Playing and Practice Seasons  
NCAA Bylaw 17

General: Kalamazoo College shall limit its organized practice activities, length of playing season, and the number of regular season contests/dates of competition in all sports. This is to minimize interference with academic programs.

Athletic Activities: 

Practice

Can only occur in season

Any meeting, activity, or instruction involving sports-related information
Chalk talk
Review of game film
Competition
Required weight training and conditioning
Required participation in camps and clinics
Individual workouts supervised by a member of coaching staff
Required activity called by any member of the team
Required activity with the involvement of a strength and conditioning coach
Observation by coaching staff member in non-organized activity (pick up)

Captains cannot call a practice and require teammates to attend. Must be voluntary. All facility reservations made during the off-season must be reserved by the student-athlete, not the coach.

Exceptions: Administrative and academic meetings

Can occur out of season

One team meeting prior to start of season
Voluntary fundraising and community service events
Voluntary workouts
Voluntary workouts with a strength and conditioning coach

Traditional: Portion of the playing season that concludes with the NCAA championship

Non-traditional: Remainder of the season (fall ball, spring ball)

Please report any concerns or questions to the compliance coordinator in the athletic department.

Compliance coordinator: Lynsey Britten  
lynsey.britten@kzoo.edu  
269-337-7082