Women’s Cross Country 2008

With the graduation of megastar Lindsay Donaldson, coach Mark Young’s 2008 team faces the challenge of a season without an All American for the first time since 1999. But with the return of Bevin Peters (’09), Stevie Pearl (’10) and Allyson Rinderle (’10), all of whom have run under 10 minutes for 3,000 meters, the Elis are not without talent up front.

The team, led by senior captain Kelli Buck who, when healthy, has been a fixture in Yale’s top 5 in the past two campaigns is joined by sister senior Claire Leatherwood, who has also been a top 5 finisher. Middle distance stalwarts, Kathryn Schleckser (’09) and Stephany Reauer (’10), are contenders for spots in the top 5 despite the increase from their usual distances during the track season.

Strong contributions from three freshmen - Maddie Adams (Garden City, NY) who boasts a 4.56 PR for the mile, Jennifer Donnelly (Phillips Andover Academy) who was 2nd in the NEPSTA Cross-Country Championships in 2007 and Anne Lovelace (Boise ID) make it possible to step into the top 7 this season.

So, the Elis look to blend the experienced veterans with the influx of freshmen to produce a team which will contend for a top spot at the Heps, while building a solid foundation for the future.

Continued on Page Four

Men’s Cross Country 2008

This fall will be the Bulldogs ninth season under the command of Dan Ireland. This season’s squad will have tremendous senior leadership and plenty of young talent.

The senior class will be the heart of this year’s squad and should have a huge impact on the success of the Bulldog’s season. Jake Gallagher returns as the team’s captain and is a 2-time All-Ivy performer in cross country. Gallagher is one of only 10 Bulldogs to ever break 25:00 at Van Cortlandt Park. He posted huge PR’s on the track last year as well running 3:46 for 1500m and 8:12 for 3000m. He will also be looking to secure a trip to the NCAA Championships as an individual qualifier. Murat Kayali hopes to improve upon his 15th place finish at the 2006 conference championships with a top 10 showing and is also looking to run sub 25:00 at Van Cortlandt Park. Jared Bell will also be aiming for All Ivy status after having finished 6th at the IC4A Cross Country Championship running 25:26 at VCP. In addition, Bell ran 3:44 for 1500m on the track last spring making him the top returning 1500m runner in the conference. John Hinkle had a tremendous summer of training and has the necessary talent to make a huge contribution and be a consistent top seven performer. Andrew Samuel will also be relied upon if the team is to live up to its potential.

The junior class will play a pivotal role towards the success of this year’s team. Chris Labosky had breakthrough seasons in both cross country and track. He finished the cross country season as the team’s number 2 harrier running 25:30 at VCP. He posted huge PR’s on the track last year as well running 3:46 for 1500m and 8:12 for 3000m. He will also be looking to secure a trip to the NCAA Championships as an individual qualifier. Murat Kayali hopes to improve upon his 15th place finish at the 2006 conference championships with a top 10 showing and is also looking to run sub 25:00 at Van Cortlandt Park. Jared Bell will also be aiming for All Ivy status after having finished 6th at the IC4A Cross Country Championship running 25:26 at VCP. In addition, Bell ran 3:44 for 1500m on the track last spring making him the top returning 1500m runner in the conference. John Hinkle had a tremendous summer of training and has the necessary talent to make a huge contribution and be a consistent top seven performer. Andrew Samuel will also be relied upon if the team is to live up to its potential.

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Bulldog Women Finish Eighth at Heptagonal Championship

The Yale women’s cross country team competed at the Heptagonal Championship on Friday, Oct. 31st, at the historic Van Cortlandt Park in the Bronx, New York. The Bulldogs finished eighth with 211 points. No. 4 Princeton won the team event with 17 points (one position away from a perfect score). Princeton standout Liz Costello won the individual title with a time of 16:59.9, setting a new Ivy League record both for total time and margin of victory in the process.

Senior captain Kelli Buck led the Bulldogs with a 31st place, 18:37.0 finish. Fellow senior Bevin Peters was second for the team in 42nd place (18:54.2). Freshman Jennifer Downing was third (56th place - 19:15.0), followed shortly by classmate Anne Lovelace (59th - 19:21.7). The scoring was closed by junior Alexandra Cadicamo, who finished 67th in 19:31.8.

The disparity in the Bulldogs’ true places and their team score is due to the fact that many athletes from other schools entered more than seven athletes. If the eighth, ninth, or tenth athlete for one school finishes before any of the “active” runners from another school, then the “extra” runners do not factor into scoring. For example, Kelli Buck’s overall place was 31st; however, she scored 29 points because two runners ahead of her did not count.

Bell Records Top Individual Finish for Bulldogs

The Yale men raced at the Ivy League Heptagonal Championships. The Bulldogs placed seventh overall with a score of 176 points. Princeton was the team champion for the third year in a row with a team score of 58 points, just barely edging out Columbia’s 61. Dartmouth senior Ben True was the individual winner of the race, crossing the line in an impressive time of 23:59.6—the fastest time in Heps history—after leading almost the entire race. The top finisher for the Bulldogs was senior Jared Bell, who took 21st place with a time of 25:21.

The other four of the top-five runners who scored for Yale were senior Jake Gallagher (30th, 25:37), senior John Hinkle (40th, 25:48), junior Max Brown (48th, 26:05) and junior Jeff Perrella (56th, 26:20).

Freshman Nathan Richards performed well—placing 60th overall in 26:26—finishing in the Bulldogs’ top seven for only the second time this season. He was followed by senior Murat Kayali, who finished 64th in 26:33.

The Bulldogs did manage to improve upon last year’s disappointing eighth-place finish, but their Heps performance did not reflect the team’s stronger results from earlier in the season or past individual performances of returning runners.

Luckily, this is not the end of the road for the team: in two weeks, the Yale men will race at Van Cortlandt Park once again, only this time at the NCAA Northeast Regional Championships. The meet, to be held on Sat., Nov. 15, will feature over thirty teams from New England and New York; five other Ivy-League teams will also compete, giving the Bulldogs a chance for post-Heps redemption. Last year, Yale placed eighth overall, and Gallagher led the squad with a 19th place finish.

Save the Dates

Second Annual Giegengack Invitational Track Meet
Saturday, February 8, 2009

Please plan to join us for the meet and a reception in Coxe Cage to follow. Along with the Bulldogs, the meet will feature powerful track teams from Georgetown and Providence College, among others. We will have an alumni viewing/reception area in the mezzanine of Coxe Cage and an informal reception with the coaches, parents and team members following the meet, around 6pm.

Fourth Annual Track and Field Association Dinner and Celebration
Friday, March 27, 2009
The Yale Club NYC

We will honor the great men’s track and field teams of 1959-1963 at this year’s annual dinner. These teams had an amazing run in their time at Yale, including 5 consecutive Heps Championships!

Please join us for this spectacular event.
Coach’s Corner

From Mark T. Young
Director of Cross Country and Track and Field:

The 2007-08 Track and Field year witnessed strong seasons by our men’s teams which finished third at both the Indoor and Outdoor Heps. Of particular note were the Individual Hep Championships won by Victor Cheng (100 meters and 200 meters), Eric DePalo (pole vault outdoors) and Nate Noll (discus). Excellent Hep runner-up performances were also turned in by Cheng (60, indoors), DePalo (vault, indoors) and the Indoor 4x800 team of Matt Bordoni, Jared Bell, Tadhg O’Callahan and Chris Labosky.

Further, standout early season performances in the 1500 by Bell (3:44.69) and Jake Gallagher (3:46.84) qualified them along with the other individuals listed above for the NCAA regional meet. While the women’s teams were less successful (7th both indoors and out), Lindsay Donaldson was concluding her brilliant career as we watched the blossoming of another young star, Kate Grace, in the 800. Lindsay finished up with yet another Hep Championship in the 3000 (Indoors) and runner-up finishes at 5000 meters (both indoors and outdoors), and 3000 meters outdoors. Grace ran a pair of outstanding 2:06’s on her way to runner-up finishes at outdoor Heps and qualifying for the NCAA Championships, and becoming the fastest freshman Ivy 800 meter runner in nearly 30 years.

Yale sent 4 athletes to the NCAA finals in flood ravaged Iowa last June. 2000 Hep Discus champ Nate Noll joined Donaldson, Grace and DePalo in Des Moines. While none scored, each competed well. All but the graduated Donaldson intend to be back in ’09.

With most of last year’s points returning for the Men’s Team and a crop of new faces on the Women’s Team, we expect another exciting year of competition.

We also have some exciting events planned for this year. Our annual Alumni Dinner in New York will be held on Friday, March 27 and will honor the 50th anniversary of the Hep Champions from 1959-‘64. Two weeks later on Good Friday, April 10, we will host the Yale/Harvard vs. Oxford/Cambridge Track Meet. Details of both of these exciting events will soon follow.

As always, we look forward to seeing as many of you as can make it to any of the meets or special events. Recent years have witnessed a resurgence of expressed interest in the programs and we are always glad to see our alums, parents and friends.

Wishing you a happy and healthy holiday season,
Mark Young

Association President’s Letter

Dear Friends of Yale Track,

On behalf of the Track Association, we would like to take this opportunity to thank those of you who have made contributions to the Association in the past year. The 2007-2008 academic year was again an extremely successful one for the Track Association, as our annual giving was strong, our participation larger than ever and our endowments continued to grow. At the 3rd annual Track Association Dinner at the Yale Club in New York City several generations of Yale Track alums and friends joined to honor the 40th Anniversary of the dynamic ’68 Men’s Heps-tagonal Championship Team. This annual event, in celebration of the rich history of Track and Field at Yale, is always a special one, so please plan to join us at this year’s gala on March 27th in the Grand Ballroom of the Yale Club of New York City.

In the past few years, our annual support has been strong and our endowments have continued to grow steadily. Additionally, we announced the new “Mark T. Young ’68 Director of Track and Field and Cross Country” endowment at the annual dinner at the Yale Club in February. We would like to continue to build upon this momentum from last year and ask that you support Yale Track in our annual mission this year. Whether your gift is $25 or $1,000, your generosity is important and makes a meaningful impact on our program. All of the money raised through gifts to the Track Association goes directly to the program’s budget and subsidizes the spring training trip, competition outside of the Northeast, equipment, and recruiting visits. All of these components are important for the success of Yale Track and allow Yale to remain competitive in the Ivy League and at the national level.

As Co-Chairs of the Yale Track & Field Board, we would like to invite any alumni/ae, parents, and friends to be a part of our efforts. There are many opportunities to help Yale Track: cheering on athletes at a cross-country or track meet, helping to enhance our Association website, or volunteering to speak with athletes who may be interested in learning about your profession. We welcome any and all enthusiastic people who want to lend a hand.

Our goal is to provide the Cross-Country and Track and Field programs with the funding necessary to allow our student-athletes to achieve their highest goals. With your assistance, we are confident that this can be achieved. For your convenience, a donor card and reply envelope are enclosed. Thank you in advance for your consideration and for helping the young men and women of the Yale Track and Field and Cross Country programs continue to succeed. Go Bulldogs!

Sincerely,

Larry Kreider ’69
Co-Chair,
larry@kreider.net

Louisa Gerritz Garry ’87
Co-Chair,
louisa_garry@fa.org
Lee Calhoun Award:
Awarded annually to the outstanding member of the men’s and women’s track and field teams, who excel in sprinting and/or hurdles. Given annually in memory of Lee Calhoun, Yale Men’s Head Track Coach, 1975-1980.

Men’s winner: Dan O’Brien ’08
Women’s winner: Ola Awolesi ’08

Jim Stack ’61 Track and Field Award:
Presented annually to the senior male and female track and field athletes who best personify Jim Stack, the captain and leader of the 1961 team which won the “Big Three” Heptagonal and IC4A Championships.

Men’s winner: Victor Cheng ’08
Women’s winner: Lindsay Donaldson ’08

Stroube Family Award
Awarded to the outstanding member of the women’s track and field team who excels in sportsmanship, courage and inspiration.

Winner: Meredith Leenhouts ’08

Gardner W. Millett Award
Awarded to the outstanding member of the men’s track and field team who excels in sportsmanship, courage and inspiration. Given annually in memory of Gardner Millett, Jr., Yale Class of 1938.

Winner: Matt Bordoni ’08

Men’s Cross Country 2008

Continued from Page One

looked upon to provide the dedication and depth that is required for this year’s squad to compete with the top teams in the league. The sophomore class will be looked upon as the foundation for Yale cross country to build up for not only this season but for the next two years and beyond. John van Deventer should be the leader of this group having finished been a consistent top 5 performer for the squad last season as a freshmen and posting times of 8:21 (3000m) and 14:44 (5000m). Max Walden should be another top performer for the Eli this fall having run 8:33 and 14:59 on the track last spring. Matt Bogdan will also be looked upon to be a top 7 runner after posting track pr’s of 8:41 (3000m) and 9:25 (steeple) this past spring. Peter Vizzcarondo, Chris Scavone, James Wyper, and David Demres all possess the potential to be strong contributors to Eli cross country squad this fall.

The incoming freshman class consists of four athletes whose strengths reside both on the cross country course and on the track. Julian Sheinbaum (Scarsdale, NY) leads this group bringing pr’s of 4:11 mile and 9:01 3200m as well as a top 15 finisher at the Northeast Footlocker Regional. Conor Dooney (Dublin, Ireland) comes to Yale as a seasoned harrier over the 8k distance and brings a track pr of 8:36 3000m as well. Jake McKenzie (Philadelphia, PA) should challenge to be part of the squad that competes at Heps and comes to the Eli’s with high school bests of 4:16 mile and 8:48 3000m. Nathan Richards (Lynchburg, VA) was a top 8 finisher at the both Virginia state meet in cross country and during indoor track at 3200m.

Combining the leadership and focus of the senior class, the abundant talent of the juniors and sophomores, along with the new energy of the freshmen the 2008 Yale Cross Country season has the potential to be one of the most interesting and competitive in recent history for the Bulldog program.
Elis Take 11th at NCAA Northeast Regional

The Bulldogs toed the line of a very muddy course at Van Cortlandt Park for the NCAA Northeast Regional Championships. Despite the less-than-ideal conditions, the Bulldogs performed well. The Yale men moved up in the later stages of the 10,000-meter race, finishing 11th out of 33 teams with a score of 316 points. Captain Jake Gallagher was the top harrier for the squad, finishing 35th out of a field of 239 finishers with a time of 33:02.

Junior Jeff Perrella had a fine race as well, placing 63rd overall in 33:35. This is Perrella’s best finish since joining the team this fall. Rounding out the scoring five were senior John Hinkle (67th, 33:38), sophomore Max Walden (77th, 33:59) and senior Jared Bell (78th, 34:01).

Overall, the team showed improvement from a somewhat-disappointing finish at the Heptagonal two weeks earlier. Yale beat Brown, among other strong teams, in the standings.

It was a tough battle between the front teams to determine the teams that would qualify for the NCAA Championships—only the top two teams earn automatic berths to Nationals. Winning the team title were the Iona Gaels, who took three of the top five spots to secure the win with a score of 46 points. Snagging the second berth were the Friars of Providence, who narrowly beat out a closely-packed Columbia team, 88 to 103.

Yale Women Find Redemption at NCAA Regionals

The Yale women’s cross country team competed at the NCAA Northeast Regional Cross Country Championship, hosted by Columbia at Van Cortlandt Park in the Bronx, N.Y. on Saturday, Nov. 15. The Bulldogs finished in a very respectable 11th place with 341 points. The teams that will represent the Northeast region at NCAA nationals are Providence (36 pts.) and Syracuse (90 pts.).

The race was won by Providence senior Danette Doetzel in a time of 20:56.5. The Bulldogs were led by in fitting fashion by senior captain Kelli Buck, who finished 37th overall in 22:33.1. Finishing on Buck’s heels was senior Bevin Peters, who ran 22:33.2 for 38th place. Freshman Jennifer Downing finished 81st in 23:19.1, junior Stephany Reaves was 92nd in 23:31.1 and freshman Anne Lovelace closed the Bulldogs’ scoring with her 98th place, 23:36.9 finish.

Overall, the team showed improvement from a somewhat-disappointing finish at the Heps two weeks earlier. Yale beat Brown, among other strong teams, in the standings.

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Gold Medal Club $5,000 and above

Mr. Lawrence E. Kreider, Jr. ‘69
Mr. & Mrs. Brad G. Lachman
Mr. Steven N. Brody ‘66
Mr. Jerry A. Finch ‘67
Mr. Seth A. Brody ‘98

Silver Medal Club $2,500 - $4,999

Mr. & Mrs. James V. Bordoni
Mr. Gregg W. Brody ‘98
Sarah E. Lesko, M.D. ‘91

Bronze Medal Club $1,000 - $2,499

Mr. Lincoln Thompson, Jr. ‘49
Mr. & Mrs. Paul Vizcarrondo Jr.
Mr. James A. Wade ‘59
Ms. Anika Blanche Kreider ‘03
Mr. George U. Wyper ‘84 M.

Rev. Susan Cavanagh Wyper ‘84
Mr. David R. Goldman ‘69
Mr. Herman H. Pettegrove ‘62
Mr. Mark T. DeAngelis ‘92
Mr. Jason L. Michel ‘91
H. R. Stroube III, Esq. ‘68

Coaches Club $500 - $999

Dr. Charles L. Hobbs ‘69
Mr. Giles Kemp
Mr. & Mrs. Mark A. Leatherwood
Mr. James H. Maxymillian ‘60
Mr. Henry C. Pierce ‘41
Mr. David B. Pudlin ‘71

Ms. Heather Ann Slay ‘93
Christopher Stack, M.D.
Sara H. Strauss, Esq. ‘82
Mrs. Jane Womack
Mr. Kent L. Womack ‘78
Mr. William R. Handelman ‘53

Eli Club $250 - $499

Mr. Daniel P. Murphy ‘87
Professor Carl A. Pierce ‘69
Ms. Margaret M. Ross ‘85
Mr. Mel A. Shafetel ‘65
Mr. & Mrs. Robert D. Smithson
Mr. Timothy M. Weber ‘86
Mr. & Mrs. Peter R. Clute
Mr. Jesse Stone Stern ‘97

Mr. Raymond C. Harris, Jr. ‘74
Mr. William H. Cook ‘77
Karl B. Fields, M.D. ‘71
Mr. Joseph S. Freeman ‘66
Mr. Standage G. Johndroe III ‘67
Mr. Robert Kohl LoBue ‘04
Mr. Andrew Gordon Scott ‘92

Captain’s Club $25 - $249

Mr. & Mrs. Leon J. Dantzer
Mr. Robert Francis Dwyer Jr. ‘04
Mr. John Richard Emens II
Mr. & Mrs. Dwight E Estey
Ms. Caroline L. Fish ‘86
Ms. Jennifer A. Giblin ‘88
Ms. Gabriela Maria Grebski ‘93
William E. Legat, M.D. ‘61

Mr. Walter H. Mann, Jr. ‘43
Mr. Donald J. Martin ‘71
Mr. Gavin G. McCabe ‘82
Mr. McKinistry & Ms. Crickman
Mr. & Mrs. Michael J. Nolet
Mr. Jonathan H Oberman & Ms. Monique L Breindel
Mr. James S. O’Connor ‘98
Yale Athletics Compliance Corner

You are a representative of Yale’s athletics interest, or a booster, if you meet any of the following conditions:
- You are a member of any organization that promotes Yale athletics (e.g., Yale sport associations).
- You have made a financial contribution to the Yale Department of Athletics or its sport associations.
- You have ever assisted in the recruitment of prospects for Yale.
- You have provided benefits (e.g., summer jobs or occasional meals) to enrolled Yale student-athletes.
- You have been involved, in any capacity, in promoting the Yale athletics program.

Please note that once you become a booster, you remain so indefinitely.

Q & A – Alumni & Prospective Student-Athletes

Q: I am an alumnus of the Yale Track team, am I considered a booster?
A: Yes. Often times, alumni are members of the Yale Track Association, so they qualify as booster of Yale University. Also, by default, alumni meet the criteria for boosters because of activities to recruit for and promote Yale athletics.

Q: I received an email from a local student-athlete interested in Yale. He/she wants to meet me and inquire about my experiences on the team. Can I set up a meeting with this prospect to discuss Yale’s track program?
A: No. Any questions from prospects relating to Yale athletics must be deferred to the appropriate coaching staff. Also, face-to-face contact for the purposes of recruiting is prohibited.

Q: May I attend local track meets that include prospects?
A: Yes. You may attend any athletics event as long as no recruiting contact is made with the prospect, his/her parent, or any other individual regarding the academic or athletics ability of the prospect. If you have any questions about alumni and booster responsibilities with regard to Yale athletics, please contact the Compliance Office at (203) 436-8309.