NONTRADITIONAL SEASONS

The NCAA and Centennial Conference permit out-of-season athletically related activities in some sports. Athletically related activities include practices, competition, required weight-training or conditioning activities, required participation in a camp or clinic, individual workouts with a coach, on-court or on-field activities called by a team member, visiting a competition site, strength and conditioning session with a member of the athletic department staff, and coach’s observation of student-athlete in a non-organized sport specific activity. Participation in a “non-traditional” season at Haverford is not required for an athlete to play that sport during its traditional season. No excused absences for class are permitted nor does the College subsidize away trips or reimburse students for missed meals during such seasons.

17.1.4.4 Nontraditional Segment Limitations for Baseball, Field Hockey, Lacrosse, Soccer, Softball and Volleyball. The nontraditional segment shall be subject to the following limitations: (Revised: 4/11/11 effective 8/1/11)

(a) All practice and competition shall be limited to a maximum of five weeks;
(b) A maximum of 16 days of athletically related activity with not more than four days of athletically related activity in any one week shall be permitted;
(c) Any athletically related activity (see Bylaw 17.02.1.1) by any member of the applicable team shall constitute the use of a day;
(d) One date of competition may occur and shall be counted as one of the 16 permissible days of athletically related activity; and
(e) A maximum of eight hours of athletically related activity may occur on the one date of competition for all participants. Further, competition activity on the one date must be included in the eight-hour maximum and is also limited to the following:

(1) **Baseball.** Two regulation baseball games or 18 regulation innings (e.g., three outs per inning, three strikes per out).
(2) **Field Hockey.** Two regulation field hockey contests or 140 minutes of competition activity.
(3) **Men’s and Women’s Lacrosse.** Two regulation lacrosse contests or 120 minutes of competition activity.
(4) **Men’s and Women’s Soccer.** Two regulation soccer contests or 180 minutes of competition activity.
(5) **Softball.** Three regulation softball games or 21 regulation innings (e.g., three outs per inning, three strikes per out).
(6) **Men’s and Women’s Volleyball.** Three regulation matches or 15 regulation volleyball sets.

17.1.2(d) Final-Examination Periods;

(2) **Nontraditional Segment.** An institution shall not conduct practice or competition during a final-examination period. For any final-examination period of a regular academic term (e.g., winter quarter, spring semester), an institution may not conduct practice and competition five weekdays before the first day of the final-examination period. This period shall not be counted as part of the playing season nor shall constitute a break in the segment [see Bylaws 17.1.2-(c) and 17.1.2-(d)].