Dear Emory University Student-Athlete,

Welcome to the Emory University athletics program. You are now a member of an athletics department that has a rich and proud tradition. It is our hope and expectation you will uphold and build upon that tradition.

Your participation in our athletics program carries with it a unique privilege. You have been selected for our team based upon the talents you can lend to your sport and for how you will represent all of our programs.

With the privilege of being a member of our athletics program you must carry out the necessary responsibilities of such involvement. We ask that you always bear in mind that at all times you now represent your teammates, coaching staff, the Athletics Department and your University. We expect you to send the message you are part of a first-class organization. You should strive to be successful in the classroom, show the highest level of sportsmanship at all times and act in a socially sound manner. To that end, your conduct, appearance and accountability should reflect the highest of standards while representing intercollegiate athletics at Emory University.

We ask that you maximize your potential in academics, athletics and other areas of campus involvement. If you are willing to give your best effort, both you and Emory University will come out a true champion.

Enjoy your involvement in our athletics program. I wish every one of you a successful season.

Go Eagles!

Michael P. Vienna, Ph.D.
Clyde Partin Sr. Director of Athletics
OUR VISION

To be the nation’s preeminent intercollegiate athletics program by setting the highest of standards in all aspects of the student-athlete academic and athletic achievement and experience.

OUR MISSION

Our program should complement the mission of Emory University and provide the environment and infrastructure to support the academic, athletic, personal, social growth and standard of excellence for everyone affiliated with our program. To achieve our vision we will provide outstanding facilities, staff and programs that promote the physical, emotional and social growth of individuals through competitive, first class intercollegiate varsity competition.

NATIONAL COLLEGIATE ATHLETIC ASSOCIATION
DIVISION III PHILOSOPHY STATEMENT

The National Collegiate Athletic Association is the organization through which the nation's colleges and universities speak and act on athletics matters at the national level. It is a voluntary association of over 1,000 institutions, conferences, organizations and individuals devoted to the sound administration of intercollegiate athletics.

Emory Athletics endorses the philosophy statement adopted by the membership of the NCAA for Division III. Colleges and universities in Division III place the highest priority on the overall quality of the educational experience and on the successful completion of all students’ academic programs. They seek to establish and maintain an environment in which a student-athlete’s athletics activities are conducted as an integral part of the student-athlete’s educational experience, and an environment that values cultural diversity and gender equity among their student-athletes and athletics staff.

UNIVERSITY ATHLETIC ASSOCIATION – UAA

The eight members of the University Athletic Association are Brandeis University, Carnegie Mellon University, Case Western Reserve University, Emory University, New York University; the University of Chicago, the University of Rochester, and Washington University in St. Louis.
The purpose of this Association is to encourage athletic competition among a select group of major research institutions that are committed to high standards for academic excellence and to providing a diversity of high quality academic and co-curricular programs for their students. Participation in the UAA provides outstanding competition in one of the strongest conferences in the country.

ELIGIBILITY AND PARTICIPATION

To practice or compete in a varsity sport, a student must be a full-time student (enrolled in at least three courses or 12 hours) in good academic standing and making satisfactory progress toward a degree. If the student drops below the 12-hour minimum during a semester, he/she becomes immediately ineligible for competition. A graduating senior may carry fewer than three courses in his/her final semester if fewer than three courses is the number required for graduation. The verification must be reviewed with their coach and athletic administrator.

A student-athlete shall not engage in more than four seasons of intercollegiate competition in any one sport. A Division III student-athlete shall complete his or her seasons of participation during the first 10 semesters or 15 quarters in which the student is enrolled as a full-time student in a collegiate institution.

Medical Clearance. No student-athlete will be allowed to participate in intercollegiate athletic practice or competition until a signed medical clearance report has been issued by the athletic training staff. This policy applies to both traditional and non-traditional practice sessions.

Hardship Waiver: A student-athlete may be granted an additional year of eligibility based on hardship and specific participation criteria. Please contact the Senior Director of Athletics and Head Athletic Trainer for more information.

GOOD ACADEMIC STANDING

The Dean of Undergraduate Education of the College may, at his/her discretion and irrespective of grades, declare probationary status for any students who, in their opinion, are not properly utilizing their time and talents. At the end of any grading period, a student whose cumulative grade point average or whose senior grade point average is less than 2.0 will incur academic probation. A student who fails in any semester to pass two-thirds of the hours taken or to attain at least a 1.5 quality-point ratio will be placed on probation regardless of any previous average. Probationary status will be reviewed on a case-by-case basis by the Director of Athletics and Head Coach.

PHYSICAL EDUCATION CURRICULUM

Enrollment in a varsity sport for credit is by permission only from your head coach. Participation in a varsity sport for Physical Education/Play 4 Life credit carries the same responsibilities for the student
and coach as any other course in Emory College. A grade reflecting competent performance and expectation is awarded. If a student discontinues participation, an “F” grade will be recorded. If a student discontinues participation due to injury, he/she must request a withdrawal from the Office for Undergraduate Education. Credit cannot be granted retroactive to participation. It is the student’s responsibility to request a permission number for enrolling themselves via OPUS at the beginning of the semester they wish to receive credit. Students are not automatically enrolled, and cannot receive credit unless they enroll themselves.

All students, including Emory student-athletes are required to take HLTH 100 and two courses in Play 4 Life/Physical Education. One Play 4 Life course must be in the Principles of Physical Fitness curriculum (PPF), and one must be a PED elective, as denoted by GER tags in the course catalog and on OPUS. All varsity sports carry a PPF tag and count as a one (1) credit PPF course. Varsity athletes may complete two (2) credits in Play 4 Life in either (a) one varsity sport repeated one time; or (b) two different varsity sports taken one time each for credit. The 2nd PPF credit automatically counts as a PED elective, thus student athletes may potentially meet all their Area IX Physical Education General Education Requirements through their varsity sport(s).

In order to fulfill the curricular requirement for the Principles of Physical Fitness course, enrolled students will need to take 2 quizzes online within CANVAS, and will attend 2 lectures on Nutrition with other PPF classes. Each quiz will be a 30-40 question multiple choice test.

All students will need to take the quizzes and complete the academic portion of the PPF requirement the first time they are enrolled in their varsity sport. This requirement cannot be waived or deferred. The grading distribution for PPF credit will be 70% from attendance/participation and 30% from scores on the two quizzes. Students can elect to register for the classes for either a letter grade or for S/U. Once a student has met their PPF requirement they are not required to repeat the PPF curricular component the second time they enroll in a varsity sport, and subsequent grades are based 100% on participation.

**MISSED CLASS TIME & MISSED EXAMS FOR COMPETITION**

Due to competitive schedules and formats as well as related travel demands, you will miss some classes and exams. In order to help you manage this scenario, at the beginning of each semester you will be provided notification letters from your head coach for each one of your classes. You will be expected to give this notification letter to your professors. The letters will outline the dates that you will miss related to intercollegiate athletic competition. You should determine prior to the ADD/DROP deadline whether there is any policy in any class that would negatively impact your grade if you missed class in connection with athletic competition and/or related travel.

It is your responsibility is to communicate with your professors in advance of deadlines to determine what their expectations are for you to make up/complete missed course work. In the unlikely event that the professor is uncooperative in this effort, please notify your head coach.
ACADEMIC ADVISING

An ombudsman through the Office of Undergraduate Education is currently in place to help students navigate unexpected academic challenges. The academic advising team will work to determine the best course of action on academic matters such as course planning, degree progress, and communication with professors, academic tutoring and academic coaching.

ALCOHOL, DRUG AND TOBACCO POLICY
NON-ACADEMIC MISCONDUCT

Emory University is committed to the health and well-being of its faculty, staff, and student body. Any member of the Emory University faculty, staff or student body who violates any of the Standards of Conduct shall be subject to corrective disciplinary actions and penalties up to and including expulsion from university academic programs and referral to the appropriate federal, state or local authorities for prosecution in the courts. The use of alcohol and other drugs while participating in any team function, including practice, competition, travel and any university-sponsored event is prohibited.

The following is the policy concerning the use of alcohol, tobacco and illegal drugs by Emory University intercollegiate athletic teams. In consideration of the fact that both legal and ethical problems arise when student-athletes representing Emory University consume alcoholic beverages and illegal drugs, it is the policy of this department not to allow the consumption of alcohol, tobacco, intoxicating substances, or illegal drugs (save the normal use of medication) during the course of any Emory athletic function.

There is to be no such consumption by any team member or manager while those persons are representing Emory in an athletic capacity, and, in the case of road trips, from the time the team leaves campus until the time of return to campus. Moreover, no alcoholic beverages, tobacco or illegal drugs are to be purchased by or carried with any team member during these periods.

This policy is also adopted with the understanding that all team members and managers are representatives of themselves, of their team and Emory University, and therefore unacceptable to risk either disreputable conduct or violation of the law as a result of alcohol, tobacco or drug abuse.

Additionally, any violation of the Emory Undergraduate Code of Conduct found at www.conduct.emory.edu will be reported to the Office of Student Conduct.

TOBACCO
Emory University is a smoke-free campus. The NCAA prohibits the use of all tobacco products by student-athletes, coaches, and staff in all practices and competition. Additionally, tobacco products are prohibited during all team travel as well as in any other setting where a student-athlete interacts with coaches, fellow students, faculty, etc.
ALCOHOL
The state of Georgia requires that persons be 21 years of age to purchase, possess or consume alcoholic beverages. Emory University promotes healthy lifestyles and well-being of student-athletes. Underage drinking is against the law and students are subject to legal sanctions as well as standards on conduct outlined by the Office of Student Conduct and Student Health Services.

ILLEGAL DRUGS
Possession or use of any illegal drug by any student-athlete is prohibited.

BANNED SUBSTANCES AND NUTRITIONAL SUPPLEMENTS – NCAA

Many nutritional/dietary supplements contain NCAA banned substances. In addition, the U.S. Food and Drug Administration (FDA) does not strictly regulate the supplement industry; therefore purity and safety of nutritional/dietary supplements cannot be guaranteed. Impure supplements may lead to a positive NCAA drug test. The use of supplements is at the student-athlete's own risk. Student-athletes should contact their institution's team physician or certified athletic trainer for further information. For more information, consult the 2017-18 NCAA Banned Drug List.

FACILITIES

The Department of Athletics manages the Woodruff Physical Education Center (WPEC) and Student Activity and Academic Center (SAAC). Both facilities are controlled-access facilities. This means (1) all individuals using the WPEC and the SAAC must display a current and valid ID. Student-athletes must present their current EmoryCard ID, and (2) Varsity locker rooms and the Student-Athlete Lounge have a combination lock. Do not share this information with anyone not associated with your team, prop any door, or leave any item unattended.

HOSTING RECRUITS

As a host, an Emory student-athlete is responsible for your prospective student’s well-being while they are on campus. Although a prospective student may choose to attend a different class or club event, you should make sure that he or she is not left unaccompanied. Hosts should ensure that the visit will give the prospective student insights on and be representative of the normal daily experience of an Emory student-athlete. Your guidance will help a visitor take advantage of the opportunities available and ensure a positive experience.

Emory is committed to developing an environment that fosters the safety and welfare of all members of its community. We uphold state and federal regulations on drugs and alcohol. The legal age to possess or consume alcohol in the state of Georgia is twenty-one, and it is illegal to sell or give alcoholic beverages to underage individuals. As their host, remember, you can be held accountable for
violations of these policies through Campus Life judicial procedures. You affirm and agree to abide by all policies of Emory University and your signature will be required as a host.

We want everyone to have a positive experience where no one’s safety or health is compromised. Remember, the prospective student is here to make an educational decision. If you have concerns about your guest’s behavior during the visit please call your head coach immediately. If you encounter an emergency situation call the emergency helpline at 404/727-6111 and EPD will notify the appropriate people right away.

INCLEMENT WEATHER

The Department of Athletics will follow University guidelines in that we will ensure that essential University facilities and functions remain operational during inclement weather without endangering the safety of students and employees. For any practice or competition that may be altered due to inclement weather, consult with your head coach and athletic training staff.

 Lodging and Meals

Coaches will assign roommates and provide itineraries for overnight trips. Team members will pay for incidentals, such as snacks and movies and should not be charged to the room. Teams will dine together for all meals and coaches will pay for these meals. Most meals have a pre-set limit which is consistent among all sports, specific to the location and situation. Parents, friends, and relatives may dine with the team and pay separately. Team members may not leave the team to eat with others without written permission prior to the trip, unless the Travel Release Request form has been completed.

Program Evaluation

Each varsity student-athlete will have the opportunity at the end of the season to evaluate his or his intercollegiate experience. These evaluations are included in year-end program reviews and also used as planning and goal setting for the coming year.

Social Media

Emory Athletics recognizes that social networking sites such as Facebook, Twitter and Instagram are used by a majority of student-athletes and serve as a popular avenue to communicate and network with others.

At the same time, information, pictures and other content “tweeted” or otherwise on a student-athlete’s profile page, however, could have implications for his/her image, the image of his/her teammates and
coaches, the image of Emory, as well as future career and professional opportunities.

Examples of inappropriate behavior posted on social media sites may include, but are not limited to depictions or presentations of:

- Use of alcohol or illegal drugs
- Lewd or salacious behavior
- Hazing and initiation activities
- Using inappropriate or offensive language in all comments, videos and other postings. This includes threats of violence and derogatory comments against race and/or gender

When using social media, think of your reputation and character as your own personal brand, with the idea that no brand or business would do anything to harm its image. You should control your social media, don’t let it control you.

**SPORTS INFORMATION**

As an Emory student-athlete, you are a visible representative of the University. The University actively seeks to enhance awareness of its varsity athletics program, primarily through the Sports Information Office.

The Sports Information Office’s (Room 310 WPEC) primary responsibilities include:

- Website Content (game stories, weekly updates)
- Press Releases (weekly release, special announcements)
- Statistics (game stats, season compilation, reporting to conference & national offices)
- All video streaming efforts for home athletic events
- Publications (game programs, special event programs)
- Record Books (updated game, season, and career for each sport)
- General Information (rosters, schedules, player and coach biographies)
- Photography (maintains archive of action and mug shots for all sports)
- Award Nominations (Athlete of the Week, NCAA, and other national organizations)
- Media placements for teams and student-athletes
- Management of the Emory Eagles Facebook and Emory Athletics Twitter account

All student-athletes are asked to fill out a sports information questionnaire and to pose for pictures. Additionally, some will be asked to cooperate with the Sports Information Office for interviews. Please fill those out and return when you receive these.

You may be interviewed by a member of the Sports Information Office, the campus media (The Wheel newspaper), the Atlanta media (Journal-Constitution), sport-specific media (e.g., D3hoops.com, d3baseball.com) or hometown media. The Sports Information Office will contact you in advance to arrange such interview so it does not conflict with your schedule.

You should not consent to an interview unless it has been arranged by the Sports Information Office. There have been strangers posing as reporters to gain access to college athletes. The only exception to
this rule would be a reporter from The Emory Wheel, the school paper, which operates on late night
deadlines on Sundays and Wednesdays.
Interviews are an effective tool to improve your communication skills, both verbal and non-verbal.
You can be sure that you will have interviews of your own when applying for jobs after graduation.
The Sports Information staff is available to offer you training before or after an interview. Here are
some tips to consider for your interviews:

If meeting a media person face-to-face
• Dress appropriately (Emory clothing preferred. Refrain from t-shirts, hats, and torn jeans)
• Address interviewer by name (sports information staff will give you name of reporter)
• Smile, establish eye contact and use a steady (not monotone) voice

In all media sessions, remember
• Emphasize the positive about your coach, teammates and the school
• Do not talk off the record (it will come back to haunt you)
• Do not answer a question that bothers you (“I’m not comfortable answering that question.”)
• Relax, and thank the interviewer when it is over

SPORTS MEDICINE

Emory University Sports Medicine Department in collaboration with Student Health Services, Emory
Healthcare and a variety of other Metro-Atlanta based sports medicine professionals, provides unified
and comprehensive athlete-centered care to all student-athletes through education, prevention,
evaluation, and rehabilitation of all injuries. This is paramount to ensure that student-athletes represent
Emory University through intercollegiate athletics in the safest and healthiest manner possible. The
vision of the Emory Sports Medicine Department is to continue to grow through research, education,
and a commitment to excellence in order to provide the best possible athlete-centered care.

A certified athletic trainer will evaluate and treat intercollegiate athletic injuries during regularly
scheduled athletic training room hours. The Emory University certified athletic trainers work in
conjunction with the team physicians to provide the highest quality sports medicine services to all
varsity athletes. All injuries should be reported to the sports medicine staff within 24 hours. If an
medical emergency should occur prior to or after the athletic training room hours, contact the first
responder unit by dialing 911 from a campus phone or 404-727-6111.


SPORTS WAGERING

The NCAA opposes all forms of legal and illegal sports wagering, which has the potential to
undermine the integrity of sports contests and jeopardizes the welfare of student-athletes and the
intercollegiate athletics community.
Emory University Strength and Conditioning is committed to helping student-athletes maximize their athletic potential while decreasing the risk of injury. The Head Strength and Conditioning Coach or an authorized coach must be present to supervise all users. The Strength Staff works closely with our Sports Medicine Staff in regards to specific needs of all student-athletes.

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<tr>
<th>Mission</th>
<th>Philosophy</th>
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<td>Reduce the chance for injury.</td>
<td>Utilize ground-base exercises.</td>
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<tr>
<td>Improve athletic performance.</td>
<td>Utilize free weights.</td>
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<td>Perform exercises that work multiple muscle groups.</td>
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<td>Perform exercises in an explosive manner.</td>
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STUDENT-ATHLETE ADVISORY COMMITTEE (SAAC)

The purpose of the SAAC is to promote varsity athletics on campus in the following manner:
1. build a sense of community among student-athletes,
2. promote understanding and mutual respect among faculty, staff and student-athletes,
3. recognize the valuable role intercollegiate athletics play in the overall Emory experience.

Each team is represented on the SAAC by two to four representatives, based on the size of the squad. Representatives vote on issues and are overseen by the Executive Committee, which consists of Co-Presidents (2), Secretary, and Treasurer. Representatives are appointed by their head coach, or voted on by their teammates. The SAAC legislature elects the Board. Please see your head coach if you are interested in serving in any capacity.

TEAM INITIATION AND HAZING

Emory University prohibits hazing of any kind as well as all team initiation activities. The University defines hazing as any action or situation created by an individual or group that inflicts, intends to inflict, or has the potential to inflict physical or mental discomfort or causes anxieties that may demean, degrade, disgrace, embarrass, harass, or humiliate any person regardless of location, intent, or consent of participants for the purpose of initiation into, affiliation with, admission to, holding office in, or as a condition for continued membership in a group, team, club, or other organization. Actions or activities which are prohibited by the University include, but are not limited to, activities that involve or have the potential to involve:

- Risk of injury to any individual or group.
- Discomfort to any individual or group.
- Embarrassment to any individual or group.
- Harassment of any individual or group.
- Degradation, humiliation or ridicule of any individual or group.
• Acts of personal servitude of an individual or group.
• Willful destruction and/or removal of public or private property for the purpose of initiation or admission into or affiliation with, or as a condition for continued membership in any organization.
• Any violation of University policies or state law.

To understand whether or not an activity is hazing, consider the following questions:

• Does the activity cause harm?
• Does the activity cause division?
• Is the activity relevant to the purpose of the team?

Any student-athlete or team that commits hazing will be subject to disciplinary actions by the Athletic Department and the Office of Student Conduct. Disciplinary measures include but are not limited to: permanent suspension from the team, temporary ineligibility, and/or full team season suspension. Teams should conduct activities which reflect respect for, and are in the best interest of every team member. Any team bonding or initiation activity should be approved by the head coach or athletics administration prior to being conducted.

TRAVEL

Emory and the Department of Athletics expect proper behavior by the student-athletes on official trips at all times. The coaching staff is in total responsibility for the conduct of team members. Teams are required to have a coach or professional representative of the University accompany them to the site of the contest and accompany the team back to the University. As a representative of Emory University and the Department of Athletics, coaches and team members are expected to dress appropriately and this dress code will be determined by the head coach of each team.

Team travel should be viewed as a time to foster team unity and a time for team socializing. Following that premise, student-athletes and coaches must travel to and from an away contest (locally or out-of-town) with the team unless permission has been granted in writing. If a team member wishes to leave the team for a return trip, the Travel Release Request Form (wwwemoryathletics.com) must be signed by all parties: parent/guardian, head coach, director of athletics or designee, and student-athlete. Student-athletes may only leave the team with members of their immediate family and the family member must sign a release waiver form in advance of the trip. Uber or cab transportation to meet family members while on a university-sponsored trip is not an acceptable means of transportation.

GROUND TRANSPORTATION

Buses or vans will be rented for trips not requiring air travel. All trips will depart from the Woodruff Physical Education Center. Team members will not be picked up at other sites. When returning from a trip, team members will be returned to the Woodruff Physical Education Center. Unloading should occur in a safe area and not on a major street or in driving lanes. When returning from any team transportation, practice and competition, vehicles should be cleaned and trash disposed of.
UNIFORMS AND PRACTICE ATTIRE

All uniforms and practice gear are the property of Emory University. Policies regarding the use of such clothing will be outlined by the head coach and the Coordinator of Recreation and Athletic Operations. All clothing is for the use of the student-athlete only. Clothing should not be loaned to friends or roommates. Items observed in the possession of non-athletes or students no longer on active rosters, or in the possession of current student-athletes in excess of the quantity signed out from the equipment room, will be confiscated. Speak with your coach about specific team gear policies.

All practice clothing and required equipment will be signed out at the start of the season (or during the season as needed) and must be returned at the request of the coach or at the end of the academic year. All clothing or gear not returned will be billed to the individual through the University billing system. Uniforms are to be worn for official competition only, and returned immediately upon completion of the event, per instructions given by the head coach. Equipment room personnel should clean uniforms only, unless the head coach gives other instructions.

Abuse of the policies regarding practice clothing or equipment items may result in the privilege to use such items being revoked. In extreme cases student-athletes may be asked to discontinue participation in the program.

Student-athletes are required to present a current EmoryCard to the Equipment Room Attendant when checking out recreational equipment.

CAMPUS RESOURCES

Maintaining a safe and supportive environment is fundamental to our daily lives at Emory. The safety and success of our community and each one of its members is a responsibility we all share, and together we can all contribute to a safe, caring, and productive community.

Emergencies
Call 911 – on or off campus
Emory Police 404-727-6111

Academic Advising/ Undergraduate Education
www.college.emory.edu

Counseling & Psychological Services
404-727-7450
http://studenthealth.emory.edu/cs/

Emory HelpLine
404-727-4357

Campus Life Community-CASA
http://www.emory.edu/CAMPUS_LIFE/departments/community/index.html
Career Center
career.emory.edu

Critical Event Preparedness and Response (CEPAR)
emergency.emory.edu

Dining
dining.emory.edu

Health Promotion
studenthealth.emory.edu/hp/

Recreation and Wellness
play.emory.edu

Religious Life 404.727.6225
religiouslife.emory.edu

Residence Life/Housing
https://housing.emory.edu/index.html

SAAC – Student Activity an Academic Center
saac.emory.edu

Student Health
studenthealth.emory.edu/hs/
404-727-7551

Student Success Programs and Services
success.emory.edu

Transportation
transportation.emory.edu