Emergency Action Plan

UMW Emergency Action Plan for Athletics

In order to provide the best possible medical care, an Emergency Action Plan (EAP) was developed to serve as a general guideline for care of injuries/illnesses/conditions occurring during any athletic event or activity. The EAP should be a reference guide for athletic department personnel and the Emergency Management and Safety Team who will be present, working in conjunction with University Police and Emergency Medical Personnel. This plan establishes the roles and responsibilities for each member of the team and the chain of command which will need to be followed during an emergency situation. Communication is extremely important during an emergency situation to provide quick and expedient action. Prior planning will ensure that the best care will be provided.

Emergency Personnel:
The emergency management team will consist of health care providers: this includes physicians, PA’s, Emergency Medical Technicians, ATCs, coaches and managers, and event staff. The roles of these individuals will vary depending of level of training, number of members of the team, the venue, or the preference of the head athletic trainer. Safety of the scene is the most important role in caring for the student athlete and establishing immediate care. Activation of the EMS system is next, followed by retrieving all necessary medical equipment. Finally, directing medical personnel to the specific location is the last part of the situation.

Members of the team
1. Certified Athletic Trainers and/or Student Athletic Training Aides.
2. Game Administrator
3. Emergency Medical Personnel
4. University Police
5. Team Physician

Emergency Communication:
Cellular phones will be used to contact athletic training staff for additional medical assistance. Land lines are available for emergency use within the Goolrick Hall Athletic Training Room and the Physical Plant Auxiliary Athletic Training Room. Additionally an emergency phone is also located in Lobby of the Anderson Center to connect with University Police (x4444) and Blue emergency phones are located throughout campus.
**Emergency Equipment:**
Automated External Defibrillators (AEDs), Splint Bags, Crutches, and any other emergency equipment needed will be kept at the Physical Plant athletic training facility and Goolrick Hall athletic training facility. For intercollegiate athletic competitions, a medical kit, AED, splint bag, and crutches will be made available within a reasonable response time.
UMW Emergency Procedures

Role of Emergency Care Provider(s):

The Emergency care providers (first responders) are considered to be all coaches (trained in CPR/First aid) and administrative staff who will be assisting the ATC at the time of an emergency. Below are the appropriate steps to be followed should an emergency occur:

a. Contact a Certified Athletic Trainer (if not present)
b. Designate a person to call Campus Police (540-654-4444 or x4444 on a campus phone) to activate EMS. Provide the following information:
   a. Name
   b. Address/Location
   c. Phone Number
d. Number of individuals injured/ill
e. Current care or First Aid being currently rendered
f. Specific directions to your location
g. Answer any questions the operator may have
c. Provide immediate care for injured/ill athlete
d. Emergency Equipment Retrieval
e. Contact any other necessary medical personnel or administration
f. Designate a person to direct EMS to scene:
   i. Open appropriate doors/gates
   ii. Limit entry to just medical staff
   iii. Answer questions/assist EMS as needed
g. Control Traffic/Observers to allow EMS to work
h. Keep other players clear of the area

EMS Access to Facilities:

A Field: Enter Battleground Athletic Complex off of Hanover Street. Proceed straight down access road and make the 2nd left onto the shell trail. Proceed straight ahead until you reach practice field A.
**** May need to unlock field gates

B & C Field: Enter Battleground Athletic Complex off of Hanover Street. Make an immediate left into the visitor parking lot. Proceed straight until you reach the central field gates on the right. Proceed through the gates and onto the field.
**** May need to unlock field gates
**D Field:** Enter Battleground Athletic Complex off of Hanover Street. Proceed straight down access road and make the 2nd right past the track. Proceed straight ahead to access gate to the shell trail on the right. Continue left past the track and down the hill. Field gate is located on southeast corner of the field next to the flag pole.

**** May need to unlock field gates

**Track:** Enter Battleground Athletic Complex off of Hanover Street. Continue straight ahead on access road. Take 2nd right past the track. Proceed straight ahead to access gate on the right. Go through gate and approach the track by foot.

**** May need to unlock all access gates.

**Cross Country:** The cross country team trains at a variety of different locations in the Fredericksburg area, it is important that the coach have both a vehicle and a cell phone whenever possible and be aware of their location in case EMS needs to be summoned call (540) 654-4444.

**Baseball Field/Dickinson Stadium:**
Enter Battleground Athletic Complex off of Hanover Street. Make an immediate right through gate onto shell trail. Proceed straight ahead to baseball stadium. Field may be accessed through gates located adjacent to dugouts.

**** May need to unlock gate to shell trail and field gates

**Softball Field:** Enter Battleground Athletic Complex off of Hanover Street. Make an immediate right through gate onto the shell trail. Proceed straight ahead. Make a left at the baseball stadium and proceed on the shell trail to the softball field. Gates to field are located directly next to the dugouts.

**** May need to unlock gate to shell trail and field gates

**University Tennis Center/Outdoor Tennis Courts:** Located at 1129 Hanover Street Fredericksburg, VA. Enter tennis center parking lot on the right. Approach the northeast side entrance with double doors. This will lead directly onto the indoor courts. To locate the outdoor tennis courts continue straight through the parking lot and access to the courts will be on the right.

**** Double door entrance must be unlocked from the inside.

**William M. Anderson Center:** Located on the corner of Route 1 and College Avenue. Ambulance should enter the William M. Anderson Center parking lot off College Avenue. The ambulance will be met by a member of the athletic staff at the entrance to the parking lot to assist with directions. There are two access
routes into the building (east or west) upon which medical staff can enter. If the emergency is on the ground level of the building, EMS must drive around to the west side of the building and enter through the gym floor access doors. If the emergency is located on the upper level, the ambulance should enter on the east side of the building, and use the ramp for gurney access.

**** May need to unlock outside front door/doors to the gym.
Goolrick Gymnasium/ Auxiliary Gym: Located on the corner of Route 1 and College Avenue. Ambulance should enter the William M. Anderson Center parking lot off College Avenue and proceed to the east side of the building. The ambulance will be met by a member of the athletic staff at the entrance to the parking lot to assist with directions. Proceed through the front doors of Goolrick Hall. Goolrick gymnasium will be on the left side of the hallway. If access to auxiliary gym is needed, approach the elevator in the front hallway to the right. Go to ground level (GR-aux. gym, locker rooms, pool)

**** May need to unlock outside front door and/or door to elevator

Goolrick Swimming Pool/ Weight Room: Located on the corner of Route 1 and College Avenue. Ambulance should enter William M. Anderson Center parking lot off College Avenue and proceed down road to the east side of the building. The ambulance will be met by a member of the athletic staff at the entrance to the parking lot to assist with directions. Proceed through the front doors of Goolrick Hall. Continue down the main hallway of Goolrick Hall and the elevator will be on the right. Take elevator to level L (weight room, pool). Exit elevator and make a right down the hallway. Enter the 2nd door on the right across from the weight room.

**** May need to unlock door to pool deck and/or door to weight room.

Equestrian/Hazlewild Farms: Contact 911
There is an athletic department AED located onsite.