Brandeis Women’s Tennis

Brandeis Tennis is a demanding and extremely rewarding educational experience which we believe is a big part of your education here at Brandeis University.

The culture of the program is focused around player development and team development. We develop players in three distinct phases, physically, mentally, and emotionally; while fostering a culture where the team goals are set high and strived for every day.

The Brandeis tennis culture enables each student-athlete to leave Brandeis not only a much improved tennis player, but also with the professional skills one needs to achieve success after college.

We seek student-athletes who are prepared and willing to work hard to achieve our lofty team and personal goals. We hope that all of our team members aspire to join recent graduates Colleen Donnelly ’08 and Abby Lerner ’05, the two program’s most recent NCAA tournament participants in 2005.

The University

Brandeis University offers students the rare opportunity to combine a high level of college tennis with a prestigious liberal arts education. With 3,100 undergraduates, Brandeis offers small classes, access to senior faculty, and academic and social opportunities that are rare at large universities.

Brandeis is consistently ranked among the nation’s top thirty-five universities by U.S. News & World Report. Graduates have acceptance rates well above average to medical school, law school, and other graduate programs.

For Information

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University Athletic Association

The University Athletic Association is an all-sports conference of eight small research universities. It serves as a statement of what college athletics can and should be, demonstrating that it is highly desirable and possible for a group of committed institutions to conduct a broad-based program of athletics for men and women; to compete with like institutions spread over a large geographic area; and to seek excellence in sports while holding the student-athlete and the academic mission of the university at the focus.

Boston Area

The cultural and social opportunities of Boston and Cambridge are a twenty-minute drive or train ride from campus. Included are the Museum of Fine Arts, Faneuil Hall Marketplace, the Freedom Trail, Harvard Square, Fenway Park, and many clubs, museums, and concert venues. Within a two-hour drive are the beaches of Cape Cod and the ski resorts of New Hampshire, Vermont, and the Berkshires.

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Recent All-UAA Performers

**2008:** Emily Weisberger '10  
**2007:** Ariana Sanai '10  
**2006:** Ana Katz '07  
**2005:** Abby Lerner '05, Jennifer Krueger '07  
**2004:** Jennifer Krueger '07, Shani Reich '06, Abby Lerner '05

‡ UAA Rookie of the Year

Coach Ben Lamanna

**Ben Lamanna,** a 2002 graduate of Bates College, is in his third season as head men’s and women’s tennis coach at Brandeis. Under Lamanna’s tenure, the women’s tennis team has amassed a 22-24 win/loss record while scheduling many of the top Division III teams in the country along with Division I competition.

Lamanna came to the Judges after spending the 2004-05 season as an assistant coach at his alma mater under head coach Paul Gastonguay. The Bates men posted an 11-5 record and reached the NCAA tournament for the fifth year in a row that season, setting a school record in the process. The Bobcats also produced the runner-up in the 2005 NCAA Division III singles tournament. The Bates women went 7-8 in 2004-05.

As a player at Bates, Lamanna played in every spot from two through six in the singles ladder, compiling an impressive 15-1 record as a junior. The Bobcats made three NCAA tournament appearances in his career, posting an overall record of 30-17 with Lamanna on the roster. As a senior in 2002, Lamanna earned the New England Small College Athletic Conference (NESCAC) Clarence Chaffee Award for demonstrating leadership on and off the court. In addition to coaching at Bates, Lamanna has spent time as a teaching professional. He has worked at the Orchard Island Golf and Beach Club in Vero Beach, Florida, and at Greenwich Country Club in Greenwich, Connecticut, since graduating from Bates with a degree in political science. Lamanna is a native of Barrington, R.I. He is a 1998 graduate of Barrington High School.

Facilities

Brandeis University is home to one of the best tennis facilities in New England. The Rieger Tennis Center is our outdoor facility with 12 newly resurfaced hard courts and is the home to many events, including the 2009 Women’s UAA tournament and the 2011 Men’s UAA Tournament. Inside the Gosman Sports Center we have 3 multi-purpose courts, which we use for practice in the winter months and for inclement weather. Brandeis tennis trains off-court at CATZ (Competitive Athlete’s Training Zone), a facility located in Needham, Mass., a nationally recognized facility that conditions its athletes using plyometric, weight, agility, speed, and endurance training. Additionally, Brandeis athletes have access to a full service training staff, training room, and a full service equipment room.

Ariana Sanai ’10 earned second-team All-UAA honors at No. 4 singles as a rookie.

Schedule

Brandeis tennis competes for a total of 19 weeks each year against one of the most competitive schedules in the nation. The fall season is composed of individual tournaments against some of the best competition on the East Coast. The team travels to Bowdoin and Middlebury for tournaments and competes in the ITA regional tournament as well as the NEWITT (New England Women’s Intercollegiate Tennis Tournament) tournament, the oldest collegiate women’s tennis tournament on record.

The spring season is made up of dual-matches, where Brandeis routinely competes against nationally and regionally ranked teams. Dual match opponents traditionally include Tufts, MIT, Trinity, Middlebury, Wellesley, Bates, and Connecticut College. Additionally, the team takes a spring break training trip to a warm and sunny destination and competes against local teams.

The spring season concludes with the UAA tournament, which is held at a different conference institution each year.