Harvard University Health Services
75 Mt. Auburn Street
(617) 495-5711
huhs.harvard.edu

Harvard University Health Services (HUHS) provides high quality, comprehensive, confidential health care to students, staff, faculty, and their dependents at the main health service located at Holyoke Center in Harvard Square, as well as at satellite clinics on the Business, Law, and Medical Area campuses. HUHS Clinicians are available to provide advice and treatment of urgent health problems 24 hours a day, 2 days a week, 365 days a year. Urgent health problems (physical or emotional) include sudden, serious and unexpected illnesses, injuries, or conditions which require immediate attention.

Other services available at Holyoke Center include:
- Pharmacy
- Dental services
- Vision care and eye services
- Optical shop

Note: Not all of these services are covered by insurance.

Center for Wellness
114 Mt. Auburn St, 7th Floor
(617) 495-9629
cw.huhs.harvard.edu

The Center for Wellness takes an integrative approach to the promotion of well being and the restoration of balance, by attending to the physical, emotional, and spiritual parts of each person.

Counseling and Mental Health Services
Smith Campus Center, 4th Floor
(617) 495-2042

counseling services

Counseling and Mental Health Services provides 24/7/365 coverage to students, offering confidential counseling and psychological services for a wide variety of concerns, such as:
- Bereavement
- Transitional issues and adjustment difficulties
- Depression, anxiety, or stress
- Concerns interfering with work or relationships
- Sexual concerns
- High-risk behaviors around food, alcohol and/or other substances

Bureau of Study Counsel
5 Linden Street
(617) 495-2581
bsc.harvard.edu

The Bureau of Study Counsel supports students in their academic and personal development. Students consult the Bureau regarding a wide variety of academic and personal concerns, including, for example, issues related to motivation, academic performance, or a sense of well-being, and issues that arise in living or working with others. Visit the BSC website for more information about counseling, workshops, support groups, and on-line self-help resources.
The Harvard College Office of BGLTQ Student Life provides support, resources, and leadership development for bisexual, gay, lesbian, transgender, queer, and questioning students. Through collaboration with students and student organizations, the Office creates opportunities for fellowship, thoughtful dialogue, and the pursuit of knowledge. We seek to foster a safer, more diverse, and inclusive campus by educating and engaging the Harvard community about the multiplicity of sexual and gender identities.

Office of Alcohol and Other Drug Services
Smith Campus Center, 6th Floor
(617) 496-0133

The Office of Alcohol and Other Drug Services (AODS) functions as a multidimensional resource for students, faculty, staff, and members of the larger Harvard community. AODS offers a wide range of programs and services aimed at reducing the negative consequences associated with heavy, episodic drinking and substance abuse. AODS collaborates with students and staff throughout the University to create a comprehensive program focused on the health and safety of Harvard students.

Office of Sexual Assault Prevention and Response
Smith Campus Center, Suite 624
(617) 495-9100
osapr.harvard.edu

The Office of Sexual Assault Prevention and Response (OSAPR) provides confidential, 24-hour information, assistance, and support for those who have experienced sexual assault and related forms of interpersonal violence, including sexual harassment and relationship abuse.

Sexual Harassment/Assault Response and Education
share.harvard.edu

The Sexual Harassment/Assault Resources and Education (SHARE) web portal provides a central location for information about support, safety, medical, and reporting resources for the Harvard community. Through SHARE, Harvard community members can connect with timely and confidential counseling, contact 24/7 emergency services, find safe transport, consider filing a complaint, and speak with trained staff about possible academic, housing, workplace, or other adjustments.

Harvard University Police Department (HUPD)
Sensitive Crimes Unit
8 AM – 4 PM: (617) 495-1796
After hours: (617) 495-1212

Office of Sexual and Gender Based Dispute Resolution (ODR)
(617) 495-3786

The Office for Dispute Resolution (“ODR”) has been charged with implementing the procedures for students pursuant to the University's Sexual and Gender-Based Harassment Policy (“Policy”). The ODR operates under the Office of the President and Provost, working in partnership with the Title IX Office, School or unit Title IX Coordinators, and other School or unit leadership. Harvard students, faculty, staff, other Harvard appointees, or third parties who believe they are directly affected by the conduct of a Harvard student may visit ODR to: request information or advice, including whether certain conduct may violate the Policy; seek informal resolution; or file a formal complaint.
PEER COUNSELING

The Mental Health Service at HUHS, in conjunction with the Bureau of Study Counsel, oversees the training and supervision of undergraduate peer counseling groups offering anonymous, confidential hotline and drop-in counseling throughout the academic year.

Room13
Thayer Hall Basement
(617) 495-4969
Room13 is a confidential, peer counseling group staffed every night from 7 PM to 7 AM by both a male and female counselor who are trained to discuss a range of issues affecting college students. Room13 staff members offer a supportive, sympathetic ear, maintain strict confidentiality, and welcome discussion of any concerns without criticizing or passing judgment.

Response
Lowell House Basement E 13
(617) 495-9600
Response is a group of professionally trained undergraduates who provide counseling to their peers on sex, consent, and relationships. Response provides non-judgmental support, information, and resources (both on and off-campus) to individuals in need of emotional, academic, medical, or legal support. Response also performs outreach to the Harvard College community during the academic year.

PEER EDUCATION

Drug and Alcohol Peer Advisors (DAPAs)
(617) 496-0133
HarvardDAPA.org
Drug and Alcohol Peer Advisors (DAPAs) are a select group of student leaders who have been trained to respond to questions about alcohol and other drug issues at Harvard. Feel free to contact your House or Entryway DAPA with any of your questions or concerns.

Consent Advocates and Relationship Educators (CARE)
The Consent Advocates & Relationship Educators are translators, interpreters, and connectors who serve as liaisons between the Office of Sexual Assault Prevention and Response and their peers at Harvard College.

Through strategic educational advocacy, outreach, and programming, CAREs work to create a campus culture free from the threat or experience of sexual violence for all people. They foster collaborative relationships with campus leaders and administrative offices to create safer, trauma-informed spaces for survivors and allies, plan culturally-competent health communication campaigns and programs to confront rape culture and raise awareness of campus climate, and conduct peer-to-peer training surrounding consent, healthy relationships, and gender equity.

Eating Concerns Hotline and Outreach (ECHO)
Lowell Basement E-012
(617) 495-8200
ECHO (Eating Concerns Hotline and Outreach) staffers are trained undergraduates who provide non-judgmental and non-directive support to both those dealing with their own issues and those who are concerned about a friend, roommate, significant other, or family member. ECHO is a resource for anyone seeking referrals, support, or just someone to talk to, and provides its services through drop-in hours and a hotline. ECHO also plans and produces outreach events to increase community awareness and foster an understanding campus environment.