Men’s Cross Country Outlook 2007

This fall will be the Bulldogs eighth season under the command of Dan Ireland and should see the return of the Yale harriers to among the top three teams in the Ivy League. The 2006 season saw the Eli finish among the top four in the Ivy League and should serve as tremendous motivation for this year’s squad. The squad will have more talent and depth than Coach Ireland has ever had in his tenure at Yale. When Coach Ireland arrived at Yale he established goals of taking Yale to the top of the Ivy League and solidifying the Bulldogs as a perennial cross country favorite and potential NCAA qualifier year in and year out. This season should continue to show that the Bulldog program has reached that level. The 2007 squad will have a mix of both veteran harriers and talented youth that possess the drive and dedication to success and to compete with not only the best in the Ivy League but in the northeast as well.

The senior class will be heart of this year’s squad and should have a huge impact on the success of the Bulldog’s season. Senior Captain Tadhg O’Callaghan will be counted upon to be a great leader both on the cross course and off and is aiming to end his cross country career at Yale with an Ivy team title. After having his best cross country and track season this past year, where he was a regional qualifier in the steeple chase, Joe Kingsbery is aiming to garner All-Ivy honors this fall.

The junior classes’ contribution will be essential if the team is to attain its goals. Jake Gallagher was a 10th place finisher in the Ivy Championships in cross country and ran sub 25:00 at Van Courtlandt Park last fall and is aiming to improve significantly on both of those marks. He will also be looking to secure a trip to the NCAA Championships as an individual qualifier. Murat Kayali hopes to improve on his 3000 meter outdoor best of 8:23 set last fall and is aiming to make significant strides in the steeple chase.

Continued on Page Two

Women’s Cross Country Outlook 2007

Coach Mark Young begins his 28th season at the helm of Yale’s women’s cross country team with plenty of reason for optimism. A primary reason for that is the returning Senior Captain and All-American Lindsay Donaldson. Donaldson, one of the top collegians in the country, was 3rd at the 2006 NCAA Cross Country Championships after having been 6th as a freshman in 2004. She is also the defending Ivy League Champion and the holder of the fastest Yale time ever run for 5000 meters at Van Cortlandt Park.

Donaldson’s supporting cast should be very solid. It includes track captain Liz Calle ’08, who was an NCAA regional Qualifier in the steeple chase in 2007 at 10:47.15. Calle’s successful emergence during the 2007 outdoor track season suggests that she is ready to be among the top runners in the Ivy League.

Allyson Rinderle ’10 came to Yale with no previous running experience because she played soccer in high school. After having a very successful full year of running, which included an 18:08 best at Van Cortlandt Park and a 9:46 time in the 3000 meters outdoors, Rinderle seems poised to have an outstanding sophomore season. Also to be heavily counted upon will be junior Bevin Peters. Peters has a collegiate best of 9:53 for 3000 meters, and after a successful summer of training altitude in Kenya looks to be ready to be a major contributor for the team this year.

Another runner among Yale’s top group will be Stevie Pearl ’10. Like Rinderle Pearl is a former soccer player turned cross country runner. She was frequently in Yale’s top 5 as a freshman, and after a full year devoted to running should be ready to make a significant contribution to the team’s success.

Others who will battle for positions in Yale’s top group include senior 800 meter standouts Ingrid Sproll and Meredith Leenhouts. Both have demonstrated the ability to extend their range and have a
Men’s Cross Country Outlook 2007

Continued from Page One

prove upon his 15th place finish at the conference with a top 10 showing and is also looking to run sub 25:00 on Van Cortlandt Park. Returning to the xc squad after not competing his sophomore year Jared Bell is aiming for All Ivy status after having run 3:50.13 on the track last spring. John Hinkle had a tremendous summer of training and has the necessary talent to make a huge contribution. The sophomore class is arguably the most talented ever to enter Yale and figures to have a necessary and immediate impact on the squad. Max Brown was a consistent top seven runner during his freshmen cross campaign and will be aiming for All Ivy honors. Kevin Brown and Chris Labosky are all looking to play very significant roles and should all be competing for a spot in the top seven. The incoming freshman class consists of seven athletes whose strengths all reside on the cross country course. This class will be looked upon to lay a solid foundation for Yale cross country to build up for the next four years and beyond. John Van Deventer (Surrey, UK) should be the leader of this group having finished 2nd in the English high school national cross country championships. Max Walden (Guilford, CT) was one of the top harriers in the NEPSTA league and the New England region and should be competing for a spot among the squad’s top ten this fall. Matt Bogdan (Latham, NY), and Peter Vizcarrondo (New York, NY) both had great success in New York state high school cross country and on the track as well. Chris Scavone (Belle Mead, NY), James Wyper (Darien, CT), and David Demres (Rochester Hills, MI) all possess the potential to be strong contributors to Eli cross squad as freshmen.

With the leadership and focus of the upperclassmen combined with the great talent of the younger harriers the 2007 Yale Cross Country season has the potential to be one of the best in recent history for the Bulldog program. There is a lot of excitement and enthusiasm surrounding the prospects for this upcoming season. With the continued dedication and commitment that has become synonymous with the Yale men’s cross country team this fall’s lofty goals should be more than attainable.

Women’s Cross Country Outlook 2007

Continued from Page One

very realistic chance to make major contributions to Yale’s quest for a successful 2007 season. Additionally Kelli Buck ’09 was a key contributor in 2006, having been Yale’s #3 at the NCAA Pre-National before falling victim to illness. She is a 4:57 miler who’s consistency and reliability always make her a factor.

Claire Leatherwood ’09, Alex Cadicamo ’10, and Kat Schleckser ’09 will all be in the hunt for spots in Yale’s top 7. Leatherwood was frequently in the top 7 in last year’s campaign. The top freshman is M.C. Miller from Midlothian High School in Virginia. Miller brings experience from being on one of the nations best high school teams in ‘06 and has talent as a 4:55 miler in high school. Yes, Coach Young has much to be optimistic about for the ’07 season.

2007 Spring Highlights

Langhauser Breaks 57-Year Old Record at IC4A Championship

Highlighting the final day of competition at the IC4A Championship at Princeton’s Weaver Stadium was an outstanding performance by John Langhauser ’07. After breaking Jim Fuchs’ 57 year old record in the shot put indoors earlier this season, Langhauser unleashed a throw of 18.03 meters that earned him second place and a place in the record books as he broke Fuchs’ 57 year old outdoor shot put record of 17.95 meters.

Donaldson Named Academic All-American

Lindsay Donaldson, ’08, was named First Team Academic All-America by the College Sports Information Directors of America (CoSIDA) and ESPN The Magazine. This was the second straight year Donaldson earned Academic All-America recognition; she was a second team selection last year. She is the 18th Ivy Leaguer named Academic All-America this school year, setting a new conference record. Donaldson will serve as captain of the 2007 Yale women’s cross country team. She is a USTFCCCA All-Academic selection and a three-time Academic All-Ivy honoree (fall 2005, fall 2006, spring 2007).

Nolet Finishes Tenth at Regionals

Calle Finishes 26th In Steeplechase

The Bulldogs finished the 2007 NCAA East Regional Track and Field Championship in 38th place with four points. Ashley Nolet ’07 barely missed out on the top eight in the pole vault as she finished tenth at a height of 3.66 meters. Elizabeth Calle, ‘08 was 26th in the 3,000-meter steeplechase with a time of 10:47.15. This time is the third fastest in school history.

Nolet at 2007 HEPS
Tensions were especially high at last April’s running of the Yale vs. Harvard dual meet. Adding to the long-standing rivalry, this year would also be the 42nd meeting between a combined Yale/Harvard team and a joint Oxford/Cambridge squad. This is the oldest continually run amateur international athletic contest in modern times and dates back to 1894 when Yale first faced off against the Oxford team. While the YH-OC meet is certainly the highlight of the trip, the combined team would be traveling to the England and Ireland for 17 days while also competing against the Universities of Limerick and Birmingham. The only way to guarantee a place on this trip was to win an event at the Cantab’s home track.

Yale ran away with meet, qualifying 38 athletes to Harvard’s 22, and set off for Limerick Ireland in early June. The University housed the entire squad in their Drumroe Village while also arranging social events and tours of local attractions. On June 16th, the Yale/Harvard team faced off against the University of Limerick Selection. Despite facing many members of the Irish National team, Yalies won eight of eighteen events on the men’s side and the Eli women won seven of eighteen. Combined with Harvard’s three individual winners, the American squad managed a draw against some of the best runners Ireland has to offer. Our time in Limerick ended with a fantastic banquet and a great sample of the Limerick nightlife.

The second stop on the tour was the University of Birmingham where our British counterparts welcomed us into their homes and dorms. Our hosts arranged tours of Cadbury World, Warwick Castle, and Shakespeare’s hometown. On the athletic side, the men and women dominated the meet, outscoring Birmingham by 51 and 37 points respectively. The bulldog men won nine of sixteen individual events while the women took six of the ten events won by Americans. Our stay in Birmingham was concluded with another banquet and several long running and late night traditions on the track.

After leaving Birmingham, we were lucky enough to spend a night in London where we took in many of the major tourist attractions and spent an entertaining evening at Piccadilly Circus. The next afternoon, we arrived in Cambridge where we were housed in Fitzwilliam College. After three days of touring colleges, punting along the river, and enjoying downtown Cambridge, we moved on to Oxford and Iffley Road. Our time at Oxford was the highlight of the trip. Not only was our residential college founded almost four hundred years before the first student arrived at Yale, the entire city was filled with centuries of tradition. We were able to see the dining hall and courtyards that inspired Alice in Wonderland, the location of the first sub-four minute mile, and a pub founded the same year Columbus arrived in America. Athletically, the team excelled again and defeated Oxford and Cambridge in twenty-nine of thirty-nine events.

This trip was a great chance to experience England and Ireland and was a unique opportunity for everyone involved. In addition to the excitement of touring and competing overseas, there was a constant feeling that we were involved in something special and bigger than ourselves. We all knew that we were part of a greater story and were proud to be representing our universities and country. It was an amazing experience and I am sure it will be remembered by everyone as one of the highlights of their college careers.
Dear Friends of Yale Track,

On behalf of the Track Association, we would like to take this opportunity to thank those of you who have made contributions to the Association. The 2006-2007 academic year marked another great campaign for the Yale Track and Cross Country programs and a productive year for the Track Association. Our 2nd annual Track Association Dinner at the Yale Club in New York City was a resounding success, as several generations of Yale Track greats reconnected to celebrate our rich history of Track and Field at Yale. Please plan to join us at this year’s gala in February, as we celebrate the 40’th Anniversary of the dynamic ‘68 Men’s Heptagonal Championship Team.

Along with the positive relationships we’ve cultivated, the added benefit of these strong connections is that our endowments, including our flagship Giegengack Fund continue to grow, contributing significantly to our programs. Our annual fund contributions from donations topped $115,000, with over 300 members participating. We would like to build upon this momentum from last year and ask that you continue to support Yale Track. Whether your gift is $25 or $1,000, your generosity is important and makes a meaningful impact on our program. All of the money raised through gifts to the Track Association goes directly to the program’s budget and subsidizes the spring training trip, competition outside of the Northeast, equipment, and recruiting visits. All of these components are important for the success of Yale Track and allow Yale to remain competitive in the Ivy League and at the national level.

As Co-Chairs of the Yale Track & Field Board, we would like to invite any alumni/ae, parents, and friends to be a part of our efforts. We will continue to send the periodic e-newsletter, detailing results and other team news, throughout the current year. This is a great way to stay connected to the program. If you are not already on the distribution list and would like to receive this newsletter, please email yale.track@yale.edu. There are many opportunities to help Yale Track: cheering on athletes at a cross-country or track meet, helping to design our Association website, or volunteering to speak with athletes who may be interested in learning about your profession. We welcome any and all enthusiastic people who want to lend a hand.

Thank you in advance for your support. Our goal is to provide the Cross-Country and Track and Field programs with the funding necessary to allow our student-athletes to achieve their highest goals. With your assistance, we are confident that this can be achieved. Thank you in advance for your consideration and for helping the young men and women of the Yale Track and Field and Cross Country programs continue to succeed. Go Bulldogs!

Sincerely,

Larry Kreider ’69 Louisa Gerritz Garry ’87
Co-Chair Co-Chair
Yale Track & Field Board Yale Track & Field Board
larry@kreider.net Louisa_garry@fa.org

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**Fall 2007 Track Schedule**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Location</th>
<th>Time</th>
</tr>
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<tbody>
<tr>
<td>10/13/07</td>
<td>NCAA Pre-Nationals</td>
<td>Terre Haute, IN</td>
<td>11:00 a.m. ET</td>
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<tr>
<td>10/26/07</td>
<td>Heptagonal Championships</td>
<td>Bronx, NY (Van Cortland Park)</td>
<td>11:30 a.m. ET</td>
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<tr>
<td>11/10/07</td>
<td>NCAA Northeast Regional</td>
<td>Boston, MA (Franklin Park)</td>
<td>11:00 a.m. ET</td>
</tr>
<tr>
<td>11/17/07</td>
<td>IC4A Championships</td>
<td>Bronx, NY (Van Cortland Park)</td>
<td>10:00 a.m. ET</td>
</tr>
<tr>
<td>11/19/07</td>
<td>NCAA Championships</td>
<td>Terre Haute, IN</td>
<td>11:00 a.m. ET</td>
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</tbody>
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**A Letter from the Association Co-Chairs**

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Sincerely,

Larry Kreider ’69 Louisa Gerritz Garry ’87
Co-Chair Co-Chair
Yale Track & Field Board Yale Track & Field Board
larry@kreider.net Louisa_garry@fa.org
Men’s Awards

Lee Calhoun Award: Awarded annually to outstanding member of the men’s track and field team, who excels in sprinting and/or hurdlining. Given annually in memory of Lee Calhoun, Yale Men’s Head Track Coach, 1975-1980.

Brandon Giles ‘09

Jim Stack ’61 Track and Field Award: Presented annually to the senior male track and field athlete who best personifies Jim Stack, the captain and leader of the 1961 team, which won the “Big Three” Heptagonal and IC4A Championships.

John Langhauser ‘07

Gardner W. Millett Award: Awarded to the outstanding member of the men’s track and field team who excels in sportsmanship, courage, and inspiration. Given annually in memory of Gardner Millett Jr., Yale Class of 1938.

Brian Gertzen ‘07

Women’s Awards

Lee Calhoun Award: Awarded annually to outstanding member of the women’s track and field team, who excels in sprinting and/or hurdlining. Given annually in memory of Lee Calhoun, Yale Men’s Head Track Coach, 1975-1980.

Katrina Castille ‘07

Jim Stack ’61 Track and Field Award: Presented annually to the senior female track and field athlete who best personifies Jim Stack, the captain and leader of the 1961 team, which won the “Big Three” Heptagonal and IC4A Championships.

Lindsay Donaldson ‘08

Stroube Family Award: Awarded to the outstanding member of the women’s track and field team who excels in sportsmanship, courage, and inspiration.

Jessica Pall ‘07

Brandon Giles ‘09

STEPHANIE PEARL ‘10

JAKE GALLAGHER ‘09
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Peter White, M.D.
Mr. Robert N. Whittemore
Mr. Steven Thomas Wrenholt
Ms. Kial S. Young

*deceased*
Save-The-Date  
**Friday, October 26, 2007**  
Cross Country HEPS Championships  
Van Cortlandt Park, Bronx, NY  
Hospitality Tent near finish line

**Friday, November 16, 2007**  
The Blue Leadership Ball

**Friday, February 22, 2008**  
3rd Annual Track & Field Association Dinner  
Honoring the Men’s HEPS Championship Team of 1968  
Yale Club of NYC

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**INFORMATION FOR OUR FRIENDS & FANS OF YALE ATHLETICS**

As alumni, fans, and friends of Yale Athletics, we share responsibility for compliance. Our coaches appreciate your input in helping to identify outstanding student-athletes, however, the NCAA has restrictions on what you can do. Please refer to the list below of ways you can help Yale Athletics. If you have any questions, do not hesitate to contact the Yale University Athletic Compliance Office at (203-432-7668).

- **Join A Friends Group/Sports Association**  
  These groups provide support for teams through funding for special team trips, recruiting, and hosting receptions for teams at home and away contests. This is the best way to help your team of choice, and you’ll be kept up to date on their progress throughout the year.

- **Identify Outstanding Student-Athletes**  
  If you know of outstanding student-athletes in your area, send information such as newspaper clippings to the respective coach, or give the coach a call and let him/her take it from there.

- **Reminder**  
  You can not contact prospects directly, nor can you contact high school coaches or guidance counselors to get information on prospects, but there is no rule against attending their contests.

- **Offer Assistance to the Coaching Staff**  
  You may provide lodging, meals and transportation to the coaches when they come to your community to contact and evaluate prospects.

- **Provide Summer Jobs and Internships**  
  Remember: Always Ask Before You Act!

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**REUNION GIVING**  
A great opportunity to support our endowment and special projects.

Did you know that a gift to the Yale Track and Field Association can be credited to your reunion giving total? Even a pledge up to 4 years in advance of a 5 year reunion can be earmarked for support of Yale Track and Field. Some or all of your reunion giving can be designated to support the Track and Field Association in the following ways:

- Contribute to one of our track program endowments
- General Annual Support

We greatly appreciate all the generous support of our wonderful alums and friends of Yale Track and Field!

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**CAREER NETWORKING PROGRAM**

Are you willing to help our current undergraduate athletes find summer internships or their final career goal? This requires nothing more than giving advice on how you did it. If you are willing please send name, sport, address where you would like to be contacted, preferred day and time of day. We also need information regarding preferred means of contact e-mail - give address, phone - give phone number. A brief description of what you do would also be helpful in guiding the student athlete.

Please email this information to donald.scharf@yale.edu or call Don Scharf ’55 (203) 432-7678 for more information.

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For the latest updates, scores & info, visit our web site at: [www.yalebulldogs.cstv.com](http://www.yalebulldogs.cstv.com)