Joslyn Woodard broke a decade-old Heps record with a long jump distance of 20’7” that broke the previous record by nearly one full foot. Her distance was the longest recorded by any Ivy female in history, breaking Yale’s Samantha Lincoln’s 1992 outdoor mark of 20’5”. Joslyn’s performance qualified her for the NCAA Championships, where she finished 14th. In 2003, Woodard won the long jump, 60-meter run, and 200-meter run and earned the 2003 Ivy Indoor “Female Athlete of the Meet” award.

The Eli’s Molly Lederman also had a strong 2004 Heps for Yale, capturing her first pole vault title as she cleared a height of 12’05.5.

Yale Men Compete at UCI Collegiate Classic
Bulldogs Total 83.5 Points

Yale finished fourth with 83.5 points at the UC-Irvine Collegiate Classic on Saturday, March 20, 2004. UCI won with a 204.5, while Air Force was second with a 202 and Cornell was third with a 170. Jihad Beauchman had Yale’s best finish of the day, placing second in the high jump (2.00m). John Langhauser was third in the discus throw (44.85m). Beauchman also finished fourth in the triple jump (14.37m), part of a slew of Bulldogs with fourth-place finishes that included Russell Kempf in the 200m dash (21.81), Robert Dwyer in the 800m run (1:55.81), Josh Yelsey in the 1500m run (3:49.53), Brian Hanak in the 3000m steeplechase (9:45.53), and Eoghan O’Dwyer in the hammer throw (50.94m). Yale was also fourth in the 4x100m relay (42.89) and in the 4x400m relay (3:17.61).

Katrina Castille won the 100m dash and the 200m dash as Yale finished 4th with 122 points at the UC-Irvine Collegiate Classic. Cornell won with a score of 224, followed by Air Force (154) and UC-Irvine (148). Lisa Wygant added a win in the high jump for the Bulldogs. Castille’s time of 12.03 in the 100m dash edged teammate Joslyn Woodard (12.14).

Three First-Place Finishes for Yale Women Highlight Collegiate Classic Appearance
Castille Takes 100m and 200m Dashes, Wygant Wins High Jump

She finished the 200m dash with a time of 24.84, besting Cornell’s Lauren Broadnax (24.87). Wygant’s jump of 1.68m won the high jump. Cara Kiernan added a second-place finish in the 1500m run (4:37.97), Anne Martin was second in the steeplechase (10:57.43), and Molly Lederman was second in the pole vault (3.75m).

Joslyn Woodard
Dionna Thomas
Jihad Beauchman
Katrina Castille
Woodard Breaks Record at Heps; Eli Women Finish Fifth
Yale Trails Fourth Place Dartmouth by One Point

Joslyn Woodard broke a decade-old Heps record with a long jump distance of 20’7” that broke the previous record by nearly one full foot. Her distance was the longest recorded by any Ivy female in history, breaking Yale’s Samantha Lincoln’s 1992 outdoor mark of 20’5”. Joslyn’s performance qualified her for the NCAA Championships, where she finished 14th. In 2003, Woodard won the long jump, 60-meter run, and 200-meter run and earned the 2003 Ivy Indoor “Female Athlete of the Meet” award.

The Eli’s Molly Lederman also had a strong 2004 Heps for Yale, capturing her first pole vault title as she cleared a height of 12’05.5.
Three Women’s Track and Field Members Named First Team All-Ivy

Castille, Lederman and Woodard Win Respective Events at Indoor Heps

Three Yale women earned first team All-Ivy honors for their performances at the Heptagonal Championships, March 2, 2004. Sprinter Katrina Castille and jumpers Molly Lederman and Joslyn Woodard were honored by the League for winning their events at the Heps.

Castille, a freshman, received recognition for the 60-meter dash, an event she won at the Heps with a Yale season-best time of 7.66 seconds. Lederman, a sophomore who holds the Ivy League record in the pole vault, finished first at the Heps with a height of 12’5.5”. Woodard, a sophomore, set a new Ivy League record in the long jump with a distance of 20’7”.

Twelve team members and three relay teams qualified this season to represent the Elis in 15 different events at the ECAC Championships.

The First “Cleary and Stanley Class of 1954” Award Presented

John Cleary presents the John Cleary and Michael Stanley Class of 1954 Men's and Women’s Cross-Country Awards at the teams’ banquet on December 8, 2003. The Men’s and Women’s Cross-Country Awards, given for “Performance, Commitment and Dedication”, have been renamed to honor John and Mike for their outstanding work in raising one million dollars for the Giegengack Fund. The first winners, pictured here with John are Susan Chan ‘05 and co-winners Lucas Meyer ‘05 and Casey Moriarity ‘05.
Eli Men Place Seventh at Heps With 43 Points

Kempf, Meyer, deLaski have Strong Showings

The Bulldogs finished seventh at the 2004 Heps, scoring 43 points. Russ Kempf and Lucas Meyer finished second in the 60 meter dash and 5,000 meter run, respectively, and Rob deLaski came in third in the 500-meter run, with a time of 1:05.31.

Kempf ran a 6.98 in the 60-meter dash, finishing second to Cornell’s Rahim Wooley. In the 5,000 meter run, Meyer’s time of 14:25.74 earned him second place behind Columbia’s Steve Sundell. deLaski’s time in the 500 meter run was 1:05.31, and Turner ran a 8:41.23 in the 3,000 meter run. Yale’s 4x800 team also had a strong showing, finishing second to Princeton, with a time of 7:41.92.

From the Director

Director of Track, Mark Young ‘68

It has certainly been an up and down year thus far, but optimism abounds as we head into the spring season.

On the Men’s side, the indoor season witnessed a Yale record setting Distance Medley Relay of 9:44.83. Robert Dwyer ‘04 (2:59.2), Rob deLaski ‘06 (47.8), Rob Lobue ‘04 (1:51.0), and Josh Yelsey ‘05 (4:06.4) bested the old standard by 4 seconds on Feb. 14th. The following day, the men’s team beat Harvard soundly (83 - 51).

While we were disappointed to finish 7th at the Indoor HEPS, we were only 8 points out of 4th. Of particular note was Freshman Russ Kempf’s 2nd place finish in the 60 meter dash, Luke Meyer’s 2nd place finish in the 5K, and the 4 x 800’s 2nd place finish in 7:41.56.

Freshman standout David Napper’s 4:11.76 mile at the IC4A’s broke Steve Bittner’s 4:12.5 (1966) Freshman Mile record at the IC4A’s. Napper had broken Steve Talbot’s 14:56.84 Freshman 5K record earlier in the season by running a 14:36.37.

In fact, the IC4A was particularly good for Yale as the DMR (6th place), 4 x 800 (5th), Yelsey (mile, 7th), Meyer (5000, 3rd), Lobue (800, 4th) all earned All East honors. In so doing, Yale finished in 12th place.

On the Women’s side, we once again suffered a frustrating 1 point loss at H-Y-P, this time losing to Princeton while beating Harvard (the reverse of last year’s result). The Heptagonal Ivy League Championships did not go particularly well, as we expected to contend for the title but finished below our expectations. A false start disqualification of defending champion Joslyn Woodard in the 60 meter dash and a hamstring injury to 800 meter standout Vanessa Mazandi during the trials really put the brakes on our momentum. Still, individual victories by Freshman Katrina Castille in the 60, Molly Lederman in the pole vault and Joslyn’s huge 20’ 7” in the long jump, took a little of the sting out of our disappointment.

Thank you for all of your continued support of Yale Track.

Sincerely,

Mark Young

May 8-9 Heps at Brown

All association members are invited to join the teams, parents, and coaches at an informal reception at the Providence Marriott on Saturday, May 8, from 6:30-8pm. Light hors d’oeuvres and drinks will be served.

May 14-16 Spring IC4A’s/ECAC’s at Yale

Yale has qualified several competitors for the championships, and we invite you to join us for the festivities! The schedule for the weekend is listed below:

Saturday, May 15:
1. Track Association Board Meeting; 1-2pm. Board members only, please.
2. Hospitality area for all parents, association members, and friends, 10am-5pm. (Baseball stadium pavilion, similar to last year’s Heps).
3. Reception at Coxe Cage with drinks and light hors d’oeuvres, 6-8pm.

Sunday, May 16:
Hospitality area open again from 10am-5pm.

Please RSVP at: (203) 432-1434 if you are interested in joining us for any of the above events
From the Association Presidents:

On behalf of the Track Association, we would like to invite you to attend an Association reception on May 15th at the IC4A’s in New Haven. Details can be found in the “Alumni Activities-Save the Date” section of this newsletter. It will be a great chance to get together with classmates and friends and enjoy a day of Yale Track.

We would also like to take this opportunity to thank those of you who have made contributions to the Association this year. Membership in the Yale Track and Field Association is a great way to stay connected with the Yale Track programs. If you have not yet made a donation, please take the time to send one now, as the timing is perfect to help cover the costs of the current spring campaign. Your donations are the primary source of funding for the recently concluded spring training trip and out of region competition (like the Raleigh Relays), and other program needs, including prospect visits to campus.

Our goal is to provide the Track and Field and Cross-Country programs with the funding necessary to allow our student-athletes to achieve their highest goals on and off the field of competition. With your continued assistance, we are confident that this can be achieved. Thank you in advance for your consideration and for helping the young men and women of the Yale Track and Field and Cross Country programs continue to succeed. Go Bulldogs!

Louisa Garry ’87  
Association Co-President  
Larry Kreider ’69  
Association Co-President

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NCAA Provisional Qualifying Time for Lobue at BU Invitational

Captain Robert Lobue registered an NCAA provisional qualifying time of 1:50.18 in the 800 meter run at the Boston University Invitational Saturday, January 31st. Lobue’s time placed him sixth at the meet. Josh Yelsey recorded Yale’s top finish, earning third place in the mile run with a time of 4:08.31. The Elis also had strong showings from other distance runners in the event. In the 1000 meter run, the Elis swept third through sixth places, with Reed Mauser earning third with a time of 2:28.31 and Brian Gertzen, Nathan Clute, and Mark Falco following behind. Lucas Meyer finished the 5000 meter run in 14:27.52 to earn fifth place.