<table>
<thead>
<tr>
<th>Thursday Trials – 5:00 PM</th>
<th>Friday Trials – 10:00 AM</th>
<th>Saturday Trials – 10:00 AM</th>
<th>Sunday Trials – 10:00 AM</th>
</tr>
</thead>
<tbody>
<tr>
<td>3:30 Pool open for warm up</td>
<td>6:00 Morning Swim</td>
<td>6:00 Morning Swim</td>
<td>6:00 Morning Swim</td>
</tr>
<tr>
<td>4:45 Diving Coaches Meeting</td>
<td>8:15 Pool open for warm up</td>
<td>8:15 Pool open for warm up</td>
<td>8:15 Pool open for warm up</td>
</tr>
<tr>
<td>5:00 Preliminaries for Men’s 3</td>
<td>9:15 Sprint Lanes Open</td>
<td>9:15 Sprint Lanes Open</td>
<td>9:15 Sprint Lanes Open</td>
</tr>
<tr>
<td>6:00 Swim Coaches Meeting</td>
<td>9:30 <strong>200 Free Relay cards due</strong></td>
<td>9:45 Clear Pool</td>
<td>9:45 Clear Pool</td>
</tr>
<tr>
<td></td>
<td>9:50 Welcome and Introductions</td>
<td>9:50 Welcome and Introductions</td>
<td>9:50 Welcome and Introductions</td>
</tr>
<tr>
<td></td>
<td>10:00 Intro of First Event</td>
<td>10:00 Intro of First Event</td>
<td>10:00 Intro of First Event</td>
</tr>
<tr>
<td></td>
<td>Women’s 200 Free Relay</td>
<td>Women’s 200 Free Relay</td>
<td>Women’s 200 Back</td>
</tr>
<tr>
<td></td>
<td>Men’s 200 Free Relay</td>
<td>Men’s 200 Free Relay</td>
<td>Men’s 200 Back</td>
</tr>
<tr>
<td></td>
<td><strong>10 Minute Break</strong></td>
<td></td>
<td></td>
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<tr>
<td></td>
<td>Women’s 500 Free</td>
<td>Women’s 100 Fly</td>
<td>Women’s 100 Free</td>
</tr>
<tr>
<td></td>
<td>Men’s 500 Free</td>
<td>Men’s 100 Fly</td>
<td>Men’s 100 Free</td>
</tr>
<tr>
<td></td>
<td><strong>Women’s 200 IM</strong></td>
<td>Women’s 200 Free</td>
<td>Women’s 200 Breast</td>
</tr>
<tr>
<td></td>
<td>Men’s 200 IM</td>
<td>Men’s 200 Free</td>
<td>Men’s 200 Breast</td>
</tr>
<tr>
<td></td>
<td>Women’s 50 Free</td>
<td>Women’s 100 Breast</td>
<td>Women’s 200 Breast</td>
</tr>
<tr>
<td></td>
<td>Men’s 50 Free</td>
<td>Men’s 100 Breast</td>
<td>Men’s 200 Breast</td>
</tr>
<tr>
<td><strong>Time Trial Entries Due</strong></td>
<td><strong>Turn in 400MR cards</strong></td>
<td><strong>Turn in 200 MR Cards</strong></td>
<td></td>
</tr>
<tr>
<td></td>
<td>20 Minute Break</td>
<td>20 Minute Break</td>
<td>20 Minute Break</td>
</tr>
<tr>
<td></td>
<td>Women’s 400 Medley Relay</td>
<td>Women’s 200 Medley Relay</td>
<td>Women’s 400 Free Relay</td>
</tr>
<tr>
<td></td>
<td>Men’s 400 Medley Relay</td>
<td>Men’s 200 Medley Relay</td>
<td>Men’s 400 Free Relay</td>
</tr>
<tr>
<td></td>
<td>Time Trials (15 Minutes) May be Run without the scoreboard to Facilitate diving</td>
<td>Time Trials (15 Minutes)</td>
<td>Time Trials (15 Minutes)</td>
</tr>
<tr>
<td></td>
<td>1:00 Women’s 1 Meter Diving</td>
<td>1:00 Men’s 1 Meter Diving</td>
<td>1:00 Women’s 3 Meter Diving</td>
</tr>
</tbody>
</table>

At the conclusion of preliminary diving the diving boards will be open for general warm up including women’s divers.
## FINALS COMPETITION SCHEDULE

<table>
<thead>
<tr>
<th>Time</th>
<th>Event Description</th>
</tr>
</thead>
</table>
| Thursday Finals – 5:00 PM | 3:30  Pool open for warm up  
6:00  Friday Scratches Due  
6:15  (approx.) Pool cleared at the conclusion of the Men’s 3 Meter Diving (but no earlier than 6:15)  
6:20  (approx.) Introductions, National Anthem and Announcements  
6:30  (approx.) Women’s 800 Free Relay (this event will begin 15 minutes after the conclusion of the Men’s 3 Meter Diving but no earlier than 6:30)  
Men’s 3 Meter Championship Finalists Announced  
Men’s 800 Free Relay  
AWARDS—800 FR  
7:30  (approx.) Men’s 3 Meter Diving Finals  
8:30  Finals End  
8:30-10:30 Pool open for warm ups, Diving Well open for open diving warm up  |
| Friday Finals – 6:00 PM | 4:30  Pool open for warm up  
5:15  Sprint Lanes Open  
5:30  200 Free Relay cards due  
5:45  Clear Pool  
5:50  Welcome and Introductions  |
| Saturday Finals – 6:00 PM | 4:30  Pool open for warm up  
5:15  Sprint Lanes Open  
5:45  Clear Pool  
5:45  Senior Recognition  
5:50  Welcome and Introductions  |
| Sunday Finals – 6:00 PM | 4:30  Pool open for warm up  
5:00  Time Trial Entries Due  
5:15  Sprint Lanes Open  
5:45  Clear Pool  |
<table>
<thead>
<tr>
<th>Time</th>
<th>Thursday Trials – 5:50 PM</th>
</tr>
</thead>
<tbody>
<tr>
<td>3:30-5:30</td>
<td>General warm up</td>
</tr>
<tr>
<td></td>
<td>Men’s Divers only</td>
</tr>
<tr>
<td>4:45</td>
<td>Diving Coaches Meeting</td>
</tr>
<tr>
<td>5:00</td>
<td>Men’s 3 Meter trials</td>
</tr>
<tr>
<td>At the conclusion of preliminary diving the diving boards will be open for general warm up including women’s divers.</td>
<td></td>
</tr>
<tr>
<td>7:30</td>
<td>Men’s 3 Meter Finals</td>
</tr>
<tr>
<td>8:30</td>
<td>Open Warm-up all divers</td>
</tr>
<tr>
<td>10:00</td>
<td>Pool Closed</td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td>Time</td>
<td>Friday Trials – 10:00 AM</td>
</tr>
<tr>
<td>6:00</td>
<td>Morning Swim (No Diving)</td>
</tr>
<tr>
<td>9:30</td>
<td>Flight A All Divers</td>
</tr>
<tr>
<td>10:30</td>
<td>Flight B All Divers</td>
</tr>
<tr>
<td>11:30</td>
<td>Flight C All Divers</td>
</tr>
<tr>
<td>12:30</td>
<td>Group Warm-up</td>
</tr>
<tr>
<td>12:30</td>
<td>Diving Coaches Meeting</td>
</tr>
<tr>
<td>1:00</td>
<td>Women’s 1m Trials</td>
</tr>
<tr>
<td></td>
<td></td>
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<td>4:30</td>
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</tr>
<tr>
<td>5:50</td>
<td>Introductions</td>
</tr>
<tr>
<td>6:00</td>
<td>National Anthem</td>
</tr>
<tr>
<td>7:30</td>
<td>(Approx.) Final Diving</td>
</tr>
<tr>
<td></td>
<td>Awards Presentation</td>
</tr>
<tr>
<td>(Awards will be given after 10m break before 200 MR)</td>
<td></td>
</tr>
</tbody>
</table>

**Awards Presentation**

(Awards will be given after 10m break before 400 FR)