# Order of Events

<table>
<thead>
<tr>
<th>Time</th>
<th>Field Events</th>
<th>Track Events (Men followed by Women)</th>
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</thead>
<tbody>
<tr>
<td>5:00 PM</td>
<td>Weight Throw</td>
<td>60 Meter Hurdles (Trials)</td>
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<td>Shot Put</td>
<td>60 Meter Dash (Trials)</td>
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<td></td>
<td>Long Jump</td>
<td>60 Meter Hurdles (Finals)</td>
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<td></td>
<td>Triple Jump</td>
<td>60 Meter Dash (Finals)</td>
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<tr>
<td></td>
<td>Pole Vault</td>
<td>Distance Medley Relay (1200/400/800/1600)</td>
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<td></td>
<td>High Jump</td>
<td>5000 Meter Run</td>
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<td>500 Meter Dash</td>
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<td>400 Meter Dash</td>
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<td>800 Meter Run</td>
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<td>1000 Meter Run</td>
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<td>200 Meter Dash</td>
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<td></td>
<td>3000 Meter Run</td>
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<td>4 x 400 Meter Relay</td>
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ECC Indoor Track & Field Championship Records

**Men**

60m Dash: Winslow Dorsainvil, STAC - 6.83 (2016)
400m Run: St. Jacob Diodonet, STAC - 48.32 (2017)
500m Run: Stefan Adams, LIUP - 1:04.06 (2017)
800m Run: Josiah Ottolini, RWC - 1:56.64 (2017)
1000m Run: Jeffrey Reyes, LIUP - 2:32.59 (2017)
Mile Run: Conor Gallagher, MOL - 4:18.05 (2016)
3000m Run: Michael Scott, LIUP - 8:42.97 (2016)
5000m Run: Kevin Roginson, DAE - 15:45.21 (2017)
60m Hurdles: Ashton Caloire, RWC - 8.30 (2017)
4 x 200m Relay: Roberts Wesleyan - 1:32.38 (2015)
4 x 400m Relay: St. Thomas Aquinas - 3:20.78 (2017)
4 x 800m Relay: St. Thomas Aquians - 8:11.72 (2014)
Distance Medley: LIU Post - 10:44.51 (2015)
High Jump: Gabe Rivera, RWC - 1.99m (2013)
Pole Vault: Robert Ralyea, DAE - 4.25m (2013)
    Evan Royce, GCU - 4.25m (2017)
Shot Put: Gregory Gromling, QC - 15.89m (2014)
Weight Throw: Peter Collins, GCU - 16.66m (2016)

**Women**

60m Dash: Chelsea Hayward, RWC - 7.65 (2017)
200m Dash: Chelsea Hayward, RWC - 24.80 (2017)
400m Run: Jerily Benjamin, UDC - 56.91 (2016)
500m Run: Marlena Wright, UDC - 1:18.60 (2016)
800m Run: Jessica Handsaker, GCU - 2:15.53 (2016)
1000m Run: Kristen Boriello, STAC - 3:01.73 (2017)
Mile Run: Talya Williams, LIUP - 5:02.81 (2017)
3000m Run: Mackenzie Donahue, DAE - 10:10.71 (2017)
5000m Run: Mackenzie Donahue, DAE - 17:00.75 (2017)
60m Hurdles: Victoria Jones-Alleyne, STAC - 8.66 (2017)
4 x 200m Relay: Dist. Columbia - 1:45.93 (2013)
4 x 400m Relay: Dist. Columbia - 3:58.85 (2016)
4 x 800m Relay: Roberts Wesleyan - 9:56.98 (2013)
Distance Medley: Roberts Wesleyan - 10:13.88 (2014)
High Jump: Katie Gallagher, MOL - 1.70m (2015)
Long Jump: Shauna Kay Creary, UDC - 5.77m (2013)
Triple Jump: Octivia Booker, GCU - 11.74m (2015)
Shot Put: Tiffany Okieme, GCU - 15.81m (2014)
Weight Throw: Alyssa Hudgins, GCU - 18.60m (2013)

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