Men’s Swimming & Diving

NESCAC Performer of the Week

Ryan Bedell | Colby
First Year, Rye Brook, N.Y.

Bedell won the 1000 freestyle with a time of 9:57.39 and the 500 freestyle with a time of 4:48.46 to help the Mules defeat Middlebury. Against Norwich and Maine Maritime, Bedell won three events. He posted a time of 4:16.35 in the 400 IM before winning the 200 breaststroke with a time of 2:16.74. He also won the 500 freestyle, notching a time of 4:48.55.

NESCAC Notes

Amherst - Sophomore diver Bennett Fagan (Oakton, Va.) won both boards against Williams, to help clinch Amherst’s win. His score in the one-meter event was 282.90 points, and he earned a score of 271.65 points in the three-meter event…

Bates - Junior Alex Bedard (Amherst, N.H.) won both the 100 and 200 breaststroke in times of 57.70 and 2:11.05, respectively, with his time in the 100 setting a pool record. Bedard was also on the winning 200 medley relay team (26.4 split) and contributed to the winning 200 freestyle relay team with a split of 21.9…

Trinity - First-year Owen Hall (Potomac, Md.) led the Bantams to wins over Clark and Vassar. Hall won three events against Clark, taking first place in the 200 freestyle (1:48.88), the 500 freestyle (4:58.15) and the 200 IM (2:04.76). He also contributed to the winning 200 freestyle relay.

Against Vassar, he touched the wall first to win both the 1000 freestyle (10:24.84) and the 200 butterfly (2:06.08). Hall also led off the winning 400 freestyle relay team (3:24.67)…

Williams - First-year Jackson Karofsky (Terafly, N.J.) contributed three wins in the Ephs’ win over Connecticut College. He won the 200 freestyle with a time of 1:44.61 before recording a time of 1:57.05 to win the 200 backstroke. Karofsky followed that up by winning the 500 freestyle, posting a time of 4:44.26.

Women’s Swimming & Diving

NESCAC Co-Performers of the Week

Lindsey Ruderman | Amherst
First Year, Durham, N.C.

Ruderman won the 1-meter diving and placed second on the 3-meter board against Williams. Ruderman set new team and pool records with a score of 303.30 points on the 1-meter board. She also scored 266.70 points on the 3-meter board.

Gwyneth Maloy | Williams
First Year, New Haven, Conn.

Maloy earned a season-best time while winning the 1000 freestyle (10:29.36) last weekend against Amherst. She won the 200 freestyle and 200 breaststroke against Connecticut College with times of 1:53.7 and 2:06.11, respectively. Both results marked season bests. She also clocked a time of 4:38.4 in the 400 IM and led off the 200 freestyle relay with a split of 25.3.

NESCAC Notes

Bates - Senior Hope Logan (Boothbay Harbor, Maine) earned lifetime bests in the 200 freestyle (1:57.2) and the 400 IM (4:37.7), winning both. She also recorded a lifetime best in the 200 breaststroke (2:29) to help the Bobcats defeat Middlebury…

Trinity - First-year Sam McStocker (Weston, Conn.) won four events and was part of two winning relays while leading Trinity to wins over Clark and Mount Holyoke. Against Clark, she recorded wins in the 100 and 200 breaststroke events with times of 59.55 and 2:09.49, respectively. She also led off the winning 200 medley relay team (28.25 split). Against Mount Holyoke, she won the 200 freestyle (2:03.64) and 100 freestyle (56.08) and contributed to wins in the 200 medley relay and 200 freestyle relay.