WPI Athlete Training Concussion Management Factsheet

You are receiving this sheet because you have been seen in the WPI Athletic Training Room for a head injury, which may or may not have resulted in a concussion.

At this time you should:

- Rest
- Do not take any medications (ibuprofen/Advil, Tylenol, aspirin, etc.)
- Do not drink alcoholic beverages

*Drinking alcohol and taking certain medications can thin you blood.

**Concussion Symptoms:**

- Increased headache
- Difficulty concentrating
- Persistent Nausea or Vomiting
- Dizziness, trouble walking, or staggering gait
- Convulsions or seizures
- Pupils are unequal in size
- Weakness in extremities or trouble moving arms or legs
- Unconsciousness or fainting
- Stiff neck
- Prolonged fever or high fever
- Blurry, double, or otherwise impaired vision
- Ringing in the ears
- Slurred speech or difficulty speaking
- Excessive sleepiness
- Shortness of breath or difficulty breathing
- Any changes in your personality
- Mood swing

If you or your roommate/friend notice any of the following symptoms increase in severity seek further medical attention at a hospital:

On Campus- Call Campus Police (508) 831-5555 or extension 5555.
Off Campus- Call 911
Inform Head Athletic Trainer Mike DeSavage of your hospital visit at:
Phone: (508)831-5733
E-mail: mdesav1@wpi.edu

If you are diagnosed with a concussion please contact the Office of Academic Advising and the Office of Disability Services, in case of difficulty in the classroom due to your symptoms,

Office of Academic Advising: (508) 831-5381 or academic-advising@wpi.edu
Office of Disability Services: (508) 831-4908 or disability-services@wpi.edu

*Once you are 24 hours symptom free please contact the WPI Athletic Training Staff for clearance to begin the 7 day Return to Play Protocol.
Temporary Injuries and Accommodations

When you sustain a temporary injury or condition, there may be a need for guidance and temporary accommodation(s) to help. At WPI, there are many offices dedicated to assisting you during this recovery.

Your Support Network

Student Health Services
Ground floor, Stoddard C
508-831-5520
healthcenter@wpi.edu
wpi.edu/+health

Athletic Training
1st floor, Sports & Rec Center
508-831-5733
mdesavl@wpi.edu
athletics.wpi.edu

Office of Disability Services
124 Daniels Hall
508-831-4908
disabilityservices@wpi.edu
wpi.edu/+disabilities

Academic Advising
Daniels Hall
508-831-5381
academic-advising@wpi.edu
wpi.edu/offices/advising

Residential Services
East Hall
508-831-5645
res-services@wpi.edu
www.wpi.edu/offices/rso

Additional Information

To request accommodations through the Office of Disability Services

Fill out the Temporary Accommodation Request Form online at: https://goo.gl/lwWNtr. Please contact the Office of Disability Services if you need assistance filling out the request form.

1. If you are working with a medical provider outside of WPI, provide documentation of the injury and expected recovery time.

2. Make an appointment to meet with a staff member to discuss your accommodation needs.

Some accommodations that can be provided for students on a temporary basis include but are not limited to: testing accommodations, note-taking assistance, classroom relocation and transportation to campus.*

*For students who live within a mile radius of campus.

To notify faculty if you are unable to attend class

1. Connect with Student Health Services or the Athletic Training Office.

Once Academic Advising is notified from one of the above offices, they will notify your professors and ask for attendance flexibility.

2. Follow-up with your professor once you are able to discuss next steps and any make-up work needed.