WELCOME TO JOHNSON & WALES UNIVERSITY

This guide was prepared by the JWU Athletic Department for our guests, in preparation for their visit to Providence during the 2017-18 academic year. We hope it will make it easier for you to reach the proper personnel at Johnson & Wales, and get to the site of the game in advance of your contest.

The JWU Director of Athletic Communications is responsible for securing media coverage for all of the university’s athletic teams. Please don’t hesitate to call us with any updated information, statistical summaries, schedule changes, game results and the like, in advance of your visit. Please feel free to include a media list when your team visits, and we’ll make every effort to provide them with summaries, box scores, etc. after the contest.

We look forward to seeing you soon!

Mel Graf
Executive Director of Athletics
JOHNSON & WALES UNIVERSITY ATHLETICS
FREQUENTLY CALLED PHONE NUMBERS

Mel Graf, Associate Dean & Executive Director of Athletics   (401) 598-4949
Jamie Marcoux, Director of Athletics                      598-1605
Evan McDermott, Assistant Director of Athletics        598-1603
Barbara Ornazian, Administrative Assistant/Main Desk      598-1600
Alan Segee, Director of Sports Medicine                  598-1626
Matt Roache, Operations Manager                         598-1625
Rob Grant, Coordinator of Athletic Facilities and Operations  598-4948
Michael Smoose, Sports Information Director             598-1632
JWU Athletic Department Fax                              598-1601
Campus Directory                                        598-1000
Campus Safety and Security                               598-1103

OFF-CAMPUS FACILITIES

Lynch Arena   (Hockey)  728-7420
Center Court   (Tennis)  437-1210

COACHING STAFF (Phone Extension) (Dial 401-598-then extension)

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<tr>
<th>Sport:</th>
<th>Head Coach:</th>
<th>Assistants:</th>
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<tr>
<td>Baseball</td>
<td>John LaRose (1609)</td>
<td>Mark Cooke</td>
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<tr>
<td>Basketball (M)</td>
<td>Jamie Benton (1621)</td>
<td>Rich DiLascio, Mike Reed, Dr. Tom Calabrese</td>
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<tr>
<td>Basketball (W)</td>
<td>Kim Dweck (1606)</td>
<td>Abbie Tonello</td>
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<td>Cross Country (M + W)</td>
<td>Hollie Walton (1615)</td>
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<tr>
<td>Equestrian (M: IHSA)</td>
<td>Dirk Fogg (508-252-5700)</td>
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<tr>
<td>Equestrian (W: IDA)</td>
<td>Crystal Taylor (508-252-5700)</td>
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<tr>
<td>Field Hockey</td>
<td>Jessica Lane (4941)</td>
<td>Stephanie Walker</td>
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<tr>
<td>Golf (M + W)</td>
<td>Lou Parente (1637)</td>
<td>Amanda Lupino</td>
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<td>Ice Hockey (M)</td>
<td>James LaCour (1636)</td>
<td>Casey Mignone</td>
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<tr>
<td>Ice Hockey (W)</td>
<td>Natalie Zitek (4944)</td>
<td>TBA</td>
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<tr>
<td>Lacrosse (M)</td>
<td>Nick Coppola (4943)</td>
<td>Ben Barlow, Mike Russo, Shannon Sligo</td>
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<tr>
<td>Lacrosse (W)</td>
<td>Jessica Scannapieco (4942)</td>
<td>Casey Blakeney</td>
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<tr>
<td>Rowing (W)</td>
<td>Bill McLean (4933)</td>
<td>Zeph Halsey</td>
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<tr>
<td>Soccer (M)</td>
<td>David Kulik (1614)</td>
<td>Luke Hovey</td>
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<tr>
<td>Soccer (W)</td>
<td>Chris Flint (1608)</td>
<td>Johan Giraldo</td>
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<tr>
<td>Softball</td>
<td>Kim Camara-Harvey (1607)</td>
<td>Ashley Olson</td>
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<tr>
<td>Tennis (M + W)</td>
<td>Devin Kitterick (1021)</td>
<td>Allan Freedman</td>
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<tr>
<td>Volleyball (M)</td>
<td>Scott Reslow (1611)</td>
<td>Brian Garrepy</td>
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<tr>
<td>Volleyball (W)</td>
<td>Nancy Somera (2025)</td>
<td>Andy Cass</td>
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<tr>
<td>Wrestling</td>
<td>Lonnie Morris (1610)</td>
<td>Brian Allen, James Gilbert, Colin Lenhardt, Joe Pronk</td>
</tr>
<tr>
<td>Cheerleading</td>
<td>Cassie Dib</td>
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DIRECTIONS TO JOHNSON & WALES UNIVERSITY
ATHLETIC FACILITIES

THE WILDCAT CENTER
305 Shipyard St., Providence, R.I.
(Basketball, Volleyball, Wrestling)

From Boston:
Take Interstate-93 to Interstate-95 South into Rhode Island. Take Exit 18 (Thurbers Ave.) At the end of the ramp, bear left, following the road to the traffic light, veering right onto Allens Avenue. Follow Allens for 1.1 miles to the Shell gas station on the left. Go left after the gas station onto Harbor-side Boulevard, and continue 3/10 of a mile to Shipyard Street. The entrance to the campus is 500 feet on the left. The gym is the building on the right.

From New Haven, New York, and Points South:
Take Interstate-95 North into Rhode Island. Take Exit 18 (Thurbers Avenue). At the exit ramp, bear right and follow the road to the traffic light, veering right onto Allens Avenue. Follow Allens Avenue for about a mile to the Shell gas station on the left. Take a left after the gas station onto Harborside Boulevard, and continue 3/10 of a mile to Shipyard Street. The entrance to the campus is 500 feet on the left. The gym is the large building on the right.

Scotts Miracle-Gro Athletics Complex
305 Shipyard St., Providence, RI
(Soccer, Baseball, Softball, Lacrosse, Field Hockey)

From Boston:
Take Interstate-93 to Interstate-95 South into Rhode Island. Take Exit 18 (Thurbers Ave.). At the end of the ramp, bear left, following the road to the traffic light, veering right onto Allens Avenue. Follow Allens Ave. for 1.1 miles to the Shell gas station on the left. Go left after the gas station onto Harborside Boulevard, and continue 3/10 of a mile to Shipyard Street. The field complex is on the right.

From New Haven, New York, and Points South:
Take Interstate-95 North into Rhode Island. Take Exit 18 (Thurbers Ave.). At the end of the ramp, bear left, following the road to the traffic light, veering onto Allens Avenue. Follow Allens Ave. for 1.1 miles to the Shell gas station on the left. Go left after the gas station onto Harborside Boulevard, and continue 3/10 of a mile to Shipyard Street. The field complex is on the right.

Lynch Arena
25 Beatty Street.
Pawtucket, RI 02860
(Ice Hockey)

From I-95 North: Take Exit 27. At second light turn left onto Pine Street. Follow to end and take a right onto Goff Avenue. Go to the first light and take a left onto Dexter Street. The arena is one block up on the right.

From I-95 South: Take Exit 29, Fountain Street, and turn right at the top of the Exit ramp and follow to the end. Take a right onto Exchange Street and go to the 5th light and turn right onto Dexter Street. The arena is one block on the right.
Center Court
55 Hospital Road
East Providence, R.I.
(Tennis)
From North or South on Interstate 95:
Take 195 East off 95 and continue to the E. Shore Expressway exit (Exit 7). Take Wampanoag Trail to Hospital St.

Metacomet Country Club
500 Veterans Memorial Parkway, East Providence, RI 02914
(Men’s Golf)
Take Interstate—95 to Interstate 195 West. Take Exit 4 toward Riverside. Continue onto Veteran’s Memorial Parkway. Metacomet Country Club is 1 mile down on the left.

Alpine Country Club
251 Pippin Orchard Road; Cranston, RI 02921
(Women’s Golf)
From Providence, take I-95 South. Take Exit 14B onto RI Route 37 West. Take Exit 1B onto 295 North. Take Exit 4 onto RI Route 14 West. Follow RI 14 West for 2.6 miles. Turn left onto Pippin Orchard Road. Golf course is 0.5 miles on the right.

JWU Equine Center
29 Francis Street
Rehoboth, MA 02769
(Equestrian)
From Boston - Rt. 24 South to 13B (Route 44 West). Go approximately 7 miles and turn right onto New St. Follow onto Fairview Ave. and turn right onto Francis St. The Equine Center will be up ahead on your right.

From Providence - Get onto 195 East and take exit 4 towards Rt. 44 East (Taunton Ave.). Take left onto Rt. 118 (Anawan St.) and then a right onto Fairview Ave. Then take a left onto Francis St. and the Equine Center should be on your right.
TO: All Visiting Teams and Athletic Trainers
FROM: Alan Segee, ATC Director of Sports Medicine
Jillian Withington, ATC Assistant Athletic Trainer
Rachel Millen, ATC Assistant Athletic Trainer
Tom Halley, ATC Assistant Athletic Trainer
Raymond Zdrodowski, ATC Assistant Athletic Trainer
RE: Medical Coverage and Facilities Available at Johnson & Wales

We would like to welcome you to Johnson & Wales University for your upcoming athletic events. We will be more than happy to assist you and your teams at any time during your visit to our University. We would ask that you provide your team with a fully-stocked kit and written instructions for any treatments needed. Water, cups, and ice for the teams will be provided.

A staff athletic trainer will be present for all home contests. Splints, cervical collars, and crutches will be available for all emergency use at all contests.

The training room is located in the Wildcat Center. A phone call in advance of the athlete’s arrival would be greatly appreciated, and would insure our availability at the proper time. Ultrasound and electrical stimulation are available with a written note from a physician or athletic trainer.

If you have any questions at all, please feel free to call us prior to your contest. Thank you for your time and good luck in the upcoming season.

Athletic Training Staff:

DIRECTOR OF SPORTS MEDICINE
Alan Segee, M.Ed., LATC
(401) 598-1626
Women’s Volleyball, Men’s & Women’s Basketball, Men’s Volleyball, Baseball, Tennis

ASSISTANT ATHLETIC TRAINER
Jillian Withington, MS., ATC
(401) 598-1631
Women’s Soccer, Women’s Ice Hockey, Men’s Lacrosse, Golf

ASSISTANT ATHLETIC TRAINER
Rachel Millen, MS., ATC
(401) 598-1997
Men’s Soccer, Men’s Ice Hockey, Softball, Equine

ASSISTANT ATHLETIC TRAINER
Raymond Zdrodowski, MS., ATC
(401) 598-5133
Field Hockey, Wrestling, Tennis, Women’s Lacrosse, Cross Country

TEAM PHYSICIAN
Jeff Wilson, MD
Family Medicine / Sports Medicine
401-943-6913

TEAM ORTHOPEDICS
Foundry Sports Medicine
401-459-4001

HOSPITALS:

Rhode Island Hospital
593 Eddy St., Providence, RI
(401) 444-4000
5-10 minutes from gym
RHODE ISLAND MEDIA LISTINGS

Print Media

Providence Journal – Art Martone, Sports Editor
75 Fountain Street
Providence, RI 02902
Phone (401) 277-7340
Fax (401) 277-7444

General contacts:
Night/weekend desk – Chris Venditto, Corey Bourassa
Daytime desk -- Bob McGarry
College Sports -- Mike Szostak

Warwick Beacon/Cranston Herald
1944 Warwick Avenue
Warwick, RI 02886
Phone (401) 732-3100
Fax (401) 732-3110

Woonsocket Call
75 Main Street
Woonsocket, RI 02895
Phone (401) 762-3000 ext. 148
Fax (401) 765-2834

Pawtucket Times
23 Exchange Street
Pawtucket, RI 02860
Phone (401) 722-4000
Fax (401) 727-9252

Kent County Daily Times
1353 Main Street
West Warwick, RI 02893
Phone (401) 821-6400
Fax (401) 828-0810

Electronic Media:

Frank Carpano
WJAR-TV (10, NBC)
23 Kennedy Drive
Cranston, RI 02920
Phone (401) 455-9133
Fax (401) 455-9168

Patrick Little
WPRI-TV (12, CBS)
25 Catamore Blvd.
E. Providence, RI 02914
Phone (401) 438-7299
Fax (401) 431-1012

Ken Bell
WLNE-TV (6, ABC)
10 Orms Street
Providence, RI 02903
Phone (401) 751-6666
Fax (401) 751-1865
HAMPTON INN
850 Centre of New England Blvd.
Coventry, RI  02816

CONTACT:  (401) 823-4041
RATES:  $89 Per Room
LOCATION:  Exit 7 off I-95, 20 min. from campus

COMFORT INN
1940 Post Rd.
Warwick, RI  02886

CONTACT:  Alicia Centro (401) 824-0649
RATES:  $89 Per Room
LOCATION:  Route 1, minutes from I-95 at the Green State Airport exit, north and south

COURTYARD BY MARRIOTT
636 George Washington Highway
Lincoln, RI  02865

CONTACT:  Jo-Anne Azevedo (401) 333-3400
RATES:  $99-$115 Per Room
LOCATION:  Off Rt. 146, 20 min. from campus, close to Hockey facility (RI Sports Center)

RADISSON AIRPORT HOTEL
2081 Post Road
Warwick, RI 02886

CONTACT:  Janice Taylor (401) 739-3000
RATES:  $89-$109 double
$10 additional persons (subj. to change)
LOCATION:  Route 1, minutes from I-95 at the Green State Airport exit, north and south *(RATES SUBJECT TO CHANGE)*

NEARBY RESTAURANTS

The Brass Monkey  785-1818  800 Allens Avenue  Providence
Subway Sandwich Shop  461-6177  1009 Narragansett Ave.  Providence
Edgewood Market, Pizza & Deli  941-5060  1043 Narragansett Ave.  Cranston
Harborside Pizza  467-6262  808 Allens Avenue  Providence
Boulevard Pizza  781-2730  1031 Narragansett Ave.  Cranston
Rick’s Roadhouse  272-7675  370 Richmond Street  Providence
South Street Café  454-5360  54 South Street  Providence
Hemenway’s  351-8570  1 Old Stone Square  Providence
Uno’s Chicago Grill  270-4866  Providence Place Mall  Providence
Cheesecake Factory  270-4010  Providence Place Mall  Providence
Fire & Ice  270-4040  Providence Place Mall  Providence
Dave & Buster’s  270-4555  Providence Place Mall  Providence
Angelo’s Civita Farnese  621-8171  141 Atwells Avenue  Providence
Mediterraneo  331-7760  134 Atwells Avenue  Providence

RESTAURANTS NEAR THE RADISSON AIRPORT HOTEL

Libations (at the Radisson)  739-3000  2082 Post Road  Warwick
Bertucci’s  732-4343  1946 Post Road  Warwick
Wendy’s  738-7222  1951 Post Road  Warwick
Legal Seafood  732-3663  2099 Post Road  Warwick
Dave’s Bar and Grille  739-7444  2339 Post Road,  Warwick