



# VISITOR'S GUIDE 2011-2012



**Department of Intercollegiate Athletics  
Sports Complex—Building 47  
4200 Connecticut Ave., NW  
Washington, DC 20008  
Phone: (202) 274-5024  
Fax: (202) 274-5065**

# Welcome to The University of the District of Columbia



Initially founded in 1851, the University of the District of Columbia has a rich history. Chartered in 1974, the University of the District of Columbia is the only fully-accredited public institution of higher education in the nation's capital. As an urban land-grant university, it supports a broad mission of education, research and community service and offers bachelors and masters degrees in the College of Arts and Science; School of Business and Public Administration; School of Engineering and Applied Sciences; and College of Agriculture, Urban Sustainability and Environmental Studies. Also included in the university system is the David A. Clarke School of Law. In August 2009, UDC inaugurated a new, stand-alone Community College which offers more than 20 associate degree and certificate programs as well as over 25 Workforce Development programs to prepare students for successful careers and academic advancement.

As the District's alma mater, UDC attracts students of every age from the Washington, DC region, the nation and the world—providing innovative, results-driven programs that enrich our city with educated, qualified students, ready to work and contribute to its overall prosperity and quality of life. More than 25 nations are represented in the student body. UDC extends beyond its campus footprint, offering easy access to world-famous monuments, political intrigue and cultural attractions everywhere you look. An education here opens doors to opportunities that can only be found in the nation's capital.

## Directions to UDC Campus

### **From Washington, DC:**

From **Southeast/Southwest Washington**- Take Pennsylvania Avenue West or South Capitol Street North to (I-395) Southwest Freeway-Follow the Southwest Freeway to the Maine Avenue exit- Follow Maine Avenue until it merges with Independence Avenue - Follow Independence Avenue to 17th Street, NW. – Turn right on 17th Street, NW and continue on 17th until it becomes Connecticut Avenue, NW. – Continue on Connecticut Avenue for approximately 5 miles to Van Ness Street, NW- Turn left on Van Ness Street, NW- The UDC Campus will be on the right-Turn right into parking garage entrance.

**From Northwest Washington**- Take Connecticut Avenue West to Van Ness Street, NW-Turn left on Van Ness Street, NW- The UDC Campus will be on your right. Turn right to enter the UDC parking garage.

**From Northeast Washington**- Take Michigan Avenue, NE to Irving Street, NW to Kenyon Street NW- Follow Kenyon Street, NW to Park Road, NW- Follow Park Road, NW until it bears right to become Tilden Street at a traffic light. Follow Tilden Street, NW to Connecticut Avenue, NW- Turn right on Connecticut Avenue, NW- Follow Connecticut Avenue, NW to Van Ness Street, NW- Turn left on to Van Ness Street, NW- the UDC Campus will be on your right-Turn right to enter the UDC parking garage.

### **From Maryland**

From I-95- Take I-95 South to I-495 West, to the Connecticut Avenue South exit- Follow Connecticut Avenue South to Chevy Chase Circle- Go through Chevy Chase Circle to continue on Connecticut Avenue, NW- Follow Connecticut Avenue, NW to 4200 block to UDC Campus- Turn right on Van Ness Street, NW- Turn right to enter the UDC parking garage.

**From I-270**- Take I-270 to I-495 East, to Connecticut Avenue South exit- Follow Connecticut Avenue South to Chevy Chase Circle- Go through Chevy Chase Circle to continue on Connecticut Avenue, NW- Follow Connecticut Avenue, NW to 4200 block to UDC Campus- Turn right on Van Ness Street, NW- Turn right to enter the UDC parking garage.

### **From Northern Virginia West**

From I-66- Take exit I-495 East, to Connecticut Avenue South exit- Follow Connecticut Avenue South to Chevy Chase Circle- Go through Chevy Chase Circle to continue on Connecticut Avenue, NW- Follow Connecticut Avenue, NW to 4200 block to UDC Campus- Turn right on Van Ness Street, NW- Turn right to enter the UDC parking garage.

### **From Northern Virginia South**

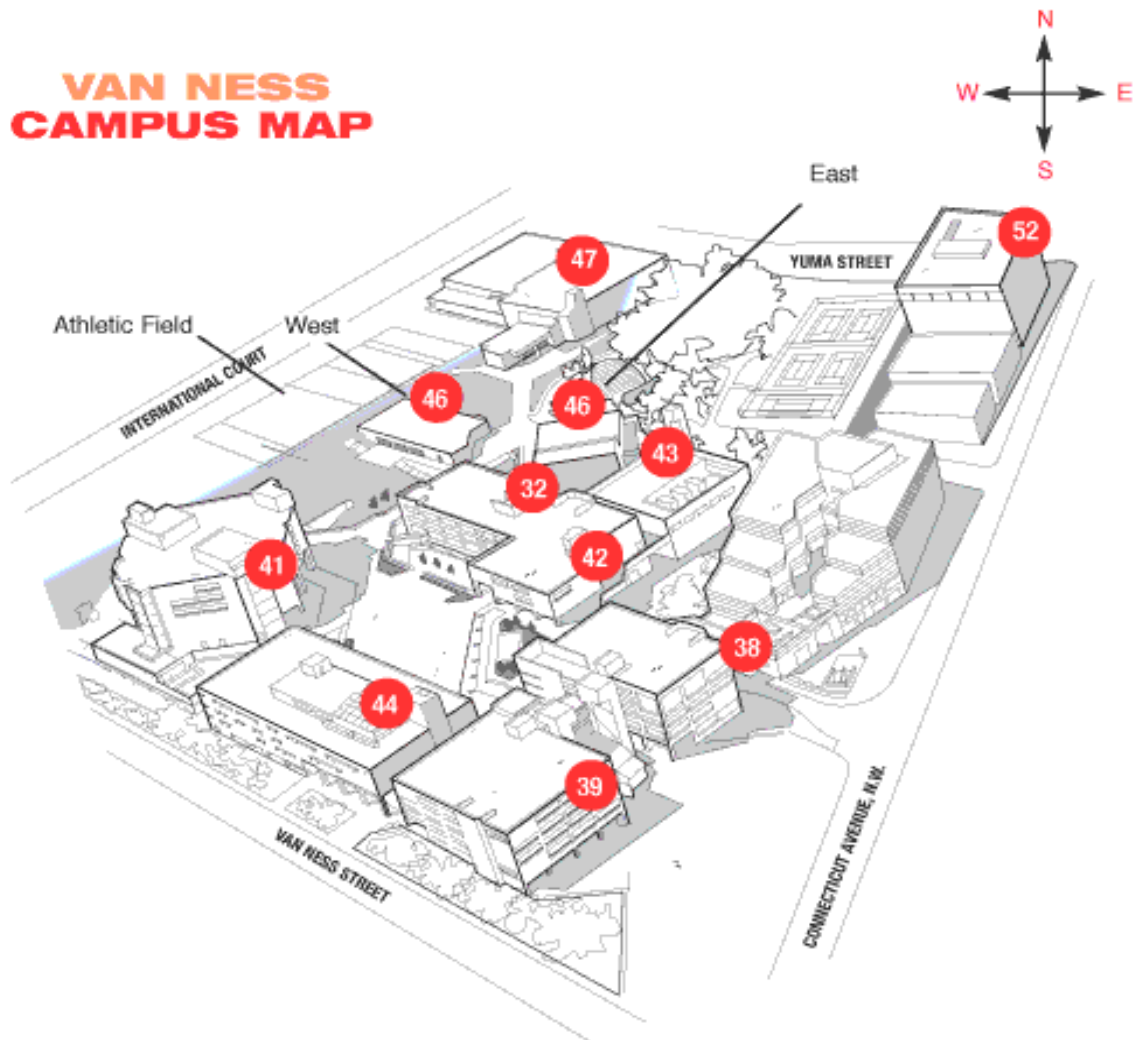
From I-395 – Take I-395 north to 14th Street, NW in Washington, DC- Follow 14th Street, NW to I Street, NW- Turn left onto I Street, NW- Follow I Street, NW to 17th Street, NW- Turn right on 17th Street, NW and follow it until it becomes Connecticut Avenue, NW- Continue on Connecticut Avenue, NW for approximately 5 miles to Van Ness Street, NW- Turn left on Van Ness Street, NW- The UDC Campus will be on the right-Turn right into the UDC parking garage entrance.

## **VISITING TEAM BUS/VAN PARKING**



Visiting team busses and vans should park in the area next to the tennis courts in the circle fronting building 46, off Windom Place, NW. Windom Place is located between Yuma Street and Veazey Terrace on the UDC side of Connecticut Avenue, NW. Please call the UDC Police with any questions or for further parking instructions at (202) 274- 5050.

## VAN NESS CAMPUS MAP



### Van Ness Campus Map

Bldg	Name
32	Mathematics
38	Student Services & The Law School
39	Administration & Financial Aid
41	Arts & Sciences/Library
42	Engineering
44	Life Sciences
46	Auditorium/Music, Dance & Theater
47	Athletic Center/ Sports Complex
52	Business & Continuing Ed.

## Local Restaurants



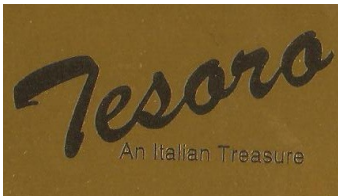
Chadwicks Friendship Heights  
5247 Wisconsin Avenue NW  
Washington, DC 20015  
(202)-362-8040



Jerrys Subs and Pizza  
4220 Connecticut Avenue, NW  
Washington, DC  
(202)244-7474  
Web order: [vannessjerrys@verizon.net](mailto:vannessjerrys@verizon.net)



Tesoro  
4400 Connecticut Avenue NW  
Washington, DC 20008  
Contact Ignazio at (202) 363-6766  
(202) 363-5552 (fax)



Pot Belly Sandwich Works  
4300 Connecticut Avenue, NW  
Washington, DC  
(202)237-2892

## Lodging

Days Inn Connecticut Ave  
4400 Connecticut Ave. NW  
Washington, DC 20008  
Contact: Larry Van Wert  
(202)-244-5600  
Larry.VanWert@cwhotels.com

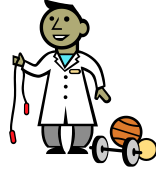


Double Tree by Hilton Hotel Bethesda  
8120 Wisconsin Avenue  
Bethesda MD 20814  
Contact: Jennifer Ostrander  
(301)664-7310  
Jennifer.ostrander@hilton.edu



Holiday Inn Georgetown  
2101 Wisconsin Avenue NW  
Washington, DC 20007  
Contact: Pable Holloway  
202-338-3120 x7253  
Pable.holloway@higtcd.com

## Athletic Trainer's Information



Dear Visiting Trainer,

On behalf of the University of the District of Columbia we would like to welcome you and your team to the campus of UDC, home of the Firebirds. If you have any special requests, do not hesitate to contact the Head Athletic Trainer, Khalfani Sullivan.

UDC's athletic training facility is located in building 47. The training room will be open to participating athletes two hours before a scheduled contest. A Certified Athletic Trainer (ATC) will be on site for every home varsity contest.

- Visiting teams should bring their own training supplies. None will be provided.
- Ice is available.
- A table is set up in the athletic training room for taping.
- Towels are not provided for the visiting team.

Head Athletic Trainer  
Khalfani Sullivan

# Facilities Information

## Locker Room

Locker room facilities are only available in Building 47. Visiting teams need to bring their own towels and locks. The locker room will be secured during contests.

## Practice Times

Visiting teams should contact Associate Director of Athletics for Internal Operations Mike Riley to schedule practice times or for more information: [mriley@udc.edu](mailto:mriley@udc.edu) or (202)274-5024.



**UDC GYMNASIUM**



# Sports Information



## Media Information

The Sports Information Office serves as the primary contact for the media to obtain information about the athletic program at the University of the District of Columbia. The Office provides news releases, final game statistics, schedules, media guides and other printed resource materials in support of the Athletic program. The Sports Information Office also maintains the University's Official Athletic Web Site, and can be reached by telephone at (202) 274-6796, by FAX at (202) 274-5065, and by E-mail ([mrienzo@udc.edu](mailto:mrienzo@udc.edu)).

## Media Credentials

Requests for credentials should be made to the Sports Information Office at (202) 274-5064 at least 24 hours prior to each game. Credentials may be picked up prior to game day at the UDC Sports Information Office in the Sports Complex (bldg. 47), B-level, or at the ticket window immediately before the start of a game.

## Media Parking

A limited number of parking passes are available. Due to limited parking on campus, a pass does not guarantee a parking space, but every effort will be made to accommodate the media.

## Interview Policy

Coaches and athletes are available for interviews. Please contact the Sports Information Office to schedule all interviews at least 24 hours in advance so that a mutually agreeable time can be arranged.

## Official Athletics Site for University of the District of Columbia Firebirds

Game stories, schedules, results and other athletic related matters can be accessed through the official athletic site of the University of the District of Columbia, [www.udcfirebirds.com](http://www.udcfirebirds.com), or the University's web site at [www.udc.edu](http://www.udc.edu) (click on the athletic link).

Please follow UDC Athletics:

Web: [www.udcfirebirds.com](http://www.udcfirebirds.com)

Twitter: UDCFirebirdfans

Facebook: UDC Athletics

Youtube: UDCAthletics1



## Local Media Outlets

### Newspapers

Washington Post  
1150 15th Street, N.W.  
Washington, DC 20071  
(202) 334-7350  
FAX: (202) 334-7685

Washington Afro-American  
1612 14th Street, N.W.  
Washington, DC 20009-4307  
(202) 332-0080  
FAX: (202) 939-7461

Washington Informer  
3117 Martin Luther King, Jr.  
Avenue, SE  
Washington, DC 20032  
(202) 561-4100

Associated Press  
2012 K Street, NW  
Washington, DC 20006  
(202) 641-9660  
FAX: (202) 776-9570

Northwest Current  
5185 MacArthur Blvd, NW  
Suite 102  
Washington, DC 20016  
(202)244-7223  
FAX: (202)363-9850

### TV Stations

WRC-TV (4)  
40001 Nebraska Avenue, N.W.  
Washington, DC 20016  
Tel: 202-885-4000  
Fax: 202-885-4002

WUSA-TV (9)  
4100 Wisconsin Avenue, N.W.  
Washington, DC 20016  
Tel: (202) 895-5600  
FAX: (202) 363-6472

WTTG-TV (5)  
5151 Wisconsin Avenue, N.W.  
Washington, DC 20016  
Tel: (202) 895-3026  
FAX: (202) 895-3010

WJLA-TV (7)  
1100 Wilson Blvd.  
Arlington, VA 22209  
Tel: (703) 236-9499  
FAX: (703) 236-9263

### Sports Radio

Radio One WOL (1450 AM)  
(Channel- 169 XM)  
5900 Princess Parkway  
Lanham, MD 20706  
(301) 429-2665

WTEM Radio (980 AM)  
1801 Rockville Pike  
Rockville, MD 20852  
Tel: (301) 231-7798  
FAX: (301) 881-8025

News Channel 8  
Glen Harris  
Sports Talk Show  
1100 Wilson Blvd.  
Arlington, VA 22209  
(703) 236-9499

# Staff Directory

## **Director of Athletics**

Patricia A. Thomas  
P: (202) 274-5024  
E: pthomas@udc.edu

## **Associate Director of Athletics for Internal Operations**

Mike Riley  
P: (202) 274-5024  
E: mriley@udc.edu

## **Associate Director of Athletics for Academic Support/ SWA**

**Kendra Greene**  
P: (202) 274-5396  
E: kgreene@udc.edu

## **Associate Director of Athletics For Compliance**

Joseph Lang  
P: (202) 274-5024  
E: jlang@udc.edu

## **Associate Director of Athletics for External Operations**

Patrick Knapp  
P: (202) 274-6794  
E: pknapp@udc.edu

## **Associate Director of Athletics for Marketing and Communications**

Matt Rienzo  
P: (202) 274-6796  
E: mrienzo@udc.edu

## **Faculty Athletics Representative**

Dr. Thomas Bullock  
P: (202) 274-6216  
E: tbullock@udc.edu

## **Sports Medicine/Athletic Trainer**

Khalfani Sullivan  
P: (202) 274-6269  
E: ksullivan@udc.edu

## **Sports Information Director**

TBD  
P: (202) 274-5064 (O)  
(C)  
E:

## **Aquatics Manager**

Thunder Lane  
P: (202) 274-5066  
E: tlane@udc.edu

## **Recreation/Facilities Manager**

Robert "Butch" Cherry  
P: (202) 274-6024  
C: (202) 386-5458  
E: rcherry@udc.edu

## **Staff Assistant**

Oneita B. Gibbs  
P: (202) 274-5368  
E: ogibbs@udc.edu

## **Administrative Assistant Sandra Smith**

P: (202) 274-5095  
E: ssmith@udc.edu

## **Recreation Specialist**

Yale Howard  
P: (202) 274-6024  
E: yhoward@udc.edu

## **COACHING STAFF**

### **Men's Basketball Head Coach**

Jeff Ruland  
P: (202) 274-5083  
E: jruland@udc.edu

### **Assistant Men's Basketball Coaches**

Terrell Stokes  
P: (202) 274-6352  
E: tstokes@udc.edu

Anthony Iati  
P: (202) 274-6352  
E: alati@udc.edu

### **Women's Basketball Head Coach**

Lester L. Butler, Jr.  
P: (202) 274-5085  
C: (202) 345-1165  
E: lbutler@udc.edu

### **Assistant Women's Basketball Coaches**

Ronke Adedoyin  
P: (202) 274- 5085  
E: aadedoyin@udc.edu

Robin Williams  
E: rwilliams@udc.edu  
P: (202) 274- 5085

### **Men's & Women's Cross-Country Head Coach Track & Field\Cross-Country Alton McKenzie**

P: (202) 274-5381  
C: (202) 213-8775  
E: amckenzie@udc.edu

### **Men's Soccer Head Coach**

Matthew L. Thompson  
P: (202)-274-5074  
E: mlthompson@udc.edu

### **Assistant Men's Soccer Coach**

**Patrick Cormac**  
P: (202) 274-5074  
E: pcormac@udc.edu

### **Men's & Women's Tennis Head Coach**

T. Richard "Dickie" Mahaffey, III  
P: (202) 274-5966  
E: tmahaffey@udc.edu

### **Women's Volleyball Head Coach**

Sheila Weaver  
P: (202) 274-5762  
E: sweaver@udc.edu

### **Assistant Women's Volleyball Coach**

Cornelius McFerson  
P: (202) 274-6297  
E: cmcferson@udc.edu

## Emergency Phone Numbers

Fire, Medical and Police	911
Metropolitan Police Department (Non-emergency)	202-727-4326
District of Columbia Fire Department (Non-emergency)	202-727-4326
UDC Campus Police	202-274-5050
UDC Athletic Trainer	202-274-6269

