

**Keene State College Women's Track and Field Records
Indoors**

Event	Record	Holder	Year
55m	7.35	Nicole Geyselaers	2002
55m HH	8.51	Oksana Anohina	2000
200m	26.73	Laura Kintz	2008
400m	57.59b	Sarah Miller	2006
500m	1:20.91	Shannon O'Brien	2004
600m	1:36.29	Breanne Lucey	2006
800m	2:08.80	Allison Chamberlain	2010
1,000m	2:58.96	Mary Proulx	2001
1,500	4:29.76	Mary Proulx	2002
Mile	4:55.70	Breanne Lucey	2006
3,000m	9:34.59	Mary Proulx	2003
5,000m	16:46.32	Jennifer Adams	2008
4x200	1:48.07	Kintz, Stannard, Griffin, Deignan	2008
4x400	3:59.10	Miller, Bates Gavin, Lucey	2005
DMR	11:51.44	Adams, Miller, Gavin, Lucey	2006
4x800	9:28.70	Gibson, Proulx Vachon, Yorgensen	2003
High Jump	5'-9.25"(1.73m)	Crystal Blamy	2008
Long Jump	18'-4.5" (5.60m)	Nicole Geyselaers	2003
Triple Jump	36'-4" (11.07m)	Nicole Geyselaers	2002
20 lb. Wt.	45'-8.5" (13.93m)	Christine Leggett	2001
Shot put	40'-.25" (12.19m)	Samantha Hirsh	2006
Pole Vault	10'-6''	Christina Bourbeau	2009
Pentathlon	2758 pts.	Venessa Ward	2008
Outdoors			
100m	12.40	Nicole Geyselaers	2002
100m HH	15.14	Oksana Anohina	2002
200m	26.37	Nicole Geyselaers	2002
400m	57.94	Allison Chamberlain	2010
400m IH	67.1	Shannon O'Brien	2003
800m	2:10.61	Allison Chamberlain	2010
1,500	4:28.20	Mary Proulx	2003
Mile	4:50.20c	Mary Proulx	2003
3,000m	9:43.46	Mary Proulx	2003
Steeplechase	11:01.44	Andrea Walsh	2010
5,000m	16:29.79	Mary Proulx	2002
10,000m	33.21.80	Mary Proulx	2003
4x100	50.00	Kintz, Stannard,	2008

4x400	3:55.90	Griffin, Deignan Miller, Gavin Lucey, O'Brien	2005
Pole Vault	10'-00"	Christina Bourbeau	2007
High Jump	5'-9.25' (1.76m)	Crystal Blamy	2008
Long Jump	18'-0.5" (5.50m)	Nicole Geyselaers	2002
Triple Jump	37'-5.75" (11.42m)	Nicole Geyselaers	2002
Discus	122'-6.5" (37.35m)	Katherine Deloid	2009
Shot put	38'-11.75" (11.88m)	Bryanna Brown	2008
Javelin	147' (44.81m)	Samantha Hirsh	2008
Hammer	138'-6" (42.50m)	Christine Leggett	2003