HAMILTON Volleyball Day Camp
Register Now - Enrollment is Limited

Session Dates:
Monday, July 30 - Wednesday, August 1, 2018

For further information, please contact:
Kristin Baker, Camp Director
Hamilton College Athletics
198 College Hill Road, Clinton, NY 13323
Telephone: 315-859-4806 • Email: kbaker@hamilton.edu
www.hamilton.edu/summercamps

Go to our website to register online:
www.hamilton.edu/summercamps

All campers must submit a camp health form with current and accurate medical information. You may submit a photocopy of your child's Record of Immunizations (may be obtained from your physician) in lieu of completing the immunization section of the form. The immunization record must include dates. All campers must also submit a Parental Permission/Hold Harmless Agreement. Both forms can be found on the Hamilton College Athletics Camps and Clinics website. I agree to allow my child to be photographed and/or videotaped for possible use in future print and online promotion of this camp.
Meet the Camp Director:

KRISTIN BAKER, Camp Director: Head Coach, Kristin Baker, finished her first season with the Continentals in record setting fashion. Hamilton set a program best 7-3 conference record with a regular season fourth place finish in the 2017 campaign. Coach Baker joined the Continentals in June 2017 following more than 9 successful years at the Division I level. Winning came to Hamilton with Baker as the Continentals were led to a 14-9 overall record in her first season. During this time, Baker coached the fourth best blocker in Division III as well as multiple NESCAC All-Academic recipients.

The Program:
This day camp is suited for female players entering 8th grade to recently graduated high school seniors. Players will be grouped according to their skill level. Staffed by college coaches and top-level collegiate players, this camp offers players the opportunity to learn from the best! Campers will be taught the fundamentals and skills necessary to help them advance to a higher level of play.

Camp Highlights:
- Learn from college coaches and players
- Emphasis on skill development for all levels
- Every camper receives individual evaluation
- Free camp git with registration

Cost:
Registration $275
Early Registration (by May 1, 2018) $250

To Apply: Please registration online: www.hamilton.edu/summercamps

Sample Itinerary:

9:00 am  Check-in
9:05 am  Stretch and Warm-up
9:15 am  Skill Breakdown: Ball Control
9:20 am  Ball Control development and drills
10:20 am  Ball Control Games
10:50 am  Skill Breakdown: Attacking
10:55 am  Attacking development and drills
12:00 pm Lunch
12:45 pm Warm-up game
1:00 pm 6v6 Tournament
2:45 pm Cool Down and Stretch
3:00 pm Dismissal

**Lunch is not included with this camp. Campers should bring a bag lunch from home.**