



Northeast-10 Conference
16 Belmont Street
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2008 NE-10 Outdoor Track & Field • Regular Season Release
May 5, 2008 • For Immediate Release

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Northeast-10 Outdoor Track & Field Report For Contests Through May 4, 2008



Northeast-10 Men's Track Athlete and Freshman of the Week

Nana Ocran, Southern Connecticut (Fr., Manchester, Conn.) - Was named the Most Outstanding Performer of the Northeast-10 Conference Championships. Won the 100 meter dash with a time of 10.90 seconds. Won the 200 meter dash with a time of 21.94 seconds. Was also a member of the 4x100 meter relay team that set a meet record with a time of 41.14 seconds en route to winning the event.



Northeast-10 Women's Track Athlete of the Week

Letecia Taylor, Southern Connecticut (So., Plainfield, N.J.) - Was named the Most Outstanding Performer of the Northeast-10 Conference Championships. Won the 100 meter hurdles with a time of 14.59 seconds and the 400 meter hurdles with a time of 1:02.81. Both times marked NCAA provisional qualifying times.



Northeast-10 Women's Track Freshman of the Week

Lyra Clark, UMass-Lowell (Fr., Nashua, N.H.) - Captured the 3,000 meters and was named the Northeast-10 Conference Freshman Athlete of the Year. Posted a time of 10:28.33, establishing a 30-plus second advantage on the remainder of the field.



Northeast-10 Men's Field Athlete of the Week

John Brinley, Southern Connecticut (Jr., East Hartford, Conn.) - Won the hammer throw at the Northeast-10 Conference Championships with a meet-record and NCAA provisional qualifying throw of 180'1".



Northeast-10 Women's Field Athlete of the Week

Yvonne Perkins, Southern Connecticut (Jr., Danbury, Conn.) - Won the hammer throw at the Northeast-10 Conference Championships with an NCAA provisional qualifying throw of 163'6". Also placed second in the shot put and seventh in the javelin throw.



Northeast-10 Men's Field Freshman of the Week

Robert Golabek, Southern Connecticut (Fr., Hamburg, N.Y.) - Won the shot put at the Northeast-10 Conference Championships with an NCAA provisional qualifying throw of 54'1.75". Also placed third in the discus throw and fourth in the hammer throw at the event.



Northeast-10 Women's Field Freshman of the Week

Courtني Walker, Southern Connecticut (Fr., Uniondale, N.Y.) - Won the triple jump at the Northeast-10 Conference Championships with a jump of 35'1". Also placed second in the long jump with a leap of 17'1.5".



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Weekly Honor Roll:

Melissa Nash, Bentley (Jr., Marshfield, Mass.) - Captured third Northeast-10 championship of her career, winning the 1500 meters in 4:47.50, with a winning margin of 3.36 seconds.

Rachel Martinich, Bryant (Jr., Fairfield, Conn.) - Won the women's javelin throw in the NE-10 Championships, qualifying for the New England Championships with a toss of 38.10 meters.

Nicole Radzik, Bryant (Sr., Sutton, Mass.) - Named Female Athlete of the Year at Saturday's NE-10 Track & Field Championships. Took a pair of victories in the meet, first in the 3000-meter steeplechase with an NCAA-provisionally qualifying time of 11:20.91 and later winning the 5000-meter run, setting a new NE-10 Championship record and qualifying for the New England Championships with a time of 18:03.44.

Jacqui Barrett, UMass-Lowell (So., Woburn, Mass.) - Captured the shot put and improved her standing for the NCAA Championship. Posted a distance of 46' 0.75" to move from 11th to 10th on the NCAA Division II list.

Haley Catarius, UMass-Lowell (So., Marshfield, Mass.) - Won the 400 meter dash at the Northeast-10 Championship. Posted a time of 57.93 seconds.

Andrew Grange, UMass-Lowell (Jr., Methuen, Mass.) - Captured the 400 meter dash for the second straight year and improved his standing on the NCAA Championship Division II list at the Northeast-10 Conference Championship. Posted a time of 47.52 to improve to 15th in the country. Also ran a leg on UML's 4X100 meter relay team which took second in 42.44 seconds.

Robert Liekweg, UMass-Lowell (So., Salem, N.H.) - Captured both the 110 meter and 400 meter hurdles at the Northeast-10 Conference Championship. Won the 110 in 15.08 seconds and captured the 400 in 53.98 seconds. Also ran legs on UML's 4X100 meter relay team which took second (42.44) and the 4X400 meter relay team which was also the runner-up in 3:23.18.

Gillian Mundry, UMass-Lowell (Sr., Methuen, Mass.) - Won the long jump at the Northeast-10 Conference Championship with a distance of 17' 9.75".

Ruben Sanca, UMass-Lowell (Jr., Boston, Mass.) - Won the 5,000 meters at the Northeast-10 Conference Championship for the second straight year with a time of 14:54.98.

Melissa Bredice, Saint Rose (So., Colonie, N.Y.) - Set an NE-10 Championship meet record with a winning time of 39:30.33 in the 10,000 meter run, shattering the previous standard by some two minutes.

Christopher Croff, Southern Connecticut (So., Lisbon, Conn.) - Won the 10,000 meters at the Northeast-10 Conference Championships with a time of 32:30.28.

Past Men's Track Athlete of the Week:

3/24: Nick Jones, Bentley, Fr.
3/31: Torrey Price, Stonehill, Jr.
4/7: Stephan Ramirez, Bentley, Sr.
4/14: Torrey Price, Stonehill, Jr.
4/21: Dan Darcy, Bentley, So.
4/28: Tim Guerin, UMass Lowell, So.

Past Women's Track Athlete of the Week

3/24: Haley Catarius, UMass Lowell, So.
3/31: Stephanie Montagano, Bryant, Jr.
4/7: Melissa Nash, Bentley, Jr.
4/14: Stephanie Montagano, Bryant, Jr.
4.14: Nicole Radzik, Bryant, Sr.
4/21: Stephanie Montagano, Bryant, Jr.
4/28: Melissa Nash, Bentley, Jr.
4/28: Letecia Taylor, Southern Connecticut. So.

Past Men's Track Freshman of the Week

3/24: Nick Jones, Bentley
3/31: Thomas O'Connor, Bryant
3/31: Johan Rafael, UMass Lowell
4/7: Johan Rafael, UMass Lowell
4/14: Thomas O'Connor, Bryant
4/21: Kevin Gill, Stonehill
4/28: Kevin Gill, Stonehill

Past Women's Track Freshman of the Week

3/24: Corinne Flieger, Bentley
3/31: Sherri Gamberale, Southern Connecticut
4/7: Lauren Raimondi, UMass-Lowell
4/14: Jenna Lapachinski, UMass-Lowell
4/21: Corinne Flieger, Bentley
4/28: Lyra Clark, UMass Lowell



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Corey Mosley, Southern Connecticut (So., Bethany, Conn.) - Won the 800 meter run at the Northeast-10 Conference Championships with a time of 1:54.40.

Kevin Taylor, Southern Connecticut (Sr., Bristol, Conn.) - Won the long jump at the Northeast-10 Conference Championships with a leap of 23'1.75".

Chris Watson, Southern Connecticut (Sr., Manchester, Conn.) - Won the triple jump at the Northeast-10 Conference Championships with a jump of 46'6.25".

Ryan Whitehead, Southern Connecticut (So., Darien, Conn.) - Won the pole vault at the Northeast-10 Conference Championships with a vault of 15'6.25".

Symone Wong, Southern Connecticut (Jr., Laurelton, N.Y.) - Won the 100 meter dash with a time of 12.31 seconds and the 200 meter dash with a time of 25.43 seconds at the Northeast-10 Conference Championships

Weekly Notes:

BENTLEY: At the Northeast-10 Championships, both junior Meghan Munroe (Haverhill, Mass.) and freshman Corinne Flieger (Hopkinton, Mass.) improved on school records that they had set earlier this season. Munroe posted a time of 12:24.29 in the 3000 meter steeplechase and Flieger lowered the Bentley standard in the 100 meter hurdles to 15.77 seconds.

SAINT ROSE: The Saint Rose men's track and field team had its best performance ever at the Northeast-10 Conference Championships with a fifth place standing. Junior Kevin Jackson (Schenectady, N.Y.) broke his own school record with a second place time of 15.23 in the 110m hurdles, while junior Marc Cooke (Williston, VT) set a school mark with a distance of 12.52 meters in the triple jump.