



# NORTHEAST-10 CONFERENCE

## Media Relations

16 Belmont Street – South Easton, MA 02375 - Phone: 508.230.9844 – Fax: 508.230.9845

For Immediate Release  
Monday, January 23, 2006

Katie Healey  
khealey@northeast10.org

### Northeast-10 Indoor Track & Field Report through January 22, 2006



#### Northeast-10 Men's Track Athlete of the Week

**Steve Plouffe, UMass Lowell** (Jr., Methuen, MA) - Placed fourth overall (first among Division II-III runners) and provisionally qualified for the NCAA Championship in the mile at the Greater Boston Track Club Invitational. Ran the course in 4:11.95, marking the second time this season he has qualified for the NCAAs (also qualified in the 5,000 meters).



#### Northeast-10 Women's Track Co-Athletes of the Week

**Dana DeIngenis, Stonehill** (Jr., Cranston, RI) - Finished second in the 800 meters against predominantly Division I competition at Rhode Island Invitational, posting time of 2:21.16.



**Nicole Plante, UMass Lowell** (Jr., North Adams, MA) - Placed fourth overall (first among college runners) and broke her own school record in the 3,000 meters at the Greater Boston Track Club Invitational Sunday. Ran the course in a time of 10:06.74, edging her previous record of 10:08.54, achieved last year.



#### Northeast-10 Men's Track Freshman of the Week

**Doug Caves, UMass Lowell** (Fr., Oxford, MA) - Won the 200 meter dash at the Greater Boston Track Club Invitational. Posted a personal-best time of 22.19 seconds, achieving the 10th-fastest time in UML history.



#### Northeast-10 Women's Track Freshman of the Week

**Christina DaLomba, UMass Lowell** (Fr., Marstons Mills, MA) - Placed third overall and first among Division II-III runners in the unseeded 800 meters at the Greater Boston Track Club Invitational. Ran the course in 2:23.89 and finished behind only Carolin Ocean (2:21.92) of the GBTC and Denise Cruse (2:21.62) of Seton Hall.



#### Northeast-10 Men's Field Athlete of the Week

**Ivan Schmidt, Southern Connecticut** (Sr., Bridgeport, CT) - Broke the meet record in the high jump at the Great Dane Invitational with a leap of seven feet, one inch, and also automatically qualified for the NCAA Division II indoor championships.



#### Northeast-10 Women's Field Athlete of the Week

**Stacey Egbert, Southern Connecticut** (Jr., Danbury, CT) - Set a Southern Connecticut record in winning the long jump with a leap of 19 feet and eight inches at the Great Dane Invitational. Has reached the provisional qualifying standard for the NCAA Division II championships in the event and also placed fifth in the long jump at 38 feet, eight and three-quarters inches.

#### Northeast-10 Men's Freshman Field Athlete of the Week

There were no nominations



#### Northeast-10 Women's Freshman Field Athlete of the Week

**Molly O'Connell, Assumption** (Fr., Sandy State, UT) - Placed fourth in the shotput (11.15m/36'7") at the Tufts University Indoor Invitational.

## Northeast-10 Weekly Honor Roll:

### MEN:

**Kevin Donovan, Bentley** (So., Tonawanda, NY) - Had the highest finish for the Bentley men's track team at the GBTC Invitational, a third in the unseeded 3,000 with an indoor personal best time of 8:52.05.

**Stephan Ramirez, Bentley** (So., San Antonio, TX) - At the GBTC Invitational, finished sixth in the invitational mile with a time of 4:15.60. That was the second-best time by a Bentley sophomore and fourth on the school's all-time list.

**Garrett Stephen, Bentley** (Fr., Braintree, MA) - At the GBTC Invitational, was seventh in the 400 meters with a Bentley season-best time of 52.59 seconds.

**Mike Cebula, Southern Connecticut** (Jr., White Plains, NY) - Passed the provisional NCAA Division II indoor championships qualifying standard in the mile run at the Great Dane Invitational. Placed second with a time of 4:14.92.

**Kyle Greene, Southern Connecticut** (Gr., Windsor, CT) - Passed the provisional qualifying standard for the NCAA Division II indoor championships, placing third in the triple jump at the Great Dane Invitational with a leap of 47 feet, five and three quarters inches.

**Collin Walsh, Southern Connecticut** (So., Bethany, CT) - Won the 1,000-meter run at the Great Dane Invitational with a meet record time of 2:29.62.

**Derek Hebert, Stonehill** (Jr., Rockland, MA) - Placed second in 400 meters for Skyhawks at Rhode Island Classic with time of 51.13 in event.

### WOMEN:

**Meg Bouchard, Bentley** (Jr., Hebron, CT) - Had Bentley's highest finish in the GBTC Invitational, a sixth in the unseeded 800 meters. Time of 2:26.48 was an indoor PR.

**Enjoli Edwards, UMass Lowell** (Sr., Philadelphia, PA) - Won the shot put at the Greater Boston Track Club Invitational with a distance of 43' 5.0".

**Esia Johnson, UMass Lowell** (Sr., Lawrence, MA) - Placed third overall (second among collegiate entries) in the long jump and provisionally qualified for the NCAAs. Posted a distance of 18' 3.25", just 4.25" off winner Dominique Washington of Seton Hall, to qualify for the NCAAs for the second time this year (also qualified in the triple jump).

**Thatcha DaCosta, Southern Connecticut** (Jr., Englewood, NJ) - Finished third in the long jump (18-2 1/2) and sixth in the triple jump (38-2 1/2) at the Great Dane Invitational.

**Symone Wong, Southern Connecticut** (Fr., Laurelton, NY) - Was fifth the 55-meter dash at the Great Dane Invitational with a time of 7.30 seconds.

**Erin Smith, Stonehill** (Sr., Brockton, MA) - Placed sixth in the 3,000 meters at Rhode Island Classic with a time of 10:39.58 against a predominantly Division I field.

### **Northeast-10 Weekly Notes:**

**ASSUMPTION:** The Assumption men's 4x200 meter relay team, consisting of Casey Hatten (Sr., Medfield, MA/Medfield), Josh Fosher (Fr., Exeter, NH/Exeter), Pat Lonergan (Fr., Rye, NY/Rye), and Kyle Cox (Fr., N. Andover, MA/Bridgton), finished third (1:38.43) at the Tufts University Indoor Invitational last Saturday... **BENTLEY:** With his time of 4:15.60 in the mile at the GBTC Invitational, Stephan Ramirez (San Antonio, Texas) moved to fourth on Bentley's all-time list in the mile. It was also the second best by a Falcon sophomore. Freshman Melissa Nash (Marshfield, Mass.) has run four races indoors as a collegian and has set an indoor PR each time, most recently in the 3000 (10:39.31). Other indoor PRs achieved during the GBTC Invitational included sophomore Kevin Donovan (Tonawanda, N.Y.) in the 3000 (8:52.05), junior Meg Bouchard (Hebron, Conn.) in the 800 (2:26.48), sophomore Samantha Robbins (Franklin, Mass.) in the 800 (2:26.63), freshman Caroline Sheedy (Reading, Mass.) in the 800 (2:28.51) and freshman Amy Papalia (Marlboro, Mass.) in the 400 (62.93)... **BRYANT:** Bryant, idle since Dec. 10 when the team competed at Harvard, will return to action this Saturday at the Wesleyan (CT) Cardinal Invitational... **UMASS LOWELL:** Two UMass Lowell athletes provisionally qualified for the NCAA Championship in their second events Sunday at the Greater Boston Track Club Invitational at Harvard. Senior Esia Johnson (Lawrence, MA), already a qualifier in the triple jump, qualified in the long jump with a distance of 18' 3.25" while junior Steve Plouffe (Methuen, MA), who qualified in the 5,000 meters earlier this season, qualified in the mile with a time of 4:11.95... Junior Nicole Plante set a school record in the 3,000 meters as she placed fourth overall and tops among collegiate runners at the GBTC Invite with a time of 10:06.74, bettering her previous record of 10:08.54... Several UML men and women achieved personal records, including freshman Rex Radloff, who won the unseeded mile in 4:21.36; freshman Amanda Sousa (Methuen, MA), who took seventh in the women's unseeded mile in 5:15.81; freshman Doug Caves (Oxford, MA) who won the 200 meter dash in 21.95; and senior Lawrence Aidoo (Providence, RI), who scored a 6.98 in the 60 meter dash semifinal... **SOUTHERN CONNECTICUT:** The Owls had numerous qualifiers for the NCAA Division II indoor championships with performances this week at Albany's Great Dane Invitational. For Coach Jack Maloney's men, senior high jumper Ivan Schmidt set a meet record to win the event at seven feet, one inch to automatically qualify. Junior Mike Cebula was second in the mile with a provisional qualifying time of 4:14.92; graduate student Kyle Greene placed third in the triple jump (47-5 3/4) to pass the provisional qualifying standard; and the 4 x 400 relay team of Jeremy Alvarez, Roman Henry, Donald Stevens and Kendon Pope placed third with a provisional qualifying time of 3:17.95. Sophomore Collin Walsh set a meet record in winning the 1,000 with a time of 2:29.62. For Coach Jim Barber's Southern women, junior Stacey Egbert won the long jump with a school record leap of 19 feet, eight inches to reach the NCAA provisional qualifying standard. She also finished fifth in the triple jump (38-8 3/4). Classmate Thatcha DaCosta was third in the long jump with a personal best leap of 18-2 1/2 and added a sixth place in the triple jump at 38-2 1/2. Sophomore Sasha Mathelier had a personal best height of 10 feet, 10 inches in the pole vault to place fourth and had a personal best time of 8.56 seconds in the 55-meter hurdles.