



Tom Di Camillo
 Assistant Commissioner, Media Relations
 5235 East Silverbell Road
 Queen Creek, AZ 85243
 Phone/Fax: 480-983-6605

E-Mail: pacificwestconference@msn.com
 Internet: www.pacificwestsports.org

August 18, 2009

2009 Preseason All-PacWest Women's Soccer Team

Preseason Player of the Year

<u>Player</u>	<u>School</u>	<u>Pos.</u>	<u>Yr.</u>	<u>Ht.</u>	<u>Hometown/High School</u>
Mikala Wilkes (1-07/1-08)	Dixie State	M	Sr.	5-6	Cedar Hills, UT/Lone Peak

Forwards

Sarah Biser& (2-08)	NDNU	M/F	Fr.	5-7	Newark, CA/Newark Memorial
Bridget Folan	Dominican (CA)	F	Jr.	5-7	Pacifica, CA/Sacred Heart
Emily Mearns^ (1-06/1-08)	BYU-Hawaii	F	Jr.	5-6	San Ramon, CA/California
Wendy Stratford (HM-08)	Dixie State	F	Jr.	5-7	Layton, UT/Layton

Midfielders

Natasha Aiono# (HM-07/1-08)	BYU-Hawaii	CM	Jr.	5-2	South Jordan, UT/Bingham
Jamie Hirai (HM-06 & 08/1-07)	Hawai'i Pacific	CM	Sr.	5-4	Captain Cook, HI/Konawaena
Sally Olsson (HM-07 & 08)	NDNU	M	Sr.	5-6	Hillsboro, OR/Century
Mikala Wilkes (1-07/1-08)	Dixie State	M	Sr.	5-6	Cedar Hills, UT/Lone Peak

Defenders

Marisa Faye (1-07/1-08)	Chaminade	D	Jr.	5-4	Waimea, HI/Hawaii Prep Academy
Melissa Grant (1-08)	Hawai'i Hilo	D	Sr.	5-8	Chico, CA/Pleasant Valley
Kami Strait (2-08)	BYU-Hawaii	CB	So.	5-8	Colorado Springs, CO/Rampart

Goalkeeper

Becky Ploeger! (1-07/1-08)	BYU-Hawai'i	GK	Jr.	5-5	Broomfield, CO/Standley Lake
----------------------------	-------------	----	-----	-----	------------------------------

^2006 Freshman of the Year
 #2008 Player of the Year
 !2008 Goalkeeper of the Year
 &2008 Newcomer of the Year

All-PacWest Examples: (1-07) - First Team 2007 / (HM-06) - Honorable Mention 2006