SUBJECT: New NCAA Medical Exception Policy
Re: Reporting Guidelines for banned ADHD Medications

Effective August 2009, the NCAA will begin to implement the stricter application of the Medical Exception Policy for the use of banned stimulant medications to treat Attention Deficit Hyperactivity Disorder (ADHD). As the use of ADHD medications has become more prevalent in recent years, the NCAA has set forth new guidelines that must be met by the student-athletes who are being treated with these banned medications. This applies to all student athletes who may undergo drug testing during NCAA Championships.

Any student-athlete who does not abide by these new guidelines puts themselves in a position to either lose a year of eligibility (team sports such as basketball), have team championships taken away (sports such as track and swimming) or both.

Please forward the following information on to your athletes as it outlines what steps must be taken in order to successfully meet the documentation that is necessary. The Sports Medicine Department strongly suggests that these student-athletes consult with their prescribing physicians this summer, in order to obtain all necessary information.

This information can be found at 2011-12 Drug-Testing Exceptions Procedures (Medical exceptions) - NCAA.org

Click on: NCAA Guidelines to Document ADHD Treatment w/Banned Stimulant Medications as well as the Memo dated 1/30/09 regarding this stricter application.

Sincerely,

The Sports Medicine Staff