Plymouth State University is located in the Lakes Region of Central New Hampshire, near the foothills of the White Mountains. For 140 years, the institution has been an active contributor to intellectual growth and educational development within the region.

Founded in 1871 as Plymouth Normal School, the primary goal was to establish an effective teacher education program. In 1939, the school’s name was changed to Plymouth Teachers College. An influx of servicemen following World War II stimulated curriculum expansion, and the college began a period of steady growth.

The school’s name was changed again in 1962 to Plymouth State College, becoming a multi-purpose, co-educational institution. The most recent name change occurred in the summer of 2003, when it became Plymouth State University.

Today, over 200 full-time faculty members work at PSU to make over 1000 courses available to the 4000 undergraduates. A student may choose from over 50 majors while pursuing two-year associate degrees or four-year bachelor degrees.

Besides the university’s well-known teacher education program, PSU also offers business degree programs in administration, marketing, management and accounting. Studies are also available in the liberal arts, and new degree programs have been developed in areas relating to the fine arts, political science, geography, anthropology/sociology, medieval studies, mathematics, economics, regional planning, health education, bilingual multicultural education, social work, theatre arts, computer science, communications, and sports management.

Graduate degree programs include the Master of Arts in Teaching (MAT), Master of Business Administration (MBA), Master of Education (MEd), Master of Science (MS), Doctor of Education (EdD), as well as educator certifications and advanced graduate study options. Qualified undergraduate students can usually earn a master’s degree by successfully completing one year of graduate study after obtaining a bachelor’s degree. Graduate courses are offered year-round in face-to-face, hybrid, and online formats.

Plymouth State recognizes that athletics have much to offer the university community. The Panther sports programs afford the students the opportunity to develop physically, emotionally, intellectually and socially. The athletic programs have given students many reasons to be proud of PSU while stimulating school spirit. Intercollegiate competition has provided valuable “laboratory experiences” to hundreds of young men and women who have gone on to coaching careers throughout New England and beyond.

With over 35 acres of playing fields adjacent to the Physical Education Center, which includes a field house, swimming pool, 2000-seat gymnasium, racquetball courts, athletic training facility and the Vailas Performance Center, athletics will continue to play an important role within the campus. PSU proudly sponsors 19 varsity teams (8 for men, 11 for women) and an accredited Athletic Training program. As a member of the NCAA Division III, the Panthers have consistently enjoyed individual and team success at both the regional and national levels.

**PLYMOUTH STATE QUICK FACTS**

**LOCATION:** Plymouth, NH 03264  
**FOUNDED:** 1871  
**ENROLLMENT:** 4,200  
**NICKNAME:** Panthers  
**COLORS:** Green & White  
**AFFILIATIONS:** ECAC and NCAA Division III  
**CONFERENCES:** Little East (Baseball, Basketball, Cross Country, Field Hockey, Lacrosse, Soccer, Softball, Swimming, Tennis, Track & Field, Volleyball), MASCAC (Football, Men's Ice Hockey), ECAC East (Women's Ice Hockey), NEWA (Wrestling), EISA (Skiing).  
**HOME FACILITIES:** Arold Field (Soccer, Women's Lacrosse), Currier Field (Football, Men's Lacrosse), D&M Park (Softball), Foley Gymnasium (Basketball, Volleyball, Wrestling), Hanaway Rink (Hockey), Panther Park (Baseball), PSU Natatorium (Swimming and Diving), Waterville Valley (Skiing), George Davis Track (Track & Field)

**PLYMOUTH STATE ATHLETIC DIRECTORY**

<table>
<thead>
<tr>
<th>Position</th>
<th>Name</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Interim Director of Athletics</td>
<td>Kim Bownes</td>
<td>603-535-2771</td>
</tr>
<tr>
<td>Associate Athletic Director</td>
<td>Courtney O'Clair</td>
<td>603-535-2772</td>
</tr>
<tr>
<td>Assistant Athletic Director</td>
<td>Lauren Lavigne</td>
<td>603-535-2763</td>
</tr>
<tr>
<td>Sports Information Director</td>
<td>Kent Cherrington</td>
<td>603-535-2477</td>
</tr>
<tr>
<td>Head Athletic Trainer</td>
<td>Mark Legacy</td>
<td>603-535-2757</td>
</tr>
<tr>
<td>Assistant Athletic Trainer</td>
<td>Eric Gibbs</td>
<td>603-535-2791</td>
</tr>
<tr>
<td>Assistant Athletic Trainer</td>
<td>Brian Busaniech</td>
<td>603-535-2702</td>
</tr>
<tr>
<td>Business Manager</td>
<td>Michelle Wright</td>
<td>603-535-2767</td>
</tr>
<tr>
<td>Administrative Assistant</td>
<td>Gabby Goodwin</td>
<td>603-535-2770</td>
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<tr>
<td>Equipment Manager</td>
<td>Geoff McGlone</td>
<td>603-535-2754</td>
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<tr>
<td>Baseball</td>
<td>Clay Jenkins</td>
<td>603-535-2756</td>
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<tr>
<td>Men's Basketball</td>
<td>Andrew Novick</td>
<td>603-535-2753</td>
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<tr>
<td>Women's Basketball</td>
<td>Allison Flynn</td>
<td>603-535-3229</td>
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<tr>
<td>Men's &amp; Women's Cross Country</td>
<td>John Ostler</td>
<td>603-535-2752</td>
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<tr>
<td>Field Hockey</td>
<td>Bonnie Lord</td>
<td>603-535-2759</td>
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<tr>
<td>Football</td>
<td>Paul Castonila</td>
<td>603-535-2761</td>
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<tr>
<td>Men's Ice Hockey</td>
<td>Craig Russell</td>
<td>603-535-2744</td>
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<td>Women's Ice Hockey</td>
<td>Ashley Kilstein</td>
<td>603-535-2766</td>
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<tr>
<td>Men's Lacrosse</td>
<td>Gordon Webb</td>
<td>603-535-2764</td>
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<tr>
<td>Women's Lacrosse</td>
<td>Kristin Tracy</td>
<td>603-535-3015</td>
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<tr>
<td>Men's &amp; Women's Skiing</td>
<td>Andrew Gannon</td>
<td>603-535-2773</td>
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<tr>
<td>Men's Soccer</td>
<td>Rob Wright</td>
<td>603-535-2516</td>
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<tr>
<td>Women's Soccer</td>
<td>Ryan Joy</td>
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<tr>
<td>Softball</td>
<td>Bruce Addison</td>
<td>603-330-3016</td>
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<td>Women's Swimming &amp; Diving</td>
<td>Al Switzer</td>
<td>603-535-2765</td>
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<td>Women's Tennis</td>
<td>Barbara Rawlsky-Willett</td>
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<td>John Ostler</td>
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<td>Women's Volleyball</td>
<td>Chris Kilmer</td>
<td>603-535-2778</td>
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<tr>
<td>Wrestling</td>
<td>Ryan Schieding</td>
<td>603-535-2774</td>
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</tbody>
</table>

**Sports Information**  
Office (603) 535-2770  
Fax (603) 535-2777

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2015 Schedule
SEPT.
Sat. 5 CASTLETON ................................. 1:00 pm
Sat. 12 at Mount Ida ................................. 1:00 pm
Sat. 19 WESTERN CONNECTICUT* ....... 1:00 pm
Sat. 26 at UMass Dartmouth* ................. 4:00 pm

OCT.
Sat. 3 WESTFIELD STATE* ................. 1:00 pm
Sat. 17 BRIDGEWATER STATE* .......... 1:00 pm
Sat. 24 at Framingham State* ........... 12:00 pm
Sat. 31 WORCESTER STATE* ............ 1:00 pm

NOV.
Sat. 7 at Mass. Maritime* ................. 1:00 pm
Sat. 14 at Fitchburg State* ................. 3:00 pm
*MASCAC Game

2015 PSU Football Guide Credits
Editor: Kent Cherrington
Photography: Matt Risley, SportsPix,
Kim Bownes, Kent Cherrington
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<td>29</td>
<td>Mitch Banuskevich</td>
<td>Fr.</td>
<td>RB</td>
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<td>47</td>
<td>Tim Bartlett</td>
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<td>Ryan Bentley</td>
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<td>Mitchel Davis</td>
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<td>Andy DeGregorio</td>
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<td>Tony de Simas</td>
<td>Fr.</td>
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Panthers looking to improve in competitive MASCAC slate

The Plymouth State football team returns as many as eight starters on offense and 10 on defense this fall, setting up what could be an improved season in 2015. The Panthers are looking to expand on their performance from a year ago, and 13th-year head coach Paul Castonia is optimistic with the return of so many players.

“We definitely have a lot of guys back, and that should help us,” said Castonia. “We had a lot of freshmen who got valuable playing time, and we had others who were in their first year at their positions. We feel that experience will pay off this year, as we made some good progress as the season went along last year.”

The Panther defense, which lost just two starters from last season, should be able to hold their own against the competitive MASCAC opponents. They will have to overcome the graduation of Kyle Wilson, who earned All-Conference honors as a dominant defensive end.

“Kyle will be tough to replace,” said Castonia. “Other teams set their game plan around him, so he faced a tough challenge each week. We will have to adjust our defense with him not in there anymore.”

The Coach says consistency could be the key to this year’s squad. “We often went into third down in a good situation last year, for example, especially late in the season. We created a third-and-long, but then couldn’t sustain it. The building blocks are there, now we just have to do it on every down.”

Castonia makes no predictions on the season, but guarantees the team will work hard and represent the team and the school with class.

“The guys have worked very hard in the offseason and they want to see that work pay off. If we can stay healthy and the guys can continue to work hard, I think we can definitely show improvement as a team.”

DEFENSE

The Panthers have five players who are returning starters in the backfield, giving the team plenty of experience. Castonia says the experience helps, but they will have to continue to improve.

Senior Sam Bellamy is a two-year starter at safety, and was joined by junior RJ Ramsden last year. Sophomore Blair Zentek held his own as a rookie starter at one corner while sophomore Thomas Radonich took over for sophomore Zach Ziembba on the other side after Ziembba went down with an injury in week three.

“Ziembba was one of our best players until he got injured,” says Castonia. “It’s nice having five guys back there who have some good experience.”

Seniors Zack Wilkins and Will Perotti are the top returnees at linebacker, after both players changed positions last year. Wilkins, a co-captain this fall, dropped back from the defensive line while Perotti shifted from tight end. Seniors Adam Chambers and Mike Leonard have also seen ample playing time at linebacker, including stints as starters, and Castonia expects that they will be able to contribute.

The defensive line has the least amount of experience, but sophomore Joe Esposito and junior Brandon Mitchell are returning starters who can contribute. Junior Alton George has seen plenty of snaps and could step in.

OFFENSE

The Panthers showed an improved passing game in 2014, and are looking for it to be a strength this fall. A solid group of receivers has opened up the offense, something Castonia hopes can continue.

“We have several guys who did some good things last fall, in terms of receiving, and we’ll try to get the ball to them a little more this year. That would also help us in the running game.”

Senior RJ Kasper returns as the leading receiver from a year ago, when he caught 28 passes for 358 yards. Sophomore Jake Becker came on in the last few weeks of his rookie campaign, and sophomore Chris Kelly had shown solid progress before getting hurt. Senior Jimmy Boulay could also be an option.

Senior Drew Bolton took over at quarterback last year, starting six of the last seven games, and brings to preseason camp the most experience at the position. Sophomore Eric Christensen has shown potential and could push Bolton for the starting position, according to Castonia.

The leading returnee among ball carriers is senior Andrew Vollarro, a veteran who has seen plenty of action the past three seasons. Castonia is hoping he can avoid the injury bug this year, and if so, should be a solid contributor to the offense. “He did some really nice things when he was in there,” said Castonia, “he runs hard and has good vision.”

Sophomores Joe Ceraldi and Andrew Reardon are also running back candidates after seeing limited playing time as rookies. Junior Tyler Mahoney moves over from the defense and will be given the opportunity to contribute.

SPECIAL TEAMS

The Panthers have had solid special teams play in recent years, and Castonia is hoping for that trend to continue. From record-setting kicks to blocked kicks to game-changing returns and even field position advantages, PSU has benefitted from strong special teams.

PSU lost its kicker from last year, former All-Conference place-kicker and school-record holder Rob Giles. The team will also need a new punter, and Will Perotti has some experience to offer. Castonia is hoping a newcomer will also emerge at both positions.

Sophomore Blair Zentek and Jake Becker have experience returning kicks while senior Jimmy Boulay is back on the punt return squad.

“Having strong special teams is often an indication of how well the team will do,” said Castonia. “It’s an indication of how unselfish you are and guys understanding the value of the whole team, not just their own position. Special teams have been good to us over the years.”

OUTLOOK

The Panthers will open the season with traditional non-conference opponents Castleton and Mount Ida before diving into the MASCAC campaign. The eight-game regular-season MASCAC slate will determine the conference champion, which will receive an automatic berth into the NCAA Championships beginning this fall.

“The level of competition in the MASCAC is very strong, and balanced as well,” said Castonia. “We face an uphill battle, but we’re looking forward to it as a staff and the kids are looking forward to it as well. We’re eager to see what we can do.”
Paul Castonia has found a home at Plymouth State. After moving around the college football world for 15 years and gaining experience at all levels, Castonia is now in his 13th year at Plymouth State and has re-established the Panthers as one of the top programs in New England small college football.

Castonia has coached the Panthers through the final season in the Freedom Football Conference, two years as a Division III Independent, seven seasons in the New England Football Conference, and most recently helped usher Plymouth State in as a member of the Massachusetts State Collegiate Athletic Conference (MASCAC).

The Joe Yukica Chapter of the National Football Foundation recognized Castonia’s impact on New England college football, presenting him with the Andy Mooradian Award for Outstanding Contribution to Amateur Football in 2015.

PSU enjoyed four straight winning seasons under Castonia from 2007-10, including three straight post-season berths from 2007-09. Plymouth State captured the New England Football Conference championship in 2008 and competed in the NCAA Division III Championship Tournament.

Castonia turned the program after joining the Panthers in 2003. Inheriting a team that was winless in 2002, he was 9-29 in his first four years before guiding the team to four straight winning seasons with a combined record of 33-10 and three straight post-season berths.

The Panthers posted a 9-1 record in 2007 and a championship victory in the ECAC North Atlantic Bowl. They followed that with a 10-2 mark in 2008, including the Bogan Division title (7-0), the NEFC Championship and a berth in the NCAA Division III Tournament. Castonia led the Panthers to an 8-3 record in 2009 with a third straight post-season berth in the ECAC Northeast Bowl.

Castonia was named NEFC Boyd Division Coach of the Year in 2007 and New England Division II/III Coach of the Year in 2008. They were well-deserved honors for a coach who had long paid his dues with previous stints at Divisions 1-A, 1-AA, 2 and 3.

When Castonia arrived in 2003 as the 11th head coach in the program’s history, he brought experience from previous coaching stops at the University of Rhode Island, University of Maryland, Hartwick College, Ferrum College, the University of Massachusetts Boston and Bryant University.

The Panthers have built a solid foundation for success under Castonia, but he is about more than wins and losses. While the Panthers no doubt aim to having a winning program year in and year out, being good students and quality citizens are equally as important. PSU has averaged 18 players per year on the conference All-Academic Teams, and 12 Panther seniors have earned top academic recognition from the National Football Foundation in the past four years.

“We recruit young men who want to graduate, and who are willing to work hard to be successful in the classroom and on the football field,” says Castonia, a 1986 graduate of Trinity College (Conn.) who earned a Master’s degree from the University of Rhode Island in 1989. “We try to put them in a position to succeed both as students and as football players.”

Castonia says the biggest rewards for him don’t come on Saturdays in the fall, but on graduation day in the spring.

“It’s very gratifying when a young man graduates and is excited about pursuing his chosen career,” says Castonia, “and he is using the habits and lessons he learned and developed on the football field in those endeavors.”

Coach Castonia and his wife Leslie reside in Ashland.

Office: 603-535-2761   E-mail: pfcastonia@plymouth.edu

**THE CASTONIA FILE**

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<tr>
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<td>2001–02</td>
<td>Bryant University: Defensive Coordinator</td>
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<td>1998–00</td>
<td>UMass Boston: Head Coach</td>
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<td>1993–96</td>
<td>Ferrum College: Off. Coordinator/Special Teams Recruiting Coordinator</td>
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<td>1992</td>
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<td>1989–91</td>
<td>University of Maryland: Defensive Backs/Offensive Line/Running Backs/Special Teams</td>
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<tr>
<td>1986–88</td>
<td>University of Rhode Island: Graduate Assistant/Head JV Coach</td>
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</table>
Devin Zeman  
Plymouth State ’04  
Associate Head Coach  
Defensive Coordinator/Defensive Backs  
Devin Zeman is in his 13th season on the Panther Football staff, including his eighth as Defensive Coordinator and seventh as Associate Head Coach. He has also coached the linebackers and quarterbacks for several years each, as well as special teams. A native of Nashua, NH, he is a former Panther defensive back who turned to coaching while earning his undergraduate degree.

Lou Desloges  
Southern Conn. ’69  
Defensive Tackles  
Lou Desloges has been involved with Panther Football for more than three decades. He was an assistant from 1976-85, and served as head coach from 1986-93, winning four NEFC championships. He is PSU’s all-time winningest coach with a 55-15-3 record. After stints as an assistant at Bethany College and Dartmouth College, Desloges returned to Plymouth State as an assistant in 2001.

Zach Parsons  
Plymouth State ’11  
Off. Coordinator/Running Backs  
Zach Parsons is in his fourth season as an assistant for the Panthers, coaching the running backs this year after two years with the defensive backs and last season with the receivers. Parsons is a former four-year starting DB for PSU who earned three All-NEFC honors, including First Team in 2009. He was a three-time NEFC All-Academic team selection and a National Football Foundation Academic Honor Roll recipient. Parsons started his coaching career as an assistant at Northampton (Mass.) H.S.

Tom Manley  
Castleton ’13  
Offensive Line  
Tom Manley is in his third season as offensive line coach on the PSU staff. Manley was a four-year starter on the offensive line at Castleton, earning All-Conference honors. Manley has coached Youth Football for three years, and has also been involved with officiating lacrosse and wrestling. He graduated from Castleton with a minor in coaching.

Tyler Williams  
Georgetown (Ky.) ’13  
Defensive Ends  
Tyler Williams is in his second season on the PSU staff, coaching the defensive ends. Williams is a former letterwinner at Georgetown College (Ky.), where he majored in Exercise Science. He started coaching at Georgetown in the spring of 2013, and spent last year as a coaching/operations intern at Eastern Kentucky University.

Ray Kershaw  
Tight Ends  
Ray Kershaw is in his second season on the PSU staff after a decade coaching football at the high school level. He was the head coach at Mascoma Valley H.S. from 2010-13, earning Coach of the Year honors in 2012 after leading the team to the state championship game. He coached in the NH-VT Shrine Football Game in 2013 and was also an assistant coach at Proctor Academy from 2005-10.

Cory Gaff  
Plymouth State ’14  
Wide Receivers  
Cory Gaff is in his first season as a PSU assistant coach after a four-year career in a Panther uniform, two years as a tight end and two on the defensive line. A native of Everett, Mass., Gaff graduated in 2014 with a degree in Criminal Justice, earning Academic All-MASCAC honors. He spent the 2014 season as linebacker coach at Pomona-Pitzer College in California.

Sean Salisbury  
Castleton ’13  
Linebackers  
Sean Salisbury is in his first season as a PSU assistant coach and works with the linebackers. A former four-year linebacker at Castleton, Salisbury started his coaching career at his alma mater and has also worked as an assistant at the high school level in his hometown of Simsbury, Conn.
KEY PANTHER RETURNEES

#8 DREW BOLTON
Senior QB
Concord, NH/Concord Business Marketing
2014: 10 gms (6 starts); 38-50, 503 yds, 3 TD
2013: 5 gms (1 start); 9-19, 184 yds, TD
2012: 1 gm; 0-1

#9 RJ KASPER
Senior WR
Killingworth, CT/Haddam-Killingworth Exercise Science
2014: Started all 10 gms; 28 rec., 358 yds. (led team)
2013: 7 gms; 3 rec., 30 yds.
2012: 10 gms as reserve WR

#13 RJ RAMSDEN
Junior DB
Florence, MA/Northampton Sports Management
2014: Started all 10 gms; 69 tackles (led team), 3.5 TFL, 3 PR, 1 FF
2013: 10 gms., 1 start; 18 tackles

#15 MIKE LEONARD
Senior LB
Merrimack, NH/Trinity Business Administration
2014: Started 2 of 5 gms; 28 tackles, 2 TFL, 1 BrUp
2013: Started 9 of 10 gms; 49 tackles (5th on team), 2 INT, 1 BrUp
2012: Reserve at Saint Anselm

#26 ANDREW VOLLARO
Senior RB
Higganum, CT/Haddam-Killingworth Criminal Justice
2014: 9 gms; 88 att., 274 yds., TD; 1 rec., 10 yds.
2013: 5 gms; 15 att., 39 yds., TD; 4 rec., 34 yds.
2012: 9 gms; 21 att., 41 yds.; 3 rec., 22 yds.

#42 SAM BELLAMY
Senior RB
Keyport, NJ/Keyport Environmental Planning
2014: Started all 10 gms; 55 tackles (2nd on team), 1 INT, 1 TFL, 1 FF
2013: Started all 10 gms; 54 tackles (3rd on team), 1 TFL, 2 BrUp
2012: Reserve DB

#105 WILL PEROTTI
Senior LB
East Canaan, CT/Housatonic Valley Regional Business
2014: Started all 10 gms; 52 tackles (4th on team), 1 sack, 3.5 TFL, 2 INT, FF
2013: Reserve WR

#45 ZACK WILKINS
Senior RB
West Simsbury, CT/Simsbury Environmental Science and Policy
2014: 8 gms (6 starts) at LB; 31 tackles, 5 TFL, 1 Sack, 1 FF
2013: 10 gms (9 starts) at DE; 50 tackles (4th on Team), 7 TFL, 4 Sacks (led team)
2012: 9 gms, 1 start; 5 tackles, 1 TFL

#55 BRANDON MITCHELL
Junior DB
Windham, ME/Windham Meteorology
2014: Started 9 of 10 gms; 21 tackles, 2 TFL
2013: 1 gm, Reserve DL

#56 RYAN BELLEROSE
Senior OL
Hudson, NH/Alvirne Physical Education
2014: Started all 10 gms (6 at LG, 4 at C)
2013: Started all 10 gms (9 at LG, 1 at C)
2012: 4 gms, 1 start (LG)

#75 RICK ORDWAY
Junior OL
Walpole, MA/Walpole Criminal Justice
2014: Started all 10 gms (9 at LT, 1 at LG)
2013: Started 9 of 10 gms (DL); 16 tackles, 2 TFL, 2.5 Sacks

#86 JAKE BECKER
Sophomore WR
Portsmouth, NH Portsmouth Business
2014: 6 gms (2 starts); 10 rec., 170 yds, 2 TD
### Individual Honors

**All-MASCAC (Second Team)**
- Kyle Wilson, DL

**MASCAC Sportsmanship Team**
- Sam Bellamy, DB
- Paul Castonia, Head Coach

**National Football Foundation — Hampshire Honor Society**
- Rob Giles
- Kyle Wilson
- Jake Harris

**NEFC All-Academic Team**
- Elijah Johnson
- Rick Ordway
- Will Perotti
- Thomas
- Radonich
- RJ Ramsden
- Jarred Wilkins
- Zach Wilkins
- Kyle Wilson

---

### Final Individual Leaders

#### RUSHING

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<tr>
<th>Player</th>
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#### PUNTING

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</table>

* Returning for 2015 season
The first varsity football game (left) at Plymouth State College was on Oct. 3rd, 1970, against Nichols College. PSC’s storied history got off to a terrific start when Alan Wool, the first Panther to touch a football in a game, returned the opening kickoff 95 yards for a touchdown.

Plymouth State has had more than two dozen football All-Americans in its history. The first was Bob Gibson in 1974, shown here on D & M Field, where the Panthers played before moving to what is now Currier Memorial Field in 1979.

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PSC’s Joe Dudek, who in 1985 set the record for scoring more touchdowns (79) than anyone who ever played college football, was inducted into the College Football Hall of Fame in 1997.

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Senior Paul Sheehan (#39) helped PSC upset perennial powerhouse Ithaca 13-12 in a snowstorm in the 1987 ECAC North Playoff game. (Ithaca went on to win the national championship in 1988.)

With this scoring toss, Panther quarterback Matt Jozokos set an all-time ECAC touchdown scoring mark in 1990. Jozokos finished his career with ECAC career records for yards passing (7,814) and TD passes (96). He is a 2000 inductee into Plymouth State’s Athletic Hall of Fame.

In a dramatic 1994 NCAA play-off game against Kings Point, Jack Dalton caught two touchdown passes from Joel Perry in the game’s final four minutes, including this one above, left with 34 seconds remaining. The win gave PSC a second-round match-up against Ithaca (above, right). PSC also hosted Union in the 1995 NCAA Tournament.

Plymouth State captains Toby Cloutier and Brandon Hourigan join coach Don Brown in accepting the 1994 Freedom Football Conference trophy. PSC was 9-0 in the regular season and 6-0 in FFC games, sharing the title with Kings Point.

The Panthers made a record 11th ECAC post-season appearance in 1999 under first-year head coach Chris Rorke, capturing the ECAC Northeast Championship over Salve Regina.

Jeff Mack helped PSU rekindle the glory days of Panther football in 2007-08, rushing for nearly 4,000 yards and 43 touchdowns.

Led by (left to right) seniors John DeMarco, Jeff Mack, and Brandon Clough, the 2006 Panthers captured the NEFC Championship and traveled to Cortland for the NCAA playoffs.
WHERE ARE THEY NOW?

Numerous PSU Football players have gone on to enter the work force with outstanding positions. Below is a sampling of some of the professions entered by Panther Football Alumni.

EDUCATION/COACHING/ATHLETIC ADMINISTRATION

Jim Davis, PSU 1985
Director of Athletics, Physical Education and Student Activities, Belmont, MA Public Schools

Kevin Hebert, PSU 2000
Athletic Director, CAA Assistant Football Coach / Spaulding High School, Rochester, NH

Brady Largy, PSU 2008
Assistant Principal, Cawley Middle School, Hooksett, NH

Ken Osborn, PSU 1985
Physical Education Teacher / Head Football Coach, Dover High School, Dover MA.

John Trisciani, PSU 2009
Physical Education Teacher / Assistant Football Coach, Bishop Guertin High School, Nashua, NH

ENTREPRENEUR/BUSINESS OWNER

Adam Avedesian, PSU 2013
Owner, Avedesian Landscaping L.L.C. / Landscape Contracting and General Construction, Methuen, MA

Steve Avedesian PSU 1986
Owner, Avedesian Landscaping L.L.C. / Landscape Contracting and General Construction, Methuen, MA

Scott Biederman, PSU 1975
Owner, Biederman’s Deli and Pub, Plymouth NH

Dave Fuccillo, PSU 1982
President and Owner, D.P. Fuccillo Concrete Specialists, Falmouth, MA

Tom Proulx, PSU 1975
Vice President and Chief Financial Officer, Proulx Oil and Propane, Newmarket, NH

Don Sweet, PSU 1975
Principal, Vital Growth Consulting Group, Portsmouth, NH

Nicholas VailaS, PSU 1975
President, Bedford Ambulatory Surgical Center Bedford, NH

Don York, PSU 1975
Owner Indian Head Athletics, Manchester, NH

FINANCE/INSURANCE

Dave Anctil, PSU 1973
Account Executive, Profile Insurance Group, Rochester, NH

Chris McCormack, PSU 1988
Vice President Risk Management and Insurance, Reed Elsevier Inc., Newton, MA

Dave Poulin, PSU 1985
Senior Vice President Wealth Management/ Senior Investment Management Consultant, The Bay Colony Group at Morgan Stanley

Steve Scott, PSU 1993
Insurance Adjuster, Eastern Adjustment Co., Brockton, MA
Assistant Football Coach, Silver Lake Regional High School, Kingston, MA

ENTREPRENEUR/BUSINESS OWNER

Steven Krasinski, PSU 1992
District Sales Manager at GlaxoSmithKline, Pharmaceutical Sales, Western / North-Central MA

Don Lewis, PSU 2008
New Hampshire Sales Territory Manager, Stadium Systems, Canaan, CT. (Athletic Equipment Sales and Reconditioning)

Doug Martin, PSU 2004
Principal, Colliers International Commercial Real Estate, Manchester, NH

Steve Tirrell, PSU 1988
IBM Account Manager-Pacific Region

LAW ENFORCEMENT

Scott Allen, PSU 1993
Sergeant Detective, East Bridgewater Police Department, East Bridgewater, MA

John DiPasquale, PSU 2007
Correctional Officer, Middlesex County Sheriff’s Office, MA. / Sergeant, US Army Reserves

Aaron Elston, PSU 2008
Police Officer, Manchester, NH

Steve Henry, PSU Alumnus
Police Officer, Tilton Police Department, Tilton, NH

Eric Shirley, PSU 1990
State Trooper, New Hampshire State Police

STRENGTH COACHING

David Feeley, PSU 2009
Director of Football Strength & Conditioning, Ball State University, Muncie, IN

Aaron Getz, PSU 2011
Assistant Sports Performance Coach, Duke University, Durham, NC

Brandon Hourigan, PSU 1995
Director of Football Sports Performance, Wake Forest University, Winston-Salem, NC

Jim McGuire, PSU 2010
Assistant Strength & Conditioning Coach, University of Delaware, Newark, DE

TRADE/UNION WORK

Jeff Ethier, PSU 2009
Linesman, International Brotherhood of Electrical Workers Local #104

Josh Morgan, who starred at PSU from 2010-13, played professional football in Germany.

SALES/MANAGEMENT

Ryan Harrington, PSU 2009
Recruiter, Travel Nurse Division, CoreMedical Group, Salem, NH

Brian Keenan, PSU 2009
Product Specialist, Utility, Overhead Distribution, Burnby, L.L.C, Manchester, NH

MEDIA/FILM/COMMUNICATIONS

David Dyer, PSU 2008
Sports Copy Editor, Kennebec Journal, Augusta, ME

Vinny Manfrate, PSU 2013
Journalist Hippo Press / Script Writer
All Time Season Records

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Single Season Rushing Leaders

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NCAA Playoff Results (W-1, L-4)

- 1984: Union 26, PSC 14
- 1994: PSC 19, Kings Point 18
- 1995: Union 24, PSC 7
- 2008: Cortland State 31, PSU 14

ECAC Playoff Results (W-4, L-9)

- 1985: North University at Albany 33, PSC 21
- 1986: North Alfred 30, PSC 3
- 1987: North PSC 13, Ithaca 12
- 1988: North Coast Guard 31, PSC 14
- 1990: North Union 33, PSC 19
- 1991: Northwest Cortland State 21, PSC 6
- 1993: Northwest Rensselaer 13, PSC 0
- 1997: Northwest Buffalo State 21, PSC 17
- 1998: Northeast Salve Regina 36, PSC 6
- 1999: Northeast PSC 13, Salve Regina 7
- 2007: North Atlantic PSU 24, Bridgewater State 21
- 2009: Northeast Springfield 42, PSU 13

Career Rushing Leaders

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</table>
ECAC PLAYER OF THE YEAR
1994 Joel Perry QB
1990 Matt Jozokos QB
1988 Pat McAniff LB
1985 Joe Dudek RB
1984 Joe Dudek RB

ECAC ROOKIE OF THE YEAR
2004 Adam Long TE
1987 Matt Jozokos QB
1982 Joe Dudek RB

FREEDOM CONFERENCE PLAYER OF THE YEAR
2003 Dan Fallon (Rookie) DB
1999 Colt Meredith (Defense) DB
Matt Simpson (Rookie) QB
1997 Dave Gibson (Defense) LB
Brent Bardellini (Special Teams) PR
1995 Colby Compton (Defense) LB
Joel Perry (Offense) QB
1994 Colby Compton (Defense) LB
Joel Perry (Offense) QB

NEFC COACH OF THE YEAR
2007 Paul Castonia

FREEDOM CONFERENCE COACH OF THE YEAR
1995 Don Brown
1994 Don Brown
1993 Don Brown

FIRST TEAM MASCAC ALL-STARS
2013 Rob Giles K

FIRST TEAM NEFC ALL-STARS
2012 Matt Fiore DL
2011 Christian Mulcahy* DB
2010 Brian Castellucci LB
Nick Fuccillo C

2009 Alex Battaglino DL
Brian Castellucci LB
Zac Duval* OL
Christian Mulcahy RS
Zach Parsons S
Nick Provost P
Jim Sestito DL
Alex Smith WR
Matt Valley OL
2008 Jeff Mack* RB
Tim Nicholson TE
Joe Duval* OL
Zac Duval OL
Justin Jarvis DL

Jim Sestito DL
Brian Keenan LB
Kevin Whalen* LB
2007 Jeff Mack RB
Adam Long TE
Craig Baird* C
Justin Smith DL
Braf Largy P
2006 Jeff Ether DL
Dan Fallon DB
Joe Fellini OL
1991 Chris McMahon OG
Jay Chabot# PK
Joe Barressi P
Scott Allen## LB
Mike Giard DB
Steve Krasinski* DE
1990 Matt Jozokos QB
Eric Ball# OT
Jay Chabot PK
Sean Holt NL
Pete D’Agostino LB
Charles Struckel# DB
1988 Matt Jozokos## QB
Paul Belanger* WR
Eric Ball* OT
Chris McCormack* C
Scott Allen* DE
Steve Tirrell* LT
Pat McAniff## DB
Craig Burns* CB
1987 Matt Jozokos QB
Paul Belanger WLB
Chris McCormack C
Brian Harrington PK
Leo Conney DE
Tim Minini DT
Pat McAniff LB
Bob Conti DB
John Sullivan* DB
1985 Joe Dudek## RB
Dave Watson*# OT
Pat McAniff## LB
Keith Godbout## DT
Rich McNeen OG
John Sullivan LB
John Tucker DE
1984 Joe Dudek## RB
Larry Cummings## QB
Ed Iodice## DB
John Postivita* WR
Glenn Segallia## LB
Ken Vancini OG
Dave Watson## OT
John DeStefanis DE
Scott Anson* TE
1983 Joe Dudek## RB
John Postivita WR
Scott Anson* TE
Ted Moccia## C
Gerald Perreault OT
Mike Cuomo* DE
Glenn Segalla LB
Ed Iodice DB
1982 Joe Dudek## RB
Scott Anson TE
Kevin Bradley QB
Ron Simmons* DE
Ted Moccia C
John McNulty## DT
Paul Hirschfeld DT
R. Major NG
Mike Cuomo DB
Mark Barrows## MLB
Ed Iodice DB
1981 Lee Richard* DB
Duane Dahlheimer DB
Dave Fuccillo OG
George Gifford OT
Paul Hirschfeld## DT
John McNulty DT
Tim Kellifer* MLB
1980 Ernie Genice WR
Ron Simmons## MLB
Steve Bonoli NG
1979 Bill Flynn RB
Dan Owens TE
Charlie Brown C
Mark Taylor OT
1978 Rick Kilekas MLB
1977 Rick Kilekas MLB
1976 Robin Carrera DB
Bill Hay OG
Rick Kilekas MLB
Skip Capone DT
1975 Gary Boyle HB
Robin Carrera DB
Bill stump## OLB
Tom Williams PK
1974 Arthur Iryzk DB
Bob Gibson## DB
1972 Jamie Fish WR
Les Wolfgrom RB
Don Sewt WT
Arthur Iryzk DB
Bob Gibson DB
1971 Bill Bullock OT
Wes Wolfgrom RB
Bob Gibson DB
Ed Small DT
Tom Cassese MLB
1970 Joe Dudek## RB
Larry Cummings## QB
Ed Iodice## DB
John Postivita* WR
Glenn Segallia## LB
Ken Vancini OG
Dave Watson## OT
John DeStefanis DE
Scott Anson* TE
1969 Joe Dudek## RB
John Postivita WR
Russ Masshalos RB

# All-American *All-ECAC
PLYMOUTH STATE FOOTBALL ALL-AMERICANS

Bob Gibson - DB
1974 Kodak All American
1974, 1975 NAIA All American
1975 AP Honorable Mention

Fred Quinlan - OG
1974, 1975 NAIA All American
1975 AP Honorable Mention

Bill Stumpf - OLB
1974 NAIA Honorable Mention

Lee Richard - DB
1980 CoSIDA Honorable Mention

Mark Barrows - LB
1982 Kodak All American
CoSIDA 2nd Team, AP Hon. Mention

John McNulty - DT
1982 CoSIDA 3rd Team
AP Honorable Mention

Ron Simmons - OT
1982 CoSIDA 3rd Team
AP Honorable Mention

Ted Moore - C
1983 CoSIDA Honorable Mention

Ed Iodice - DB
1984 Pizza Hut 1st Team

Glenn Segalla - LB
1984 Pizza Hut 3rd Team

John Posivita - WR
1984 Pizza Hut Honorable Mention

Dave Watson - OT
1984 Pizza Hut 2nd Team
1985 Pizza Hut 1st Team

Pat McAniff - LB
1985 Pizza Hut 3rd Team
1988 Pizza Hut 1st Team

Joe Dudek - RB
1982 CoSIDA 2nd Team, AP Hon. Ment., 1983
Kodak, CoSIDA 1st Team, 1985-86 Kodak Pizza
Hut 1st Team, AP Little All American, “Football
News”, 9th in 1985 Heisman Trophy Balloting

Bob Mudge - DE
1986 Pizza Hut Honorable Mention

John Sullivan - CB
1986 Pizza Hut Honorable Mention
“Football News” 2nd Team

Matt Jozokos - QB
1988 Pizza Hut 3rd Team
1989 Pizza Hut Honorable Mention

Paul Belanger - WR
1989 Pizza Hut Honorable Mention

Scott Allen - LB
1991 Champion Div. III
1st Team

Steve Krasinski - DE
1991 Champion Div. III
Honorable Mention

Colby Compton - LB
1994 CoSIDA 1st Team, Football News 1st Team
A.P. Second Team, 1995 AFCA 1st Team,
Hewlett Packard/CoSIDA 2nd Team

Jeff Ziegler - OT
1995 Hewlett Packard
CoSIDA 3rd Team

Dave Gibson - LB
1997 Don Hansen’s
FB Gazette Second Team,
Hewlett Packard/CoSIDA
3rd Team

Colt Meredith - DB
1999 Hewlett-Packard/
CoSIDA Honorable Mention

John Walters - TE
2001 Hewlett-Packard/
CoSIDA 3rd Team
2001 Football Gazette
3rd Team

Zac Duval – OL
2009 D3Football.com
Honorable Mention
Charles Currier Award  
Presented annually for outstanding dedication, desire and hustle.

2014 – Ryan Bellerose  
2013 – Gregg Callanan  
2012 – Dustin Matthews  
2011 – Justin Kane  
2010 – Zack Parsons, Aaron Getz  
2009 – Zac Duval  
2008 – Jeff Mack  
2007 – Craig Baird  
2006 – Joe Fellini  
2005 – Joe Fellini  
2004 – Joe Fellini  
2003 – Jeff Robinson  
2002 – Justin Falite  
2001 – Cory Skillin  
2000 – Mike Donahue  
1999 – Dan Demuth  
1998 – Jason Lussier  
1997 – Jeff Goode  
1996 – Shawn Redburn  
1995 – Paul Drone  
1994 – Jack Dalton  
1993 – John Barry  
1992 – Paul Landry  
1991 – Greg Demetri  
1990 – Tony Mann  
1989 – Fred Pimental  
1988 – Dave Notte  
1987 – Paul Sheehan  
1986 – Tom Lamb  
1985 – Bill Troy  
1984 – Bob Batson  
1983 – Ted Moccia  
1982 – Ron Simmons

Jason D. Holder Award  
Presented annually to the Most Valuable Player in the homecoming game.

2014 – Joe Walsh  
2013 – Sam Bellamy  
2012 – Josh Morgan  
2011 – Ray Boulay  
2010 – Brian Castellucci  
2009 – J.J. Brooks  
2008 – Jeff Mack  
2007 – John DeMarco  
2006 – Mike Lannon  
2005 – Dan Fallon  
2004 – Pat Quinlan  
2003 – Dan Fallon  
2002 – Tim Boothroyd  
2001 – Mike Pelletier  
2000 – Jason Marcell  
1999 – Russ Massahos  
1998 – Matt Botz  
1997 – Offensive Line  
1996 – Shawn Redburn & Andy Jackson  
1995 – Tyler Moore  
1994 – Joel Perry  
1993 – Toby Cloutier  
1992 – P.J. Hanson  
1991 – Paul Landry  
1990 – Matt Jozokos  
1989 – Tracey Manter  
1988 – Paul Belanger  
1987 – Matt Jozokos  
1986 – Tim Marini  
1985 – Joe Dudek  
1984 – Joe Dudek  
1983 – Gary Turgeon  
1982 – Scott Anson  
1981 – Lee Richard  
1980 – Lee Richard  
1979 – Bill Flynn  
1978 – Richard Kilekas  
1977 – Robin Carrera  
1976 – Mike Kelly  
1975 – Skip Capone  
1974 – John L. Sullivan  
1973 – Les Wolfrgam  
1972 – James Ancil  
1971 – Les Wolfrgam  
1970 – Steve Barjiel

Ross Deachman Awards  
Presented annually to the underclassmen who made the most significant contributions to the offense and defense.

2014 – Rick Ordway (O)  
2013 – Ryan Bellerose (O)  
2012 – Zac Iovanella (O)  
2011 – J.J. Brooks (O)  
2010 – Brian Castellucci (O)  
2009 – J.J. Brooks (O)  
2008 – Jeff Mack (O)  
2007 – Jeff Mack (O)  
2006 – Joe Duval (O)  
2005 – J.J. Brooks (O)  
2004 – Tye Seastedt (O)  
2003 – Joe Fellini (O)  
2002 – Harry Payne (O)  
2001 – Mike Bicchieri (O)  
2000 – Bobby Maylone (O)  
1999 – Chris Belmont (O)  
1998 – Chris Belmont (O)  
1997 – Bryan Sinatro (O)  
1996 – Brian Arakelian (O)  
1995 – Jeff Ziegler (O)  
1994 – R.J. Letendre (O)  
1993 – Mark Sawicki (O)  
1992 – P.J. Hanson (O)  
1991 – Paul Landry (O)  
1990 – Matt Jozokos (O)  
1989 – Tracey Manter (O)  
1988 – Paul Belanger (O)  
1987 – Matt Jozokos (O)  
1986 – Tim Marini (O)  
1985 – Joe Dudek (O)  
1984 – Joe Dudek (O)  
1983 – Gary Turgeon (O)  
1982 – Scott Anson (O)  
1981 – Lee Richard (O)  
1980 – Lee Richard (O)  
1979 – Bill Flynn (O)  
1978 – Richard Kilekas (O)  
1977 – Robin Carrera (O)  
1976 – Mike Kelly (O)  
1975 – Skip Capone (O)  
1974 – John L. Sullivan (O)  
1973 – Les Wolfrgam (O)  
1972 – James Ancil (O)  
1971 – Les Wolfrgam (O)  
1970 – Steve Barjiel

Donald P. Wharton Presidential Award  
Presented annually to senior football players who have overcome adversity and shown exceptional leadership, dedication and perseverance.

2014 – Drew Bolton  
2013 – Nate Dubois, Cory Gaff, Xander Fuccillo, Jake Matthews, Andrew Foglia  
2012 – Matt Bailey, Paul Capaldo, Andrew Foglia, Ray Boulay, Eric Rajkowski, Dave Button  
2011 – Chris Corey, Chad Croteau  
2010 – Brendan Fontaine, Matt MacLean, Harry Fallon, Steve Campbell, Mike Bruning  
2009 – Bill Horan, Jim Sestito, Matt Vahey, Mike Vahey  
2008 – John DeMarco, Joe Duval, Tim Nicholson, Brandon Clough  
2007 – Adam Long, Donny Lewis, Drew Richardson  
2006 – John DiPasquale, Dana Flinders  
2005 – Sean Elwood, Caleb Hooker, Jake Meserve, Pat Quinlan  
2004 – Tye Seastedt, Tim Butler (D)  
2003 – Joe Fellini (O)  
2002 – Harry Payne (O)  
2001 – Mike Bicchieri (O)  
2000 – Bobby Maylone (O)  
1999 – Chris Belmont (O)  
1998 – Chris Belmont (O)  
1997 – Bryan Sinatro (O)  
1996 – Brian Arakelian (O)  
1995 – Jeff Ziegler (O)  
1994 – R.J. Letendre (O)  
1993 – Mark Sawicki (O)  
1992 – P.J. Hanson (O)  
1991 – Paul Landry (O)  
1990 – Matt Jozokos (O)  
1989 – Tracey Manter (O)  
1988 – Paul Belanger (O)  
1987 – Matt Jozokos (O)  
1986 – Tim Marini (O)  
1985 – Joe Dudek (O)  
1984 – Joe Dudek (O)  
1983 – Gary Turgeon (O)  
1982 – Scott Anson (O)  
1981 – Lee Richard (O)  
1980 – Lee Richard (O)  
1979 – Bill Flynn (O)  
1978 – Richard Kilekas (O)  
1977 – Robin Carrera (O)  
1976 – Mike Kelly (O)  
1975 – Skip Capone (O)  
1974 – John L. Sullivan (O)  
1973 – Les Wolfrgam (O)  
1972 – James Ancil (O)  
1971 – Les Wolfrgam (O)  
1970 – Steve Barjiel
### Fred Madore Award
Presented to the player who best epitomizes the hard-nosed tradition, gritty determination and competitiveness of Plymouth State Football.

- 2014 – Rob Giles
- 2013 – Zac Iovanello
- 2012 – Matt Fiore
- 2011 – Matt Fiore
- 2010 – Dan Kelly
- 2009 – Alex Smith
- 2008 – Ryan Harrington, Justin Jarvis
- 2007 – Brad Largy, Justin Smith
- 2006 – Dan Fallon
- 2005 – Dan Fallon
- 2004 – Pat Quinlan
- 2003 – Matt Coddare, Jay Zinis
- 2002 – Shawn Boyle
- 2001 – Bobby Maylone
- 2000 – Chris Belmont
- 1999 – John McLaughlin
- 1998 – Sam Carey
- 1997 – Jose Raymond
- 1996 – Butch McCarthy
- 1995 – Mike Rauner
- 1994 – Toby Cloutier
- 1993 – Paul Carlow

### Walter L. Murphy Award
Presented in recognition of outstanding leadership and dedication as a teacher, motivator and mentor.

- 2014 – Vaughn Beckwith
- 2013 – David Feeley
- 2012 – Devin Zeman
- 2011 – Paul Lavigne
- 2010 – Kevin Bradley
- 2009 – Brian Murphy
- 2008 – Ken Osbon
- 2007 – Mike McLaughlin
- 2006 – John Bownes
- 2005 – Tom Pabst
- 2004 – Nick Vailas
- 2003 – Jay Foster
- 2002 – Lou Desloges
- 2001 – Christopher Clarke
- 2000 – Steve Tirrell
- 1999 – Don Brown
- 1998 – Charles Currier
- 1997 – Jay Cottone
- 1996 – Ted Moccia
- 1995 – Gary Emanuel
- 1994 – Skip Capone
- 1993 – Charles Lenahan
- 1992 – Walter L. Murphy

### James Hamilton Award
Presented annually for outstanding contribution to the defense and for displaying spirit, enthusiasm and desire.

- 2014 – Kyle Wilson
- 2013 – Josh Morgan
- 2012 – Wyatt Huston
- 2011 – Ray Boulay
- 2010 – Brian Castellucci
- 2009 – Alex Battaglino
- 2008 – Brian Keenan
- 2007 – Jeff Ether
- 2006 – Tim Butler
- 2005 – Jake Meserve
- 2004 – Dan Fallon
- 2003 – Eric Lawless, Doug Martin
- 2002 – Jamey Funk
- 2001 – Jim Stacy
- 2000 – Seth Howard
- 1999 – Sean Murphy
- 1998 – Kevin Hebert
- 1997 – Bill Lawrence
- 1996 – Mark Crossman
- 1995 – Andy Lavigne
- 1994 – Jeff Jarry
- 1993 – R.J. Hanson
- 1992 – Ric Deignan
- 1991 – Chris Atwood, Coach Christopher Clarke
- 1990 – Sean Holt
- 1989 – Mike Flynn

---

**14TH ANNUAL**

Plymouth State University Athletic Department Golf Tournament

Monday, June 13, 2016 at 10 AM

Owl’s Nest Golf Club
Campton, NH

**SAVE THE DATE!**

---

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nhfootballreport.com

NEW HAMPSHIRE FOOTBALL REPORT

Your source for football coverage in the Granite State!
The excitement of MASCAC Football enters its third season in 2015 as the race to unseat two-time defending champion Framingham State University unfolds.

The Rams held off all contenders to claim the 2013 crown, earning a berth in the NCAA Division III Championship Tournament where they dropped a dramatic 20-17 decision to Ithaca College. MASCAC Runner-up Western Connecticut State University also earned a post-season bid, capturing the ECAC Division III Northeast Bowl with a victory over Salve Regina.

Framingham State knocked off all eight MASCAC opponents to claim the 2014 crown and went on to a dramatic 42-36 overtime victory over Rensselaer in the ECAC North Atlantic Bowl. Western Connecticut returned to the post-season as well, falling to St. John Fisher in the ECAC Northwest Bowl.

“Tradition and competitive excellence have been hallmarks of the MASCAC for over four decades, and the addition of football as a championship sport adds to that tradition,” MASCAC Commissioner Angela Baumann said. “Our football league brings great excitement, enhanced visibility and most importantly, opportunities for our student-athletes and member institutions.”

The MASCAC football champion will receive the conference’s automatic berth into the NCAA Football Championships beginning in 2015.

2014 MASCAC STANDINGS

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<td>Bridgewater State</td>
<td>3-5</td>
</tr>
<tr>
<td>Plymouth State</td>
<td>0-8</td>
</tr>
</tbody>
</table>

POST-SEASON APPEARANCES

ECAC North Atlantic Bowl
Framingham State 42, Rensselaer 36 (OT)

ECAC Northeast Bowl
St. John Fisher 28, Western Connecticut 14

PLYMOUTH STATE FOOTBALL CONFERENCE AFFILIATIONS

1971–91 New England Football Conference
1992–03 Freedom Football Conference
2004–05 Independent
2006–12 New England Football Conference
2013– Massachusetts State Collegiate Athletic Conference
In 2004, the weight room in the athletic department was renovated and expanded, and with the support of Nick Vailas ’76, the Vailas Performance Center was born. The new facility is a major boost to the strength and conditioning of Panther student-athletes.

PSU Athletics and physical education students benefit from improvements to equipment. The program serves three purposes: 1) to provide a safe environment for all student-athletes to develop their skills and abilities; 2) to provide a teaching lab for Health, Physical Education and Recreation majors; and 3) to prevent and rehabilitate injuries.

The Vailas Performance Center is a facility that is both attractive and safe for student-athletes. It focuses attention to the needs of our athletic teams individually in an area that is both gender-friendly and supported by professionals who have the capacity to develop the diverse programming needed for the many types of student-athletes at Plymouth State.

The creation of the Vailas Performance Center offers an opportunity for Health, Physical Education and Recreation majors to enhance their knowledge and experience in the types of training involved in a strength and conditioning program. The exposure to basic through complex techniques of functional training will allow students majoring in athletic training to develop the competencies and skills needed to be competitive in a growing career field.
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