Schedule of Events

Friday February 16th
Pentathlon

2:00 Start (30 minutes between events)
  Pentathlon 60 M High Hurdles
  Pentathlon High Jump
  Pentathlon Shot Put
  Pentathlon Long Jump
  Pentathlon 800 M

Saturday February 17th
Field Events- National Anthem 10:55 am
  11:00 am Pole Vault
  11:00 am Weight Throw
  11:00 am Long Jump
  1:30 pm Triple Jump
  1:30 pm Shot Put
  1:30 pm High Jump

Track events (seeded sections, fast section last)
  12:00pm Distance Medley unseeded section if needed
  12:15 pm Distance Medley seeded section
  12:30 pm 60 Meters High Hurdles trials
  12:45 pm 60 Meters Dash trials
  1:00 pm 5000 Meters unseeded section if needed
  1:25 pm 5000 Meters seeded section
  1:50 pm 4x200 Meters section
  2:05 pm Mile section
  2:20 pm 60 Meters High Hurdle finals
  2:30 pm 400 Meters section
  2:45 pm 600 Meters section
  3:00 pm 60 Meters Dash finals
  3:10 pm 800 Meters section
  3:25 pm 1000 Meters section
  3:40 pm 200 Meters section
  3:55 pm 3000 Meters section
  4:25 pm* 4x400 Meters section
  4:40 pm* 4x800 Meters section

5:15 pm Awards

*4x400 and 4x800 will be moved up 15 minutes if the 3,000M is run in one section