Welcome!

Thank you for making the commitment to represent Yale University as a member of our athletics department team. We are very proud of our student-athletes who represent the University with integrity, determination and honor.

Our athletics department staff members understand and respect the challenges that you face on the playing fields and in the classroom. Our aim is to assist you as you face these exciting challenges. This handbook describes some of the programs and services offered by the athletics department. I encourage you to take advantage of the resources that are offered by our coaching faculty and our administrative staff.

Our common goal is to win Ivy Championships. This is a serious endeavor that requires long hours of dedication, perseverance and courage. Such commitment is recognized and appreciated by the entire Yale University community. We hope that you will share with the thousands of student-athletes, who have enjoyed and enhanced the rich traditions of Yale athletics.

Congratulations on your achievements and best wishes for an outstanding year.

Go Bulldogs!

Tom Beckett
Director of Athletics

Yale University: Statement of Athletic Philosophy

Yale University offers its students a liberal education, one which has as its focus the intellectual and moral development of the individual, and which gives students a foundation for learning throughout their lives. Yale has long recognized that such an education is not fostered by its academic component alone. Part of it is constituted by those challenging and pleasurable experiences and extracurricular activities--like varsity and recreational athletics--that augment and enrich academic training.
In athletics, as everywhere else in the University, Yale is strongly committed to equal opportunity, and affirmatively seeks to attract exceptionally qualified students, coaches and staff of diverse backgrounds to its ranks.

As a part of its great athletic tradition, the University sponsors thirty-five varsity teams, with broad opportunities for participation by men and women, in which athletes of proven ability have the opportunity to test their skill and valor in intercollegiate competition. Through its commitment to competitive athletics, Yale demonstrates its belief that the lessons such engagement teaches are many and enduring. Among these are learning how to strive to win, to compete with pride and honor, to make sacrifices, to persevere when all seems lost, and to develop a sense of obligation and responsibility to others. These lessons make athletics a school for accomplishment and character, and for the athlete they represent an invaluable part of the non-academic aspects of a liberal education.

Because Yale views athletics as a component of liberal education, complimentary to its central academic mission but not superior to it, the University requires that aspiration and achievement in competitive athletic endeavor play a proportioned role within any student’s school life. The University also subscribes to the Ivy agreement, the principles of which delimit the role competitive athletic endeavor plays in the life of the University or of any individual student within it. These principles include the belief that student athletes should be generally representative of their class and admitted on the basis of academic promise and personal qualities as well as athletic abilities; that financial aid to student athletes be awarded in the same way it is awarded to other students, that is solely on the basis of financial need; that student athletes be held accountable to the same academic standards as other students; and that athletes make normal academic progress toward their degrees.

In addition to its sponsorship of competitive sports, Yale supports a wide range of extracurricular programs, including those that present significant opportunities for recreational and instructional participation. The University provides supervision for over thirty club sports, and has developed a large intramural program, which presents undergraduates, graduate students, and faculty fellows with the opportunity to participate in competitive sports throughout the calendar year. Yale considers the opportunities it offers in these areas to be an important contribution to the well-being of members of its community and is as dedicated to these extracurricular activities as to the continued strength of its competitive programs. In all aspects of sport and recreation, the University recognizes that shared experience can help create a strong bond among members of the University community, and between the University community and the wider world, and it is committed to fostering the spirit of pride and fellowship that athletic endeavor can inspire.

**FACULTY COMMITTEE ON ATHLETICS**

The president of Yale annually appoints a committee of faculty members and administrators to serve in an advisory capacity to the Director of Athletics and to the president. The committee meets monthly to discuss a variety of issues from the time demands athletics requires of athletes, to recruitment, to residential dining hall hours. Athletes are welcome to discuss their athletic experiences with members of the committee. Committee members also assist with senior athlete exit interviews.

**Faculty Committee on Athletics**

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<tr>
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THE IVY LEAGUE
The Ivy League, whose official name is the “Ivy Group,” began as a formal group in 1954 when the eight institutions extended a 1945 agreement regarding football to all competitive athletics. The 1954 Ivy Group Agreement established both formal rules and standing committees to enforce and interpret these rules. The Ivy Group officially started League Championships for women in 1974.

The basic intent if the original Ivy agreement was to improve and foster intercollegiate athletics while keeping the emphasis on such competition in harmony with the educational purposes of the institutions.

The Ivy League is composed of the following institutions: Brown University, Columbia University, Cornell University, Dartmouth College, Harvard University, University of Pennsylvania, Princeton University, Yale University.
FACULTY ATHLETIC REPRESENTATIVE AND COMPLIANCE COORDINATOR

Penelope Laurans, Associate Dean of Yale College and Master of Jonathan Edwards College, was appointed by President Levin to serve as Yale’s Faculty Athletic Representative. The role of the FAR is to provide advice and oversight of the intercollegiate athletics program in areas of eligibility, compliance and academics. The FAR ensures that student-athletes meet all NCAA, conference and institutional requirements for practice and competition. Dr. Laurans is a member of the Faculty Committee on Athletics and serves as the liaison between academics and athletics matters.

The compliance coordinator ensures that student-athletes are eligible for practice and competition and provides educational materials and updates about NCAA and Ivy League rules and regulations.

ELIGIBILITY REGULATIONS

Four sets of principles and policies govern intercollegiate athletics at Yale. These policies come from the three conferences of which Yale is a member and from the Yale College handbook.

1. Rules & Regulations of Yale College
2. The Ivy Agreement
3. The Eastern Collegiate Athletic Conference (ECAC)
4. The National Collegiate Athletic Association (NCAA)

The University, the Ivy League, the ECAC and the NCAA require that a student-athlete be a full-time, matriculated student in a four-year baccalaureate program. The student-athlete must be enrolled in courses yielding 12 credits per semester (3 courses at Yale) while competing in his or her sport and be making normal progress toward the degree. Individuals registered as special, part-time, or non-matriculated students are ineligible.

To be eligible to compete in intercollegiate athletics, a student-athlete must meet the standards set by the University, the Department, the Ivy League, ECAC and NCAA. At the beginning of each academic year or sport season, each student must meet with an institutional representative to review the rules and regulations of the four governing bodies. Each student-athlete must have on file in the Varsity Sports Office a signed Ivy League and NCAA statement certifying that he or she understands and will abide by all rules and regulations of these governing bodies.

If you have any questions, please contact the Compliance Office at 436-8309.

SUMMARY OF NCAA REGULATIONS-DIVISION I

Yale Athletics Department has instituted an online eligibility system. Before being eligible to practice and/or compete you must register on this system, read and complete all NCAA and Yale forms. You are responsible for the information outlined on the site. We encourage you to revisit the site at any time should you have any questions regarding NCAA regulations including ethical conduct, amateurism, financial aid and academic standards.

YALE UNIVERSITY -- IMPORTANT ELIGIBILITY NOTES

Student-Athletes may routinely face choices or situations that spark questions about ef-
effects on athletics eligibility. If you are unsure about an activity or academic situation, please consult your coach and/or the compliance coordinator prior to engaging in any questionable activity or making academic decisions.

YALE COLLEGE ACADEMIC REGULATIONS

A Yale student normally takes four or five term courses, or their equivalent, for each of eight terms. A student may not enroll in a program of study worth fewer than three courses in one term.

Satisfactory Progress Requirements for Yale

- First term -- 4 course credits.
- Second term -- 8 course credits. To be promoted to sophomore standing after two terms of enrollment, a student must earn at least eight credits or the equivalent and have fulfilled the distributional requirements for the freshman year.
- Third term -- 12 course credits.
- Fourth term -- 16 course credits. To be promoted to junior standing after four terms, a student is expected to earn at least sixteen course credits or the equivalent and have fulfilled the distributional requirement for the first two years.
- Fifth term -- 21 course credits.
- Sixth term -- 26 course credits. To be promoted to senior standing after six terms of enrollment, a student must earn at least 26 course credits or the equivalent.
- Seventh term -- 31 course credits.
- Eighth term -- 36 course credits, graduating senior.

Amateurism: Unlike the NCAA, Ivy rules state that you must be an amateur in ALL sports in order to be eligible. Thus, you cannot be paid for participation in one sport and be eligible to play at Yale in another sport. The following situations may also impact your amateur status:

- Acceptance of any prize money or merchandise based on your place finish in an athletic event, e.g. road race, beach volleyball, golf tournament. In individual sports, student-athletes may accept prize money provided the prize money does not exceed actual and necessary expenses for that event. A form must be on file with the compliance office documenting all prize money.
- Expenses for participation on an outside amateur team in excess of actual and necessary travel, room and board expenses.
- Teaching sports on a “fee for lesson basis.”

Extra Benefits: Student-athletes are not permitted to receive “extra benefits” that are not generally available to the institution’s students or to a particular segment of the student body (e.g. foreign students, minority students) determined on a basis unrelated to athletics ability. An extra benefit is any special arrangement by an institutional employee or representative of the institution’s athletics interests to provide a student-athlete or the student-athlete’s relative or friend a benefit not expressly authorized by NCAA legislation. A few examples are:

- Cash, loan of money, merchandise
- A special discount, payment arrangement, or credit on a purchase
- Free or reduced admission to a pro sporting events, movie, concert, etc.
- Athletic equipment or clothing (outside normal equipment issue)
- Use of telephone or credit card for personal reasons
- Use of automobile

Remember: Check with the compliance coordinator before you accept any type of
gift or benefit from a staff member, booster, alum, etc. Any violation could result in the loss of your eligibility.

Outside Competition: In Division I, a student-athlete who participates during the academic year in outside competition as a member of any noncollegiate amateur team becomes ineligible for competition in that sport for the remainder of the year and for the next academic year unless restored by the NCAA.

It is permissible for athletes in sports other than basketball to participate in outside competition during an official vacation period.

There are exceptions to the outside competition regulation for national team competition and tryouts. All students who utilize such exceptions must complete paperwork with the compliance office prior to the competition. The Outside Competition form is available on the Yale athletics webpage under Compliance.

Employment: A student-athlete may receive compensation for teaching or coaching sport skills or techniques in his or her sport on a fee-for-lesson basis, provided:

• Institutional facilities are not used;
• Playing lessons shall not be permitted;
• The institution obtains and keeps on file documentation of the recipient of the lesson(s) and the fee for the lesson(s) provided during any time of the year; and
• The compensation is paid by the lesson recipient (or the recipient’s family) and not another individual or entity.
• Instruction to each individual is comparable to the instruction that would be provided during a private lesson when the instruction involves more than one individual at a time.
• The student-athlete does not use his or her name, picture or appearance to promote or advertise the availability of fee-for-lesson sessions.

If you are interested in teaching lessons on a fee basis please contact the compliance office to discuss these regulations and complete the necessary paperwork.

Summer Employment: It is permissible for a representative of Yale’s athletics interests to help you find summer employment. Any job that you perform must compensate you at a rate commensurate with your skills and experiences. As a reminder, you can teach a sport on a “fee-for-lesson basis” provided you complete the necessary paperwork from the Varsity Sports Office; however, you cannot operate your own summer camp or program. If you have any questions please contact the compliance office.

Sports Camps and Clinics: A student-athlete may be employed by his/her institution, by another institution, or by a private organization to work as a counselor.

The general rules surrounding such employment are as follows:

• The student-athlete must perform duties that are of a general supervisory nature and any coaching or officiating assignments shall represent not more than one-half of the work time.
• Compensation shall be commensurate with the going rate for camp or clinic counselors.
• A student-athlete who only lectures at a camp or clinic shall not receive compensation for his/her appearance.
• A student-athlete with eligibility remaining is not permitted to conduct her/his own camp or clinic.

Summer Leagues: Student-athletes may participate in outside competition during the summer. Team sports are limited by the number of participants from Yale. Student-athletes in basketball may participate only in NCAA sanctioned leagues and must receive prior written approval from the compliance office to participate in these leagues. Please
contact the compliance office at least two weeks prior to the start of the league with the
name, address, phone number and fax number of the league contact person.

**Hardship Waiver:** A student-athlete may be granted a waiver to gain back one of four
seasons of eligibility for reasons of hardship. Hardship is defined as an incapacity result-
ing from an injury or illness that has occurred under the following conditions.

1. The incapacitating injury or illness occurs in one of the four seasons of intercollegiate
   competition.
2. The injury/illness occurs prior to the completion of the first half of the regular season.
3. The student-athlete has not participated in more than two contests or dates of compet-
tition or 30 percent (whichever is greater) of the total number of contests that Yale ac-
tually played that season.

Please speak with Amy Backus 432-7668, if you have any questions or would like to
request a waiver in the year of the injury or illness.

**Leaves of Absence:** The presidents of the Ivy League, as well as the Yale community,
have emphasized the importance of broadening your academic experience should you
elect to take a leave from Yale or plan to participate in athletics beyond the normal four
year calendar. If you elect to take time off to re-engage your sport later it is expected that
you will use that time to enrich your academic and other life experiences.

There are many examples of ways you can enrich this experience while taking time off:
work related to your future employment interests; work, along with academic study
(learning a new language, for example); travel abroad; or paid work combined with vol-
unteer work, in this country, or abroad, are only a few of the many excellent possibilities.
Leaves of absence may affect your eligibility status and thus, you must contact the com-
pliance office if you are thinking about taking time off away from Yale.

If you take a leave of absence from Yale, you may NOT engage in any countable athletic
related activity including strength and conditioning workouts, team meetings, practices or
competition with a Yale team. You also may not use Yale’s athletic facilities unless you
pay the regular published fees for use of the facility.

**Promotional Activities:** It is permissible for athletes to participate in institutional, chari-
table, educational or nonprofit promotion provided you receive written permission to
participate in each activity, the activity does not involve corporate advertisements or
promotions, use of your name and picture as approved by the athletics department and is
not used by a commercial entity, you do not miss class, all monies derived from the activ-
ity go directly to the institution or charity. The required written form is available on the
Yale athletics webpage under Compliance.

**Modeling/Commercial Endorsements:** It is not permissible under NCAA rules to endorse
a commercial product or service once you have enrolled at Yale. You may not allow
someone to use your name or picture to directly advertise, recommend or promote the
sale or use of any commercial product or service. However, if you did such work prior to
coming to Yale, you may continue to do modeling if it is not related in any way to your
status as an athlete. This employment must be cleared by the compliance office. There
are also limited exceptions for involvement with charitable organizations.

**Player Agents:** Yale athletes who have the opportunity to continue their athletics career
on the professional level must be aware that the Ivy League and NCAA have strict rules
with regard to agents. The rules do not allow you to be represented by an agent unless
you have made the decision to forfeit all remaining eligibility. Students should contact
their coach and/or the compliance office if you are ever contacted by an agent.

**Recruiting/Telephone Calls:** Enrolled student-athletes shall not make or participate in tele-
phone calls to prospects at the direction of a coaching staff member or financed by the insti-
tution or representative of its athletics interests. This rule also applies to any other institu-
tional program, e.g. admissions that telephones prospective students. You may receive calls made at the expense of the prospect as long as there is no institutional involvement in encouraging or arranging those calls.

**Transfer Students:** All students who have transferred from another institution should speak with the compliance office to determine your eligibility status. You may or may not be eligible for competition in your first year at Yale.

If you plan to transfer to another institution or wish to speak to another institution’s coach regarding a possible transfer, you must contact the compliance office. The compliance office or the athlete will notify the head coach that you have requested written permission to contact another institution. If the head coach does not wish Yale to grant the transfer request, the associate athletic director will present the request to the athletics director. The athletics director will meet, if necessary, with the coach and the athlete to make a final decision. If permission is denied, the athlete will be notified in writing of the decision and will be offered of a hearing opportunity. If the athlete requests a hearing (in writing), the hearing will be held within 14 days of the request by a subcommittee of the Faculty Committee on Athletics who shall be appointed by the chair of the committee. The subcommittee will render a decision and will inform the athlete and the athletics department of the final decision.

**Tobacco Products:** The use of tobacco products is prohibited by all game personnel (e.g. athletes, coaches, trainers, managers and officials for all sports) during practice and competition.

**SPORTS GAMBLING**

The explosive growth of gambling has caused a noticeable increase in the number of sports–wagering related cases processed by the NCAA enforcement staff. Sports wagering threatens the integrity of college sports. The Yale Athletics Department endorses all NCAA legislation and advises student-athletes to contact the compliance coordinator if any questions or concerns arise regarding this information.

Student-athletes, coaches and athletic department staff shall not knowingly:

(a) Provide information to individuals involved in organized gambling activities concerning intercollegiate athletics competition;

(b) Solicit a bet on any intercollegiate team;

(c) Accept a bet on any team representing the institution; or

(d) Participate in any gambling activity that involves intercollegiate or professional athletics through a bookmaker, a parlay card or any other method employed by organized gambling.

**YOU MAY NOT:**

- Bet on any intercollegiate sport contest.
- Bet on any professional sport team contests.
- Wager on intercollegiate sports or professional sports that hold an NCAA Championship, football or emerging sports in Nevada.
- Participate in a NCAA basketball grid. Gamble over the internet with an off-shore wagering agency. These sites indicate internet gambling is legal. It is not.

**YOU MAY (as per state regulations):**

- Play the lottery.
- Gamble in a casino (games of chance).
- Bet legally on any professional sport that does not hold an NCAA Championship, is not football or an emerging sport. (Nevada is the only place where sports waging is legal.)

Examples would be: Boxing / Auto racing / Cricket / Horse racing / Dog racing.
GAMBLING INFO RELATED TO THE IVY LEAGUE
(information obtained from Bill Saum, NCAA):

Ivy League Basketball--Friday night games are the MOST heavily bet intercollegiate basketball games, because no other conference plays on Friday night.

Ivy League Football--Traditional rivalries such as the Harvard/Yale game are very heavily bet games.

What does this mean for our student athletes?

Be careful of any suspicious phone calls the week prior to games.

Do not give out information regarding player status to individuals without knowing who they are, and who they represent. Any type of information is useful to odds makers, e.g., a player did poorly on an exam, relationship issues, injury in practice, family problems.

TIME LIMITS FOR ATHLETICALLY RELATED ACTIVITIES

The NCAA has established rules and regulations regarding time limits for practice and competition. A summary follows:

• A student-athlete’s participation in countable athletically related activities (e.g., practice, competition, required weight training, film or videotape reviews, required participation in camps, clinics or workshops, team meetings, captain’s practices) during the declared playing season shall be limited to a maximum of four hours per day and 20 hours per week. Note: The day of competition counts as 3 hours regardless of the length of the competition. Note also that a round of golf may exceed the daily limit of four hours but all must be included in the maximum of 20 hours per week.

• If a student-athlete participates in more than one sport, the day and week limitations must still be followed. Therefore, the sum of all countable athletically related activities relating to practice and competition must not exceed the individual limits of four hours per day and 20 hours per week.

• During the playing season, all countable athletically related activities shall be prohibited during one calendar day per week. Outside of the playing season, all countable athletically related activities are prohibited during 2 calendar days per week.

• No class time shall be missed for practice activities except when a team is traveling to an away contest.

• Outside of the playing season a student-athlete’s participation in the countable athletically related activities specified in Bylaw 17.02.1.1 (c), (d) and (e) shall be permitted. A student-athlete’s participation in such activities shall be limited to a maximum of six hours (Ivy League regulations) per week of which not more than two hours per week may be spent on individual skill workouts. Participation by Division I student-athletes in individual skill related instruction in sports other than football is permitted outside the declared playing season provided that no more than four students from the same team are involved in any one activity simultaneously from the first day of classes through Sept. 15 and again from April 15th to the end of classes. The remainder of the academic year, no more than 7 student athletes may be involved in skill instruction with a coach.

Safety Exception: In the sports of fencing, gymnastics, swimming and diving and field events for track, a coach may be present during voluntary workouts, and the coach may spot or provide safety or skill instruction but cannot conduct the individual’s workout.

TEAM REST PERIODS

The Ivy League mandates 49 day rest period days for each varsity team during the academic year. These days shall have no required athletic activity, no voluntary activity under the supervision of a team coach, no team athletics activities (e.g. captain’s practices), and no team or team member athletically related activities resulting from encourage-
ment by the coaching staff to engage in such activity. Under no circumstances will any athletically related activity involving team members be supervised by a team coach, nor will facilities be reserved for team activities.

**NCAA BANNED DRUGS**

*Per NCAA Bylaw 30.5-(b), the director of athletics or the director of athletics’ designee shall disseminate a copy of the list of banned drug classes to each student-athlete.*

The list of banned substances is posted on your eligibility page. It is your responsibility to check this list against any substance that you are taking and talk to your sport’s trainer if you have any questions.

The NCAA has instituted a year round drug testing program administered through the National Center for Drug Free Sport organization. Each year you will be asked to complete a Summer Contact Information Sheet. This is required each summer.

The NCAA list of banned-drug classes is subject to change by the NCAA Executive Committee. Contact NCAA education services or [www.nca.org/health-safety](http://www.nca.org/health-safety) for the current list. The term “related compounds” comprises substances that are included in the class by their pharmacological action and/or chemical structure. **No substance belonging to the prohibited class may be used, regardless of whether it is specifically listed as an example.** Students should contact athletic medicine if they are taking prescribed ADHD medications or any other medication appearing on the banned substances list.

**YALE STUDENT-ATHLETE INFORMATION**

**POLICY ON STUDENT-ATHLETE CONDUCT**

Yale student-athletes are representatives and ambassadors for the Yale Athletics Department. All student-athletes are expected to observe the rules, spirit, philosophy and customs of their sport and the athletics department.

Athletes engaging in disruptive or illegal behavior, including fighting, alcohol or drug abuse, sports wagering or continued poor sportsmanship and/or willfully violating Ivy or NCAA regulations will be subject to disciplinary action by the Department of Athletics. In addition, each team may set additional rules and sanctions.

**SPORTSMANSHIP AND ETHICAL CONDUCT**

At the very core of sports and explicit in the Yale athletics department mission is the need for sportsmanship…“It is not whether you win or lose – it’s how you play the game” is a truism that is well-worn, but for good reason: how one plays the game – be it on the field of athletics or in the game of life – is a more accurate reflection of a participant’s character and values than is the final score.

What is sportsmanship? Sportsmanship is a set of behaviors to be exhibited by student-athletes, coaches, game officials, administrators and fans in athletics competition. These behaviors are based upon values, including respect, civility, fairness, honesty and responsibility.

What is ethical conduct? Ethical conduct is a set of guiding principles with which each person follows the letter and spirit of the rules. Such conduct reflects a higher standard than law because it includes, among other principles, fundamental values that define sportsmanship.

Why is sportsmanship essential to athletics participation and competition? Sportsmanship creates the moral framework, ethical content and the balanced perspective for winning and losing. With this framework, individual and team efforts take on greater value and meaning than do winning and losing.

Sportsmanship is also important because of the standards it establishes for the conduct of the participants, fans and the game itself. Because it develops the characters of the par-
ticipants, it contributes to the strength and civility of sports and, ultimately, society. As sportsmanship brings reasonable order to competition, it creates an environment that allows participants the opportunity to play to the best of their abilities and permits fans to focus on and to enjoy the game.

Code of Conduct. We understand and appreciate that Yale student-athletes observe the rules, spirit, philosophy and customs of their sport and the Yale athletics department. However, student-athletes engaging in poor sportsmanship and/or wittingly violating Yale, Ivy or NCAA codes of conduct will be subject to disciplinary action by the department of athletics which may include warning, probation, suspension or dismissal from their team.

Students whom engage in disruptive or illegal behavior at Yale athletics contests will be subject to discipline in accordance with Yale University policy.

**CONDUCT AND TEAM TRAVEL**

Athletes are expected to know and observe the rules, spirit and customs of their sport in both practice and competition and should wear only those articles of equipment issued by the University or approved by the coach. They should maintain cordial relations with opponents, officials, spectators and members of the press. Displays of bad manners and language are always out of order.

Students should remember that they are representatives of Yale University whenever their team is on the road for competition. All trips begin when the team leaves campus and end upon return to campus. The following are a few items of importance:

**Dress Code** - There is no specific dress code for athletes on trips, but athletes should be aware of their status as representatives of Yale University and dress accordingly. In addition, coaches may also have specific dress codes for their teams.

**Lodging** - Charges for hotel rooms and tax are the responsibility of the University; incidental expenses such as telephone, room service and pay movies must be paid by the room occupants and are not allowed to be charged to hotel rooms and/or the master team bill.

**Per Diems** - The Yale Athletics Department allocates a $26 per person meal per diem for team travel. Distribution of per diem is established by the coach.

**Remaining at Site** - Athletes who wish to remain at any away site of competition or depart to another destination other than that scheduled for the team must have a written statement of approval from their parent or guardian and must request approval from the head coach.

**Property Damage and Theft** during both home and away contests will be the financial responsibility of the individual(s) involved. In addition, violators will be subject to University disciplinary action. When individuals cannot be identified for such action, the entire team will be held accountable.

**Team Uniforms and Equipment** will be issued during the course of the season. The equipment managers will be responsible for the washing and re-distribution of practice and competition uniforms. Athletes should notify the equipment staff of any problems with or loss of uniforms or equipment immediately upon discovery. All equipment and uniforms damaged or not returned at the end of the season will be billed to the individual’s bursar account.

**Team Travel** - Teams traveling to games off campus will primarily travel on a 55-passenger charter bus contracted by Yale Athletics. However, in some cases, the number of athletes plus coaches and the length of the trip may dictate travel in either a mini-van or sports utility vehicle (SUV). As of January 1, 2005, Yale University prohibits 15 and 12-passenger vans for official use. The athletics department will still use 8-passenger mini-vans and SUV vehicles as needed. Staff members and/or student-athletes must take
and pass the University driver awareness and safety course for approval to drive vehicles as a representative of the University. If you are interested in enrolling in the driver safety course please contact the varsity sports office.

PROCEDURE FOR HANDLING DIFFICULT OR TROUBLESOME ISSUES

From time to time a student-athlete may find he or she has an issue or concern that is troublesome or does not seem as if it can easily be resolved. In such cases, the student should first consider going for help to the team captain. A captain has had significant college experience, has the support and confidence of the team and is often able to provide good advice. In addition, the captain should have a good sense of when the issue or concern is best brought to the attention of the head coach. The head coach’s responsibility is not only to give athletic instruction, but to be sensitive to all of those issues which may come into play in the full education of students, especially where the rigors of competition inevitably come into touch with other academic and social issues.

The first two steps delineated above—help from the captain and counsel from the coach—are the appropriate ones student-athletes should consider first when faced with a problem. If however, for whatever reason, both of these steps seem inappropriate, the student should next consider turning to the senior associate athletic director who supervises his or her sport. The senior associate is a more removed, objective party. While keeping complete confidentiality, should confidentiality be desired and requested, the senior associate can give counsel, or meet with team members and other personnel to help with resolution of the problem. Furthermore, should the concern not be resolved, the senior associate will assist the athlete in initiating contact with the director of athletics. The director will then work with all parties to resolve the issue or concern.

If at time during the period when the director of athletics is involved, one of the parties in the process—e.g. student, coach or athletics director—believes that outside perspective would be helpful or necessary, then an appeals advisory committee will be formed to review the issue. The appeals advisory committee will be assigned by the chair of the Faculty Committee on Athletics and will include one member of the Faculty Committee on Athletics, a master or dean and a member of the senior administration of Yale College. The appeals advisory committee members will investigate the situation, deliberate among themselves, and then present their recommendation to the director of athletics who will determine the final resolution.

The steps recommended above are designed to help students think through their options and to provide the department with an orderly method of resolving them. Experience demonstrates that issues that seem obstinate often prove themselves to be more resolvable that initially students think when the process described above is followed. It is generally best for all involved to identify a solution within the team, or with the help of the coach or the senior associate who oversees the sport. Should matters seem unresolvable, or require more assistance than the interested parties can provide, help towards resolution is readily available.

PROCEDURE FOR APPEALS - (DENIAL OF TRANSFER REQUEST)

If, at any time, the Yale athletics department denies a student’s his/her request to permit any other institution from contacting the student about transferring, we will inform the student about the opportunity to have a hearing to review this decision. The chair of the Faculty Committee on Athletics will appoint an Appeals Committee consisting of a member of the FCA, a master or dean and a member of the senior administration of Yale College.

CONNECTICUT UNDERAGE DRINKING LAW
(Effective Date: October 1, 2006)

The Connecticut state legislature passed House Bill 5211 – An Act Concerning Underage Drinking. The summary of the fill is as follows:
This bill makes it illegal for someone who possesses or controls private property, including a dwelling unit, to (1) knowingly permit a minor to illegally possess alcohol in the unit or on the property or (2) fail to make reasonable efforts to stop the possession of alcohol in the unit or on the property by a minor he knows possesses alcohol illegally. The bill makes a first offense an infraction and subsequent offences subject to up to one year in prison, a fine of up to $500, or both.

The bill also makes it illegal for a minor to possess alcohol anywhere, rather than only in public places. Under current law, the penalty for illegal possession in public places is a fine of $200 to $500. The bill makes this the penalty for second and subsequent offenses of illegal possession, regardless of location, and makes a first offense an infraction.

Under current law, the provisions on illegal possession by minors do not apply to a minor who possesses alcohol while accompanied by a parent, guardian, or spouse over age 21. The bill specifies that it must be the minor’s parent, guardian, or spouse.

The bill also specifies that the prohibitions on illegal possession and those against selling, shipping, delivering, or giving alcohol to minors cannot be construed to burden a person’s exercise of religion as protection by the state constitution.

**CONNECTICUT HAZING LAW**

**Hazing, Team Initiations and Team Bonding**

I. Connecticut laws and Yale University regulations expressly prohibit any form of hazing in connection with initiation activities or other team activities. Yale will take disciplinary action if warranted and will cooperate fully with the appropriate law enforcement officials if hazing incidents occur. The following is the Connecticut Hazing Law. (Sec. 53-23a. Hazing.)

(1) “Hazing” means any action which recklessly or intentionally endangers the health or safety of a person for the purpose of initiation, admission into or affiliation with, or as a condition for continued membership in a student organization. The term shall include, but not be limited to:

(A) Requiring indecent exposure of the body;
(B) Requiring any activity that would subject the person to extreme mental stress, such as sleep deprivation or extended isolation from social contact;
(C) Confinement of the person to unreasonably small, unventilated, unsanitary or unlighted areas;
(D) Any assault upon the person; or
(E) Requiring the ingestion of any substance or any other physical activity which could adversely affect the health or safety of the individual. The term shall not include an action sponsored by an institution of higher education which requires any athletic practice, conditioning, or competition or curricular activity.

(2) “Student organization” means a fraternity, sorority or any other organization organized or operating at an institution of higher education.

(a) No student organization or member of a student organization shall engage in hazing any member or person pledged to be a member of the organization. The implied or express consent of the victim shall not be a defense in any action brought under this section.

(b) A student organization which violates subsection (b) of this section (1) shall be subject to a fine of not more than one thousand dollars five hundred dollars and (2) shall forfeit for a period of not less than one year all of the rights and privileges of being an organization organized or operating at an institution of higher education.
(c) A member of a student organization who violates subsection (b) of this section shall be subject to a fine of not more than one thousand dollars.

(d) This section shall not in any manner limit or exclude prosecution or punishment for any crime or any civil remedy.

The following suggestions for team bonding and initiation came from a group report from the Heavyweight Crew team presented to the Captain’s Council.

**Initiation**

Initiation is a ceremony in which freshmen are officially welcomed as new members of their varsity team. While initiations have had a history of alcohol abuse and risky behavior, they do not need to be dangerous events. In fact, they can be a very productive and team bonding experience.

Yale athletes proudly don colors of blue and white. Thus the jersey becomes quite symbolic of one’s acceptance to the team. Perhaps the most positive initiation could be the ceremonious distribution of uniforms to the new freshmen. Rather than simply giving these uniforms out at the end of a practice, a more formal ceremony should take place.

For example, a team could have a banquet before their first competition involving a formal welcome and a distribution of uniforms. Moreover, a dinner could follow in which the freshmen bonded with the upperclassmen.

**Team Bonding**

People defend hazing by saying that teams bond through the obstacles of hazing. Hazing is not worthwhile; there are many other productive ways to bring a team closer together. Here are some ways that teams could bond without hurting anybody. Teams could:

- Play a game together (broom ball, water polo, touch football, snowball fight)
- Do community service project
- Go on a retreat together
- Go to campus events together
- Have team dinners
- Organize team “secret Santa” gift exchanges
- Have varsity “big sibs”
- Memorize team history (important games, people, the beginning)

**FACEBOOK AND INTERNET POSTINGS**

Immense media attention has been focused on intercollegiate athletic teams and internet sites such as Facebook.com and Webshots.com. Each student-athlete should consider the consequences of posting detrimental pictures of teammates, team parties, and/or personal information that is posted by you or other students about you. The results of these decisions to post photos about you or personal information may lead to negative local and national publicity and potential disciplinary action for your team and/or individuals. Photos have much impact on reputations. Future employers routinely use younger associates to access information online in hiring decisions. Don’t let this be you or your team.

**STUDENT HOSTS**

Occasionally, student-athletes may be asked to serve as hosts for prospective athletes. The athletic department strongly encourages and appreciates your participation as hosts. As a host, you are considered a representative of Yale and carry a responsibility in insuring that the department abides by all institutional, NCAA and State of Connecticut rules and laws. Below is the Official Visit Policy adopted by the Department of Athletics and approved by the president of the university.
POLICY FOR OFFICIAL VISITS
Effective September 1, 2004

Summary of NCAA Regulations:
The NCAA Division I Board of Directors requires an institution to establish written departmental policies related to official visits that apply to prospects, student hosts, coaches and other athletic administrators. These policies must be approved by the institution’s chief executive officer and filed with the athletics department and the conference office. The institution is responsible for the development and enforcement of appropriate policies and sanctions regarding specified areas. The institution will be held accountable through the NCAA enforcement program for activities that clearly demonstrate disregard for its stated policies.

Yale University - Code of Conduct for Official Visits
Yale student-athletes, coaches and administrators are representatives and ambassadors for the Yale Athletics Department and Yale University. It is expected that all of our representatives conduct themselves in a manner that reflects well upon themselves, the athletics department and the University.

As stated in our mission statement, the University subscribes to the Ivy agreement, the principles of which delimit the role competitive athletic endeavor plays in the life of the University or any individual student within it. These principles include the belief that student-athletes should be generally representative of their class and admitted on the basis of academic promise and personal qualities as well as athletic abilities.

Prospective students who are invited to take an official visit have the opportunity to explore the vast resources and educational opportunities that Yale offers. Yale does not condone any type of recruiting abuses, including, but not limited to excessive entertainment, improper benefits, serving alcohol to prospects or other inappropriate activities.

Due to recent incidents at other NCAA institutions concerning alleged recruiting abuses, we have established a selected list of specific prohibited activities. If there is any doubt whether or not an activity is inappropriate, then the prospect should not participate in the activity. The following list is not all inclusive.

Prohibited Recruiting Activities
- Excessive meals and transportation
- Use of escorts or exotic dancers
- Serving alcohol to minors
- Visits to “adult entertainment” establishments
- Activities or events at any location that cause a perception of impropriety.

Policy on Infractions
Any student-athlete or athletics department staff member who engages in disruptive or illegal behavior, wittingly violates Yale, Ivy League or NCAA rules or who does not fulfill the responsibilities and expectations of our code of conduct will be subject to disciplinary action by the athletics department which may include warning, probation, suspension or dismissal. If warranted, the Executive Committee of Yale College may also review and adjudicate the transgression.

The athletics department will determine whether or not to continue to recruit student-athletes who wittingly participate in improper activities.

Reporting Violations of the Code of Conduct
It is expected that if an individual has any knowledge of any violation of Yale, Ivy or NCAA rules or any violation of the code of conduct, it is the responsibility of each individual to make a report to the director of athletics. The administration will fully investigate all such allegations with a strategy that protects the interests of all parties.
Monitoring the Code of Conduct

As stated above, it is expected that all members of the Yale community will respect and abide by the guidelines set in our code of conduct.

In addition to our ethical obligations, the business office will verify that all meal, lodging, entertainment and transportation expenses are permissible. The prospective student, coach and the student-athlete host will also be asked to verify that the University regulations were adhered to.

NCAA Rules Related to Official Visits

Air Transportation

- All air transportation to a prospect to and from an official campus visit must use commercial transportation at coach-class airfare.
- An institution may not arrange payment of the airline ticket to allow a prospect (or the prospect’s relatives, friends or legal guardian) to take advantage of ticket bonuses, rebates, refunds, upgrades or other benefits connected with the purchase of a ticket.

Campus Transportation

- An institution transporting a prospective student-athlete (and those accompanying a prospective student-athlete) around campus during the official visit must use institutional vehicles normally used to transport prospective students while visiting the campus. In addition, coaching staff members or student hosts may use personal vehicles to transport a prospect (and those accompanying the prospect) around campus during an official visit.

Meals and Lodging

- A prospect on an official visit shall be provided lodging and take meals as regular students normally do. Local commercial facilities may be used but on a scale comparable to that of normal student life. Lodging may not include special accessories e.g. Jacuzzis, suites, that are not available generally to all guests residing at the establishment.
- The cost of actual meals, not to exceed three per day, on the official visit for a prospect and the prospect’s parents, legal guardian(s) or spouse need not be included in the $40 host money that is provided for each visit. Meals must be comparable to those provided to student-athletes during the academic year. A reasonable snack e.g. pizza, hamburger may be provided in addition to three meals.

Student Hosts

- The student host must be either a current enrolled student-athlete or a student designated in a manner consistent with the institution’s policy for providing campus visits or tours to prospective students in general. Student hosts will receive up to $30 per prospect for entertainment on official visits. Any meal cards provided to a student host are to be used only for meals with a prospect during the official visit.

Personalized Recruiting Aids

- An institution may not arrange miscellaneous, personalized recruiting aids e.g. personalized jerseys, personalized audio/visual scoreboard presentations and may not permit a prospect to engage in any game-day simulations e.g. running onto the field with the team during pre-games introductions during an official visit.

In addition to this adopted policy, please note:

- The drinking age in the State of Connecticut is 21; therefore, no alcohol will be served to a recruit at any time.
- Hosts may be given money to entertain the prospect; this money is for entertaining the prospect only and must not be given to the prospect for any purpose. Hosts will be asked to complete a host entertainment form prior to receiving the money.
Hosts are entitled to one complimentary ticket per athletic event when accompanying the prospect; this will be issued by pass list and the ticket must not be given or sold to anyone else.

It is also recommended that you have emergency information (coach’s home and office phone as well as parental information). Teammates and friends who entertain the prospect should also have this information.

The following paper was prepared by members of a Yale athletic team in offering options for recruits on their official visits to Yale.

The Yale University Student-Athlete Handbook states, “The drinking age in the State of Connecticut is 21, therefore, no alcohol should be served to a recruit at any time.” That statement says it all: Prospective student-athletes shouldn’t drink while they are visiting Yale’s campus. If you don’t believe that the rule is serious, just ask the recruit who was sent home early from their visit this fall and is no longer being recruited by Yale for being found drinking at a party. On a college campus, this may seem like an unrealistic rule, but that’s the way it is. Underage drinking is not only against undergraduate regulations, it is also a crime. Besides, if a recruit can’t enjoy themselves at Yale without a drink in their hand, that’s not really the type of athlete we want at our school anyway. It’s an insult to the recruit’s and the host’s intelligence if it is assumed that neither can have a good time without drinking. Countless current Yale athletes did not drink at all on their official visits, had a great experience, and ended up coming to Yale. It is indeed possible to have a good time on a college campus without drinking, even if it takes a little more imagination than one may be accustomed to.

So, what to do with the high school senior who comes to see Yale? For starters, there are a lot of restaurants to go to here in New Haven, and athletes (with the exception of lightweight rowers and wrestlers) love to eat. All the time. after dinner, Yale has a myriad of activities that could give a recruit a positive representation of undergraduate life. Be it sporting events (particularly hockey, football, or basketball games), concerts, plays, movies, or parties, the opportunities abound, and none of them require alcohol to be enjoyable. As Yale’s student body is its most impressive attribute, the strategy is to simply introduce a recruit to your roommates and friends, and let the recruits see for themselves just how friendly and personable Yalies are. The recruits will quickly see that Yale students are intelligent (well, most of them) and fun to hang out with (again, for the most part). Let’s be honest, our college experience is mostly about the people we meet and interact with, not how much booze we consume on the weekends, and most recruits will just want to see that there are people here who they would enjoy going to school with. Besides, there are exit surveys of some recruits who were actually turned off to Yale after their visit, thinking that certain athletic teams weren’t serious enough about winning because of all the drinking that went on.

Honestly, hosts don’t really need to hear an explicit list of what to do with a recruit that doesn’t involve drinking. Of course, there will be recruits who only want to drink themselves into oblivion on their visit. It is a host’s responsibility to make sure that they don’t engage in their dangerous behavior. If a recruit is intent on drinking excessively, it is also the host’s responsibility (along with his teammates and coaches) to decide if the recruit is a serious enough athlete to represent Yale. It may take more imagination on the part of the hosts, but there are a number of ways to have fun without drinking, and all are much safer than an evening of dollar drafts at Toad’s. You don’t want to be the host of the recruit who is arrested at 2 a.m. for drinking, and you don’t want to be the guy who calls your coach to tell him that one of his recruits is passed out in the bathroom. All of us have heard this before, but hopefully this time we can all listen, understand, and take action. It’s again school rules and illegal to serve alcohol to a recruit. More importantly, it’s also dangerous. So, the next time you host a recruit, use your
brain cells so that your recruit doesn’t kill his.

STUDENT-ATHLETE QUESTIONNAIRE AND EXIT INTERVIEWS

The Faculty Committee on Athletics and the athletics department administration are very interested in learning about the experiences of our student-athletes. In order for the administration to gain insight about athletics programs and services, the time demands of athletic participation and other issues, senior and sophomore student-athletes are asked to complete an online survey. In addition, one senior athlete from each team is asked to meet with a member of the athletics department senior staff or a faculty member to share their experiences in a verbal exit interview.

PARKING AND POLICIES AT YALE’S OUTDOOR FIELDS

Hundreds of students, staff members and members of the community use our outdoor facilities every day. Many times, the emergency lanes and the bus lanes are blocked which causes great concern for everyone involved. Please note the following guidelines as they pertain to parking and transportation to the outdoor field. We appreciate your cooperation and the communication of these guidelines to your parents and friends when they attend your games:

• Students are strongly encouraged to take the shuttle buses.
• For those students who do drive to practice, parking is allocated in the Old House Lot (30 spaces which is located at the end of Cullman loop and in the baseball stadium lot behind Yale Field.
• NO PARKING will be allowed behind Smilow Field Center. This lane is for emergency vehicles only. Cars will be towed if they are parked behind Smilow.
• Only staff members with parking passes are allowed to park in the Smilow Loop or the small parking lot adjacent to the Cullman Courts.
• Cullman Loop is for staff only.

YALE ATHLETICS

ELECTIONS & DUTIES OF CAPTAINS

The Department of Athletics has a specific policy on captain elections for Yale’s intercollegiate teams, the most integral part being that each Yale varsity team has one and only one captain at any time. The remainder of the policy sets the procedure for electing a captain and should be reviewed by the coach prior to the election. A captain assumes his or her responsibility immediately upon election and holds it until the subsequent election. In very unusual circumstances the coach may, after consultation with the approval of the director of athletics, remove the captain and appoint a replacement. Should, for any reason, a captain not be able to fulfill his or her responsibility as captain, the head coach may appoint a replacement.

The captain provides leadership to his/her teammates. He/she assists the head coach in his/her duties and receives guidance and direction from the coaching staff. The captain serves as the team’s representative to the Captains’ Council, a student-athlete advisory group to the athletics administrative staff.

Should a member of the team have a grievance or concern about any part of the program that cannot be resolved directly, he or she may ask the captain to intercede. If necessary, the captain may then discuss the problem with the coach, the senior associate director responsible for their program and/or the director of athletics.

The athletics department has established the following rules concerning the captains of Yale’s intercollegiate teams: (revised 09/01/10)

1. Election of Captains
   a. Each varsity team shall have one and only one captain at any time. At no time
will co-captains be elected for a varsity sport.

b. A captain assumes his or her responsibility immediately upon his or her election and shall remain as captain until the subsequent election.

c. The election shall be held within one month of the last competition of regular varsity season, unless there are extenuating circumstances which necessitate a later election. Such a delay must be approved by the senior associate athletics director for varsity sports.

d. The captain shall be elected from those junior class members of the varsity team that won a Major Y award during the just completed season. If there are no candidates in the junior class, Major Y award winners of the sophomore class will be on the ballot. In addition, only the head coach may nominate no more than two other members of the team, as candidates for election. The senior associate director for varsity sports will approve any exceptions to this policy.

e. The electors shall include all individuals who are members of the varsity team at the conclusion of the just completed season. A list of those eligible to vote and those candidates on the ballot should be prepared and distributed by the head coach not less than one week prior to the election. Members of the men’s freshmen heavyweight and lightweight crews are not eligible to vote.

f. The election shall be conducted by two tellers. The tellers shall be those members of the athletic department staff on the Tellers Committee. The tellers shall be notified one week prior to the election and will be responsible to prepare the ballot for the election.

g. Immediately following the election, the head coach shall send written notice of the election outcome to the sports publicity office and to the varsity sports office. The tellers shall provide the results and ballots to the varsity sports office at the conclusion of voting.

# The election

The tellers shall outline the voting procedure to all electors before voting begins. The election will be conducted by a system known as instant run-off.

1. A single ballot will list all of the eligible candidates for captain.
2. Each eligible voter will indicate the order of his or her preferences by ranking their candidates 1, 2, 3, etc…
3. If one candidate receives a simple majority (more than 50% of eligible voters) the candidate is elected.
4. Abstentions are permitted, but only votes cast for one of the eligible candidates will be counted toward determining what constitutes a majority.
5. If no candidate receives a simple majority in the first round, the last-place finisher is disqualified and votes are redistributed to the candidate next preferred on each ballot. This process is reiterated until one candidate receives a majority.
6. In the case of a tie between the last two candidates standing, the outcome shall be decided by the head coach ballot. This ballot will only be used should a tie remain between the last two candidates.
7. Electors must be present for their vote to be counted. Proxy votes are only permitted in the case of an eligible voter who is studying abroad.
8. A quorum must be present for the vote to take place—Two-thirds of the current roster must be present.
9. Votes are cast by the electors and counted in private by the tellers. The coaches shall not be present for the tallying of votes.

# During the first tally, if no candidate receives a majority and there is a tie between the bottom candidates, the first place candidates’ ballots will be temporarily redistrib-
uted to the second choice on each of those ballots to break the tie. If a tie remains the head coach’s ballot will be used. Tellers then proceed with the count as in # 5 above.

### 2013-2014 Yale Captains

<table>
<thead>
<tr>
<th>Sport</th>
<th>Male Captain</th>
<th>Female Captain</th>
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<tbody>
<tr>
<td>Baseball</td>
<td>Cale Hanson</td>
<td>M.Lacrosse Jimmy Craft</td>
</tr>
<tr>
<td>M.Basketball</td>
<td>Jesse Pritchard</td>
<td>W.Lacrosse Adrienne Tarver</td>
</tr>
<tr>
<td>W.Basketball</td>
<td>Janna Graf</td>
<td>Co-Ed.Sailing Chris Segerblom</td>
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<tr>
<td>Heavyweight Crew</td>
<td>TBD</td>
<td>W.Sailing Marlena Fauer</td>
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<tr>
<td>Lightweight Crew</td>
<td>Matthew O’Donahue</td>
<td>M.Soccer Max McKiernan</td>
</tr>
<tr>
<td>W.Crew</td>
<td>TBD</td>
<td>W.Soccer Shannon McSweeney</td>
</tr>
<tr>
<td>M.Cross Country</td>
<td>Ryan Laemel</td>
<td>Softball Tori Balta</td>
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<tr>
<td>W.Cross Country</td>
<td>Millie Chapman</td>
<td>M.Squash Eric Caine</td>
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<tr>
<td>M.Fencing</td>
<td>Cornelius Saunders</td>
<td>W.Squash Lilly Fast</td>
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<tr>
<td>W.Fencing</td>
<td>Lauren Miller</td>
<td>M.Swimming Edwin Becker</td>
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<tr>
<td>Field Hockey</td>
<td>Georgia Holland</td>
<td>W.Swimming Chelsea Dunlap</td>
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<tr>
<td>Football</td>
<td>Beau Palin</td>
<td>M.Tennis Kyle Dawson</td>
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<td>Sun Gyoung Park</td>
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<tr>
<td>W.Hockey</td>
<td>Tara Tomimoto</td>
<td></td>
</tr>
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### Student-Athlete Advisory Committee/Captain's Council

The captains of each team also serve as Yale’s Student-Athlete Advisory Committee. The goal of the SAAC/Captain’s Council is to give voice to student-athlete concerns with the administration and to serve as a unifying force for Yale student-athletes.

The council meets on a monthly basis. If you have ideas or concerns that you would like to address, please contact your captain. The Council also meets annually with the Faculty Committee on Athletics.

The Captain’s Council annually elects officers who represent Yale on the Ivy League Student-Athlete Advisory Committee.

### Kiphuth Leadership Academy

The Kiphuth Leadership Academy, named in honor of legendary Yale swimming coach, Robert J. Kiphuth, develops Yale student-athletes and coaches to be world-class leaders in athletics, academics, and life.

Partnered with Yale’s coaching staff, student leaders work closely with peer groups to learn, develop and practice skills associated with successful leadership qualities.

The KLA is open to all student-athletes beginning their sophomore year and beyond. The Academy is designed to provide these future leaders with insights, strategies and skills necessary to become effective leaders. This program will help to create solid leaders by example and set the stage for further development as vocal leaders for their teams.

Leaders will learn to support the philosophy and goals of current veteran team leaders and captains and coaches. If you are interested in becoming a member of KLA, a one page application must be completed by the applicant and signed by your head coach.

Application form and instructions available online at http://yalebulldogs.cstv.com/athleteservices/kiphuth.html. A commitment to attend all scheduled sessions is expected from members.

**Special Recognition**
Those student-athletes completing the requirements of the Kiphuth Leadership Academy will be recognized for their commitment to becoming effective leaders for their athletic teams at Yale. Each participant will receive a program certificate.

**THOMAS W. FORD ’42 COMMUNITY OUTREACH PROGRAM**

Community service and outreach are vital elements of the Yale experience for many Yale students and especially for student-athletes. The Department of Athletics has sought to centralize and boost the department’s own community outreach efforts. Through the work of many athletes and faculty members, Yale Athletics has established a nationally recognized Community Outreach Program Department. The program is diverse offering from one time events for hundreds of children to on-going one-on-one outreach programs. The goal of the program is to bring children in the Greater New Haven area in contact with Yale athletes and coaches, and give them access to Yale athletic events and facilities.

Yale Athletics’ Outreach is driven by the idea that Yale athletes and coaches serve as outstanding role models for children and young adults, as well as recognizing that the University must continue to take an active role in the Greater New Haven community. The Department of Athletics estimates that over 2,000 children take part in various academic year and summer programs, which involve the efforts of well over 200 athletes and coaches.

Much of the responsibility for creating, organizing and staffing the various programs rests with the Community Outreach Committee (COC). The COC is made up of student representatives from each of the 33 varsity sports. The COC meets regularly, elects officers, and is assisted in its efforts by an Athletic Department Advisory Board.

**LAPTOP COMPUTERS**

(Reservations 432-1435)
The NCAA annually provides each Division I institution funding for enhancement of academic support systems for student-athletes. The Department of Athletics has designated part of these funds for the purchase of laptop computers to be used by student-athletes while traveling to away contests, or while participating in required practice and competition during recess periods (excluding summer vacation). This allows athletes to have access to computers even while away from Yale, and makes available to them computer resources comparable to those shared by the general student body.

The laptop computers are available to athletes for all academic assignments and will enable them to work while absent from the University for athletic events. Athletes will be solely responsible for the full cost of computers (at $2,000 per computer) if they are not returned, or are lost or stolen while in the athletes’ possession. Appeals of payments can be made to an Athletic Department Committee comprised of the athletic director, the faculty athletic representative, a representative coach, the athlete’s coach and a student representative.

**Procedures for Check-out/Check-in:**

Reservations for use of a laptop computer can be made via phone at 432-1435. Students must reserve the computer up to two days prior to a road trip or recess period and must return the computer at the designated time. Sign-out for fall, winter and spring recess periods must be reserved a week prior to the end of classes.

Computers will be checked in and out during regular business hours at the Ray Tompkins House, Room 104. Reservations are required. The computer will be tested before checkout and the machine properly set up and checked for viruses.

STUDENTS MUST HAVE A YALE UNIVERSITY ID AND WILL BE REQUIRED TO SIGN A LOSS/DAMAGED/INSURANCE AGREEMENT. Students will indicate on the receipt the date and time of return. Machines not returned will be directly billed to the
student’s bursar account.

The Yale Athletics Department is pleased to offer this benefit to our athletes. We ask that you care for this equipment and its security as if it were your own. We strongly recommend that the computers never be left in conspicuous places.

**STUDENT-ATHLETE ASSISTANCE FUND**

The NCAA provides funding to Division I conferences to assist student-athletes with special financial needs. In order to qualify for this grant, students who are U.S. citizens must receive a Pell Grant or foreign students must clearly demonstrate substantial need as determined by the director of financial aid. Expenses that may be covered by this grant include: health insurance, emergency medical expenses, purchase of expendable academic course supplies, clothing, and essential expenses.

Students may apply for this funding in the Varsity Sports Office (RTH 104). The funds are available for academic year purchases only. Receipts must be submitted with the application. The deadline for all requests is May 1, 2010. For more information, call 432-1435.

**SHUTTLE BUSES**

The Department of Athletics provides round-trip shuttle bus service to the Joel E. Smilow Field Center, Yale Golf Course, Gilder Boathouse and the Yale Sailing Center on a regular basis during the fall and spring seasons. Limited service is also provided to the Smilow Center during the winter months. On weekdays, the shuttle buses depart from the front of Payne Whitney Gymnasium beginning at approximately 12:30 p.m. every 15 minutes and return from the Smilow Center on a regular basis through approximately 7:00 p.m. Buses run approximately every 15 minutes to and from each location during this time period. Specific weekly schedules are provided to coaches and posted in Ray Tompkins House, Payne Whitney Gym, and the Smilow Center. Shuttle bus service is also provided on weekends. This schedule varies significantly from week to week and coincides with the established varsity sports practice and game schedules. Athletes should refer directly to posted schedules for specific times each week. Questions and/or problems relative to the Shuttle Bus Service should be directed to the Varsity Sports Office (432-1436) during business hours.

Athletes will be requested to verify departure times by the bus driver. Your cooperation is appreciated. Any conflicts with drivers should be reported immediately to the Varsity Sports Office.

**FACILITIES**

Athletics facilities are to be used and reserved in accordance with department and university policy. Athletics facilities are not to be accessed after regular hours unless under the direct supervision of the coaching staff and for official team purposes.

**TICKET POLICIES**

All varsity student athletes who are eligible and officially listed on their respective sport roster will be admitted to all home regular season intercollegiate contests gratis by showing your Yale University ID or via a pass list. IN ORDER TO RECEIVE YOUR FREE ADMISSION TO MEN’S BASKETBALL AND MEN’S HOCKEY, YOU MUST FOLLOW PROCEDURES SET BY THE ATHLETIC TICKET OFFICE. THIS WILL BE PROVIDED TO YOU PRIOR TO THE SEASON. This admission entitles the student-athlete to general admission or student area seating only. Hard Tickets will not be issued.

Varsity team members in sports where admission is charged will receive a maximum of four complimentary admissions, issued via pass list, for home regular season contests in their respective sports. The quantity for away complimentary admissions is determined by the number of admissions provided by the host institution, but is also limited to a maximum of four per team member.

16.2.2 Nonpermissible Procedures:
16.2.2.1 Sale of Complimentary Admissions. A student-athlete may not receive payment from any source for his or her complimentary admissions and may not exchange or assign them for any item of value.

16.2.2.2 Payment to Third Party. Individuals designated by the student-athlete to receive complimentary admissions are not permitted to receive any type of payment for these admissions or to exchange or assign them for any item of value. Receipt of payment for complimentary admissions by such designated individuals is prohibited and considered an extra benefit not available to the general student body, which would render the student-athlete ineligible for participation in intercollegiate athletics.

16.2.2.3 Student-Athlete Ticket Purchases. An institution may not provide a special arrangement to sell a student-athlete ticket(s) to an athletics event. Tickets shall be available for purchase by student-athletes according to the same purchasing procedures used for other students.

16.2.2.4 Sale above Face Value. A student-athlete may not purchase tickets for an athletics contest from the institution and then sell the tickets at a price greater than their face value.

16.2.2.5 Professional Sports Tickets. An institution or any representative of its athletics interests may not purchase or otherwise obtain tickets to a professional sports contest and make these tickets available to student-athletes enrolled in an NCAA member institution. Such a gift of tickets would represent an unacceptable extra benefit. (See Bylaw 16.7.1.1 for permissible provision of professional sports tickets as team entertainment related to an away-from-home contest.)

EQUIPMENT POLICIES
Equipment and apparel will be issued to individuals at the beginning of each academic year only after each individual has completed the necessary paperwork and medical clearance and has been declared eligible to practice. The equipment staff will be notified each time an individual student-athlete’s status changes. Equipment will then be collected at the conclusion of each competitive season.

In accordance with NCAA bylaw 16.11.1.6, the Yale Department of Athletics has the following policies concerning the retention of apparel and equipment at the end of a student-athlete’s intercollegiate participation.

Apparel (e.g., practice shirts, shorts, socks, uniforms, shoes, skates, etc.)
NCAA rules allow student-athletes to retain apparel items such as practice shirts, shorts, socks, shoes, etc. at the end of that individual’s intercollegiate participation. Yale student-athletes may retain such items following the end of participation. Other apparel items such as sweats and uniforms may be retained at the end of participation if they are no longer being used by the specified team and at the discretion of the head coach and equipment staff. Charges may be applied at the discretion of the coaching and equipment staff for all such apparel items.

Apparel items may be retained over the summer by student-athletes who have not yet exhausted eligibility and will return to Yale to participate in intercollegiate athletics.

Equipment (e.g., helmets, sticks, pads, etc.)
NCAA rules prohibit the retention of equipment following the end of a student-athlete’s participation in intercollegiate athletics. However, student-athletes may purchase used equipment following the end of participation and exhaustion of eligibility. The price of all used equipment will be determined by the equipment staff based on the market value of each item. All purchases must be made through the equipment office. This provision includes all custom-fitted equipment such as helmets, pads, sticks, etc.

Equipment may be retained over the summer by student-athletes who have not yet ex-
hausted eligibility and will return to Yale to participate in intercollegiate athletics.

**LOCKER ROOM POLICIES**

The Yale Athletics Department provides student-athletes with varsity locker rooms for private team use relating to athletics participation. It is the responsibility of the coaches and student-athletes to maintain varsity locker rooms in a manner consistent with the policies of Yale’s facilities. The following guidelines should be adhered to regarding the use of Yale varsity locker rooms.

**During the Academic Year**

Varsity sports lockers are to be issued only to current members of Yale’s varsity athletics teams. Only clothing, equipment, and items related to athletics participation and personal hygiene may be kept in locker rooms. Varsity locker rooms are not to be used for storage of any additional or personal items. Locker rooms must be used per facility or varsity practice hours. Individuals are not permitted to sleep in or otherwise use locker rooms for personal use.

Locker rooms must be maintained in a neat and orderly fashion in order for custodial staff to clean and maintain the facility. Items and messy areas will not be moved, and as a result the locker room will not be cleaned. All personal items (e.g., shampoo, soap, etc.) must be removed from areas including benches, floor, counter tops, shower stalls, window sills and furniture in order for proper cleaning and maintenance.

**Vacation Periods**

Varsity lockers will remain accessible to student-athletes during vacation periods that occur during the academic year. Locker rooms are not to be used for storage during vacation periods. Locker rooms must be used per facility or varsity practice hours.

**Summer Vacation**

Locker rooms must be cleared out of personal belongings annually prior to the end of the academic year to facilitate cleaning. Each facility has a one week period that closes for this purpose. Dates will be posted in each facility. Varsity locker rooms are not to be used for storage of any additional or personal items not associated with your sport equipment during the summer vacation period. This would be considered an extra benefit under NCAA Bylaw 16.11.2

Once facilities reopen for summer use, student-athletes remaining on campus may access varsity locker rooms and may leave items relating to sport use and personal hygiene in lockers during the summer vacation period.

**IndividualLocker Policy**

Individual lockers are issued to student-athletes in a communal team locker room. Lockers are issued for personal use. All belongings should be secured under lock. Individuals should also be considerate of other users, taking care to maintain individual lockers in a manner neither objectionable nor offensive to others (e.g., pictures, wet contents, etc.). Wet items, such as towels and clothing, should not be kept in lockers.

**YALE VARSITY AWARDS**

The Department of Athletics recognizes participation in varsity sports by the presentation of certain awards.

Each sport has specific criteria to determine the basis for awards. It is the joint responsibility of the coach and captain of each varsity team to identify and recommend those players who qualify.

**Major Awards.** The Major “Y” award will be granted as one-year, two-year, three-year and four-year awards. All Major “Y” award winners must be members of the team at the completion of the season. Exceptions may be permitted for participation that is limited due to extenuating circumstances such as injury, extraordinary achievement or other rea-
• Athletes who compete in the sport of freshman or novice crew are not eligible for a one-year Major "Y" award. However, these athletes will be immediately eligible for a two-year Major "Y" award in their first year of varsity competition.

• Athletes who compete for four consecutive years on one team and do not earn a Major "Y" award or do not earn the award until their fourth year will receive a varsity letter sweater.

• Athletes who earn a Major "Y" in more than one sport in a year are eligible only for one award.

One Year Major “Y”. The winner will receive a certificate signed by the Director of Athletics and inscribed horizontally with appropriate inscription stating the person’s name, sport and year of participation.

Two Year Major “Y”. The winner will receive a traditional wool crew neck letters sweater with a blue “Y” on the front of the sweater.

Three Year Major “Y”. The winner will receive a Yale blue blanket with a white stitched “Y” on the front of the blanket.

Four Year Major “Y”. The winner will receive a Yale framed certificate signed by the Director of Athletics and the coach and inscribed with the person’s name, sport, and years of participation.

Minor Awards. The minor award recipients will include all members of the varsity team who complete the season and who do not qualify for the major award. The minor award winners will receive a certificate signed by the director of athletics and inscribed horizontally with appropriate inscription stating sport and year of participation.

Novice/Freshman Awards. The freshman awards are unique to the men’s heavyweight and men’s lightweight crew programs and will include all members of the freshman teams who complete the season, but do not qualify for a Major or Minor “Y” award. Novice awards are presented to those women crew athletes that do not qualify for a Major or Minor “Y” award. The novice/freshman award winners will receive a certificate signed by the director of athletics indicating sport and year of participation.

Ivy League, Conference or National Champions. Varsity teams winning an Ivy League Championship or NCAA National Championship or equivalent will receive individual team awards per department policy.

SPECIAL AWARDS
Numerous awards and scholarships are offered to our student athletes. The following awards are presented at the year end athletic banquet to honor outstanding achievement on the field and beyond.

Nellie Elliot Award. Awarded annually to the senior woman whose excellence in the field of athletics and in her life at Yale best represents the ideals of sportsmanship and Yale tradition. Coaches may nominate one senior from each varsity squad. A sub-committee of the Faculty Committee on Athletics selects the winner. 2013 Recipient- Elizabeth Epstein (Women’s Tennis).

William Neely Mallory Award. Awarded annually to the senior man who, on the field of play and in his life at Yale, best represents the highest ideals of American sportsmanship and Yale tradition. Coaches may nominate one senior from each varsity squad. A sub-committee of the Faculty Committee on Athletics selects the winner. 2013 Recipient: Andrew Miller (Men’s Hockey)

Amanda Walton Award. Awarded at the discretion of the Department of Athletics to an outstanding athlete who has excelled on the field of play and who has shown spirit and courage in transcending unforeseen challenges. 2012 Recipient: Brett Smith (Football)
Brodhead Award. For Highest Team GPA. Awarded annually to the team with the highest cumulative GPA determined at the end of the fall term. 2013 Recipient: Women’s Fencing.

Delaney-Kiphuth Award. Awarded annually to both the male and female student-athlete of the senior class who rank highest in scholarship and have earned two Major Y awards in their four years of participation. 2013 Recipients- Dakota McCoy (Women’s Track) & Patrick O’Keefe (Lightweight Crew)

Thomas Ford ’42 Community Outreach Award. Awarded annually to the male and female student-athletes who during the past four years have demonstrated their commitment to strengthening the relationship between Yale Athletics and the youth in the New Haven community. 2013 Recipients – Sam Haig (Men’s Squash), Heather May (Coed & Women’s Sailing), & Alyssa Zupon (Women’s Ice Hockey)

Molly Meyer Humanitarian Award. Beginning in 2009, awarded annually to the male and female student-athletes whose character exemplifies selfless devotion along with compassion and concern for their team and the community at Yale and beyond. 2013 Recipients – Lexy Adams (Field Hockey) & Collin Bibb (Football)

Academic All-Ivy Awards. The sports publicity department selects ten athletes--five men and five women--each season based on a grade point average of 3.00 or higher and individual athletic performance. The 2012-2013 Academic All Ivy recipients:

<table>
<thead>
<tr>
<th>Fall</th>
<th>Winter</th>
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<tbody>
<tr>
<td>Nick Alers – Men’s Soccer</td>
<td>Kenneth Chan - Men’s Squash</td>
</tr>
<tr>
<td>Mary Kubiuk – Women’s Soccer</td>
<td>Katie Harrison – Women’s Squash</td>
</tr>
<tr>
<td>Torrey Leroy – Women’s Soccer</td>
<td>Antoine Laganiere – Men’s Ice Hockey</td>
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<tr>
<td>Kevin Lunn – Men’s Cross Country</td>
<td>Sam Martin – Men’s Basketball</td>
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<tr>
<td>Will McHale — Football</td>
<td>Paige Meneses -- Women’s Swimming &amp; Diving</td>
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<tr>
<td>Emily Schuckert – Field Hockey</td>
<td>Madeline Oliver – Women’s Fencing</td>
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<tr>
<td></td>
<td>Aaron Seriff-Culick – Men’s Swimming &amp; Diving</td>
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<tr>
<td></td>
<td>William Zhao – Men’s Fencing</td>
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<tr>
<td></td>
<td>Alyssa Zupon – Women’s Ice Hockey</td>
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</tbody>
</table>

Co-SIDA,ESPN The Magazine Academic All-America Teams. The College Sports Information Directors of America (Co-SIDA) selects teams in six programs, on first, second and third team levels. In addition to the national team, there are also district teams. Selection is in the following sports: football, soccer (M/W), volleyball, basketball (M/W), baseball, softball, cross country/track and field (M/W) at-large. The student-athlete must be a starter or an important reserve with a 3.2 cumulative grade point average and must have completed one academic year at the institution. Nominations are handled through the Department of Sports Publicity and are submitted for football, soccer and volleyball in October; basketball in December; baseball, softball and cross country/track and field in March; and at-large in April. For further information, you may
contact Steve Conn, Director of Sports Publicity. 2013 Recipients: Nick Alers (Men’s Soccer)

**NCAA Postgraduate Scholarship Program.** Each year the NCAA sponsors 174 postgraduate scholarships of $7,500 to athletes in sports which the NCAA conducts national championship competition. Nominations are accepted for athletes with a minimum 3.20 grade point average and “perform with distinction in varsity competition”. Athletes interested in applying for NCAA Postgraduate Scholarships should contact the sr. administrative assistant in the Varsity Sports Office for a preliminary nomination form. This can be done at any time during an athlete’s senior year, but must be completed before the NCAA deadline date.

**SUPPORT SERVICES**

**SPORTS MEDICINE**

**Athletic Training Staff**
- Chris Pecora, ATC: Office: 432-1429
- Dr. John James: Office: 432-0334

**Assistant Athletic Trainers**
- David DiNapoli, ATC: Smilow Field Center: 764-9235
- Rich Kaplan, ATC: Ingalls Rink: 432-6455 (M Training Rm.)
- Lindsey Robillard, ATC: 432-6574 (W Training Rm)
- Jason Cordone, ATC

**Sports Medicine Staff**
- Chief of Student Medicine: Location: Yale Health
- Molly Meyer, APRN: Location: Yale Health 3rd Floor
- Nurse Practitioner: Location: Yale Health 3rd Floor
- Lisa Kimmel, Dietician: Office: 432-0334
- Nurse Practitioner: Location: Yale Health 3rd Floor

**Connecticut Orthopedic Specialists**
- Dr. John Aversa
- Dr. Norman Kaplan
- Dr. John Kelley
- Dr. Rich Diana
- Dr. Pat Ruwe

**SPORTS MEDICINE FACILITIES**

The Dwyer Sports Medicine Center, located in Payne Whitney Gymnasium, is the primary athletic training facility for Yale Athletics. The Dwyer Center will be open Monday-Friday from 12 noon to 7:00 p.m. for treatments (or until last scheduled practice ends). Athletes are encouraged to have injury treatments done by their team athletic trainers during the early afternoon hours. Please contact you athletic trainer for her or his schedule. Weekend hours will be according to team practice and competition schedules. Athletes who do not have practices scheduled for the weekend should make arrangements in advance for weekend treatments.

The Smilow Athletic Training room will be open according to team practice and competition schedules for sports operating out of Smilow Field Center, Coxe Cage, and Cullman Tennis Center. Approximate hours will be Monday - Friday from 2 p.m. to 7 p.m., and 2
hours prior to competitions, unless otherwise announced, on weekends, and during any other hours.
The Ingalls Rink training room will operate according to men’s and women’s ice hockey practice times. Hours will be determined by the athletic trainers for those teams.
Modified training room hours will be posted during finals week, over holiday breaks, and in the summer.

GENERAL TRAINING ROOM REGULATIONS
1. Report all injuries immediately to an athletic trainer.
2. All athletes are required to sign-in prior to any treatment.
3. All Yale training rooms are co-ed facilities. Appropriate attire should be worn at all times.
4. Please refrain from using foul language in the training room.
5. The training room is not a place to congregate before or after practice. Please leave following your treatment, and do not come in if you do not have business in the training room. Please respect the privacy of your fellow athletes.
6. No equipment should be removed from the training room unless issued by an athletic trainer.
7. All medical equipment (crutches, braces, etc.) are to be returned upon completion of use.
8. Do not use any equipment in the training room without the supervision of an athletic trainer.
9. Remove cleats before entering the training room.

MEDICAL SERVICES PROVIDED
All injuries, illnesses, or other medical problems that may affect an athlete’s participation in intercollegiate athletics should be reported immediately to the athletic training staff or team physician. All medical information will be kept confidential.
Yale athletes injured while participating in intercollegiate athletic activities will be evaluated by the athletic training staff, and referred to the team physician. Athletes will be referred back to the athletic training staff for treatment and rehabilitation. Athletes will be referred to orthopedic consultants or other medical consultants, as determined by the team physician.
Athletes should follow-up with their team’s assigned athletic trainer immediately after seeing any physician, in order to insure appropriate treatment and rehabilitation. Injured athletes are strongly encouraged to utilize morning treatment hours at Dwyer Center, and should make arrangements with their team’s athletic trainer for additional treatment or rehabilitation times, as needed.

SPORTS MEDICINE CLINIC
The Sports Medicine Clinic is a walk-in clinic at the Yale Health Service, conducted by the Sports Medicine staff. Clinic hours are Monday-Friday from 9 a.m. to 12 p.m., at Yale Health, level 3.
All Yale intercollegiate athletes may utilize this service for injury or illness.
Athletes may also utilize Molly Meyer, Nurse Practitioner, for illnesses or other nonmusculoskeletal conditions. She is located at Yale Health and is available Monday-Friday from 8:30 a.m. to 4:30 p.m.

MEDICAL CLEARANCE AND DISABILITY LIST
Medical clearance for participation in intercollegiate athletics is provided by the Sports Medicine staff. Freshmen will be cleared on the basis of their completed medical history forms and the recommendation of their home physician. All returning athletes will be
cleared after a review of their injury record and interim history forms. Athletes with prior medical problems or non-resolved problems will be seen by the Sports Medicine staff and cleared once it has been determined that prior problems are either resolved or appropriate lie under medical control.

Athletes who sustain injuries or have other medical problems that may limit participation may be placed on the medical disability list, as determined by the Sports Medicine staff. Athletes will be permitted to return to participation as quickly as is safely possible. Close cooperation of the athlete with the team physician and athletic training staff is essential during this time. Athletes may be permitted to participate in supervised conditioning or modified practices while on the disability list, as determined by the team physician and athletic trainer.

**EMERGENCY PROCEDURES**

It is extremely important for all student athletes to be aware of emergency procedures. Quick action should be taken to provide the best care for an athlete during an emergency situation. If an athletic trainer or coach is not present at a captain’s practice, work out, or conditioning session an athlete should do their best to manage the injury and initiate the emergency system.

You should always have access to emergency communication of some type. This may be an emergency call box, a university phone, or cell phone. You should know the nearest location of an emergency callbox or university phone when practicing or working out.

There are two general types of situations you may encounter. In an urgent situation, stabilize the athlete as best you can. If you are unable to reach an athletic trainer on a university or emergency call box, call Yale Emergency at 111. If a cell phone is used called 911 for emergency. It is important to contact the Yale Health Services Urgent Care Department at 432-0123 for proper coordination of the athlete’s care. It is also important to contact your coach to further help coordinate the athlete’s care.

For non-urgent injuries attempt to contact an athletic trainer for instructions and assistance. If you are unable to reach an athletic trainer assist the athlete as needed from the practice area. If you feel the athlete needs immediate attention go to Urgent Visit at Yale Health Service 17 Hillhouse Avenue. Contact an athletic trainer as soon as possible to help coordinate care.

**OTHER SERVICES AVAILABLE**

A. Psychological Services are available at The Yale Health Services, located at 55 Lock Street. Please feel free to call The Department of Mental Health and Counseling directly at 432-0290. Athletes should be aware that they can also contact any athletic trainer, the Sports Medicine staff, Dr. Perlotto or Molly Meyer for assistance in securing an appropriate appointment. Absolue confidentiality will be maintained at all times. Individual or team appointments are available with a sports nutritionist. Information regarding this service can be obtained through your team athletic trainer or through Chris Pecora.

B. Orthotics

Orthotics may be prescribed by one of the team physicians for various musculoskeletal injuries. Orthotics can be ordered through the athletic training staff, or from a list of community podiatrists. Payment for orthotics is the responsibility of the individual athlete, and not the Department of Athletics or Athletic Medicine. ORTHOTICS WILL NOT BE ORDERED UNTIL PAYMENT IS RECEIVED.

C. Mouth Guards

1. Custom molded mouth guards are available to any athlete requesting one, at no cost to the athlete. Athletes should make arrangements with an athletic trainer for an appointment to be fitted.
2. Non-custom mouth guards are also available from athletic training or equipment personnel.
3. Athletes in football, field hockey, ice hockey, and lacrosse are required to wear mouth guards.

D. Protective Eyewear/Vision Recommendations
1. Protective eyewear will be provided for athletes requesting it. Athletes should contact an athletic trainer in order to secure safety goggles.
2. All eyewear worn in practice or competition should be safety glasses or goggles.
3. It is recommended that athletes who wear contact lenses carry a spare pair with them or provide their team's athletic trainer with a spare pair to be carried in the medical kit, in case one is lost during practice or competition.
4. Routine eye care is available by appointment at DHSC.

DRUG TESTING
Athletes may be drug tested by the NCAA, as previously described in this handbook. Please be aware of the following:
1. DO NOT take medications of any kind without first clearing them with an athletic trainer or the team physician. Many prescription AND over-the-counter medications contain banned substances. A positive test for ANY banned substance will result in your becoming ineligible for participation.
2. Nutritional supplements have been known to cause positive drug tests. The list of ingredients may be incomplete. Be extremely careful about utilizing these products. Contact an athletic trainer or team physician before using any nutritional supplements.
3. The program is a year-round program. Student-athletes may be called on to drug test during the summer.
4. The NCAA includes many drugs used to treat ADHD/ADD on the banned substances list. Any student-athlete that tests positives for such substances will be declared ineligible unless all required documentation is provided. Documentation must be updated yearly and student-athletes will not receive medical clearance until all documentation, if applicable, is received. Contact the head trainer for information on providing this documentation.

BLOOD-BORNE INFECTIONS/TREATING OPEN WOUNDS
Blood-borne infections, including the hepatitis viruses and the human immunodeficiency virus (HIV), are among those illnesses that may be transmitted through direct contact with bodily fluids. Because athletes may bleed as a result of trauma, there does exist a theoretical risk of transmission of blood-borne infections. To date, medical research has not documented any transmissions of HIV as a result of athletic contact. The existence of HIV infection in an athlete will be held confidential, and competitors will not be advised of the presence of an infected athlete. To promote health safety, the following procedures should be followed when an athlete has an open wound:
1. When available, ask an athletic trainer to control a blood-contaminated situation. They have been trained to utilize universal precautions.
2. Alert an athletic trainer if you are bleeding or have been contaminated by blood so that the area can be properly cleaned and covered.
3. Alert an athletic trainer if your uniform has been saturated with blood so it may be appropriately changed, handled and cleaned.
4. When an athletic trainer is not available, clean skin contaminated by blood by washing the area thoroughly with soap and water, or with antiseptics such as peroxide or betadine, if available. Always cover the injured area after cleaning.
5. If you have an open skin lesion, alert your athletic trainer so that the area can be covered to avoid potential direct exposure to blood during sports participation.

POLICY ON MEDICAL INSURANCE

The Yale athletics department does not have special medical insurance coverage for student-athletes participating in intercollegiate athletics. All Yale degree candidate students receive primary care services at the Yale Health Services. All students are also required to have hospitalization coverage, either through their private insurance, or through Yale Health Plan. Students are given the option of purchasing YHP hospitalization and specialty services coverage. Yale Health Plan has sent you more complete information regarding YHP services.

This document outlines the Yale University policy on medical insurance. We understand that this is a very important issue for our student-athletes and their families. Please do not hesitate to contact The Director of Sports Medicine if you have any questions or concerns.

Part One - Medical Insurance

I. The Yale Department of Athletics DOES NOT provide or pay premiums for medical insurance coverage for student athletes at Yale.

- All medical expenses incurred (including premiums, deductibles, co-payments and other charges) for treatment of athletic related injuries are the responsibility of the student-athlete. This includes all expenses related to x-rays, MRIs, bone scans, lab tests, hospitalization, physical therapy, surgery, emergency room services, emergency transport service and professional fees associated with those services.

- This applies even if the injury was sustained in formal practice or competition while representing Yale.

- The NCAA’s Catastrophic Injury Insurance Program covers student-athletes who are catastrophically injured while participating in a covered intercollegiate athletic activity (subject to all policy terms and conditions). The policy has a $90,000 deductible. This coverage does not qualify as the basic coverage required for participation in athletics at Yale University. It is supplemental coverage in the event of a catastrophic injury. More information on this program can be found on the NCAA’s web-site at www.ncaa.org.

II. Yale Health Plan Coverage and Options

- The Yale Health Plan (YHP) provides primary care services to all degree candidate Yale students at no additional charge. Primary care services and departments include: athletic medicine, student medicine, internal medicine, mental hygiene, urgent care, inpatient care facility, gynecological and on-site laboratory tests.

- All degree candidates have the option of purchasing additional coverage which includes hospitalization and specialty services (YHP Care Plan) or maintaining private insurance. Specialty services include allergy, audiology, dermatology, ear, nose and throat, general surgery, off-site lab testing, neurology, obstetrics, ophthalmology, orthopedics, physical therapy, radiology and urology. These services are fully covered by the YHP Care Plan if purchased for the selected fiscal year.

III. Personal Insurance Coverage for Specialty Services

- If you choose to waive the YHP hospitalization/specialty care coverage, you will be responsible for all expenses including premiums, deductibles, co-payments, out-of-network charges, etc.

- If you are a member of an HMO or PPO, your insurance may not provide coverage out of their prescribed service area. Determine if you have higher co-
payments for services rendered outside of the service area.

- Investigate whether you need a referral form from your primary care physician at home in order to see a specialist (e.g., orthopedist, cardiologist, etc.) This may be required by your insurance company.
- Investigate the policies and procedures maintained by your insurance for expensive services such as MRIs, bone scans, dental injuries, knee braces, etc. These are common sports medicine services.

IV. Summary

We are confident that the Yale sports medicine team will provide excellent care for your son/daughter. We do recommend that our student-athletes purchase the YHP Care Plan (hospitalization/specialty care coverage) in order for our sports medicine team to provide the most expedient care to your son/daughter. We understand that this is a family decision and encourage you to carefully review your personal medical insurance policy prior to making this important decision regarding medical insurance.

Part Two - Dental Insurance and Outside Services

I. Dental Coverage

- All dental injuries must be reported immediately to the athletic training staff. In addition, student-athletes who participate in football, lacrosse, ice hockey and field hockey are required to wear mouthguards in order to be eligible for dental benefits.
- If an injury to sound natural teeth is sustained or a post-operative appliance is required as a result of an injury sustained in direct participation in Yale athletics, the Yale athletics department will cover charges not covered by the YHP or other insurance company to the maximum of $600 per fiscal year. In other words, Yale athletics will pay $100 deductible + 20% of $2,500 (or $500) during July 1 through June 30.

The athletics department is not responsible for deductibles in excess of $100; any co-insurance other than 20% of $2,500 and any expense over $600 per fiscal year.

These limits apply to all major programs including private insurance and YHP Prescription/Supplemental Benefit Plan. The deductible and co-payment for these services and appliances will not be covered unless you have private dental insurance or the YHP Prescription/Supplemental Benefit Plan.

II. Other Services

- The Yale Department of Athletics will not reimburse or cover any expenses related to physical therapy rendered outside Yale Health, chiropractic care, acupuncture, or other alternative treatments, lost corrective lenses or medications to treat injuries, illnesses or other medical conditions.

Part Three - Acknowledgment Form and Emergency Information Card

- The Yale Department of Athletics requires that all student-athletes and their parent/guardian return the completed acknowledgment form regarding Yale University medical insurance policies prior to participation.
- The Yale Department of Athletics also maintains insurance and emergency information in our training room for all student-athletes. This card also must be on file prior to athletic participation.

SPORTS PUBLICITY

The Sports Publicity Office (432-1455) is located on the lower level of the Ray Tompkins House; Associate AD Steve Conn is Yale’s Director of Sports Publicity, and is assisted by Tim Bennett and Sam Rubin ’95. Athletes are expected to cooperate in completing information forms, participating in photo sessions, interviews with the media and other
events the Sports Publicity Office may organize for the benefit of the department and university. The following list outlines the services and responsibilities of the Sports Publicity Office:

- yaleBulldogs.com
- Photography
- All Access broadcasts
- Press releases for all varsity sports, including hometown reports
- Statistical reports
- Media relations
- Game programs
- TV & radio
- Press conferences and press box operations
- Team rosters
- Nominations for awards

Working with local and national media may be the most important function of the Yale Sports Publicity Office, which arranges most of the interviews for coaches and student-athletes. If you are a member of a varsity team, the following information could help you prevent a difficult situation when being interviewed. This advice might stop you from doing or saying something to a member of the media that you could regret. More important is to Think Before You Hit Send on any electronic communication or social media platform. Expect that everything you write will be seen by everyone.

TIPS FOR INTERVIEWS

- If you are not sure about facts, say you will get back to them
- Be positive and have fun, smile
- Sarcasm can’t help
- Return all phone calls
- You are the expert: command presence
- Eye contact
- Voice projection
- Avoid word traps (“you know”)
- Cooperate in good times and bad: media like to find villains Don’t be defensive
- Anticipate questions
- Never blame anyone
- Say it in 20 seconds or less (TV or radio)
- Identify interesting information
- Don’t be rushed because of their deadline
- Answering questions by email might be better for you
- Explaining that you are unable to comment is acceptable
- Thank writers for articles/coverage
- Understand the reporter may have an “agenda” – but you can have your own!

For more information on the Yale Sports Publicity Office, check www.yalebulldogs.com
STRENGTH & CONDITIONING

I. Mission

The Bulldog Strength & Conditioning program will empower Yale University’s varsity student-athletes to optimize their athletic capabilities—and thereby achieve excellence—through learning and applying fundamentally sound principles.

II. Varsity Weight Room Regulations

• The PWG varsity weight room is an equal-access working facility solely for the use of current varsity student-athletes and athletic staff.
• Consult the posted schedule for team weight room times, and contact the S&C staff in advance if you are unable to attend your scheduled workout. Student-athletes may work out during their reserved time or during open/unreserved times, but not during another team’s scheduled time (unless prior arrangements have been made).
• Proper team-issued attire—including shirts and shoes—is required at all times. No spikes, cleats, bare feet or open-toe/unlaced footwear are permitted. Each team’s policies regarding apparel and appearance (as well as conduct), as set by respective head coaches, are in effect in the weight room.
• Think safety! Respect platforms and power racks as work stations, not loitering/jaywalking areas. Use equipment correctly; use collars and spotter(s) on free weight exercises; use proper form; and never sacrifice technique for weight.
• Take pride in the weight room and keep it in order. It is each student-athlete’s responsibility to pick up after him/herself. Keep equipment in its proper location (do not rearrange or remove). Strip bars, rack weights correctly and replace all items when done. Equipment is to be kept off the floor (except for the platforms) and properly racked when not in use.
• Food, open beverage containers, glass or tobacco of any kind are not permitted in the weight room. Sport bottles may be used throughout the weight room, but cups must remain at the jet spray machine.
• The telephone and stereo are available with permission from the S&C staff. Music with profane or obscene lyrics is inappropriate in the weight room.
• Consult with the S&C staff regarding any questions, concerns or suggestions. Failure to observe posted regulations and schedules may result in suspension or termination of weight room privileges at the discretion of the S&C staff.

III. Hours of Operation

The general PWG varsity weight room hours of operation are Monday-Friday, 7:00am-7:00pm during the academic year; and Monday - Thursday, 2:00pm - 7:00pm and Friday, 6:30am - 12:00pm during the summer. These hours may change due to scheduling conflicts. You must check the posted hours at the weight room throughout the year.

IV. Training Smart Checklist

• The varsity weight room is not a health club. Access to S&C services and programs is a varsity student-athlete privilege; and the same proactive attitude, effort and execution which are expected on the field are expected off of it as well.
• It is understood that academics come first, and that scheduling conflicts arise. It is each student-athlete’s responsibility to notify the S&C staff in advance in order
• Distinguish between the discomfort of exertion and the pain of injury. Every ath-
lete can expect to be hurt or otherwise limited at some point, and there are alterna-
tives for every exercise. Injuries or other problems mean that we adapt, improvise 
or modify—not skip—exercises or workouts (unless so indicated by the Sports 
Medicine staff).

• We are interested in training effect, not strength demonstration. We have bor-
rrowed many of their concepts and methods, but are not training to be power lifters 
or weightlifters.

• Dress appropriately. Apparel which hinders progress or safety (e.g., spikes, 
cleats, unlaced or open-toe footwear) is not an option.

• Think safety! Respect power racks and platforms as work stations, not loiter-
ing/jaywalking areas.

• Use each warm-up set as a technique/range of motion drill, not an opportunity to 
get sloppy or ‘go through the motions’.

• Do your workout in the prescribed manner and sequence. When and how each 
rep and set is executed is as important as what we are doing.

• Plan each workout in advance and keep accurate records on your worksheets.

• Regardless of how well our program is planned, it is only as good as your ability 
to recover from and adapt to it. Maximize your gains—and conserve energy and 
time—with aggressive, efficient effort. Don’t dilute your work quality and cut into 
your recoverability/adaptability by sacrificing days off in order to ‘do some extra 
work’.

• Nutrition and sleep are your two most important means of recovery and restora-
tion. You will not achieve optimal training effects if you do not eat the right 
foods at the right times; or do not maintain a stable sleep-wakefulness rhythm. 
Optimal fitness is simply a specialized state of health, and no training program 
can offset a poor lifestyle.

**VARSITY SPORT ASSOCIATIONS**

Each varsity team at Yale is represented by an alumni group/association. The primary 
goal of each association is to raise funds to underwrite the costs of beneficial elements of 
the sport program not historically paid by the department, such as spring training trips 
and recruit visitations to campus. Association funds are considered gifts to Yale and the 
individual sports programs. General department policy governs the expenditures of asso-
ciation funds to ensure conformance with Yale, Ivy League and NCAA requirements.

The Ray Tompkins Associates is an umbrella alumni/ae organization which raises funds 
for all of Yale’s varsity, intramural and club sport programs. The funds generated are 
allocated at the discretion of the athletic director for awards, recruiting, internships, 
equipment or other program enhancements.

The Office of Alumni Relations and Development oversees the operations of the sport 
associations and is located on the first floor of the Ray Tompkins House. This office, in 
junction with the officers of the sport associations, arranges special events for the 
alumni/ae often involving current student-athletes. In addition, this office produces the 
Bulldog Magazine and periodic newsletters for all sports. Upon graduation all Yale stu-
dent-athletes are encouraged to become an active member of their sport association.

**ATHLETIC CAREER SERVICES**

The Yale Athletic Department works in conjunction with the University Career Services 
to provide current student athletes opportunities to connect and network with our athletic 
alumni. While unique to the athletic department, registration with the University Career 
Services is required to take advantage of the opportunities for internships or permanent
Two Career Night events are sponsored by the athletic department to offer personal connection with alumni from a variety of employment fields. Each fall and spring, former student-athletes are invited back to campus to offer guidance, advice, tips on course selection, interview preparation and networking.

The department also has a geographic list of alumni on file should your internship or career choices be more specific. Student-athletes should consult the Yale Daily News on a regular basis for schedules of on campus interviews and informational sessions sponsored by companies visiting Yale.

Team captains and coaches will be informed of important campus events and opportunities and will disseminate information to their respective teams. You may also contact the Athletic Department Career services facilitator, Mr. Donald Scharf ’55 for information regarding specific career choices, connections, summer jobs and internships at donald.scharf@yale.edu, 203-432-7678, Ray Tompkins House (RTH) 107.

**YALE COLLEGE**

**ACADEMIC POLICIES AND DEAN’S EXCUSES**

Student-athletes should make every effort to secure their travel schedule from their coaches at the beginning of each term to determine which classes may be impacted by varsity athletic competition. Your residential college dean has the authority to grant a dean’s excuse to make up any work you miss due to varsity athletic competition. A dean’s excuse does not cover class absences. A faculty member may make any stipulation he or she wishes concerning attendance. While many faculty members may be willing to allow flexibility for class absences due to varsity competition, they are not obliged to do so. You should discuss any class absences with your professor at the beginning of the term to determine their policy.

In all cases, student-athletes may not miss class to attend practice.

In addition, head coaches are responsible for sending residential college deans a roster of student-athletes who will miss class to participate in a varsity contest whether at home or away.

Language classes are required of all students at Yale. Most of these classes meet five days per week. Athletes are expected to enroll in early morning language classes in order to avoid conflicts with competition and practice schedules.

Varsity athletes are expected to complete their degree requirements within eight terms of enrollment and within a four-year period. Exceptions to compete in the ninth term of enrollment are very rare and can be granted only for a narrow range of academic or medical reasons. Athletes are eligible for only four years of intercollegiate competition.

**ACADEMIC SUPPORT**

Yale College urges all members of the faculty to make themselves as available as possible for the educational advising of students.

In freshman year, a student receives academic advice from a member of the faculty who is a fellow of the student’s residential college. The residential college dean attempts to assign students to freshman advisers on the basis of the student’s declared academic interests. A freshman adviser may have up to half-a-dozen advisees.

In sophomore year, students select their own advisers, except for those interested in majoring in one of the natural sciences, who must have their course schedules approved by the directors of undergraduate studies or their delegates in the various science departments. Students may choose any member of the Yale College Faculty. Usually sophomores select the faculty member who had been their freshman adviser, an instructor of a course taken during freshman year, the director of undergraduate studies in their intended
major subject, or a member of the faculty designated by their department to approve
course schedules, such as the departmental representatives in the residential colleges.

In addition to discussions between sophomores and their advisers concerning their course
schedules for the fall and spring terms, sophomores are requested to have a conference dur-
ing the spring term with a member of the faculty concerning their long-range educational
objectives. This conference may or may not be with the faculty member who approved the
sophomore’s course schedule. These discussions have proved to be valuable to students, and
Yale College hopes that any member of the faculty who is invited by a sophomore to review
the sophomore’s work to date and his or her long-range educational objectives will consent
to do so. Students majoring in subjects other than the natural sciences declare their majors at
the beginning of junior year, and at that point they make use of the advisory systems estab-
lished by the various departments.

YALE COLLEGE TUTORING PROGRAM

The Yale College Dean’s Office administers a program which provides individual tutor-
ing to undergraduates enrolled in the College. The Tutoring Program offers students assis-
tance in a range of academic subjects, including matters not covered by the Residential
College Math & Science Tutors and the Bass Writing Tutors. When a student requires
more personalized or longer-term assistance than is available through the Residential
College Math & Science Tutors, he or she should request an appropriate tutor from the
Tutoring Program.

Eligibility - Any student enrolled in Yale College and experiencing academic difficulty is
eligible for up to ten hours of tutoring per course each semester through the program. For
eligibility purposes, academic difficulty is defined as currently earning or likely to earn a
grade of “C” or below in a course.

The Tutoring Program assumes the cost of tutoring. If more than ten hours are needed,
the student may request additional time from the Program Coordinator. Normally, addi-
tional sessions are limited to no more than five hours.

Requesting a Tutor - Students requesting tutors may obtain applications from their Resi-
dential College Dean or from the Coordinator of the Tutoring Program in 110 SSS. The
student must complete part “A”, the instructor must complete part “B”, and the Dean part
“C”. Completed applications should be submitted to the student’s Dean. Assignment of
tutors is made by the Program Coordinator and, whenever possible, will be made within
one day of receipt of the application. Students and tutors are notified of the assignment by
email.

Students should contact the tutor as soon as they receive the email assignment. Sessions
are scheduled by the tutor and student at a mutually convenient time and place, although
all students must be tutored on campus.

Tutors are advanced undergraduate, graduate, or professional school students. These
members of the Yale community are invited to apply to be a tutor. A faculty member,
however, may not be a tutor. Tutors in the program have a demonstrated expertise in the
subject area they wish to instruct and experience communicating relevant related materi-
al.

The assignment of tutors cannot be guaranteed after midterm since most tutors have been
assigned their limit by then and it is difficult to recruit new tutors in the latter half of the
term.

Other Tutoring Opportunities - Students seeking academic assistance at any level are
encouraged to consult with the Math & Science Tutors and the Bass Writing Tutors in
their residential colleges. These programs are free and open to all undergraduates.

For More Information - If you would like additional information, please contact Sally
Hilger, Coordinator, Yale College Tutoring Program, 110 SSS or Mark Schenker, Asso-
ciate Dean, Yale College, Director, Tutoring Program (203) 432-2914.
ASSISTANCE IN EXPOSITORY WRITING

As part of Yale’s effort to improve the quality of undergraduate writing, the Yale College Committee on Expository Writing has appointed a tutor-in-writing in each of the twelve residential colleges. Each tutor is available for ten or more hours a week to assist students with the writing of essays and reports assigned in undergraduate courses. The tutors have had a great deal of experience in writing and revising prose - as composition teachers, or as professional editors or writers - and they provide an important resource for both students and faculty. Tutors usually meet with students on a one-to-one basis to discuss rough drafts of work in progress or essays already graded by instructors. They may also meet with small groups of students in order to discuss techniques of research and documentation, methods of outlining and organization, and other matters related to literate and effective prose writing. Tutors deal with the entire writing process, using previously written papers, current assignments, and their own exercises, and through questions and advice are able to help students express themselves more clearly. Students have sought out their writing tutors for help in all kinds of assignments, from two-page reports to senior essays.

If an instructor believes that a student needs help in expository writing, he or she should suggest that the student seek assistance from the writing tutor in the student’s residential college. It goes without saying that writing tutors are careful to make certain that the written work handed in to an instructor is the student’s own. To insure the integrity of the tutorial process, tutors keep records of all visits from students. Any instructor may consult these records in the Office of the Bass Writing Program (www.yale.edu/bass/), 493 College Street.

Special assistance in writing is also offered through Writing Intensive courses, in which particular attention is paid to expository prose. If an instructor is interested in offering such a course, he or she should call the chair of the Committee on Expository Writing (432-1895).

MATHEMATICS AND SCIENCE TUTORING PROGRAM

The Yale College Dean’s Office has established a mathematics and science-tutoring program (www.yale.edu/mstutor/) in each residential college that is designed to give students enrolled in math and science courses the individual attention that lectures cannot. Each college is assigned at least one mathematics and science tutor; these are advanced graduate students chosen not only for their command of various scientific subjects but also for their ability to communicate clearly and effectively. They hold up to fifteen office hours a week, generally in the evening, during which students may drop by for help without a prior appointment. When a student requires more intensive, or more specialized, help than a mathematics and science tutor in the program can provide, the student is referred to the Yale College Tutoring Program for individual instruction (see below). Thus students in science and mathematics courses in need of additional help should first be referred to the mathematics and science-tutoring program in their residential college. The Mathematics and Science Tutoring Program is under the direction of William Segraves (432-2914).

ASSOCIATION OF YALE ALUMNI PROGRAMS

Career Counseling Resource Network. The network is a resource listing of over 23,000 Yale alumni who have volunteered to assist students and alumni in job searches or career changes. While not a job placement service, the Network volunteers can assist an alumnus by providing insight into a particular field, names of other contacts who might be willing to help in the search, or information on the climate for that field in a particular geographic area. The Network can be particularly useful to those who are starting out in the working world. On campus the list of Career Counseling Resource Network Club Coordinators can be found at the University Undergraduate Career Services and in the Residential College Deans’ offices. Call Allison Biele at 436-8012 or log on to
AYA Community Service Summer Fellowship. This program provides Yale students with structured summer community service opportunities sponsored by Yale Clubs/Associations. Fellows work in community service agencies in regions with active Yale Clubs/Associations. The site selection is done by the local club in consultation with the AYA. Each fellow works for eight weeks during the summer term. The amount of the stipend is equal to the required summer earnings for students with financial aid obligations to the university, plus a small expense allowance. Information sessions are held at the Rose Alumni House in December and January. For further information see www.aya.yale.edu or call Allison Biele at 436-8012 or Donna Roberts at 432-1944.

CULTURAL AND STUDENT CENTERS

A large number of organizations reflect the energy and diversity of the minority communities at Yale. Among the most active are the Black Student Alliance at Yale (BSAY); the Asian American Students Association (AASA); Despierta Boricua (DB), an organization for Puerto Rican students; Movimiento Estudiantil Chicano de Aztlán (MEChA), an organization for Mexican American students; and the Association of Native Americans at Yale. Cultural centers house these and other organizations and provide space for meetings, plays, art exhibits, and parties. Founded in 1969, the Afro-American Cultural Center provided a model for the more recently established Asian American Cultural Center, the Cultural Center for Chicano, Puerto Rican, and other Latino students, and the Native American Cultural Center. In addition to meeting space, each center offers a library, a kitchen, computers, and a variety of other facilities. These cultural centers foster a sense of cultural identity and educate people in the larger community. They also act as optional social centers and community bases for students of different ethnic and cultural backgrounds, supplementing the social environment of the larger, pluralistic Yale College community.

African-American Cultural Center
211 Park Street
New Haven, CT 203.432.4132
Assistant Dean: rodney.cohen@yale.edu
www.yale.edu/afam

Established in response to student initiative and creativity during the 1960’s, the Afro-American Cultural Center at Yale University seeks to develop an environment in which cultural diversity is understood and respected throughout the campus community and beyond. Helping Yale University to be responsive to the cultural, intellectual, developmental and social needs of a complex and diverse student body, the Center incorporates undergraduate, graduate and professional students, faculty, administrators, staff, alumni, and members of the New Haven community into a constituency of common interests. Symbolizing “home” for those who aspire to greater understanding and appreciation of African-American, African-Caribbean and African culture, the Center and its student organizations provide a wide range of academic support and advisement, leadership skills training, and cultural/socio-political programming. Events such as lectures, poetry slams, cultural center teas, political forums, tutoring and mentoring of youth in New Haven, and a host of stimulating activities take place regularly

Asian American Cultural Center
295 Crown Street
New Haven, CT 06511
Assistant Dean: saveena.dhall@yale.edu
www.yale.edu/aacc

Established in 1981, the Asian American Cultural Center (AACC), in cooperation with affiliated student organizations, promotes Asian American culture and explores the social
and political experience of Asians in the United States. The Center and affiliated student organizations are committed to the intellectual, cultural, social and political development of the Asian American student community. To best serve these needs, the AACC works closely to bring diverse programming to campus (speakers, conferences, dinners, writers, study breaks, artists, activists, movie nights, etc.) with the goal of enriching student life at Yale for Asian Americans.

Over twenty-five undergraduate organizations are affiliated with AACC. Students of Filipino, Chinese, South Asian (Nepalese, Indian, Pakistani, Bangladeshi, Sri-Lankan), Taiwanese, Thai, Japanese, Korean, Vietnamese and other Asian backgrounds work together to address Pan-Asian American issues as well as provide programs that focus on specific individual ethnic group issues. The Center also serves as a clearinghouse of information on issues that affect the Asian American community.

La Casa Cultural Center
301 Crown Street
New Haven, CT 06511
Assistant Dean: rosalinda.garcia@yale.edu
www.yale.edu/lacasa

Established at its current location in 1977, La Casa Cultural provides a home away from home for many Latino students. Within the three-story, 19th century red-brick house, students create a sense of community. Here, students generate activities, and whether they are exchanging food recipes in a fully equipped kitchen, discussing Latin American/Latino issues with one of the many scholars who come to speak at the Center, or just taking a break from their busy schedules to watch TV or listen to music, students realize the Center’s mission as an important gathering place. In addition, students who visit the Center will find an ever-expanding library of books and resource materials on Latino and Latin American topics, a computer room where students compose papers, check their e-mail, and conduct internet research, a large multipurpose room, several organizational office spaces, and student lounge rooms. The Center is also open to New Haven Latinos and community-based programs for immigrants in ESL.

Native American Cultural Center
295 Crown Street
New Haven, CT 06520
(203) 432-2931
Assistant Dean: theodore.vanalst@yale.edu
www.yale.edu/yalecollege/cultural/nacc/

Established in 1993, the Native American Cultural Center (NACC), in cooperation with the Association of Native Americans at Yale, promotes Native American culture and explores the issues that Native Americans face in today’s world. The Center works to expose the Native community, as well as the greater Yale community, to Native American culture by bringing programming to campus that includes events such as speakers, dinners, study breaks, and movie nights. The Center has an Advisory Board consisting of Yale faculty members, administrators, and alumni who advise and provide support for the Center and its goals. The Native American Cultural Center also serves as a gathering place for Yale’s Native American students. Students are encouraged to come to the NACC to study, to use the computer room, kitchen, or the Native Lounge.

LGBTQ Co-op
Queer Resource Center
305 Crown Street
New Haven, CT 06511
Contact: Maria Trumpler - Special Assistant to the Dean: maria.trumpler@yale.edu
www.yale.edu/lgbtq

The Lesbian, Gay, Bisexual, Transgender Cooperative is Yale’s full-service undergraduate queer organization. Membership is open to the entire Yale community. The Co-op serves to foster community among LGBTQ identified people and their allies at Yale. The Co-op represents the community at Bulldog Days and the extracurricular bazaar, and organizes events such as Coming Out Day, Pride Week, Glam Jam (our student drag competition), and the notorious schoolwide Co-op Dances in the Fall and Spring. In addition, the Co-op serves as the umbrella group for most other undergraduate LGBTQ-related groups on campus, and provides funding and support for each group. The Co-op’s ongoing mission is to make Yale a safe, accepting and fun place to be queer. The Co-op is based at the Queer Resource Center at 305 Crown St. Meetings are Monday nights at 9pm.

UNDERGRADUATE CAREER SERVICES

Undergraduate Career Services (UCS), located at 55 Whitney Avenue, offers programs that help students of Yale College further their career goals. Our role at UCS is to help students learn about themselves, to help them explore the world around them and learn about their career options, and to help them make informed decisions about their futures in order to realize their goals. We do this through individual and group meetings, through the provision of research materials, and through the coordination of programs that can put students in direct contact with professionals and organizations in a wide variety of fields of interest. All students are invited to visit UCS to learn about its programs and resources. Listed below are some of the programs and resources offered at UCS.

Counseling Hours

Professional staff members and peer counselors are available each weekday to answer students’ quick questions on a first-come, first-served, walk-in basis. No appointment is needed for these 15-minute sessions. Check www.yale.edu/career for the schedule of these “Open Hours.” In addition, students can schedule 45-minute individual counseling appointments with counselors for more in-depth career related discussions. To schedule an appointment, call 432-0800.

Resource Library

UCS has a resource library where students can obtain information on decision making and job hunting, careers and organizations, summer employment and internships, U.S. and foreign graduate and professional schools, and much more.

Website

UCS maintains a website with a wealth of career information in addition to internship and job postings. Students can explore this site (www.yale.edu/career) on their own, and career counselors may point out specific resources during appointments.

Meetings/Workshops/Career Panels

UCS offers workshops, information meetings, and career panels on a variety of topics throughout the year. Topics change each month and have included “Interview Skills,” “Summer Options,” “International Internships,” “Breaking into a Career in Sports,” and “Consulting Demystified.” The “Employer in Residence” program brings employers to campus to review resumes, conduct mock interviews, or speak on topics relevant to their industries. In addition, alumni (or other distinguished individuals) often come to campus to participate in career panels.

Internship Resources

Whether a student plans to explore a career or wishes to obtain greater knowledge about a chosen field, an internship can offer valuable experience. Through internships one has the opportunity to learn more about oneself and to apply one’s college education in a temporary work setting. UCS maintains an online database of approximately 10,000 internships available to all students interested in a wide variety of fields. The resource library and UCS web-
site house directories of internships and internship evaluations by students, indexed by field of interest and geographic location.

**On-Campus Interview Program**

The On-Campus Interview Program provides a unique opportunity for undergraduate students to learn, meet, and interview with representatives from many organizations. This is an excellent way to begin planning for life after Yale as a sophomore, junior, or senior and to take the first step on the path to a successful career. The organizations that come to interview on campus offer employment opportunities in fields such as finance, consulting, advertising, government, education, political action, and research. On-campus interviews take place during both the fall and spring semesters.

**Career Fairs**

UCS hosts a variety of career fairs throughout the year (most at Payne Whitney Gym). Fairs for 2003/2004 include: Private Sector (Corporate), Nonprofit, Health Professions, Law School/Public Policy, International Opportunities, and Federal. Several fairs are collaborative events, such as the spring nonprofit fairs in New York, Boston, and Washington or Philadelphia. Another collaborative effort is MetroLink NYC and DC. The NYC fair focuses on careers in communications, media, advertising, and publishing, while the DC event focuses on government, law, think tanks, policy, and social-service/advocacy.

**Networking Receptions**

UCS, along with several alumni clubs, hosts summer networking receptions. These events provide current students with the opportunity to meet, mingle with, and learn about the careers of alumni while enjoying hors d’oeuvres and refreshments. Networking receptions have been held in Boston, Chicago, Los Angeles, New York, and Washington, DC.

**Real World Tours**

UCS sponsors tours to organizations to introduce students to a wide range of careers in a variety of employment fields. Past tours have included a publishing house, advertising agency, and two different investment banks. Our goal is that students consider internships in these areas and think about these fields as career choices upon graduation. Tours are held in the fall and spring.

**Medical School and Health Professions**

First-year students considering careers in medicine should plan to attend the information meeting for premedical students, held during orientation week, and pick up a copy of our brochure, “Preparing to Become a Health Care Practitioner.” Students planning to pursue careers in other health professions should also visit UCS their first year for guidance on specific courses required for admission to the various health-related professional school programs. Beginning in February of junior year, the application process begins for students seeking admission to medical school immediately upon graduation from Yale College. At that time, premedical students should register with the Health Professions Advisory Board of UCS. All students interested in careers in medicine and in additional health profession should subscribe to the health professions distribution list at [www.yale.edu/career/students/getting_started.html#lists](http://www.yale.edu/career/students/getting_started.html#lists). UCS offers a variety of workshops, meetings, and individual counseling appointments to assist students interested in pursuing health-related careers. Dates and times of these meetings are listed on the website.

**Law School**

Students interested in attending law school should begin by reviewing the law-school section of the UCS website at [www.yale.edu/career/students/gradprof/lawschool/index.html](http://www.yale.edu/career/students/gradprof/lawschool/index.html). Several law-school admissions officers visit Yale each fall to answer students’ questions, and UCS conducts sever-
al information meetings in the spring and fall. These meetings address application procedures, letters of recommendations, essays, and selection of schools. UCS also offers individual counseling appointments to assist students interested in attending law school.

Graduate School

There are a variety of resources available to students interested in pursuing a graduate program other than law school and medical school. The resource library and website include information on graduate programs throughout the country. In addition, members of the UCS staff can assist you in locating resources and establishing a timetable for applying. The most helpful source of information available to students regarding specific graduate programs is the Yale faculty in the student’s academic field of interest.

DIRECTORIES

Athletic Department Administrative Staff

<table>
<thead>
<tr>
<th>Position</th>
<th>Name</th>
<th>Phone</th>
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</thead>
<tbody>
<tr>
<td>Director of Athletics</td>
<td>Thomas A. Beckett</td>
<td>432-1414</td>
</tr>
<tr>
<td>Faculty Athletic Representative</td>
<td>Penelope Laurans</td>
<td>432-6891</td>
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<tr>
<td>Sr. Associate Athletic Director/Compliance</td>
<td>Amy Backus</td>
<td>432-7668</td>
</tr>
<tr>
<td>Sr. Associate Athletic Director</td>
<td>Barbara Chesler</td>
<td>432-1435</td>
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<tr>
<td>Sr. Associate Athletic Director</td>
<td>Wayne Dean</td>
<td>432-1462</td>
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<tr>
<td>Sr. Associate Athletic Director/Alumni Affairs</td>
<td>Alison Cole</td>
<td>432-1419</td>
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<tr>
<td>Sr. Associate Athletic Director/Human Resources</td>
<td>Francine Georges</td>
<td>432-1442</td>
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<tr>
<td>Sr. Associate Athletic Director</td>
<td>Forrest Temple</td>
<td>432-1439</td>
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<tr>
<td>Associate Athletic Director/Sports Publicity</td>
<td>Steve Conn</td>
<td>432-1456</td>
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<tr>
<td>Associate Athletic Director/Varsity Sports</td>
<td>Natalie Gonzalez</td>
<td>432-4747</td>
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<tr>
<td>Associate Athletic Director/Ticket Sales</td>
<td>Jeremy Makins</td>
<td>432-1400</td>
</tr>
<tr>
<td>Associate Athletic Director/Dir of Marketing</td>
<td>Patrick O’Neill</td>
<td>432-2205</td>
</tr>
<tr>
<td>Associate Athletic Director Sports Medicine</td>
<td>Christopher Pecora</td>
<td>432-1429</td>
</tr>
<tr>
<td>Director of Compliance</td>
<td>Dan Silverman</td>
<td>436-8309</td>
</tr>
<tr>
<td>Assistant Director/Sports Publicity</td>
<td>Tim Bennett</td>
<td>432-1457</td>
</tr>
<tr>
<td>Assistant Director/Sports Publicity</td>
<td>Sam Rubin</td>
<td>432-1456</td>
</tr>
<tr>
<td>Director of The Course at Yale University</td>
<td>Peter Pulaski</td>
<td>392-2307</td>
</tr>
<tr>
<td>Head Coach/Strength &amp; Conditioning</td>
<td>Emil Johnson</td>
<td>432-2526</td>
</tr>
<tr>
<td>Head Equipment Manager</td>
<td>Jeff Torre</td>
<td>432-1428</td>
</tr>
<tr>
<td>Assistant Equipment Managers</td>
<td>Lou Scigliano</td>
<td></td>
</tr>
<tr>
<td>Associate Head Athletic Trainer</td>
<td>David DiNapoli</td>
<td></td>
</tr>
<tr>
<td>Assistant Athletic Trainer</td>
<td>Rich Kaplan</td>
<td></td>
</tr>
<tr>
<td>Assistant Athletic Trainer</td>
<td>Lindsey Robillard</td>
<td></td>
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<tr>
<td>---------------------------</td>
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<td></td>
</tr>
<tr>
<td>Assistant Athletic Trainer</td>
<td>Jay Cordone</td>
<td></td>
</tr>
<tr>
<td>Athletic Medicine Facilities</td>
<td>Ingalls Rink 432-6455</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Smilow Field Center 764-9235</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Payne Whitney Gym 432-2467</td>
<td></td>
</tr>
<tr>
<td>Athletic Medicine Clinic</td>
<td>Yale Health Services 432-0334</td>
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**HEAD COACHES**

<table>
<thead>
<tr>
<th>Sport</th>
<th>Head Coach</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Baseball</td>
<td>John Stuper</td>
<td>432-1466</td>
</tr>
<tr>
<td>Basketball (M)</td>
<td>James Jones</td>
<td>432-1485</td>
</tr>
<tr>
<td>Basketball (W)</td>
<td>Chris Gobrecht</td>
<td>432-1488</td>
</tr>
<tr>
<td>Heavyweight Crew (M)</td>
<td>Steve Gladstone</td>
<td>432-1413</td>
</tr>
<tr>
<td>Lightweight Crew (M)</td>
<td>Andy Card</td>
<td>432-1409</td>
</tr>
<tr>
<td>Crew (W)</td>
<td>Will Porter</td>
<td>432-1412</td>
</tr>
<tr>
<td>Cross Country (M&amp;W)</td>
<td>Paul Harkins and Amy Gosztyla</td>
<td>432-1405</td>
</tr>
<tr>
<td>Fencing (M&amp;W)</td>
<td>Henry Harutunian</td>
<td>432-2137</td>
</tr>
<tr>
<td>Field Hockey</td>
<td>Pam Stuper</td>
<td>432-1479</td>
</tr>
<tr>
<td>Football</td>
<td>Tony Reno</td>
<td>432-1490</td>
</tr>
<tr>
<td>Golf (M)</td>
<td>Colin Sheehan</td>
<td>927-0916</td>
</tr>
<tr>
<td>Golf (W)</td>
<td>Chawwadee Rompothong</td>
<td>623-3429</td>
</tr>
<tr>
<td>Gymnastics (W)</td>
<td>Barbara Tonry</td>
<td>432-2138</td>
</tr>
<tr>
<td>Ice Hockey (M)</td>
<td>Keith Allain</td>
<td>432-1478</td>
</tr>
<tr>
<td>Ice Hockey (W)</td>
<td>Joakim Flygh</td>
<td>432-4785</td>
</tr>
<tr>
<td>Lacrosse (M)</td>
<td>Andy Shay</td>
<td>432-1494</td>
</tr>
<tr>
<td>Lacrosse (W)</td>
<td>Anne Phillips</td>
<td>432-1486</td>
</tr>
<tr>
<td>Sailing (Co-Ed &amp; W)</td>
<td>Zach Leonard</td>
<td>483-5505</td>
</tr>
<tr>
<td>Soccer (M)</td>
<td>Brian Tompkins</td>
<td>432-1495</td>
</tr>
<tr>
<td>Soccer (W)</td>
<td>Rudy Meredith</td>
<td>432-1492</td>
</tr>
<tr>
<td>Softball</td>
<td>Jen Goodwin</td>
<td>432-1723</td>
</tr>
<tr>
<td>Squash (M &amp; W)</td>
<td>Dave Talbott</td>
<td>432-2483</td>
</tr>
<tr>
<td>Swimming (M)</td>
<td>Tim Wise</td>
<td>432-2447</td>
</tr>
</tbody>
</table>
Swimming (W) Jim Henry 432-2447
Tennis (M) Alex Dorato 432-2498
Tennis (W) Danielle McNamara 432-1493
Track (M&W) David Shoehalter 432-1405
Volleyball (W) Erin Appleman 432-1408

GENERAL INFORMATION

YALE COLLEGE FIGHT SONGS

*Bull-Dog*
Music and Words by Cole Porter ‘13

Bull-dog! Bull-dog! Bow, wow, wow,
Eli Yale!
Bull-dog! Bull-dog! Bow, wow, wow,
Our team can never fail.
When the sons of Eli break through the line,
That is the sign we hail,
Bull-dog! Bull-dog! Bow, wow, wow,
Eli Yale!

*Down the Field*
Words by C.W. O’Conner ‘04 Law; Music by Stanleigh P. Friedman ‘05

March, march on down the field,
   Fighting for Eli,
Break through the crimson line,
   Their strength to defy!
We’ll give a long cheer for Eli’s men,
   We’re here to win again.
Harvard’s team may fight to the end,
   But Yale will win!

*Bright College Years*
Words by H. S. Durand, 1881; Music by Carl Wilhelm

Bright college years with pleasure rife,
The shortest, gladdest years of life;
   How swiftly are ye gliding by!
Oh, why does time so quickly fly!
The seasons come, the seasons go,
The earth is green or white with snow,
   But time and change shall naught avail
To break the friendships formed at Yale.
In after-years, should troubles rise
To cloud the blue of sunny skies,
How bright will seem through mem’ry’s haze,
Those happy, golden, by-gone days!
Oh, let us strive that ever we
May let these words out watchcry be,
Where’er upon life’s seas we sail:
“For God, for Country, and for Yale!”

DIRECTIONS TO YALE FACILITIES

**Yale Bowl Complex** (Football, Coxe Cage, Soccer-Lacrosse Stadium, Field Hockey, Softball and Tennis. Baseball, JV and Freshman Football, and Outdoor Track are located directly across the street from the Yale Bowl).

(summary of directions)

**Ingalls Rink** (Men’s and Women’s Ice Hockey Facility)

(summary of directions)

**Payne Whitney Gymnasium** (Basketball, Fencing, Gymnastics, Squash, Swimming and Volleyball Facility)

(summary of directions)

**Yale Golf Course** (Cross Country and Golf Facility)

(summary of directions)

**Gilder Boathouse** (Crew Facility)

(summary of directions)
3 miles through downtown Derby into light industrial area. Hull Dye 2 miles on left. Approximately 1 mile past this site to left is the boathouse.

♦ From Merritt Parkway. Take Exit 52-Stratford (Route 8 North, Waterbury). Follow directions above.

♦ From I-91. Take Exit for Wilbur Cross/Merritt Parkways (Route 15). Follow Route 15 (New York) for approximately 15 miles to Exit 58 (Route 34 West, Derby/Ansonia). Follow Route 34 approximately 6 miles, bearing left after 3 miles at Route 8 intersection. Continue through downtown Derby. Hull Dye on left. Approximately 1 mile past this site to left is the boathouse.

McNay Family Sailing Center (Co-Ed and Women’s Sailing Facility)

♦ From New Haven and All Points South. Take I-95 North to Exit 51, Frontage Road. At the second traffic light take a right onto CT 142 (Hemingway Avenue). At third traffic light, take a left onto Short Beach Road. At the first stop sign turn right onto Clark Avenue. Sailing Center (#179) is on the left, just past the beach.

♦ From the North Via I-95. Take I-95 South to Exit 54, Cedar Street. Turn left off the exit ramp, then right at the second traffic light onto US Route 1. Go under the railroad bridge and turn left onto CT 142, Short Beach Road. At the stop sign, turn left onto Clark Avenue. Sailing Center (#179) is on the left (#179), just past the beach.

♦ From the North Via I-91. Take I-91 South to I-95. Follow New Haven and All Points South directions.

ATHLETIC FACILITIES
(Telephone Numbers)

Coxe Cage 764-9271
Crew Rowing Tanks (Payne Whitney Gymnasium) 432-2466
Cullman Courts 764-9230
Exhibition Pool 432-1499
Gilder Boathouse, Derby (Crew) 734-9706
Golf Course 392-2377
Ingalls Rink 432-0876
Payne Whitney Gymnasium
  Equipment Room 432-2459
  Laundry Room 432-1497
Practice Pool 432-2480
Rehab Center 432-2467
Smilow Field House
  Equipment Room 764-9233/764-9234
  Training Room 764-9235/764-9255
McNay Family Sailing Center 488-9330

YALE COLLEGE CALENDAR
2013-2014

Fall Term, 2013
August 21, Wednesday Residences open to upperclassmen, 9 a.m.
August 23, Friday Residences open to freshmen, 9 a.m.
August 27, Tuesday  Upperclass registration.
August 28, Wednesday Fall-term classes begin, 8:20 a.m.
August 30, Friday Friday classes do not meet; Monday classes meet instead.
September 2, Monday Labor Day; classes do not meet.
September 27-29, Fri-Sun Family Weekend
October 22, Tuesday October recess begins, 11 p.m.
October 28, Monday Classes resume, 8:20 a.m.
November 23, Saturday November recess begins, 9:00 p.m.
December 2, Monday Classes resume, 8:20 a.m.
December 6, Friday Classes end, 5:30 p.m.; Reading Period Begins
December 12, Thursday Final examinations begin, 9 a.m.
December 17, Tuesday Examinations end, 5:30 p.m.; Winter recess begins
December 18, Wednesday Undergraduate residences close, 12 noon.

Spring Term, 2014
January 8, Wednesday Undergraduate residences open
January 13, Monday Spring term classes begin, 8:20 a.m.
January 17, Friday Friday classes do not meet.
January 20, Monday Martin Luther King, Jr., Day.
January 20, Monday Classes do not meet.
March 7, Friday Spring recess begins, 5:30 p.m.
March 24, Monday Classes resume 8:20 a.m.
April 25, Friday Classes end, 5:30 p.m.
April 25, Friday Reading period begins.
May 1, Thursday Final examinations begin 9 a.m.
May 6, Tuesday Examinations end, 5:30 p.m.
May 7, Wednesday Residences close, 12 noon for freshmen, sophomore and juniors.
May 19, Monday University Commencement.
May 20, Tuesday Residences close, 12 noon, for seniors.

Yale Ivy League Championships

<table>
<thead>
<tr>
<th>Sport</th>
<th>Years</th>
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<tbody>
<tr>
<td>Basketball.W</td>
<td>1978-79</td>
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Cross Country.W None
Field Hockey 1980-81, 2011-12
Ice Hockey.W None
Lacrosse.W 1979-80, 2002-03, 2011-12, 2012-2013
Sailing.W NA
Soccer.W 1992-93, 2005-06
Softball 1979-80, 1992-93
Track, Indoor.W None
Track, Outdoor.W 1986-87
Yale strives to be a community free of sexual misconduct by promoting the essential values of respect and responsibility, providing education, and working with students, faculty, and staff—a community that is safe and supportive for all. Yale takes all complaints and accusations of sexual misconduct seriously.

**What is sexual misconduct?**
Sexual misconduct incorporates a range of behaviors including rape, sexual assault (which includes any kind of nonconsensual sexual contact), sexual harassment, intimate partner violence, stalking, and any other conduct of a sexual nature that is nonconsensual, or has the purpose or effect of threatening, intimidating, or coercing a person or persons. When there is a lack of mutual consent about sexual activity, or there is ambiguity about whether consent has been given, a student can be charged with committing sexual misconduct. Other behaviors that may constitute sexual misconduct: threatening speech, which is sufficiently serious to constitute sexual harassment; photographs, video, or other visual or auditory records of sexual activity made without explicit consent, even if the activity documented was consensual; sharing such recordings without explicit consent.

**Take care of yourself.**
If you are coping with sexual misconduct, consider the following first:
- **Ensure your own safety.** If you are in danger or feel unsafe, the YPD is available 24/7.
- **Seek medical help.** SHARE counselors are prepared to help, and to offer information on where to go and what to do. They can help you coordinate medical treatment and evidence collection.
- **Seek emotional support.** Whether you talk to a friend, family member, loved one, or SHARE counselor, talking can help you sort through your situation, emotions, and response.

**University resources for dealing with sexual misconduct:**
- **SHARE Center**
  *Sexual Harassment & Assault Response & Education*
  203-432-2600, 24 Hours, Confidential or Anonymous Hotline
  [http://sharecenter.yale.edu](http://sharecenter.yale.edu)
- **University-Wide Committee on Sexual Misconduct (UWC)**
  203-589-0142, during business hours
  [http://provost.yale.edu/uwc](http://provost.yale.edu/uwc)
- **Title IX Coordinators**
  203-432-4446, during business hours
  To see full list of Title IX Coordinators, visit [http://provost.yale.edu/title-ix](http://provost.yale.edu/title-ix)
- **Yale Police Department (YPD)**
  203-432-4400, 24 hours
  [http://publicsafety.yale.edu](http://publicsafety.yale.edu)

**For more information and resources, visit smr.yale.edu**

**Supporting a positive campus climate:**
- **Communication & Consent Educators (CCEs)**
  cce@yale.edu

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**Yale College** (Sept 2012)
# Yale Know Your Options

If you are dealing with sexual misconduct and need help understanding your options or simply need to talk to someone, the SHARE Center can offer support.

| SHARE Center | Provides information, advocacy, and support  
|--------------|------------------------------------------------|
|              | Professional, expert help for students who have experienced sexual misconduct  
|              | Assistance with student medical and health issues  
|              | Will accompany a student to the hospital for evidence collection  
|              | Advice and assistance with contacting police and/or initiating disciplinary action through the University-Wide Committee |

If you are considering filing a report or complaint, below are your resources.

| University-Wide Committee on Sexual Misconduct (UWC) | Yale's internal disciplinary board for complaints of sexual misconduct  
|------------------------------------------------------|---------------------------------------------------------------|
| 203-389-0142 | Complainants can discuss options and seek resolutions and remedies  
| http://provost.yale.edu/uwc | Handles both formal and informal complaints  
| | Members include faculty, staff and students, supported by professional, independent fact finders for investigations |

| Title IX Coordinators | Senior Yale administrators who track and respond to incidents of gender-based discrimination, including sexual misconduct  
|-----------------------|---------------------------------------------------------------|
| 203-432-4446 | Each coordinator is uniquely assigned to Yale College, Graduate School and each professional school  
| Full list of Title IX Coordinators | Inform complainants of criminal, disciplinary, and remedial options  
| http://provost.yale.edu/title-ix | Assist in informal remedies  
| | Initiate institutional action when necessary |

| Yale Police Dept. (YPD) | 24-hour availability by phone and walk-in for confidential consultations regarding possible criminal action for all students, on and off campus.  
|-------------------------|---------------------------------------------------------------|
| 203-432-4400 | Sergeant in charge of sensitive crimes  
| http://publicsafety.yale.edu | Victims' assistance services available  
| | Capacity for full criminal investigations |

For more information and resources, visit smr.yale.edu.  

Yale College
Bulldog Sustainability Mission:

To cultivate a culture of sustainability in Yale Athletics by integrating environmental and social values into internal operations, staff and student behavior, and sporting events. Students interested in joining the team should contact Emily Schuckert (Emily.schuckert@yale.edu) or go to www.yalestudentjobs.org.

Green Athletic Team Certification:

Green Athletic Team Certification is designed to educate and encourage Yale athletes and coaches to be leaders on campus and adopt sustainable practices for their teams. The Green Athletic Team Certification is a checklist of various sustainable practices that teams can integrate into their programs each season. For more information: http://sustainability.yale.edu/green-athletic-team-certification.

Current Bulldog Sustainability Members:

- Diana Mason, Yale School of Forestry and Environmental Studies
- Emily Schuckert ’14, Field Hockey
- Victoria Balta ’14, Softball
- Brandon Blaesser ’15, Lightweight Crew
- Riley Hughes ’16, Softball
- Ben Joseph ’15, Baseball
- Gabe Liguori ’16, Lightweight Crew
- Emily Rutland ’15, Women’s Lacrosse

Learn More:

- Website: yalebulldogs.com/sustainability
- Facebook: facebook.com/BulldogSustainability
- Twitter: @bulldogsustain