

The WPI Football Skills Clinic Features

- WPI Football Staff
- Emphasis on Fundamentals and Techniques
- Opportunity to train with and compete against other athletes who are seriously considering college football
- Exposure to the demands, intensity, and tempo of a college-run practice
- Focus on position-specific development and drill work
- Specific conditioning skills include: speed, proper running mechanics, plyometrics, agilities
- Specific football skills include: throwing mechanics, ball security, tackling, pursuit, blocking, pass catching

Contact Us:

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WPI Football Skills Camp  
Worcester Polytechnic Institute  
100 Institute Road  
Worcester, MA 01609

WPI Football

Worcester Polytechnic Institute  
Alumni Athletic Complex

For Students in 8th Grade and Up

Quarterbacks, Wide Receivers, Running Backs, Tight Ends, Offensive Line, Defensive Line, Linebackers, Defensive Backs
Clinic Philosophy

This clinic is designed to assist participants in improving basic skills for all positions in the sport of football with the exception of kickers and punters. The individual drills are reinforced with competition to give a realistic feel for the players.

When/Where:

Sunday, July 28, 2013 at the WPI Football Field. Registration will begin at 12:00 pm at the entrance to the stadium on the corner of Institute Rd and Park Ave.

Who May Attend:

For students in 8th grade and up.

Equipment Needed:

1. T-Shirt and Shorts
2. Cleats (*No Helmet Required)
3. Water Bottle

Schedule:

Registration 12:00 — 1:00
Introduction 1:05 — 1:25
Warm Up 1:30 — 1:45
Skills (Agilities) 1:45 — 2:30
Defensive Positions 2:30 — 3:30
Offensive Positions 3:30 — 4:30
7 on 7 Competition/Pash Rush 4:30 — 5:00

Cost:

Registration = $50.00
(Team discount: $40.00 each for 10 or more players from the same team for Pre-Registration)

Director:

Chris Robertson is the head football coach at Worcester Polytechnic Institute. Chris has coached on the defensive side of the ball for seventeen years. Prior to WPI, Coach Robertson was the head coach at Salve Regina University for four years where he rebuilt the football program. Before Salve Regina, Coach Robertson was the defensive coordinator at WPI for seven years. He started his coaching career at Siena College in 1996. As a player, Chris graduated from the University at Albany in 1996. He was a captain of the 1995 squad and a two-time Academic All-American.

Camp Staff

Our camp is staffed by college coaches with a great deal of experience in coaching offensive/defensive skills and fundamentals.