........ 535-2477  
Administrative Assistant .............. Kathy Lambert ............ 535-2770  
Head Athletic Trainer ................. Mark Legacy ................. 535-2757  
Assistant Athletic Trainer .......... ..... Eric Gibbs ............... 535-2791  
Assistant Athletic Trainer ............ Brian Busanich ........... 535-2702  
Business Manager ...................... Michelle Marsh ............ 535-2767  
Equipment Manager .................... Geoff McGlone ............ 535-2754  
Baseball ......................... Dennis McManus .............. 535-2756  
Men’s Basketball ....................... Andrew Novick ............ 535-2753  
Women’s Basketball .................... Lauren Lavigne .......... 535-2763  
Competitive Cheer ................... Erin Boylan ................. 535-2766  
Field Hockey ......................... Bonnie Lord ................. 535-2759  
Football ................................ Paul Castonia .............. 535-2761  
Men’s Ice Hockey ...................... Craig Russell ............... 535-2744  
Women’s Ice Hockey ................... Ashley Kirsch .............. 535-2766  
Men’s Lacrosse ....................... Gordon Webb ............... 535-2764  
Women’s Lacrosse ..................... Kristin Blanchette ...... 535-3015  
Men’s Skiing ......................... Andrew Gannon ............ 535-2773  
Women’s Skiing ....................... Andrew Gannon ............ 535-2773  
Men’s Soccer ......................... Rob Wright ................. 535-2516  
Women’s Soccer ....................... Cindy Bennett ............. 535-2732  
Softball ................................ Bruce Addison ............. 535-3016  
Women’s Swimming & Diving .......... Al Switzer ................. 535-2765  
Women’s Tennis ....................... Barbara Rawlsky-Willett ... 535-2768  
Women’s Volleyball .................... Chris Kilmer ............... 535-2778  
Wrestling ............................ Matt Eldredge .............. 535-2774  

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2011 Schedule

SEPT.
Sat. 3 CASTLETON .......................... 1:00 p.m.
Sat. 10 at Mount Ida .......................... 1:00 p.m.
Sat. 17 BRIDGEWATER STATE ........... 1:00 p.m.
Sat. 24 UMASS DARTMOUTH* ............ 1:00 p.m.

OCT.
Sat. 1 at Nichols* ............................. 1:00 p.m.
Sat. 8 MIT* ....................................... 1:00 p.m.
Sat. 15 at Endicott* ........................... 1:00 p.m.
Sat. 22 at Western New England* ....... 1:00 p.m.
Sat. 29 SALVE REGINA* ................. 12:00 p.m.

NOV.
Sat. 5 at Curry* .................................. 1:00 p.m.
Sat. 12 NEFC Championship game....... TBA

* - NEFC Boyd Division game

2011 PSU Football Guide Credits

Editor: Kent Cherrington
Photography: Richard Orr Sports, SportsPix, Kent Cherrington
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**2011 PSU FOOTBALL ROSTER**

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**Head Coach:** Paul Castonia (Trinity '86, 9th year)

**Assistants:**
- Devin Zeman (Def. Coordinator/Linebackers)
- Mike McLaughlin (Assoc. Head Coach/Def. Coordinator/Def. Backs/Special Teams Coordinator)
- Lou Desloges (Running Backs), Tom Pabst (Offensive Line), Eric McCarthy (Tight Ends),
- Tom Bolio (Defensive Line), Chris Pittman ( Receivers)
Panthers very young after losing 17 seniors

There will be many new faces on the football field for the Plymouth State Panthers this fall, after graduation claimed 17 seniors from last year’s team, including eight starters on defense. It’s the highest turnover of Panther players in several years, but don’t mention the ‘r’ word around head coach Paul Castonia.

“I hate to use the word ‘rebuilding’,” said Castonia, who is now in his ninth season at PSU, longer than any coach in the program’s history. “The best way to approach it is that we’re going to be very young, both in terms of age and experience. We have some promising young guys who can step in there; we just have to find out if they can do it on a weekly basis for a whole season.”

PSU is coming off its fourth straight winning campaign, one that started out with high hopes and a 6-1 record but ended with a disappointing three straight losses and a 6-4 overall record. It also marked the end of a streak of three consecutive post-season appearances.

The good news is that PSU returns four starters on the defensive line, along with a couple of veterans at skill positions. Only three starters are back on the defensive side of the ball, but Castonia says the team has been working hard in the off-season and he is confident some top players will emerge.

“We did some different things during pre-season camp, but there’s no substitute for game experience. We’re going to try to put them in a position where they can take advantage of their strengths and learn quickly from their mistakes.”

OFFENSE

The Panthers have had one of the strongest running games in the nation the past four years, and with four returning starters on the offensive line, all juniors, that trend could continue. Xander Fuccillo is a two-year starter, and Dave Button started every game last season. Mike Miller and Craig Carrier also have quality starting experience.

“We’ve had success is recent years because of the solid foundation we’ve been able to have on the O-line,” said Castonia. “We will look to these guys to lead us this year while we sort out the skill positions.”

Senior Joel Mignault is the top returnee among the receivers; he was second on the team last year with 11 catches. Classmates James Liddel and Justin Kane also gained experience at tight end and could be solid contributors, says Castonia.

PSU will have a new signal-caller in 2011 following the graduation of two-year starter J.J. Brooks. Sophomore Josh Morgan has the most experience among the returnees, but Castonia says one or two newcomers could also be a factor.

The running back position is up in the air. The leading rusher from the past two seasons, junior Ty Long, is out following off-season injuries. Castonia will be looking for one or two of the newcomers to step up.

DEFENSE

PSU ranked in the top 20 in the nation last year in scoring defense (18th), passing defense (13th) and total defense (6th), but has a lot of question marks entering this season. The seniors took much of the playing time away from the underclassmen.

“We’re not looking for any sympathy from anyone, but the fact is we lost a lot of guys,” said Castonia, “and many of them were multiple-year starters. The underclassmen have been waiting their turn, and now is their chance. We’ll have to find some guys who can step in and do the job.”

Junior cornerback Ray Boulay is the only returning starter in the Panther defensive backfield; he made 34 tackles along with one interception last year. Some freshmen may have to step in, says Castonia, and another possibility includes Christian Mulcahy, who played DB before shifting to wide receiver last year.

PSU’s top four linebackers last season were all seniors, so it will be an entirely new crew this year. The returnees along the interior line include junior Matt Fiore and senior Nicolas Keene, and junior Peter LaBreck could also help out on the defensive or offensive line.

SPECIAL TEAMS

The Panthers have several returning players on special teams that should keep the Panthers in good shape in this department. Junior punter Nick Provost is a two-year starter who has averaged 39.9 yards a boot his first two seasons. Versatile kicker/returner Christian Mulcahy contributes in several areas, averaging more than 23 yards per kick-off return, nearly 37 yards per punt, and converting 11-of-18 career field goal tries and 52-of-61 PAT kicks.

OUTLOOK

The NEFC Boyd Division title has been claimed by three different teams the past three years – PSU in 2008, Curry in 2009 and Endicott in 2010. Castonia says Endicott will likely be the team to beat this season.

“Endicott won the NEFC title last year and they return a lot of guys,” said Castonia. “Western New England and Salve Regina also have a lot of returnees. Curry always has the potential to be very strong, so we will have our hands full each week. The one thing we know is that we’ll work hard every day, and be ready to go on Saturdays.”
Paul Castonia has found a home at Plymouth State. After moving around the college football world for 15 years and gaining experience at all levels, Castonia has emerged at PSU and re-established the Panthers as one of the top programs in New England small college football and a yearly challenger for the New England Football Conference championship.

Now is his ninth year at PSU in 2011, Castonia has turned the program around since joining the Panthers. After a winless first season in 2003 and a 9-19 record over the next three years, Castonia has guided the team to a combined 33-10 record the past four seasons, and three straight post-season berths from 2007-09.

The Panthers posted a 9-1 record in 2007 and a championship victory in the ECAC North Atlantic Bowl. They followed that with a 10-2 mark in 2008, including the Bogan Division title (7-0), the NEFC Championship and a berth in the NCAA Division III Tournament. Castonia led the Panthers to an 8-3 record in 2009 with a third straight post-season berth in the ECAC Northeast Bowl.

Castonia was named NEFC Boyd Division Coach of the Year in 2007 and New England Division II/III Coach of the Year in 2008. They were well-deserved honors for a coach who had long paid his dues with previous stints at Divisions 1-A, 1-AA, 2 and 3.

When Castonia arrived in 2003 as the 11th head coach in the program’s history, he brought experience from previous coaching stops at the University of Rhode Island, University of Maryland, Hartwick College, Ferrum College, the University of Massachusetts Boston and Bryant University.

The Panthers have shown progress every season since Castonia arrived, and have built a solid foundation for success. But Coach Castonia is about more than wins and losses. While the Panthers no doubt aim to having a winning program year in and year out, being good students and quality citizens are equally as important.

“We recruit young men who want to graduate, and who are willing to work hard to be successful in the classroom and on the football field,” says Castonia, a 1986 graduate of Trinity College (Conn.) who earned a Master’s degree from the University of Rhode Island in 1989. “We try to put them in a position to succeed both as students and as football players.”

Castonia says the biggest rewards for him don’t come on Saturdays in the fall, but on graduation day in the spring.

“It’s very gratifying when a young man graduates and is excited about pursuing his chosen career,” says Castonia, “and he is using the habits and lessons he learned and developed on the football field in those endeavors.”

Coach Castonia, 46, and his wife Leslie reside in Ashland.

---

Office: 603-535-2761  e-mail: pfcastonia@plymouth.edu
Devin Zeman
Plymouth State '04
Associate Head Coach
Def. Coordinator/Linebackers
Devin Zeman is now in his ninth season on the Panther Football staff, and his third as Associate Head Coach and Defensive Coordinator. He has also coached the linebackers and quarterbacks for several years each, as well as special teams the past five years. A native of Nashua, N.H., he is a former Panther defensive back who turned to coaching while earning his undergraduate degree.

Mike McLaughlin
UMass Boston '03
Associate Head Coach
Def. Backs/Special Teams Coordinator
Mike McLaughlin returns to the PSU staff after spending the past three years as an assistant at Alfred University. McLaughlin also spent five years at PSU from 2003-07, serving as defensive coordinator and defensive backs coach. McLaughlin was a linebacker and defensive back under Coach Castonia for three seasons at UMass Boston.

Eric McCarthy
Connecticut '09
Tight Ends
Eric McCarthy is now in his second season as an assistant for the Panthers, and his first year coaching the tight ends. McCarthy also served one season as a student assistant coach at his alma mater, the University of Connecticut. He was an assistant coach on Martha’s Vineyard’s 2008 Massachusetts State Championship team.

Chris Pittman
Plymouth State '11
Receivers
Chris Pittman is in his first season as an assistant coach for the Panthers. Pittman is a former reserve wide receiver for the Panthers who turned to coaching while still a student. Pittman was an assistant coach the past two years at Newfound Regional High School in Bristol, N.H. before graduating from PSU in 2011.

Lou Desloges
Southern Conn. ’69
Running Backs
Lou Desloges has been involved with Panther Football since 1976. He was an assistant from 1976-85, and served as head coach from 1986-93, winning four NEFC championships. He is PSU’s all-time winningest coach with a 55-15-3 record. After stints as an assistant at Bethany College and Dartmouth College, Desloges returned to Plymouth State as an assistant in 2001.

Tom Pabst
Offensive Line
Tom Pabst is now in his eighth season on the Panther Football staff, serving as a mainstay as offensive line coach. He has several prior years of coaching experience, including serving as the head football coach at Franklin (N.H.) High School from 1998-2003.

Tom Bolio
Saint Anselm ‘10
Defensive Line
Tom Bolio is in his first season as an assistant coach for the Panthers. Bolio was a four-year defensive lineman for Saint Anselm College from 2007-10. A Dean’s List student majoring in political science, Bolio was named the Hawks’ Scholar-Athlete of the Year in 2010.
Kay Panther Returnees

Ray Boulay
Junior DB
Keene, NH/Keene
Business Administration
2010: Started 10 gms at CB; 34 tackles, 1 INT, 2 BrUp
2009: 6 gms; 3 tackles

Dave Button
Junior OL
North Adams, MA/Drury
Management
2010: Started all 10 gms at left guard
2009: 4 games as reserve

Craig Carrier
Junior OL
Concord, NH/Concord Management
2010: 9 gms, 3 starts each at RT, LT
2009: 5 games as reserve

Matt Fiore
Junior DL
Merrimac, MA/Pentucket Regional
Criminal Justice
2010: 6 gms; 13 tackles, 3 TFL, 1.5 sack
2009: 11 gms; 19 tackles, 3 TFL, 0.5 sack

Xander Fuccillo
Junior OL
East Falmouth, MA/Falmouth
History
2010: 10 gms, 6 starts at left tackle
2009: Started all 11 gms at left guard

Joel Mignault
Senior WR
Billerica, MA/Shawsheen Valley Tech
Physical Education
2010: 10 gms (6 starts); 11 rec., 145 yds., 1 TD
2009: 11 gms, 9 tackles; 1 rec., 12 yds
2008: 5 gms

James Liddel
Senior TE
Shelton, CT/Shelton
Environmental Planning
2010: 10 gms (6 starts); 1 rec., 3 yds.
2009: 11 gms (9 starts); 3 rec., 29 yds.

Mike Miller
Junior OL
North Andover, MA/North Andover
Childhood Studies
2010: 10 gms; Started last 7 at right tackle
2009: 7 games as reserve

Christian Mulcahy
Senior WR/KR
Norwich, CT/St. Bernards
Business Administration
2010: 10 gms at WR; 1 rec., 21 yds; 20 KR, 23.2 avg. 4-7 FG Att., 18-21 PAT kicks
2009: Started 11 gms at DB; 34 tackles, 1 INT, 4 BrUp.
All-NEFC (1st Tm Ret); 23 ret., 22.3 avg., 1 TD 7-11 FG Att., 34-40 PAT kicks
2008: 12 gms, 46 punts, 31.0 avg.; 5 KR, 18.2 avg.
Final Individual Leaders

Final 2010 Results
(6-4 Overall, 4-3 NEFC Boyd)

S. 4 at Castleton W 16-14
S. 11 MOUNT IDA L 16-41
S. 18 at Bridgewater State W 17-0
S. 25 at UMass Dartmouth W 33-9
O. 2 NICHOLS W 17-0
O. 9 at MIT W 21-7
O. 16 ENDICOTT L 10-3
O. 23 WESTERN NEW ENGLAND L 6-14
O. 30 at Salve Regina L 14-30
N. 6 CURRY L-OT 21-24

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PUNT RETURNS

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KICK RETURNS

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FIELD GOALS

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PUNTING

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DEFENSE

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<td>Zach Parsons, DB</td>
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<td>Harry Fallon, LB</td>
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<tr>
<td>Matt MacLean, DL</td>
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<tr>
<td>Harry Fallon, LB</td>
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<td>Matt MacLean, DL</td>
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<td>Dan Kelly</td>
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<td>Zach Parsons</td>
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National Football Foundation – Hampshire Honor Society

Brian Castellucci, LB
Nick Fuccillo, OL

All-NEFC Boyd Division (First Team)
Brian Castellucci, LB
Nick Fuccillo, OL

All-NEFC Boyd Division (Second Team)
Steve Campbell, LB
Zach Parsons, DB

NEFC All-Academic Team

Adam Avedisian
Matt Bailey
J.J. Brooks
Michael Bruning
Chris Corey
John Creamer
Josh Duford
Harry Fallon
Matt Fiore
Nick Fuccillo
Xander Fuccillo
Justin Kane
Dan Kelly
James Liddel
Matt MacLean
Vinny Manfrate
Dustin Matthews
Mike Miller
Pat Miller
Zach Parsons
Chris Rigoli
Alex Sobolov
Jake Steele
Kevin Whalen

* indicates returning for 2011 season
The first varsity football game (left) at Plymouth State College was on Oct. 3rd, 1970, against Nichols College. PSC’s storied history got off to a terrific start when Alan Wool, the first Panther to touch a football in a game, returned the opening kickoff 95 yards for a touchdown.

Coaches Charlie Currier (second from left) and Jay Cottone (second from right) accept the first of eight straight Navy Trophies as New England Football Conference champions. PSC dominated the NEFC from 1981-88.

Quarterback Kevin Bradley led the 1982 Panthers to an undefeated 10-0 season, and a share of the prestigious Lambert Award. The 1982 squad was inducted into the PSC Athletic Hall of Fame in 1997.

PSC’s Joe Dudek, who in 1985 set the record for scoring more touchdowns (79) than anyone who ever played college football, was inducted into the College Football Hall of Fame in 1997.

Dudek was Sports Illustrated’s pick for the 1985 Heisman Trophy, and finished ninth in the final balloting. He had his #22 retired at Plymouth State in 1989.

Dudek is joined by Boston College’s Doug Flutie as winners of the 1982 Coca Cola Gold Helmet Awards. Dudek won the College Division Award, and Flutie the University Division.

Plymouth State has had nearly two dozen football All-Americans in 29 years. The first was Bob Gibson in 1974, shown here on D & M Field, where the Panthers played before moving to what is now Currier Memorial Field in 1979.

Quarterback Kevin Bradley led the 1982 Panthers to an undefeated 10-0 season, and a share of the prestigious Lambert Award. The 1982 squad was inducted into the PSC Athletic Hall of Fame in 1997.
Senior Paul Sheehan (#39) helped PSC upset perennial powerhouse Ithaca 13-12 in a snowstorm in the 1987 ECAC North Playoff game. (Ithaca went on to win the national championship in 1988.)

With this scoring toss, Panther quarterback Matt Jozokos set an all-time ECAC touchdown scoring mark in 1990. Jozokos finished his career with ECAC career records for yards passing (7,814) and TD passes (96). He is a 2000 inductee into Plymouth State’s Athletic Hall of Fame.

In a dramatic 1994 NCAA play-off game against Kings Point, Jack Dalton caught two touchdown passes from Joel Perry in the game’s final four minutes, including this one (above) with 34 seconds remaining. The win gave PSC a second-round match-up against Ithaca (left). PSC also hosted Union in the 1996 NCAA Tournament.

Plymouth State captains Toby Cloutier and Brandon Hourigan join coach Don Brown in accepting the 1994 Freedom Football Conference trophy. PSC was 9-0 in the regular season and 6-0 in FFC games, sharing the title with Kings Point.

The Panthers made a record 11th ECAC post-season appearance in 1999 under first-year head coach Chris Rorke, capturing the ECAC Northeast Championship over Salve Regina.

Jeff Mack helped PSU rekindle the glory days of Panther football in 2007-08, rushing for nearly 4,000 yards and 43 touchdowns.

Led by (left to right) seniors John DeMarco, Jeff Mack, and Brandon Clough, the 2008 Panthers captured the NEFC Championship and traveled to Cortland for the NCAA playoffs.
DID YOU KNOW?

Plymouth State ranks in the top 15 in highest all-time winning percentage among all NCAA Division III football programs (minimum 20 years), and first among New England schools.
All Time Season Records

<table>
<thead>
<tr>
<th>Year</th>
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<td>1976</td>
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<td>3-6-0</td>
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<td>1980</td>
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<td>Jim Aguilar</td>
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<td>1981</td>
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<td>1985</td>
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<td>NEFC</td>
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255 - 140 - 7 — .643

NCAA Playoff Results (W-1, L-4)

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<td>Ithaca 22, PSC 7</td>
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<td>Union 24, PSC 7</td>
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<td>Cortland State 31, PSU 14</td>
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ECAC Playoff Results (W-4, L-9)

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<td>North PSC 13, Ithaca 12</td>
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<td>North Atlantic PSU 24, Bridgewater State 21</td>
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<td>Northeast Springfield 42, PSU 13</td>
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Career Rushing Leaders

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<td>Russ Massahos</td>
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<td>Tracey Manter</td>
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<td>John DeMarco</td>
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Single Season Rushing Leaders

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PLYMOUTH STATE FOOTBALL HONORS

ECAC PLAYER OF THE YEAR

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<th>Position</th>
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<tr>
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<td>Joel Perry</td>
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<td>Matt Jozokos</td>
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<tr>
<td>1988</td>
<td>Pat McAniff</td>
<td>LB</td>
</tr>
<tr>
<td>1985</td>
<td>Joe Dudek</td>
<td>RB</td>
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<td>Joe Dudek</td>
<td>RB</td>
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ECAC ROOKIE OF THE YEAR

<table>
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<tr>
<td>2004</td>
<td>Adam Long</td>
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<td>1987</td>
<td>Matt Jozokos</td>
<td>QB</td>
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<tr>
<td>1982</td>
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FREEDOM CONFERENCE PLAYER OF THE YEAR

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<tr>
<td>2003</td>
<td>Dan Fallon (Rookie)</td>
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<tr>
<td>1999</td>
<td>Colt Meredith (Defense)</td>
<td>DB</td>
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<tr>
<td>1997</td>
<td>Dave Gibson (Defence)</td>
<td>LB</td>
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<td>Colby Compton (Defense)</td>
<td>LB</td>
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<tr>
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FREEDOM CONFERENCE COACH OF THE YEAR

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<td>Don Brown</td>
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<td>Don Brown</td>
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FIRST TEAM NEFC ALL-STARS

<table>
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<th>Year</th>
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<th>Position</th>
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<tbody>
<tr>
<td>2010</td>
<td>Brian Castellucci</td>
<td>LB</td>
</tr>
<tr>
<td>2009</td>
<td>Nick Fucillo</td>
<td>C</td>
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<tr>
<td>2008</td>
<td>Alex Battaglino</td>
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<td>2007</td>
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<td>LB</td>
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<td>2006</td>
<td>Nick Fucillo</td>
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<tr>
<td>2005</td>
<td>Joe Dudek</td>
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<tr>
<td>2004</td>
<td>Joe Dudek</td>
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FIRST TEAM FREEDOM CONFERENCE ALL-STARS

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<thead>
<tr>
<th>Year</th>
<th>Name</th>
<th>Position</th>
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<tr>
<td>2002</td>
<td>Tim Boothroy</td>
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<tr>
<td>2001</td>
<td>Chris Kelliher</td>
<td>LB</td>
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<tr>
<td>2000</td>
<td>Chris Beltmon</td>
<td>OL</td>
</tr>
<tr>
<td>1999</td>
<td>Chris Beltmon</td>
<td>OL</td>
</tr>
<tr>
<td>1998</td>
<td>Brent Bardellini</td>
<td>KR</td>
</tr>
<tr>
<td>1997</td>
<td>Brian Arakelian</td>
<td>OL</td>
</tr>
<tr>
<td>1996</td>
<td>Chris Beaula</td>
<td>TE</td>
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<tr>
<td>1995</td>
<td>Brent Bardellini</td>
<td>PR</td>
</tr>
<tr>
<td>1994</td>
<td>Colby Compton</td>
<td>LB</td>
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<tr>
<td>1993</td>
<td>Colby Compton</td>
<td>LB</td>
</tr>
<tr>
<td>1992</td>
<td>Doug Cantrell</td>
<td>WR</td>
</tr>
<tr>
<td>1991</td>
<td>Chad Zibolis</td>
<td>OL</td>
</tr>
<tr>
<td>1990</td>
<td>Matt Massahos</td>
<td>RB</td>
</tr>
<tr>
<td>1989</td>
<td>Mike Pelletier</td>
<td>RB</td>
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<tr>
<td>1988</td>
<td>John Walters</td>
<td>TE</td>
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<td>1985</td>
<td>John Walters</td>
<td>TE</td>
</tr>
<tr>
<td>1984</td>
<td>John Walters</td>
<td>TE</td>
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</tbody>
</table>

* - All-ECAC
# - All-American
Bob Gibson - DB
1974 Kodak All American
1975 NAIA Honorable Mention

Fred Quinlan - OG
1974, 1975 NAIA All American
1975 AP Honorable Mention

Bill Stumpf - OLB
1974 NAIA Honorable Mention

Lee Richard - DB
1980 CoSIDA Honorable Mention

Mark Barrows - LB
1982 Kodak All American
CoSIDA 2nd Team, AP Honorable Mention

John McNulty - DT
1982 CoSIDA 3rd Team AP Honorable Mention

Ron Simmons - OT
1982 CoSIDA 3rd Team AP Honorable Mention

Ted Moccia - C
1983 CoSIDA Honorable Mention

Ed Iodice - DB
1984 Pizza Hut 1st Team

Glenn Segalla - LB
1984 Pizza Hut 3rd Team

John Posiviata - WR
1984 Pizza Hut Honorable Mention

Dave Watson - OT
1984 Pizza Hut 2nd Team
1985 Pizza Hut 1st Team

Pat McNiff - LB
1985 Pizza Hut 3rd Team
1988 Pizza Hut 1st Team

Joe Dudek - RB

Bob Mudge - DE
1986 Pizza Hut Honorable Mention

John Sullivan - CB
1986 Pizza Hut Honorable Mention
“Football News” 2nd Team

Matt Jozokos - QB
1988 Pizza Hut 3rd Team
1989 Pizza Hut Honorable Mention

Paul Belanger - WR
1989 Pizza Hut Honorable Mention

Scott Allen
1991 Champion Div. III 1st Team

Steve Krasinski - DE
1991 Champion Div. III Honorable Mention

Colby Compton - LB

Jeff Ziegler - OT
1995 Hewlett Packard CoSIDA 3rd Team

Dave Gibson - LB
1997 Don Hansen’s FB Gazette Second Team, Hewlett Packard/CoSIDA 3rd Team

Colt Meredith - DB
1999 Hewlett-Packard/ CoSIDA Honorable Mention

John Walters - TE
2001 Hewlett-Packard/ CoSIDA 3rd Team
2001 Football Gazette 3rd Team

Zac Duval – OL
2009 D3Football.com Honorable Mention
Charles Currier Award
presented annually for outstanding dedication, desire and hustle.
2010 – Zack Parsons, Aaron Getz
2009 – Zac Duval
2008 – Jeff Mack
2007 – Craig Baird
2006 – Joe Fellini
2005 – Joe Fellini
2004 – Joe Fellini
2003 – Jeff Robinson
2002 – Justin Falite
2001 – Cory Skillin
2000 – Mike Donahue
1999 – Dan Demuth
1998 – Jason Lussier
1997 – Jeff Goode
1996 – Shawn Redburn
1995 – Paul Drone
1994 – Jack Dalton
1993 – John Barry
1992 – Paul Landry
1991 – Greg Demetri
1990 – Tony Mann
1989 – Fred Pimental
1988 – Dave Notte
1987 – Paul Sheehan
1986 – Tom Lamb
1985 – Bill Troy
1984 – Bob Batson
1983 – Ted Moccia
1982 – Ron Simmons

Jason D. Holder Award
presented annually to the Most Valuable Player in the Homecoming Game.
2010 – Brian Castellucci
2009 – J.J. Brooks
2008 – Jeff Mack
2007 – John DeMarco
2006 – Mike Lannon
2005 – Dan Fallon
2004 – Pat Quinlan
2003 – Dan Fallon
2002 – Tim Boothroyd
2001 – Mike Pelletier
2000 – Jason Marcell
1999 – Russ Massahos
1998 – Matt Botz
1997 – Offensive Line
1996 – Shawn Redburn & Andy Jackson
1995 – Tyler Moore
1994 – Joel Perry
1993 – Toby Cloutier
1992 – P.J. Hanson
1991 – Paul Landry
1990 – Matt Jozokos
1989 – Tracey Manter
1988 – Paul Belanger
1987 – Matt Jozokos
1986 – Tim Marini
1985 – Joe Dudek
1984 – Joe Dudek
1983 – Gary Turgeon
1982 – Scott Anson
1981 – Lee Richard
1980 – Lee Richard
1979 – Bill Flynn
1978 – Richard Kilekas
1977 – Robin Carrera
1976 – Mike Kelly
1975 – Skip Capone
1974 – John L. Sullivan
1973 – Les Wolfram
1972 – James Anctil
1971 – Les Wolfram
1970 – Steve Barjie

Ross Deachman Awards
presented annually to the underclassmen who made the most significant contributions to the offense and defense.
2010 – Joel Mignault (O)
2009 – J.J. Brooks (O)
2008 – Matt Vahey (O)
2007 – Jeff Mack (O)
2006 – Mike Lannon (D)
2005 – Joe Duval (O)
2004 – Pat Quinlan
2003 –  Joe Fellini (O)
2002 –  Harry Payne (O)
2001 –  Mike Bicchieri (O)
2000 –  Bobby Maylone (D)
1999 –  Chris Belmont (O)
1998 –  Matt Vahey (O)
1997 –  Bryan Sinatro (O)
1996 –  Brian Arakelian (O)
1995 –  Jeff Ziegler (O)
1994 –  R.J. Letendre (O)
1993 –  Mark Sawicki (O)

Donald P. Wharton Presidential Award
presented to senior football players who have overcome adversity and shown exceptional leadership, dedication and perseverance.
2010 – Brendan Fontaine,
2009 – Bill Horan, Jim Sestito,
2008 – John DeMarco, Joe Duval,
2007 – Adam Long, Donny Lewis
2006 – John DiPasquale, Dana Flinders
2005 – Sean Elwood, Caleb Hooker
2004 – Mike Donahue
2003 –  Joe Fellini (O)
2002 –  Harry Payne (O)
2001 –  Mike Bicchieri (O)
2000 –  Bobby Maylone (D)
1999 –  Chris Belmont (O)
1998 –  Matt Vahey (O)
1997 –  Bryan Sinatro (O)
1996 –  Brian Arakelian (O)
1995 –  Jeff Ziegler (O)
1994 –  R.J. Letendre (O)
1993 –  Mark Sawicki (O)
2010 – Brendan Fontaine,
2009 – Bill Horan, Jim Sestito,
2008 – John DeMarco, Joe Duval,
2007 – Adam Long, Donny Lewis
2006 – John DiPasquale, Dana Flinders
2005 – Sean Elwood, Caleb Hooker
2004 – Mike Donahue
2003 –  Joe Fellini (O)
2002 –  Harry Payne (O)
2001 –  Mike Bicchieri (O)
2000 –  Bobby Maylone (D)
1999 –  Chris Belmont (O)
1998 –  Matt Vahey (O)
1997 –  Bryan Sinatro (O)
1996 –  Brian Arakelian (O)
1995 –  Jeff Ziegler (O)
1994 –  R.J. Letendre (O)
1993 –  Mark Sawicki (O)

follow PSU sports online at...
Fred Madore Award
presented to the player who best epitomizes the hard-nosed tradition, gritty determination and competitiveness of Plymouth State Football.

2010 – Dan Kelly
2009 – Alex Smith
2008 – Ryan Harrington, Justin Jarvis
2007 – Brad Largy, Justin Smith
2006 – Dan Fallon
2005 – Dan Fallon
2004 – Pat Quinlan
2003 – Matt Coddaire, Jay Zinis
2002 – Shawn Boyle
2001 – Bobby Maylone
2000 – Chris Belmont
1999 – John McLaughlin
1998 – Sam Carey
1997 – Jose Raymond
1996 – Butch McCarthy
1995 – Mike Rauner
1994 – Toby Cloutier
1993 – Paul Carlow

Walter L. Murphy Coaches Award
presented in recognition of outstanding leadership and dedication as a teacher, motivator and mentor.

2010 – Kevin Bradley
2009 – Brian Murphy
2008 – Ken Osbon
2007 – Mike McLaughlin
2006 – John Bownes
2005 – Tom Pabst
2004 – Nick Vailas
2003 – Jay Foster
2002 – Lou Desloges
2001 – Christopher Clarke
2000 – Steve Tirrell
1999 – Don Brown
1998 – Charles Currier
1997 – Jay Cottone
1996 – Ted Moccia
1995 – Gary Emanuel
1994 – Skip Capone
1993 – Charles Lenahan
1992 – Walter L. Murphy

James Hamilton Award
presented annually for outstanding contribution to the defense and for displaying spirit, enthusiasm and desire.

2010 – Brian Castellucci
2009 – Alex Battaglino
2008 – Brian Keenian
2007 – Jeff Ethier
2006 – Tim Butler
2005 – Jake Meserve
2004 – Dan Fallon
2003 – Eric Lawless, Doug Martin, Erik Stanley
2002 – Jamey Funk
2001 – Jim Stacy
2000 – Seth Howard
1999 – Sean Murphy
1998 – Kevin Hebert
1997 – Bill Lawrence
1996 – Mark Crossman
1995 – Andy Lavigne
1994 – Jeff Jarry
1993 – R.J. Hanson
1992 – Ric Deignan
1991 – Chris Atwood
1990 – Coach Christopher Clarke
1989 – Sean Holt

10th Annual Plymouth State University Athletic Department Golf Tournament

Monday, June 18, 2012
10 a.m.
Owl’s Nest Golf Club
Campton, NH

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NEW HAMPSHIRE FOOTBALL REPORT

Your source for football coverage in the Granite State!
After beginning its football program in 1970, Plymouth State was a member of the NEFC from 1971-91, winning or sharing nine titles in those 21 seasons. The Panthers won or shared eight straight NEFC championships from 1981-88. Plymouth State returned to the NEFC in 2006 after 12 years in the Freedom Football Conference (1992-2003) and two seasons as an independent (2004-05).

The NEFC currently has 16 teams in two divisions, the Bogan and Boyd Divisions. The regular season schedule includes one game against each member of its own division and one contest against a team in the other division. PSU and Bridgewater State play each other in the cross over game in 2010 and 2011.

The NEFC concludes its regular season schedule with a championship game between the first-place teams from each division. The winner of that game receives an automatic berth in the NCAA Division III Championship Tournament.

Follow the NEFC online at newenglandfootballconference.com

**NEFC Champions**

- 1965 - Maine Maritime
- 1966 - Bridgewater State
- 1967 - Maine Maritime
- 1968 - Maine Maritime
- 1969 - Bridgewater State
- 1970 - Curry College
- 1971 - Curry College
- 1972 - Maine Maritime
- 1973 - Nichols College
- 1974 - Nichols College & Boston State
- 1975 - Nichols College
- 1976 - Nichols College
- 1978 - Nichols College & Boston State
- 1979 - New Haven
- 1980 - Maine Maritime
- 1981 - Plymouth State
- 1982 - Plymouth State
- 1984 - Plymouth State
- 1985 - Plymouth State & W. Connecticut
- 1986 - Plymouth State
- 1987 - Plymouth State
- 1988 - Plymouth State
- 1989 - Bridgewater State
- 1990 - Plymouth State
- 1991 - UMass Lowell
- 1992 - Bridgewater State
- 1993 - Maine Maritime
- 1994 - Maine Maritime & UMass Dartmouth
- 1995 - Worcester State
- 1996 - Worcester State
- 1997 - Worcester State & Bridgewater State
- 1998 - Salve Regina (Blue)
- 1999 - Salve Regina (Blue) & Bridgewater State (Red)
- 2000 - Bridgewater State
- 2001 - Westfield State
- 2002 - UMass Dartmouth
- 2003 - Curry College
- 2004 - Curry College
- 2005 - Curry College
- 2006 - Curry College
- 2007 - Curry College
- 2008 - Plymouth State
- 2009 - Maine Maritime
- 2010 - Endicott

**Final 2010 NEFC Standings**

<table>
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<tr>
<th>Division</th>
<th>Overall</th>
<th>Boyd Division</th>
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<tbody>
<tr>
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<td>W</td>
<td>L</td>
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<tr>
<td>Endicott</td>
<td>6</td>
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<tr>
<td>Western New England</td>
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<td>Salve Regina</td>
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<tr>
<td>Curry</td>
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<tr>
<td>Plymouth State</td>
<td>4</td>
<td>3</td>
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<tr>
<td>UMass Dartmouth</td>
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<td>5</td>
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<td>Nichols</td>
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<tr>
<td>MIT</td>
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<th>Bogan Division</th>
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<tr>
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<tr>
<td>Maine Maritime</td>
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<tr>
<td>Framingham State</td>
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<td>Mass Maritime</td>
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<td>Westfield State</td>
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<td>Coast Guard</td>
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<td>6</td>
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<tr>
<td>Fitchburg State</td>
<td>1</td>
<td>6</td>
</tr>
</tbody>
</table>

**NEFC Championship Game:**
Endicott 38, Maine Maritime 35

**NCAA Championships 1st Round:**
Cortland State 49, Endicott 35

**ECAC North Central Bowl:**
Western New England 66, Maine Maritime 41

**ECAC Northeast Bowl:**
Framingham State 27, Norwich 21 (OT)
In the summer of 2004, the weight room in the athletic department was renovated and expanded, and with the support of Nick Vailas ’76, the Vailas Performance Center was born. The new facility is a major boost to the strength and conditioning of Panther student-athletes.

PSU Athletics and physical education students benefit from improvements to equipment. The program serves three purposes: 1) to provide a safe environment for all student-athletes to develop their skills and abilities; 2) to provide a teaching lab for Health, Physical Education and Recreation majors; and 3) to prevent and rehabilitate injuries.

The Vailas Performance Center is a facility that is both attractive and safe for student-athletes. It focuses attention to the needs of our athletic teams individually in an area that is both gender-friendly and supported by professionals who have the capacity to develop the diverse programming needed for the many types of student-athletes at Plymouth State.

The creation of the Vailas Performance Center offers an opportunity for Health, Physical Education and Recreation majors to enhance their knowledge and experience in the types of training involved in a strength and conditioning program. The exposure to basic through complex techniques of functional training will allow students majoring in athletic training to develop the competencies and skills needed to be competitive in a growing career field.
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