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2009-10 PacWest All-Conference Women's Basketball Team

Player of the Year: Samantha Murphy (Grand Canyon)

Coach of the Year: Jeff Harada (Hawai'i Pacific)

Newcomer of the Year: Laura Zasly (NDNU)

Freshman of the Year: Johnna Brown (Dixie State)

PacWest Champion: Hawai'i Pacific

<u>First Team</u>	<u>Team</u>	<u>P</u>	<u>Yr.</u>	<u>Ht.</u>	<u>Hometown/High School</u>
Jazzmin Awa-Williams	Hawai'i Pacific	F	Jr.	5-9	Kona, HI/Konawaena
Deanna Daniels	Dixie State	F	Fr.	5-11	North Las Vegas, NV/Centennial
Mana Hopkins-09B	Hawai'i Pacific	F	So.	5-10	Kona, HI/Konawaena
Genesis Lewis	Hawai'i Pacific	F	Sr.	6-0	Paramount, CA/Paramount
Samantha Murphy-08A,09A^	Grand Canyon	G	Jr.	5-8	Phoenix, AZ/Xavier Prep
Katie Zasly	NDNU	G	Jr.	5-9	Foster City, CA/Aragon
Laura Zasly	NDNU	G	Jr.	5-9	Foster City, CA/Aragon
<u>Second Team</u>	<u>Team</u>	<u>P</u>	<u>Yr.</u>	<u>Ht.</u>	<u>Hometown/High School</u>
Johnna Brown	Dixie State	F	Fr.	6-0	Las Vegas, NV/Centennial
Tanya Clark-09B	Dixie State	F	Sr.	5-10	Beaumont, CA/Beaumont
Alisha Flaatan	Dominican (CA)	G	Sr.	5-6	Hayward, CA/Moreau Catholic
Kia Gibson	Grand Canyon	C	Jr.	6-0	Nine Mile Falls, WA/Lakeside
Paris Gravely-09B	Hawai'i Pacific	G	So.	5-5	Fairfield, CA/Fairfield
Jessie Ingraham-09H	Dixie State	G	Sr.	5-6	Tucson, AZ/Canyon del Oro
Jessica Nolan	Academy of Art	F	Jr.	5-11	Adelaide, Australia/Hallet Cove School
<u>Honorable Mention</u>	<u>Team</u>	<u>P</u>	<u>Yr.</u>	<u>Ht.</u>	<u>Hometown/High School</u>
Richelle Fenenbock-08B,09H	BYU-Hawaii	G	Jr.	5-6	Coeur d' Alene, ID/Lake City
Stacy Haddow-09B	Grand Canyon	F/G	Sr.	6-1	Chino Valley, AZ/Chino Valley
Ashley Hardin-08A*	Grand Canyon	F	Sr.	5-10	Chandler, AZ/Marcos de Niza
Nesha Ann (Hina) Kimitete-08B,09H	Hawai'i Hilo	G	Sr.	5-3	Kailua-Kona, HI/Konawaena
Sondra Stilwell	Academy of Art	G	Sr.	5-5	Redding, CA/Shasta
Dara Tompkison	BYU-Hawaii	G	So.	5-2	Honolulu, HI/Punahou

08A - 1st Team All-PacWest 2007-08

09B - 2nd Team All-PacWest 2008-09

^2007-08 Freshman of the Year

08B - 2nd Team All-PacWest 2007-08 09A - 1st Team All-PacWest 2008-09

09H - Honorable Mention All-PacWest 2008-09

*2007-08 Newcomer of the Year